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Ginger Rogers did everything Fred Astaire did, only backwards and in high heels.

TIDBITS® IS SEEING DOUBLE WITH FAMOUS DUOS
by Kathy Wolfe

You've heard it said, "Two heads are better than one." Apparently, all of these featured folks believed it. This week, Tidbits looks at some famous couples who made their way through life paired together.

- David Starsky and Kenneth Hutchinson were fictional Bay City, California, cops who raced through the streets in Starsky's red Gran Torino for 92 episodes on ABC television. Actors Michael Glaser and David Soul portrayed the police pair under the radio call sign "Zebra three" from April of 1975 until May of 1979.

- In 1939, Batman was introduced in "The Case of the Chemical Syndicate" in Detective Comics as a crime-fighter who masqueraded as playboy Bruce Wayne. The faithful sidekick Robin (aka Dick Grayson) joined the Caped Crusader in 1940, and together, the Dynamic Duo waged war against Gotham city crime. The pair moved to television in 1966 for 120 episodes of a live-action series. On the big screen, Batman has been portrayed by box office stars Michael Keaton, Val Kilmer, George Clooney and Christian Bale.

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Trivia

test

by Fifi Rodriguez

1. COMICS: What is the name of Hi and Lois' youngest daughter?

2. HISTORY: Which Allied general defeated German field marshal Erwin Rommel in North Africa during World War II?

3. POETRY: Who was the Greek creator of pastoral poetry?

4. ART: Which Early Renaissance artist painted "The Birth of Venus"?

5. TELEVISION: Who were the only witnesses to the shooting of Mr. Burns on "The Simpsons"?

6. EXPLORERS: What was the nationality of explorer Edmund Hillary?

7. MUSIC: Which actress/singer's theme song was "Que Sera, Sera"?

8. U.S. PRESIDENTS: Who was the only bachelor to serve as U.S. president?

9. FAMOUS QUOTATIONS: What famous 20th-century leader once said, "If I had no sense of humor, I would long ago have committed suicide"?

10. LANGUAGE: What is the meaning of the word "aplomb"?

Now here's a tip!

by Jo Ann Derson

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• To make a nice ice pack, enclose several ice cubes in a sealable plastic baggie, then wrap in a bandana. You can tie the ends together to keep the cover from slipping. When you want to refreeze, put the baggie in the freezer, and hang the bandana to dry. It will dry very quickly and can be reused soon.

• Want to get the most bang for your buck at the take-away salad bar? Load up on bacon, walnuts, cheese, meats and dried fruits; go light on green beans, cucumbers, hard-boiled eggs, celery, radishes and chickpeas, which are marked up 200 percent to 300 percent.

• "When you clean out your fish tank, recycle the used water by pouring it on your house or garden plants. I don't know what it is in the water, but it makes shrubs and flowers grow like crazy." -- Patti in Orlando, Fla.

• "The all-time best remedy for a runny nose or sore throat doesn't cost hardly a thing: It's plain old salt water. Mix a half-teaspoon into a cup of hot water and gargle two to three times a day. If the taste is off-putting, try swishing a bit of mouthwash in your mouth just before you gargle with the salt water. This works really well, and even my doctor thinks it's a great idea." -- F.L. in Michigan

• Use salt to clean out your garbage disposal. Kosher salt has larger grains that work very well. Dump a half-cup in the disposal, run the cold water and hit the switch. The grains scour the inside, leaving a better-smelling drain.

• "Here's a great after-workout drink that I just found out about: chocolate milk. The trainer at my gym prefers it over the fancy and costly 'post-workout' drinks at the gym's smoothie bar." -- I.E. in Oregon

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TIDBITS® QUOTE

"Marriage, fun? Fiddle-dee-dee. Fun for men, you mean." -- Scarlett O'Hara to Rhett Butler

FAMOUS DUOS (continued)

• Although most famous for their "Who's on First?" baseball sketch, the comedy team of Bud Abbott and Lou Costello appeared in 38 films together. They got their start in burlesque in 1935, moving on to radio, film and television. They were box office stars by 1941 and began their own TV series in 1952. However, fame didn't come without its difficulties. Both comics were habitual gamblers, and Abbott managed the pain from his epilepsy with alcohol. Costello battled regular bouts with rheumatic fever, which forced him to take a year off from work. On the day he returned to work, his infant son drowned in the family swimming pool. Both men were charged for back taxes by the IRS in 1956, and both were forced to sell their homes and film rights to cover the debt.

