OVER 5 MILLION Readers Weekly Nationwide!





November 7, 2011

Family Owned

801,785,9108

BUY ANY COMBO

660 West State

All Makes

Family Operated

The Neatest Little Paper Ever Read®

For Ad Rates call: (801) 616-6288

Issue 25

Published by: Serendipity Weekly

New Ride

All Types of Financing!

Mention this Ad for even Greater Savings

Serving the area

anewride.com

for 31 years!

Pleasant Grove

TIDBITS® RESEARCHES

by Kathy Wolfe

November has been declared National Stamp Collecting Month, Banana Pudding Lovers Month and National Novel Writing Month. Tidbits takes a look at what other occasions are celebrated during

- November is National Peanut Butter Lovers Month. The average American eats three pounds of peanut butter every year, which adds up to about 700 million pounds, enough to cover the floor of the Grand Canyon. There are about 50,000 peanut farms across the nation, found in Alabama, Florida, Georgia, the Carolinas, Texas and Virginia. Just one acre of peanuts produces about 30,000 peanut butter sandwiches. But they're not for everyone -About 1 percent of the U.S. population is severely allergic to peanuts! And did you know that peanuts aren't really nuts at all? They're legumes, just like beans, peas and lentils.
- The Japanese celebrate the Shichi-go-san festival on November 15, when they honor their daughters aged three and seven and their sons aged three and five. Shichi-go-san literally translates "Seven-Five-Three, ages that are considered critical in a child's life
- November is a big month for Independence celebrations, including Poland November 11, Latvia on the 18th, Lebanon on the 22nd, Suriname on the 25th and Albania on November 28.

turn the page for more!



the eleventh month of the year.



656 N 2000 W Pleasant Grove

Jaw Aches **Can You Stop Taking Pain Medications?**

paysondentist.com

Holistic Family Dentistry Periodontics & Endodontics PerfectBite Implant, Sedation & Cosmetic Doctor

Technology advancements have made it possible to detect problems earlier and reduce pain & anxiety associated with past dental care!

\$**89** Complete Exam & \$250 Value Full Mouth X-Rays

100 off **Any Dental Treatment**

Must Present Coupons at time of service. Some restrictions apply. Can not be combined with any other offer. New patients only



WANT TO PUBLISH A TIDBITS" IN YOUR AREA?

We provide the opportunity for success! Call 1.800.523.3096 (US) 1.866.631.1567 (CAN) www.tidbitsweekly.com

670 West State St **Pleasant Grove** Mon - Thu: 11:00A - 8:30P Fri - Sat:



WHO WILL WIN? Can YOU handle the Chubby FREE CHUBBY T-Shirt, just by price & Get a 2nd one or some or lesser value for FREE! Challenge? You could win a Bring your Family & Friends

FREE SANDWICH Buy ANY menu Burger or Sandwich & 2 drinks at reg. price & Get a 2nd one of equal Only with coupon, not valid with other offers Expires 10/31/11

roger@ilovemytidbits.com - Branson Tractors hobbytractors.com

- Kjoti Tractors

- Mahindra Tractors

- Ariens

 Gravely - Echo

660 West State Street Pleasant Grove 801-785-8605 Good Times

Family Busines with over 31 years of friendly service Implements, service, parts, lawn movers, hand tillers & much more

Mention this Ad for even Greater Savings

Ice Cream & Snacks (See inside for Coupon) Pizza Kitchen Jewelry Clothing

Business Cards/Banners/Flyers Coming Soon: Laser Tag

Arcade/Pool & More 408 S. Orem Blvd Orem

Booth Space Available - Call 801.420.0757

across the street from Purple Turtle 46 East State Street **BEST PRICES**

ANYWHERE! CALL NOW! **LIMITED INVENTORY**



801.810.4MAC (4622)

mactraders.net





UTAH CARPET CLEANING

Call now to get 1 room FREE



PREFERRED VENDOR See Testimonials at: vcscarpetcleaning.com

EXCLUSIVE

The Provo Car Doctors



151 North 300 West

Provo

LIMITED QUANTITY ONE DAY SALE SAT 11/19 801-373-2800

Save on All your Car &Truck Maintenance!

Buy Our Premier Club Maintenance Package:

4 - Oil Changes (5 Qts + Filter + Lube)

801-226-6827

25 Point Maint Inspection w/each service

FREE State Safety Inspection

FREE Emission Test

• Plus: • Free Check Engine Light Scan

- - Free Laboron Cooling System
 - Free Laboron Transmission Service

See Store for Details

- Free A/CSystem Performance Check
- Free Used Car Pre-Purchase Inspection
- Free Brake Adjustment & Inspection
- Free Starting & Charging System Analysis
 Free ½ Hour Labor on Other Repairs

Tidbits® of Utah County

Burritos Salads Huaraches Chimichangas House Specialty: Shrimp Empanadas

Lunch Special - Only \$ 5.99 Our Special Daily EntrÈe + Beans + Rice + Drink!



On Main Street in Santaquin **Next to the Santaquin Pharmacy**

HOURS M-Th 11:30 2 7:30 F 11:30 2 8:00 S 11:30 2 3:00

> **PHONE** 801.754.5378



1. ANIMAL KINGDOM: What is the only food that koalas will eat?

2. CARTOONS: What was the name of Fred and Wilma Flintstone's daughter?

3. FAMOUS QUOTATIONS: Who once said, "It's not that I'm afraid to die. I just don't want to be there when it happens"?

4. U.S. STATES: What is the motto of West Virginia?

5. MOVIES: Who wrote the screenplay for "Mean Girls" and co-starred in the movie?

6. GAMES: How many dots are on a pair of dice? 7. GEOGRAPHY: Where are the Channel Islands located? 8. HISTORY: What was the name of the motel

where Dr. Martin Luther King Jr. was shot? 9. GENERAL KNOWLEDGE: When did Staten Island residents vote to secede from New York

10. MEASUREMENTS: How many teaspoons are in a tablespoon?

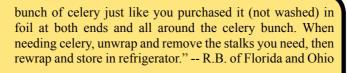
Simple Simon's Used Cellular Need instant cash? Call Today (801) 722-5700 Phones as low as \$20!

T-MOBILE

S.S.U.C. \(\sigma\) Camera phones us to the Touch Screen phones under \$100! Camera phones as low as \$25! AT&T SPRINT VERIZON

BUY SELL TRADE REPAIRS RECYCLE





- "I read your tip on splinters. I would like to suggest another: Put a drop of Elmer's glue over the splinter, let it dry and then use tweezers to pull off the hard drop of glue. The splinter usually comes right with it if any of the splinter was exposed." -- P.C. in Alabama
- "I have a tip to keep those nasty flies out of your salads while trying to enjoy the food at a picnic: shower caps! They work well on almost any shape or size of bowl or plate. And they stay on better then stretch wrap. I go to the dollar store and buy 10 shower caps for a buck. And you can wash them in really hot water to reuse." -- A Reader, via email

Send your tips to Now Here's a Tip, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or e-mail JoAnn at heresatip@yahoo.com.

(c) 2009 King Features Synd., Inc. "I feel the following is the best way to remove lint from the trap on my dryer. After completion of the drying cycle, take the used Bounce dryer sheet and swipe the screen. Then throw it into the wastebasket, located next to the dryer. For loads not using Bounce, take a used one from the wastebasket and use it. This puts the Bounce sheet through a complete

clothes-drying episode." -- G.B. from Minnesota

- "A great way to keep tennis shoes and other shoes together: When you take them off, tie the shoes together by the shoestrings (loosely) or connect the two shoes with Velcro straps if they close that way. In doing this, it is much faster and easier to find BOTH shoes when ready to go. Keep smiling!" -- J.B. in Virginia
- "To keep celery fresh for a month or more, wrap your

If you're age 65 or older, ask your doctor if you should

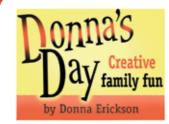
have the extra-strength shot for seniors. If you want to keep tabs on the spread of flu this winter, the Centers for Disease Control and Prevention has a website (www.cdc.gov/flu) with maps, information on prevention and more. Be sure to read the section on How Flu Spreads. Did you know that someone 6 feet away can spread it to others by coughing or sneezing? The vaccines this year include an influenza A (H1N1) virus, an influenza A (H3N2) virus and an influenza B virus, so keep your hand sanitizer ready. Use the wipes provided at the grocery store on the shopping cart handle before you even touch it. Learn not to touch your face with your hands.

Remember, it takes a few weeks for the vaccine to become affective.

Matilda Charles regrets that she cannot personally answer reader questions, but will incorporate them into her column whenever possible. Write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com.

CELEBRATIONS (continued)

- Americans used to celebrate Armistice Day on November 11, commemorating the 11th hour of the 11th day of the 11th month of 1918. This was the time when a peace agreement was declared between the Allies and Germany, ending World War I, then called the Great War. It became a U.S. federal holiday in 1938. President Eisenhower officially changed the holiday from Armistice Day to Veterans Day in 1954. There are about 9.2 million veterans in the United States over age 65. About 1.9 million are under 35.
- Veterans Day in Canada, Britain, France and Australia also memorializes their heroes on or near November 11. Canada calls it Remembrance Day, and the second Sunday of November in Britain is called Remembrance Sunday.
- The third Thursday in November has been proclaimed the Great American Smokeout, when all smokers have been asked to make a plan to quit or at the least, abstain from smoking on that day. It's the day the American Cancer Society reminds smokers that cigarette smoking is responsible for over 80 percent of all lung cancer deaths. Just 20 minutes after quitting, the heart rate and blood pressure drop. Twelve hours later, the blood's carbon monoxide level drops to normal. One year after quitting, the excess risk of coronary heart disease is half that of a continuing smoker, and 10 years after quitting, the risk of dying from lung cancer is half that of a continuing smoker.
- Musicians, singers and poets pay homage to their patron saint, St. Cecilia, on November 22. This Roman Christian martyr is said to have heard the music of heaven during her wedding ceremony and to have sung to God as she lay dying. The patroness of business and professional women is St. Hilda, who is honored on November 17.
- Everyone seems to have a patron saint, including tavern owners, beggars and drunkards. This honor belongs to St. Martinmas, a noted philanthropist who supposedly hid in a barn to avoid being made a bishop. Because a honking goose gave away his location, many Europeans eat roast goose during the Feast of St. Martinmas on November 11.
- Is matrimony on your mind? According to an old proverb, "Marry in September's shine, your living will be rich and fine." However, "If in October you do marry, love will come, but riches tarry." Now, "If you wed in bleak November, only joys will come, remember."
- Thanks to Alfred Gerald Caplin we have Sadie Hawkins Day on November 15. Alfred was more commonly known as Al Capp, the creator of the "L'il continued on next page



Way to Go! **Cheers Can** Give Big **Boost**

I was up at the crack of dawn on a recent weekend morning for the Twin Cities Marathon. It was a perfect fall day. No, I didn't run, but I did lots of rooting from the sidelines at mile six, near our house where runners reach the top of their first hill. I wasn't the only one. Standing across the street amidst the early-morning crowd was a young family decked out in bright-yellow T-shirts blazing with encouraging hand-painted sayings: "You Rock!"; "Go Sue Go!"; "Love you, Sue!"

"It's so difficult to run a marathon of over 26 miles for the first time," said Sue's sister, Lynn Burley, mom of two school-age girls, teacher and seasoned marathoner. It makes such a difference in reaching your goal when people encourage and cheer for you along the way. It's as important as training, water and food." Sure enough, seeing the familiar faces of her daughter and sister's family would be the initial cheers of many she'd receive on her way to crossing the finish line.

I came home thinking about how everyone can use a boost once in a while. The gestures can be simple, yet can yield big results in the lives of people we support. That's when my husband told me about Desiree Kuik, the human resources person at a K-12 school where he works.

She's always up to motivating the teachers and staff," he said. Sure enough, to prove his point, he pulled out of his briefcase an eye-catching cellophane bag he found on his desk after a very busy week of work. On the outside was a printed sticker that read: "Here's S'more Encouragement!" Inside the bag were two graham crackers, two marshmallows, a Hershey's milk chocolate bar, and a simple recipe card she had printed on her computer:

EASY S'MORES

Layer the following: 1/2 graham cracker 4 small blocks of chocolate 1 large marshmallow 1/2 graham cracker

Microwave for 15 seconds.

The recipe ended with "Enjoy the gooey treat!" And we did. I'm sure all the teachers and staff who received the thoughtful gesture felt encouraged by it and enjoyed it, too.

Feeling inspired? Find someone, and encourage your family to cheer 'em on and give 'em a boost this week.

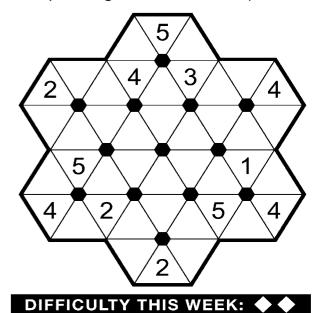
Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit www.donnasday.com and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Fami-



Published weekly by Serendipity Weekly Call (801) 616-6288

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



Medium Easy © 2011 King Features Synd., Inc.

SENIOR NEWS LINE

by Matilda Charles

Free Flu Shots

Quite a few communities are offering free flu shots, more so than in recent years. For those of us who don't yet have Medicare, or have an insurance plan that won't pay for a shot, these free clinics can be a big help.

Ask about free shots at work, senior centers, local health departments and home health aide groups, at the hospital, town hall and local college. Go online to google.com and put "free flu shot" in the search box, along with the name of your town.

Even if you can't find a free shot this year, get one if your doctor thinks you should have it.

To find a flu shot online, go first to www.flu.gov and scroll down the right side to Flu Vaccine Finder, and put in your ZIP code. Also check www.INeedAFluShot. org and www.findaflushot.com.



Which Hall of Fame third baseman was on **All-Star** more Game rosters during his career: George Brett or Mike Schmidt?

Name the last National **MVP** before League Jimmy Rollins in 2007 who was a switch-hitter.

3 When was the last time before 2007 that the University of Cincinnati football team won 10plus games in a season?

1 In 2009-10, the Orlando Magic set an NBA record for most three-point field goals by a team for a season -- 841. What team held the old mark?

Who was the youngest player to make an NHL All-Star team before Carolina's Jeff Skinner (18 years, 259 days) did it in 2011?