• Bonnie Parker was just 19 years old and already married to an imprisoned murderer when she met 21-year-old Clyde Barrow in Texas. During the Great Depression, the outlaw couple reportedly was responsible for at least 12 bank robberies, countless smaller burglaries and 13 murders, including those of nine police officers. On the day their lives of crime came to an end in 1934, Bonnie and Clyde were driving a gray V-8 Ford, which was ambushed by the law in Louisiana. Officers fired a total of 167 bullets, killing the pair and halting a three-year spree. Over the next several years, carnival and fair goers viewed the Ford for 25 cents. The car was later purchased by Nevada's Primm Valley Resort and Casino for \$250,000 and can now be seen at the facility just outside Las Vegas.

• Meriwether Lewis was 29 years old and co-commander William Clark was 33 when they were commissioned by President Thomas Jefferson in 1803 to explore the Louisiana Purchase all the way to the Pacific coast. Lewis and Clark were both Virginia-born veterans of Ohio Valley Indian wars. Their expedition included more than 40 other men and their Shoshone guide Sacagawea as they wound their way up the Missouri River. Over a period of two years and four months, the group traveled over 8,000 miles (12,875 km), using a 55-foot-long (17-m) keelboat and two smaller boats, all the while making maps and studying the rocks, soil, plants and wildlife they encountered. After the expedition, Jefferson appointed Lewis Governor of the Louisiana Territory. At age 35, on a journey to deliver his journals to a Washington, D.C., publisher, Lewis died from multiple gunshot wounds, generally accepted as a suicide, although some believe he was the victim of an assassin. Clark served as Governor of the Missouri Territory and finally as Superintendent of Indian Affairs.

continued on next page

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.

4

3

5

1

2

3

1

1

5

3

6

3

DIFFICULTY THIS WEEK:

◆ Easy

◆◆ Medium

◆◆◆ Difficult

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Donna's Day

Creative family fun

by Donna Erickson

Step Outside for Healthy Winter Fun

"It's easy to stay inside and hibernate when January temps plummet and snow piles up," says Jennifer Manthey, a 32-year-old floral designer and mom of two. "My mom is always reminding me that even if it's cold, get outside!" So when Jennifer's 5-year-old daughter, Addie, enthusiastically asked to go to the Winter Festival at a frozen lake by their home on a recent Saturday, Jennifer couldn't resist. A highlight of their adventure was strapping on snowshoes for a group hike. Addie already had learned the basics in gym class and willingly offered up tips. "After we take a few steps, we can run. But be careful, Mom," she said with confidence. "These are bigger than normal shoes!" At the end of the trek, Jennifer was beaming when her young guide said, "Mom, you did great!" With the experience "under their feet," the idea snowballed into plans for a snowshoeing trip to explore the woods near a ski resort. Are you feeling cooped up? Spending too much time in front of the TV watching how other people live? Here's a solution. Cut back on screen time, get outside and create your own adventures. Here are easy ideas: --Make a snowball lamp by day and watch it glow by night. Make 40 to 50 firm snowballs in your front yard. Place 12 to 14 snowballs together in a ring shape. Place a votive or pillar candle in the middle of the ring. Add a second ring of 10 to 12 snowballs on top of the first. Continue making each ring slightly smaller until you run out of snowballs. Leave an opening at the top. At sunset, an adult can light the candle. Sip big mugs of hot chocolate as you enjoy your creation. Note: An adult should be present when a candle is burning. --Groundhog Day is coming soon -- Feb. 2. Folklore has it that the groundhog comes up from his hole looking for his shadow. If he sees it, bad weather is ahead. If there is no shadow, spring is on the way. The celebration is an excuse for shadow fun, such as playing shadow tag with one another. Or, make shadow alphabet letters. Stand with your back to the sun and use your body to make a giant alphabet letter shadow. A simple letter I can be created with hand to the side and legs together. Spread your arms to make a "Y," then spread your arms and legs for an "X." Spell your name, your dog's name and your best friend's name.