6 Name the first Alpine skier to win the same event at two Winter Olympics.

Before Charl Schwartzel won the 2011 Masters by finishing with four birdies, who were the only two golfers to win the Masters by finishing with two birdies?

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



6. Billboard is gone. Differences: 1. Boy's hat is gone. 2. Knapsack is different. 3. Tree has leaves. 4. Man's hat is different. 5. Tire is black.

I have a **GREAT JOB** and now I am looking for Help! The job has a Flexible schedule. I am looking for a **Dynamic**, **Self-Starter** who is interested in working from home, representing a Dynamic, Growing Eco-Friendly business to the residents of Utah County, on the phone and in person. Make a Fantastic Income having Fun & meeting New Friends.

SEND YOUR RESUME NOW!!! roger@ilovemytidbits.com

- It was French Renaissance essayist Michel de Montaigne who made the following sage observation: "Nothing is so firmly believed as what is least known."
- If someone called you a "mumpsimus," would you be flattered or insulted? It seems that the appropriate reaction would be to take offense. According to the Merriam-Webster dictionary, a mumpsimus is "a stubborn person who insists on making an error in spite of being shown that it is wrong.'
- The English language is unique in the number of collective nouns it possesses. For instance, a group of frogs is known as an "army" and a group of crows is called a "murder." We have a "shrewdness" of apes, a "wisdom" of wombats, a "congregation" of crocodiles, a "smack" of jellyfish, a "wiggle" of worms, a "crash" of

CELEBRATIONS (continued)

Abner" comic strip. In 1937, Capp pictured November 15 as a day when the unmarried women of the fictional community of Dogpatch could aggressively go after the town's available bachelors. Dogpatch's Sadie Hawkins was dubbed "the homeliest gal in the hills," waiting interminably for men to "come a-courtin'." Her father, a community leader, decreed the first annual celebration in the comic strip, and it soon became a popular event across the country.

- November 5 is celebrated in England as Guy Fawkes Day, commemorating the anniversary of the Gunpowder Plot, a conspiracy to blow up Parliament and King James I along with it. The plot was an uprising of English Catholics, who believed they were being persecuted unjustly for practicing their religion. Thirtysix barrels of gunpowder were hidden in a cellar under the House of Lords and guarded by Fawkes. Thirteen conspirators devised the plot, and many were killed outright, while others were imprisoned or executed. Fawkes was sentenced to be hanged but jumped off the scaffold and broke his neck. While this doesn't appear to have been a good idea, it saved him the agony of the drawing and quartering that was to follow the noose breaking his neck. Today, the English celebrate with fireworks and bonfires, with Guy Fawkes' effigy burned on the fire.
- The day after Thanksgiving has been nicknamed Black Friday in the United States and marks the beginning of the Christmas shopping season. If it's one of retailers' best days, why do they call it Black Friday? It earned this moniker as it is the day many retailers make a profit and are "in the black." "Buy Nothing Day" is the same day and is a day of protest by some against consumerism and overspending. A Canadian artist conceived the idea and initiated it in Vancouver in 1992. Festivities often include sit-ins

continued on next page



Maria Shriver 11/6/55 Joni Mitchell 11/7/43 Morley Safer 11/8/31 Lou Ferrigno 11/9/51 11/10/69 Ellen Pompeo Leonardo DeCaprio 11/11/74 11/12/68 Sammy Sosa

TIØBITS

DIXON MEAT

95 S Main

MARKET 485-3127 Payson

From BBQ to Holiday



RESERVE the BEST for your **FAMILY**



HUNTERS - Cutting, Curing, Smoking, Domestic, Wild Game Processing & Cold lockers

rhinoceroses, a "waddle" of penguins and a "scourge" of mosquitoes, to name a few. Geese flock together in "gaggles," unless they're in flight, in which case they are collectively known as a "skein."

- In the Baltic region, it's traditional for a bride to wear black.
- You've probably never heard of Harvey Lowe, but in the 1930s he enjoyed a certain amount of notoriety; in 1934 he won the first World Yo-Yo Contest. Now that you know who he is, can you imagine what he had in common with Rolling Stones guitarist Keith Richards and notoriously flamboyant entertainer Liberace? It turns out that all three took out insurance policies on their hands.
- If you're like 20 percent of the respondents in a recent poll, you find it embarrassing to order tap water when you're in a restaurant.

Thought for the Day: "A great deal of intelligence can be invested in ignorance when the need for illusion is deep." -- Saul Bellow







Page 4

CELEBRATIONS (continued)

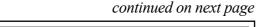
with credit card cut-up ceremonies. Some areas use the day to hold a winter coat exchange for the less fortunate.

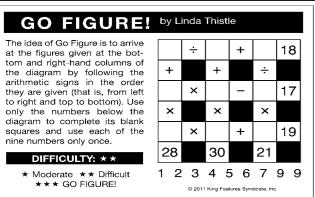
Don't forget Sinkie Day on November 24. That's the day set forth for recognition by The International Association of People Who Dine over the Kitchen Sink, those folks who think food tastes better eaten over the sink and that it makes less mess as well!

OVERCOMING THE ODDS: EDDIE C. BROWN

This week, Tidbits explores the lowly beginnings and life of Eddie Brown, founder of one of America's most successful financial firms.

- The cards were seemingly stacked against Eddie C. Brown, born to an unmarried 13-year-old in 1940. But the world was destined to discover the tenacity and strong will to succeed possessed by this remarkable individual. Brown was taken to live with his grandparents in a home without modern conveniences. His grandfather was a Florida citrus grove worker, and his grandmother worked at a greenhouse.
- At age 12, Brown worked with his uncle as a moonshine runner, making deliveries on the back roads of Florida in an old Ford pickup. His grandmother stepped in to turn Brown's life in a new direction. She began taking him to the city, showing him businessmen in suits, all the while impressing upon him the need for a good education in order to wear those suits and sit behind a desk. Brown became committed at that young age to pursue a higher education.
- Brown hit a roadblock with the death of his grandmother when he was 13, and he was sent back to live with his young mother. His teachers encouraged him to take vocational industrial arts classes, but his mother and a family friend guided him into the necessary college prep academic classes. With excellent grades, he graduated from high school at age 16 near the top of his class.
- It was on to Washington, D.C.'s Howard University, one of America's most prominent African-American educational institutions, where he graduated in 1961 with a degree in electrical engineering.
- After serving in the Army Signal Corps for two years, Brown took a job with IBM in 1963. He was designing computer circuits by day and attending New York University by night, earning his Master of Science degree in electrical engineering. A major career change was on the horizon, however, with Brown resigning from IBM in 1968. He enrolled full





Weekly **SUDOKU**

by Linda Thistle

	7				6		5	
6			3					4
		1		2		8		
	9			1				7
4				5			1	
		7	8		2	5		
	3			7			4	
		4			5	9		
2			9					6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging **★★★ HOO BOY!**

© 2011 King Features Synd., Inc.

SMALL ACTS LEAD TO BIG THINGS SERVICE IS THE KEY

TO OUR COMMUNITY: lave You Served Someone Lately?





All Burgers include Hand-Cut Fries 490 North Freedom Blvd Open Evenings - Call for Hours

ADVERTISE HERE FOR AS LOW AS ~\$11 A WEEK!

CHRIS 801.814.8213

108 E 400 S. Orem

(801) 375-5873 159 W 500 N

510 OFF

Any Tune-Up Service

FIESTA FUN

Buy a Large Smoothie/Shake

Get a Small FREE

Coming Soon: Laser Tag, Arcade, & More!





Booths Available

thelilypadshop.etsy.com

Served10

Personal, Unique, & Fun Gifts

Get 2 Jumpers For The Price Of 1 I-15 Exit 260 -South of Springville Walmart one mile Not Valid on Thurs. Can't be combined w/any other offer

SPAS & BILLIARDS 10% OFF

Inflatable Play Rooms Slides & More!

All Chemicals, Filters, & Accessories www.takeabreakspas.com 801-489-6005 1575 S. 1950 W. · Springville

ELEGANT EXPRESSIONS OLDE TYME PHOTOGRAPHY WESTERN PHOTO'S MANY OUTFITS AVAILABLE

NATALIE @ OLDE TYME PHOTOS (801) 358-7104 OR 2 FOR \$20 (SAME POSE) AND COME IN TODAY!



SERVING BREAKFAST LUNCH, & DINNER Any \$20 465 South Univ. Ave

Provo - 801-374-7436

For A

Coupon Etiquette: These coupons are truly Treasures of Generosity from our advertisers, your friends and neighbors. Work with the store and be thankful for their kind offer. They are donating their precious time and resources to encourage you to discover their outstanding products and services. Please recognize that all disclaimers could not be printed on the coupon. Remember not to abuse these offers. Be sure to thank them for their gift. They are very thankful to you for your patronage





Need Vinyl Decals? \$12 per 12"x12" Area

801.814.8213



MISTER BREGER



"How much will you be needing?"



Space Heaters Are Handy, But ...

It's that time of year again. As temperatures cool down and Jack Frost makes an appearance, homeowners start looking for efficient ways to heat their homes. It's also when the number of fires caused by improperly used portable electric space heaters begin to climb.

Yet we can't abandon space heaters entirely -- they provide decent supplemental heat to individual rooms, and in some parts of the U.S. are the only source of heat during cold snaps. So, careful selection and the observance of safety rules is the best solution to the dilemma of whether or not to use a

If you're using an older model, check it thoroughly for problems -- a frayed cord, damaged heating elements, dented or rusted casing and so on. Damaged space heaters should be replaced as soon as possible.

When purchasing a new electric space heater, make sure it has the Underwriter's Laboratory (UL) label attached to it. Avoid heaters that feature "open" heating elements (heating elements protected only by a mesh grille). An estimated 6,000 people a year are treated in hospital emergency rooms for burns caused by contacting the hot surfaces of room heaters. Heaters that circulate warmed liquid or oil through a closed system are a safer option.

Although most space heaters rely on convection (the circulation of air) to heat an entire room, some rely on radiant heating: infrared radiation that directly heats up objects and people that are within the heater's line of sight. Radiant heaters are a more efficient choice when you'll be in a room for only a few hours, but you must stay within its line of sight.

Set up the space heater at least 3 feet away from furniture, drapes, bedding and other combustible materials. Do not place or prop it up on anything; put it flat on the floor, away from foot traffic. Be especially careful to keep children and pets away from the heater, and operate only when adults are in the room. When you go to bed, turn the heater off -- stay warm underneath the covers instead.

If you use an extension cord with the heater, make sure the cord is marked No. 14 or No. 12 American Wire Gauge (AWG) -- this is printed on the label attached to the extension cord when purchased.

HOME TIP: The U.S. Consumer Product Safety Commission estimates that more than 25,000 residential fires every year are associated with the use of space heaters, causing more than 300 deaths. Stay safe!

Promote Liberty

Donate to Frint the USA Constitution

Grayscale Business Card Ad Provided with each Constitution Printed. - I support Local Print Shops Call For Details



Buy Any Burger Combo and Get A Burger Free!

Can't Be Combined With Any Other Offer.

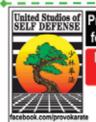


ADVERTISE HERE

FOR AS LITTLE AS

~\$15 A WEEK!

CHRIS 801.814.8213



Professional private and group instruction for men, women, and children of all ages. Mention this ad and you will receive

a FREE uniform upon enrollment

Provo • Orem

Saratoga Springs



ADVERTISE HERE Affordable Rates **Provide Your BEST Deal!** NO CONTRACTS



52 N. University Ave. Provo (801) 375-INKS (4657)

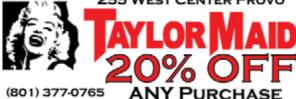


Delivery Carry Out

Endless Coupon Children's Books Paper Back Books (801) 607-1468

*4 for \$10 In Provo Town Center Mall 1200 Town Center Blvd. SPC 2006 255 WEST CENTER PROVO

FULL SERVICE SALON



BEAUTY/THEATRICAL SUPPLIES

COSTUME RENTALS & SALES





STORE NEWS and other COMMUNITY EVENTS:

EBorn Books - Through the Holiday Season various Authors will be at sight for book signings.

DZZ - Now booking Christmas and New Year Parties - Call to reserve your time today!

United Studios of Self Defense: Build self-esteem, discipline, and obtain exercise - ENROLL Todayl Iguana Inks - Knowledgeable staff that can help save you BIG BUCKS, when it comes to INK!

CLAS Ropes Course - Plan your Christmas Cruise now. Clip the coupon and tape it to your Calendar! The Lucky - Come try one of our Navajo Tacos or one of our Burgers - All Burgers include Fresh Cut Friest

HAVE YOU SERVED SOMEONE LATELY?

BE A DENTAL ASSISTANT Advantage Dental Assisting DENTAL School ASSISTANT DENTAL CHOOSE: ASSISTANT **TUESDAY NIGHT** Sea una DIPLOMA CLASS 5:30PM-8:00PM Asistente DENTAL DENTAL Dental ASSISTANT FRIDAY MORNING ASSISTANT CLASS 9:00AM-11:30AM en 12 WHITENING TRAYS OR semanas! Now! SATURDAY MORNING Te ayudamos CLASS 9:00AM-11:30AM encontrar trabajo Hands-On de Asistente Internship Dental Fulfills Dental Assisting/Hygiene Shadowing requirement at Utah College of Dental Hygiene In An Actual 801-426-0774 Only \$1,950 Tuition plus \$50 registration fee. Includes textbooks. Dental Clinic!

Good Housekeeping

Fall Harvest Carrot Salad

6 (17 by 12-inch) sheets fresh or frozen (thawed) phyllo

Nonstick cooking spray

1 package (11-ounce) mixed dried fruit

3/4 cup apple or orange juice

1/2 cup water

3/4 teaspoon anise extract

1 pint fat-free vanilla frozen yogurt

Lemon leaves for garnish

1. Stack sheets of phyllo, one on top of the other. With knife or kitchen shears, cut phyllo stack lengthwise in half. Cut each half crosswise in half to make 24 pieces. Keep phyllo covered with plastic wrap to help keep it from drying out.