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A pregnant woman was in a car accident and fell into a deep coma. Asleep for nearly six months, when she woke up, she saw that she was no longer pregnant and frantically asked the doctor about her baby. The doctor replied, "Ma'am you had twins, a boy and a girl! Your brother named them." The woman thought to herself, "No, not my brother. He's an idiot!" She asked the doctor, "Well, what's the girl's name?" "Denise," he said. "Wow, that's not a bad name, I like it! What's the boy's name?" "Denephew. "

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And so even though we face the difficulties of today and tomorrow, I still have a dream. It is a dream deeply rooted in the American dream. I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident, that all men are created equal." ... I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.

I have a dream today!

And this will be the day -- this will be the day when all of God's children will be able to sing with new meaning: My country 'tis of thee, sweet land of liberty, of thee I sing. Land where my fathers died, land of the Pilgrim's pride, From every mountainside, let freedom ring! And if America is to be a great nation, this must become true. And so let freedom ring from the prodigious hilltops of New Hampshire. Let freedom ring from the mighty mountains of New York. Let freedom ring from the heightening Alleghenies of Pennsylvania. Let freedom ring from the snow-capped Rockies of Colorado. Let freedom ring from the curvaceous slopes of California. But not only that: Let freedom ring from Stone Mountain of Georgia. Let freedom ring from Lookout Mountain of Tennessee. Let freedom ring from every hill and molehill of Mississippi. From every mountainside, let freedom ring.

And when this happens, when we allow freedom to ring, when we let it ring from every village and every hamlet, from every state and every city, we will be able to speed up that day when all of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of the old Negro spiritual: Free at last! Free at last! Thank God Almighty, we are free at last!

Martin Luther King, Jr. 1/15/1929 – 4/4/1968

Excerpts from "I Have a Dream" delivered 28 August 1963, at the Lincoln Memorial, Washington D.C.