2. Preheat oven to 375 F. In 10-ounce custard cup, place 1 phyllo piece; spray lightly with nonstick

cooking spray. Top with 3 more pieces of phyllo, spraying each lightly with nonstick cooking spray and arranging them slightly overlapping to evenly line the whole cup. Repeat to make 6 phyllo cups in all. Place custard cups in jelly-roll pan; bake 10 to 12 minutes until phyllo is crisp and golden. Cool phyllo cups in custard cups on wire rack.

3. Meanwhile, coarsely chop dried fruit. In 2-quart saucepan over medium-high heat, heat dried fruit, apple or orange juice, anise extract and water to boiling. Reduce heat to low; continue cooking, covered, stirring occasionally, until most of liquid is absorbed and fruit is tender, about 10 minutes. If not serving right away, keep fruit mixture refrigerated.

4. To serve, let frozen yogurt stand at room temperature to soften slightly. Remove phyllo cups from custard cups to 6 dessert plates. Spoon about two-thirds of frozen yogurt into phyllo cups. Top with warm or cold fruit mixture, then remaining frozen yogurt. Garnish with lemon leaves. Serves 6.

• Each serving: About 270 calories, 5g total fat, 4mg cholesterol, 130mg sodium.

EDDIE BROWN (continued)

time in the Indiana University School of Business to pursue yet another masters degree, this time in business and finance.

- This intelligent and hard-working individual began working in the investments industry, moving up to vice president and portfolio manager at the international investment firm of T. Rowe Price.
- In 1983, after a decade with T. Rowe Price, Brown launched his own money management company, starting up in a home office. His ability to pick stocks and his philosophy of GARP (Growth at a Reasonable Price) has turned the Baltimore-based Brown Capital Management into the manager of billions of dollars of assets. He was named financial services' "Entrepreneur of the Year" by his peers and has been called a "stock-picking whiz." Brown served as a regular panelist for 25 years on a national financial broadcast. As a noted philanthropist, Brown has created a foundation called Turning the Corner Achievement Program to encourage African-American middle school students to pursue higher education. His recently released autobiography "Beating the Odds" takes the reader through his humble beginnings, chronicling how "intellectual curiosity, abiding self-belief, hard work and divine providence" enabled him to meet his goals.

ALL KINDS OF HATS

What's that on your head? It might be a boater, tam, cloche, kepi or homburg, or you just might call it a hat! Follow along as Tidbits describes some unusual headgear.

- A basher, skimmer, katie and sennit are all synonymous with the boater, a hat associated with sailing and summer days. You also might see members of a barbershop quartet wearing this straw hat. It's typically made of sennit straw and features a ribbon around the crown.
- Jewish law decrees that a man is to cover his head during prayer. That's why you'll see Orthodox Jews wearing the spherical skullcap known as a yarmulke.
- Because of actor Basil Rathbone's movie portrayal of Sherlock Holmes, the deerstalker hat is often associated with detectives. Rathbone wore this double-brimmed, ear-flapped cap in 14 Hollywood productions between 1939 and 1946. Beginning in the Victorian era, it was worn by hunters to, of course, stalk deer. The side flaps can be worn up, down or tied under the chin. Another famous deerstalker wearer is continued on next page



Q: I have a Singer sewing machine that appears to be one of the first factory models made. I was once offered \$400 for it when I took it in for minor repairs. Can you tell me what's it is worth, and where I can sell it if I choose? -- Loraine, Brooklyn, N.Y.

A: I examined the pictures you sent and suspect your sewing machine was made during the early years of the past century. It has obvious wear and might retail for about \$200. I was at an auction several months ago and saw a Singer Model No. 9W1, circa 1905, encased in a tiger oak cabinet with all its attachments sell for \$350.

Q: I have a Staffordshire ceramic figurine of a spaniel dog that I would like to have appraised. Can you help me? -- Bill, Albuquerque, N.M.

A: First, let's review a little information about Staffordshire pottery. The company was founded in England's Staffordshire district during the 17th century and continues with its production work to the present. The company gained an international reputation for its ornamental pieces. The height of production occurred during the Victorian-era. Many of the earlier pieces of Staffordshire are considered folk art.

To determine the value of your ceramic spaniel, you should hire the services of a professional appraiser. Two established appraisers in Albuquerque are Suzanne Staley, 505-738-1118; and Phyllis Thunborg, 505-898-0863. You can find appraisers listed in the business pages of the phone book of most cities. Make certain that the appraiser you contact appraises personal property, not real estate.

Q: I have three of my childhood storybooks from the early 1950s. They are "Bugs Bunny Keeps a Promise," "Bill's Birthday Surprise" and "Buster's Bulldozer." Are they worth keeping? -- Tom, Arapahoe County,

A: Perhaps for sentimental reasons, but the three you listed are worth only about \$10 each, if in mint condition.

Q: I have a book entitled "North American Indian Life" by Edward S. Curtis with an introduction by A.D. Coleman and T.C. McLuchan. Can you help me determine its value? -- Leonard, Clifton Heights, Pa.

A: Your book, which was published in 1972 by Promontory Press, retails in used bookshops for about \$25.



Brought to you by: YOUR BUSINESS HERE

ACROSS

- Commer-
- cials
- "Doo
- follower
- First victim Acrylic
- fiber 10 Scent
- Wallowed
- (in) 13 Sofa, recliner ottoman,
- etc. 16 New Guinea
- port Antimacassar
- Spotted, a la Tweety
- 19 Intend 20 Arm bone
- 21 Cricket, for one
- 23 Performs high-tech surgery
- 25 Sonic 26 Scoff
- 27 Elev.
- 28 Ladd and Alda 30 Shemp's
- brother 33 Guesswork
- Jog sans togs
- Gambling game
- Overhead

DOWN

13

Actress Moore Smear

38 Surpass

39 Kill a bill

40 French

41 English

cathedral

- tactics Slobber
- Metallic blend
- Actress Celeste
- possessive
- Hatch
- Get snug
 - and cozy The whole

 - Old airline
 - Mid-May
 - 20 Work with

 - 23 Chain part

- Met melody 24 Exculpate Utah politico 25 Evil
- 26 "King of
- enchilada Campus big
- wigs 14 Grownup kid
- initials
- honoree
- Cobbler's
- supply
- Spud
- Pop," in headlines 28 Mountain
 - ridge
 - 29 Begins
 - 30 Thurber's dreamer
 - Walter 31 Aware of
 - 32 Id counterpart
 - 34 Tom-tom, e.g.
 - 35 Christmas refrain

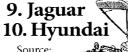
© 2011 King Features Synd., Inc

Seniors' Favorite Car Brands

* percent of

buyers

- 1. Buick
- 2. Lincoln
- 3. Cadillac
- 4. Chrysler
- **5. GMC**
- 6. Chevrolet
- 7. Porsche
- 8. Lexus





© 2011 by King Features Syndicate, Inc World rights reserved.





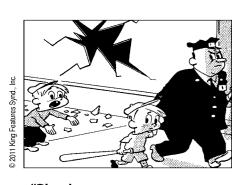
CALL JARED: 801.839.8088

by Jeff Pickering









"Plead Johnny!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag

STAVAN Peeve YANNO Welcome VINITE Absorb

SNIGET

TODAY'S WORD

- people's heads? 2. Why is a mousetrap like the
- measles? 3. What's the cheapest feature
- of the face? 4. Why are cowardly soldiers
- like butter? 5. What animal keeps the best
- 3. Nostrils; they are two for a scent. 4. Because, when exposed to fire, they run. 5. A watchdog.