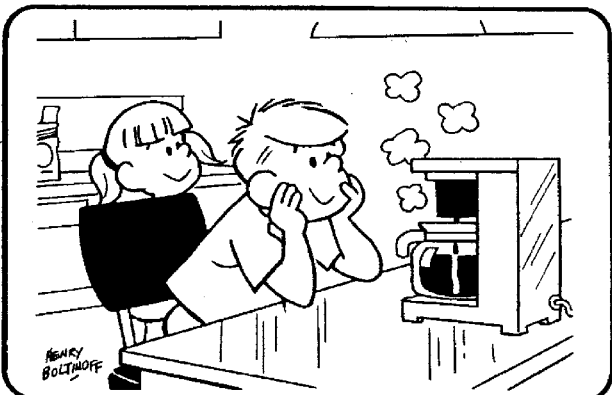
Sports Quiz

By Chris Richcreek

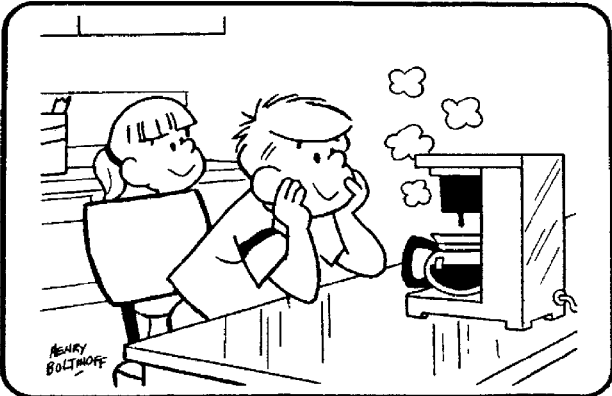
- Who has hit the most career home runs in Detroit Tigers history?
- Name the most recent Yankees starting pitcher to be elected to the Hall of Fame.
- When was the last time the University of South Carolina won a conference championship in football?
- Name the three NBA players who have finished a season shooting at least 50 percent from the field, 50 percent from the 3-point line and 80 percent from the free-throw line.
- Entering the 2011-12 NHL campaign, how many consecutive seasons had the San Jose Sharks won the Pacific Division?
- In 2011, 21-year-old Austin Dillon became the youngest driver to win a season championship in NASCAR Truck Series history. Who had been the youngest?
- True or false: During his career, Jim Courier played in the men's singles final in all four of tennis' Grand Slam events.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Girl has a ponytail. 2. Shirt has a stripe. 3. Chair is different. 4. Coffee pot is different. 5. Cabinet is missing. 6. Box on counter is different.

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Strange BUT TRUE

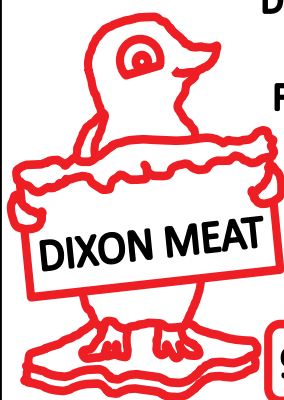
- It was 19th-century German philosopher Friedrich Nietzsche who made the following sage observation: "One will rarely err if extreme actions be ascribed to vanity, ordinary actions to habit, and mean actions to fear."
- Are you an agelast or an abderian? If you never laugh, you're the latter; if you laugh too much, you're the former.
- There is one species of frog, found in the Southeast Asian country of Indonesia, that has no lungs; it breathes entirely through its skin.
- You might be surprised to learn that the largest employer in the United States is the Department of Defense. Wal-Mart is No. 2, followed by the U.S. Postal Service.
- Those who study such things say that as we age, a man's brain shrinks more rapidly than a woman's.

FAMOUS DUOS (continued)

- Barbie and Ken were the creations of Ruth Handler, wife of the Mattel toy company co-founder. Ruth named the couple after her own children, introducing Barbie in 1959 and Ken in 1961. Barbie (full name Barbie Roberts) has had more than 125 careers, including architect, astronaut, doctor and racecar driver. Ken Carson, who has had at least 40 occupations, first appeared with a molded plastic haircut with felt hair. In 2004, Mattel announced a breakup of our favorite couple, implying Ken's reluctance to get married, but rekindled the romance in 2006 in conjunction with a makeover for Ken. Barbara Handler Segal is now a 70-year-old Los Angeles mother of two. Her brother Ken passed away at age 50 in 1994 of a brain tumor.
- Most baby boomers will recall learning from the popular "Dick and Jane" readers during their primary school years — about 60 million children in all used the books. The brother and sister pair first appeared in 1930, and by the 1950s, about 80 percent of first-graders were reading the series. Written by William Gray and Zerna Sharp, the books also featured sister Sally, Spot the dog and Puff the cat. If you happen to have a first edition of one of the books, it's worth as much as \$200.
- Daryl Hall and John Oates met in 1967 while attending Philadelphia's Temple University. It wasn't until seven years later that they achieved their first hit "She's Gone." Their first of six Billboard No. 1 songs came along in 1977, "Rich Girl," followed up with "Kiss on My List." The pair has racked up 34 singles on the Hot 100 charts and seven platinum albums, with sales of more than 60 million records.
- The German Grimm Brothers introduced Hansel and Gretel in an 1812 publication. The brother and sister were the children of a poor woodcutter who surrendered to his second wife's plot to abandon the young pair in the woods. Wandering in the forest, the children happened upon a cottage made of gingerbread cakes, home to a cannibalistic witch.

continued on next page

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- According to Tibetan tradition, a man must get permission from his lady love's maternal uncle before the couple can get married.
- If you're in Florida and make a trip to the hair salon, keep in mind that in that state, it's illegal to fall asleep under a hair dryer. Both the client and the salon can be fined.
- It seems that almost every little girl has a Barbie doll, but have you ever thought about what a life-size Barbie would look like? She would be 7 feet, 2 inches tall, weigh 125 pounds and have bust-waist-hip measurements of 40-22-36.
- The white rhinoceros is not actually white. The "white" part of the name comes from the Afrikaans word "wijd," which means "wide"; it describes the animal's lips.
- Iconic German-American actress Marlene Dietrich once said that her favorite meal was hot dogs and champagne.