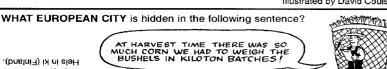


FRANCEDDADN Answers: 1. Go to church late. 2. Because it is catching.



MITAANDECIOOK

Illustrated by David Coulson

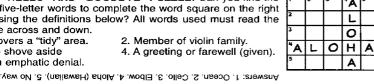


THE "HELLO" AND "GOODBYE" PUZZLE! Can you find the four five-letter words to complete the word square on the right by using the definitions below? All words used must read the same across and down. 1. Covers a "tidy" area. 2. Member of violin family.

5. An emphatic denial.

Hels in ki (Finland).

4. A greeting or farewell (given).



See if you can tour 22 countries in less than five minutes. Hidden in the diagram above are the names of various countries around the world. They can be found by reading up or down, or side to side. You'll even find them diagonally, going up or down. Letters can be used more than once. Listed below are the countries you're looking for. **ALGERIA** GREECE **JAMAICA**

BELGIUM CANADA DENMARK **ECUADOR FINLAND FRANCE GERMANY**

JORDAN IRAN KUWAIT **IRAQ LEBANON IRELAND** PERU POLAND ISRAEL ITALY **UGANDA**



To Your Good Health By Paul G. Donohue, M.D.

Best Way to Treat COPD? Quit Smoking

DEAR DR. DONOHUE: My mother is in her early 70s. She has been diagnosed with chronic obstructive pulmonary disease, COPD. She had a bronchoscopic exam to remove a mucus plug. She was a very heavy smoker. She still smokes. She thinks her kids don't know, but we have seen the evidence. She is on oxygen. Her doctor thinks she has quit. What does this do to her life expectancy? How long can she live this way? -- J.S.

ANSWER: Chronic obstructive pulmonary disease, COPD, is two illnesses: emphysema and chronic bronchitis. Emphysema is a harmful stretching and destruction of the millions of air sacs found in the lungs. Through those delicate structures, oxygen reaches the blood. When they are damaged, a person cannot get enough oxygen and becomes breathless on even slight exertion. Chronic bronchitis is inflammation of the air passageways, the bronchi. They fill with thick, pus-filled globs of phlegm. Air cannot pass through them. A cough that produces of sticky, tenacious sputum is its chief sign.

Cigarette smoking is the major cause of COPD, but not the only one.

It's hard to watch people ruin their own bodies and hasten death. That's what your mother is doing. Tell her that the most important treatment for COPD is total abstinence from smoking. Abstinence allows lungs to recover from the damage done from inhaling cigarette smoke. It doesn't achieve a complete reversal overnight. It does prolong life.

What does this do to her life expectancy? It shortens it. How long can she live? That can't be foretold. Unequivocally, she will live longer and enjoy her life more if she never lights up again.

COPD is a major problem and the fourth-leading cause of death. The COPD booklet explains its causes and treatments. To order a copy, write: Dr. Donohue -- No. 601W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: I have arthritis. Every time it rains, my pain seems to increase. I attend the Arthritis Foundation's exercise classes, and we all have the same response to rainy weather. We're wondering if this is due to increased humidity, low barometric pressure or just an "old wives' tale." -- E.S.

ANSWER: A drop in barometric pressure along with an increase in humidity has been demonstrated to cause a flare of arthritis. It's the exact set of conditions that happen prior to a storm.

Some arthritics experience more joint pain when temperature drops.

DEAR DR. DONOHUE: I would appreciate reading your comments on the current rumor that microwaved food loses all nutritional value. -- C.T.

ANSWER: That's not a current rumor. It's a piece of misinformation that has been circulating since microwave ovens appeared on the market. It's not true. Microwaving preserves vitamins and

minerals better than almost any other method of cooking. Foods lose some of their nutritional value when they are boiled in lots of water; the water draws out some vitamins. Little water is used in microwave

ADVERTISE with Tidbits® (801) 616 - 6288



OCT THRU DEC 801-465-8177 **Current Patients**

FREE Health Screening Or Stress Test With Donation 5 cans of food



675 S 100 W #4 **PAYSON New Patients FREE** Therapy With Donation 5 cans of food **Enter FREE Drawing**

ALL KINDS OF HATS (continued)

cartoon character Elmer Fudd, who stalks "wabbits" rather than deer.

- The cloche first became popular during the 1920s. It's a fitted, bell-shaped hat, usually made of felt, that's worn low on the forehead. It takes its name from the French word for bell.
- The bowler hat and the derby are pretty much the same thing. It was invented in 1849 by London hatter William Bowler and is a hard felt hat with a rounded crown. Charlie Chaplin's character "The Tramp" wore this headwear. It became known as the derby when it became a popular item at the English Derby race. It's also known as a coke hat, billycock or bombin.
- The hat worn by the French Foreign Legion is known as a kepi. Several pictures of French statesman Charles de Gaulle feature this cap with the flat circular top and visor.
- The popularity of the fedora has endured for decades. This felt hat is creased lengthwise down the crown and pinched in at the front. In the early 20th century, it was a woman's fashion accessory, but around 1920, it became symbolic of middle-class men. You've seen the fedora crowning the likes of Gene Kelly as he sang in the rain, Humphrey Bogart in Casablanca, and fictional detective Dick Tracy. In more recent years, it was the trademark of Indiana

Jones, The Blues Brothers, Michael Jackson and of course, Dallas Cowboys coach Tom Landry, who was seldom seen without one.

The homburg is similar to the fedora, with its dent running down the crown, but the brim is fixed in a tight, upwards curl. It's usually made of wool and features an optional feather tucked in its ribbon continued on next page

Laugh a bit with Tupes

Q. What did the mother turkey say to her disobedient children?

A. If your father could see you now, he'd turn over in his gravy!



Just Like Cats & Dogs

by Dave T. Phipps

WHY IS IT EVERY TIME WE THINK WE NEED TO LIVE IT UP IN ORDER TO STAY YOUNG, I JUST END UP FEELING OLDER THAN I WAS TO BEGIN WITH?



by Dave T. Phipps



Amber Waves









A Dog's Reading Room

By Samantha Mazzotta

to enjoy on a blustery evening. This month's selection features odes to irrepressible dogs, humorous anecdotes, a bit of mystery and some training advice, of course. "A Pug's Tale" by Alison Pace (Penguin Group) is the author's second foray into the wonderful world of pugs -- this time in a fictional setting. Heroine Hope McNeill and her beloved pug Max hunt down a priceless painting

Just in time for fall, here's a selection of pet-related books

that's gone missing from New York's Metropolitan Museum of Art. Psychologist and dog expert Stanley Coren pens a loving ode to Flint, his Cairn terrier, in "Born to Bark: My Adventures with an Irrepressible and Unforgettable Dog" (Free Press). But it's also an autobiography of his

own journey, with and without pets. Well-written and touching, this is an enjoyable and inspiring read.

"All My Patients Kick and Bite" is veterinarian Jeff Wells' second memoir about the joys and pains of caring for farm, domestic and "not-so-domestic" animals. From

an escaped dog to an ornery llama, Wells' anecdotes are humorous looks at caring for animals in a rural area. Finally, if you're looking for a book that covers the basics of obtaining, training and raising a puppy, look for "The Dog Trainer's Complete Guide to a Happy Well-Behaved Pet" (St. Martin's Press). Author Jolanta Bental details everything from choosing a new dog to training and socializing, dealing with common behavior problems and keeping your dog healthy. Anyone considering getting a dog, especially first-time owners, should have a training and care manual close at hand, and Bental's guide fits the bill.

Send your question or comment to ask@pawscorner. com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. For more pet care-related advice and information, visit www.pawscorner.com.

THEY'LL DO IT EVERY TIME

OFFICE FUN and GAMES YOU HAD TO STAY AFTER WORKING HOURS TO TYPE UP IMPORTANT LETTERS THAT HAD TO GO RIGHT OUT ... YOU WALK INTO BOSSO'S OFFICE NEXT MORN-AND WHATTA YOU SEE? YOU HAVE TO ASK?







THORY TO L. MASTERSON, PORTLAND, ME.





* POST

by Freddy Groves

Returning Veterans at Risk for Crashes

If you're newly back from Iraq or Afghanistan, it's possible that you're different behind the wheel of a car now than before you left. If that's the case, you're not alone. According to a Department of Defense report to Congress, vehicle crashes are the largest cause of deaths among veterans.

As reported in a recent study, within the first 30 days home, 25 percent of veterans had gone through stop signs, 49 percent were anxious when approached quickly by another vehicle, 31 percent experienced anxiety when there was something by the side of the road and 20 percent were anxious when the situation

Here are some questions to ask yourself: Have you scared anybody with your driving or been told you drive dangerously? If you're driving in the middle of the road to avoid the edges, weaving in traffic or making sudden changes, going through stop signs or not yielding to other drivers, or driving over the speed limit, then your driving hasn't calmed down yet. How about risky stuff like not using a seatbelt, or driving after drinking, or owning a fast car?

And let's be frank: There could be an adrenaline component there too. It could take up to 12 months before driving behaviors return to normal. In the meantime, you don't want to put yourself and others at risk. You're home now.

The Department of Veterans Affairs has a program called the Safe Driving Initiative, which is designed to help returning veterans understand why their driving behavior is different and to give tips about how to calm down while driving. Look at www.safedriving.va.gov. Check Richard Petty's video.

Take a look at a brochure called, "Shifting Gears: Soldiers Returning to Driving on the Homefront" for veterans and families. Go online to www.armymedicine.army.mil/prr/post combat.html Welcome home. Now stay safe.

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail. com



This word means: The act of honoring the memory of a person or an event





Count Dracula, became a pop-culture icon and has been featured in hundreds of movies, books and plays. On Nov. 10, 1903, Mary Anderson receives patent No.

Stoker's villainous, blood-sucking creation, the vampire

- 743,801 for her "window cleaning device for electric cars and other vehicles to remove snow, ice or sleet from the window." Anderson tried to sell it to a Canadian manufacturing firm, but the company said the device had no practical value.
- On Nov. 11, 1921, three years after the end of World War I, the Tomb of the Unknowns is dedicated at Arlington National Cemetery in Virginia when an unknown American soldier is buried. A 2-inch layer of soil brought from France was placed below the coffin so that the soldier might rest forever atop the earth on which he died.
- On Nov. 7, 1940, the Tacoma Narrows Bridge collapses due to high winds. At the time, wind forces were not taken into consideration by engineers and designers. The remains of the bridge, at the bottom of Puget Sound, form one of the largest man-made reefs in the world.
- On Nov. 12, 1954, Ellis Island, the gateway to America, shuts it doors after processing more than 12 million immigrants since opening in 1892. First- and second-class passengers had easily passed through customs, but those in third class underwent medical inspections to ensure they didn't have a contagious disease.
- On Nov. 9, 1965, Roger Allen LaPorte, a 22-year-old member of the Catholic Worker movement, immolates himself in front of the United Nations headquarters in New York. Before dying, LaPorte, who was against war, declared that he did it as a religious act.
- On Nov. 13, 1982, the Vietnam Veterans Memorial is dedicated in Washington, D.C. The long-awaited memorial was a simple V-shaped black-granite wall inscribed with the names of the 57,939 Americans who died in the conflict, arranged in order of death, not rank, as was common in other memorials.

ALL KINDS OF HATS (continued)

hatband. Singer Kid Rock is seldom seen without his homburg.

- Louisiana Cajuns bring out their capuchons during Mardi Gras, celebrating the final days before Lent. These are cone-shaped ceremonial hats worn as part of their brightly colored costumes, often accompanied by a mask.
- A toque, especially popular from the 13th to the 16th centuries in France, is usually brimless. Today you often see them in culinary settings as the traditional headwear of chefs.



Fallen leaves are high in nutrients. Avoid bagging them for the trash dump! If dry, shred the leaves and reuse right away as a fine mulch to spread around and over wintering foliage (unshredded, wet leaves will mat together and form a dense layer that won't allow water to pass through). If leaves are wet, combine with other garden waste into a compost bin to enrich your soil during future growing seasons. gardening.about.com



On the day before Thanksgiving, a butcher was just locking up when a man began pounding on the front door. "Please let me in," cried the man desperately. "I forgot to buy a turkey, and my wife will kill me if I don't come home with one." "Okay," said the butcher. "Let me see what I have left." In the freezer he discovered only one scawny turkey left and brought it out.

"That's too skinny. What else you got?" asked the man.

The butcher took the bird back into the freezer, waitied a few minutes and brought I the same turkey back out.

That one doesn't look any better. You better give me both of them!"

MAGIC MAZE ●

SONG TITLES CONTAINING MALE NAMES

HYWYNNHOJRAEDUR PNKIGDHBZXVSEQO M(LOUIELOUIE) KEIG ECAYWEDUJYEHLLU LRAEFOEKUDSDREQ PNSENOJYESACEAL J H F E C U O A Y N E B G H X VUSQDREVILLUGCP NMKAJHYEEIFLAIF ECSBYELOODMOTMB ZYXVUTROPOMLSKI

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Ben Big Bad John

Casey Jones

Daniel Dear John Duke of Earl Gulliver

Hey Jude Joey Judas Louie Louie

Michael Stagger Lee Tom Dooley

@ 2011 King Features Synd., Inc. All rights reserved

I-15 updates

- I-15 traffic shifts: As early as Oct. 1, southbound I-15 between Main Street and the Spanish Fork River will be shifted onto new asphalt. The remaining sections of northbound I-15 traffic between Spanish Fork and State Route 75 (1400 North) in Springville are expected to shift to new concrete as early as Oct. 16 and 17. Expect lane closures at night and prepare for changing traffic configurations throughout the corridor.
- S.R. 75 (1400 North in Springville) ramp shift: As early as Oct. 1, traffic is scheduled to be shifted from the inside to the outside of the southbound on-ramp from S.R. 75 (1400 North) in
- U.S. Highway 6 to northbound I-15 traffic shifts: As early as Oct. 8, traffic is scheduled to be shifted to a new configuration on the northbound on-ramp. Flaggers will be present to control traffic during this shift from 10 p.m. to 11:30 a.m. while crews restripe the U.S. 6 approach to the bridge and the ramp itself. Area motorists should be prepared for changes on and near the ramp.
- I-15 full closure for U.S. 6 bridge demolition: The nights of Oct.14-18, I-15 is scheduled to close for demolition of the old U.S. 6 bridge over I-15. The Spanish Fork Main Street northbound on-ramp and the U.S. 6 to southbound I-15 on-ramp will also be closed for safety due to their proximity to the demolition.

Northbound I-15 travelers will exit at Main Street in Spanish Fork and will detour to 1000 North, then back to northbound I-15 via the U.S. 6 northbound on-ramp.

Southbound I-15 travelers will exit at state Route 77 (400 South) in Springville and will detour to Main Street in Spanish Fork to re-enter southbound I-15 at the Main Street interchange. Motorists travelling between I-15 and U.S. 6 can use 1000 North in Spanish Fork or use state Route 164 (Arrowhead Trail Road) and state Route 198 (Canyon Road) to connect between I-

Industrial Park Drive/200 East utility relocation work: As early as Oct. 3, crews expect to shift to the third and final phase of this work (between Main Street and 200 East). Industrial Park Drive will be closed between Shepherd's Carpets and Johnson Tractor. Area businesses are open and will remain accessible.

Spanish Fork Main Street northbound off-ramp closure: Beginning the night of Oct. 17, and continuing for up to four nights, the northbound off-ramp to Spanish Fork Main Street and U.S. 6 is scheduled to close from 9 p.m. to 5:30 a.m. for installation of sound walls. Drivers can use the Benjamin (Exit 253) or Springville 400 South exits to access Spanish Fork.

Spanish Fork Community

Every Saturday

Farmer Market, 8 am to 1 pm. City Office Parking Lot

Oct 3 & 4□ Recycling Pickup Oct 4□ City Council Meeting

6 pm. Live on Ch. 17.

Oct 5
Planning Commission Mtg

6 pm. Live on Ch. 17.

Oct 8 ☐ Harvest Moon Hurrah Oct 12 Meet the Candidate Night Oct 13 Fire Safety Open House Oct 17 & 18 ☐ Recycling Pick-up Oct18 ☐ City Council Meeting 6 pm. Live on Ch. 17

Oct 29 ☐ Main Street Trick or Treat

- PI System to shut down for the winter □ The pressurized irrigation system will be shut off on or around October 15. Please plan your watering schedules accordingly. When the system is shut down, please be sure to turn off your sprinkler system, open any manual drains, and also be sure to close the main valve in your PI box. This will prevent unintended flooding in the Spring, and may help avoid frozen and broken pipes this winter.
 - Every season, it seems that a handful of residents forget these very important steps and suffer unnecessary flooding in the Spring. Please dont be the one affected next year; take a moment now to completely turn off your sprinkler system.
 - In order to close your main valve, open the PI Box that is located somewhere in the yard; typically near the sidewalk or street. When you open the lid, be sure to keep an eye out for spiders that like to hide in these kinds of spaces. To close the valve, turn the handle so that it is perpendicular to the pipe, as shown in the picture. Then replace the lid, making sure that it is securely in place.

Springville News

Public Safety Tailgate Party □ On Thursday October 13, 2011 from 5:30 to 7:00 the Springville Department of Public Safety will be hosting a Tailgate Party at the Springville High School in the west parking lot. Members of the Department of Public Safety will be offering barbequed hamburgers, chips and drinks. All proceeds will be donated in support of the Springville High School Athletic Program and Springville High School Booster Club.

Proposed Recreation Center Public Meeting & Refreshments

Citizens of Springville are invited to a public meeting with refreshments on Wednesday, October 12th, 2011 from 7-8 PM at the Springville Civic Center. A proposed recreation center in Springville will be on the November 8, 2011 ballot. All those interested in seeing concept plans are welcome and encouraged to attend.

Please come and view concept drawings and plans, get questions answered from committee members, and provide feedback while enjoying refreshments.

The Springville Civic Center is located at 110 South Main, Springville. There is no cost for this event. The Springville Parks and Recreation Board and Recreation Subcommittee encourage all to attend.

Payson News

Corn Maze 1700 West 800 South 5:00 p.m. September 2 - October 31, 2011 Mondays, Wednesdays, Fridays & Saturdays 6:00 PM - 8:00 PM

Pleasant Grove News

Library Literacy Center

The Library Literacy Center is accepting new students. Tutors are available to give children individual tutoring sessions. We currently have openings Mon-Thurs, between 3 and 5 pm. Our curriculum focuses on essential reading and writing skills to help children reach their grade level. Each session lasts approximately 50 minutes. Registration fee is only \$5! For information, contact Linda Butler at 785-3950 or at pgliteracycenter@gmail.com, or see the front desk.

Pleasant Grove Orchestra

Pleasant Grove Orchestra will present "A Little Night Music" Friday, October 28, 7:00 pm at the Pleasant Grove High School Auditorium. Come join us for a night of mysterious music. The performance is free as a service to the community.

ANSWERS

SPORTS QUIZ

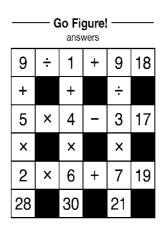
- 1. Brett was on 13 All-Star rosters, while Schmidt was on 12 2. Chipper Jones of the Atlanta Braves in 1999. 3. It was 1951.
- 4. Phoenix hit 837 three-pointers in 2005-06.
- 5. Detroit's Steve Yzerman was 18 years, 267 days old when he played in the NHL All-Star Game in 1984.
- 6. Alberto Tomba of Italy won the giant slalom in 1988 and 1992. Arnold Palmer (1960) and Mark O'Meara (1998).

King Crossword -Answers

Solution time: 25 mins.												
		Α	D	S			D	Α	Н			
	Α	В	Ε	L		0	R	L	0	Ν		
Α	R	0	М	Α		R	0	L	L	Е	D	
L	_	٧	T	Ν	G	R	0	0	М	S	Ε	Т
L	Α	Е		D	0	Ι	┙	Υ		Т	Α	W
			М	Ε	Α	N			U	L	Ν	Α
	S	Ρ	0	R	Т		L	Α	S	Е	S	
В	0	0	М			J	_	в	Е			
Α	L	Т		Α	L	Α	Ν	S		Μ	0	Ε
О	Е	Α	D	R	ш	С	K	0	N	T	N	G
	S	Т	R	Ε	Α	Κ		L	0	Т	Т	0
		0	U	Т	О	0		٧	Ε	Т	0	
			h /1	F	G			Г	_	V		

Weekly SUDOKU

Answer										
8	7	2	4	9	6	3	5	1		
6	5	9	3	8	1	2	7	4		
3	4	1	5	2	7	8	6	9		
5	9	8	6	1	3	4	2	7		
4	2	3	7	5	9	6	1	8		
1	6	7	8	4	2	5	9	3		
9	3	6	2	7	8	1	4	5		
7	8	4	1	6	5	9	3	2		
2	1	5	9	3	4	7	8	6	1	



1. Eucalyptus leaves 2. Pebbles 3. Woody Allen

10. Three

- 4. Mountaineers are always free (Montani semper liberi) 5. Tina Fey
- 6. 42 7. Between England and France
- 8. The Lorraine Motel



SCRAMBLERS

solution 1. Savant; 2. Annoy; 3. Invite; 4. Ingest

Today's Word: INSANITY