Thought for the Day: "We all have strength enough to endure the misfortunes of others." -- Francois de La Rochefoucauld

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• Mickey and Minnie Mouse became an item in 1929 in the cartoon “Plane Crazy,” just four months after Mickey’s debut in “Steamboat Willie.” They went on to appear in 73 cartoons together. Their friend Donald Duck was single from the time of his 1934 premiere in “The Wise Little Hen” until Daisy Duck’s appearance in 1940’s “Mr. Duck Steps Out.” The sailor-suited Donald is the uncle of triplets Huey, Dewey and Louie, while Daisy is the aunt of their counterparts April, May and June Duck.

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- In 1928, Walter Chrysler had built his company into the second largest producer of automobiles in the world, and he felt it was time for a company headquarters that reflected that status. Rather than building in Detroit like other automakers, he opted to move to New York City, where he obtained the property at 42nd Street and Lexington Avenue. Because Chrysler wanted his children to inherit the building, the Chrysler Corporation paid for none of the construction, with the entire bill footed by Walter Chrysler himself.
- Ground was broken in September of 1928 in the midst of a fierce competition to build the world’s tallest skyscraper. Three shifts worked around the clock seven days a week, setting a pace of completion of four floors per week. Not one worker died during the building’s construction.
- There are 3,862 windows in the Chrysler Building, and 32 elevators service its 1,195,000 square feet. About 21,000 tons of steel and 400,000 rivets were required, and 3,826,000 bricks cover the exterior of its 77 floors. Automobile-themed ornaments were chosen to highlight the exterior. The corners of the 61st floor feature stainless steel eagles, replicas of a 1929 Chrysler hood ornament. The ornamentation on the 31st floor’s corners copied the radiator caps of that year’s model fashioned into gargoyles.

continued on next page

GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

		÷		+		8		
+			+		÷			
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+			×		+			
		-		×		15		
24			20			8		
1	2	4	4	5	6	7	8	9

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Weekly SUDOKU

by Linda Thistle

	8	3			6		7	
2			1		4			8
	5			3		2	1	
8			4			9	5	
		5	7		2	6		
7	6			9				1
3		7		1			6	
		1		4		7		5
	4		6		9			2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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MISTER BREGER

By Dave Breger



THIS WEEK'S CELEBRITY BIRTHDAYS



Charo 1/15/51

Kate Moss 1/16/74

Michelle Obama 1/17/64

Kevin Costner 1/18/55

Paula Deen 1/19/47

Bill Maher 1/20/56

Steve Perry 1/21/49





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Exp: 02/16/12 See Store For Details

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Radiator Woes

Q: I've got an old hot-water heating system that pumps water from the boiler to the radiators around my house. I've noticed that some of the radiators heat only halfway: The bottom part heats, but the top part doesn't. Any reason for this? -- Jerry in Randolph, Mass.

A: Radiators that don't heat up completely or that feel cooler toward the top may have air trapped in them, a problem that can be resolved pretty quickly by bleeding the air out.

First turn off the thermostat (you don't want the system running while you do this) and let the system cool down for a few minutes. Then start with the radiator that's closest to the boiler. Locate the air vent near the top of the radiator.

Being careful to protect your hands from the hot water, open the air vent just one turn using a screwdriver or a radiator key. You should hear air hissing out. As soon as water starts to appear at the vent, close it up. Move to the next affected radiator and repeat the process.

Because so many radiators are showing trapped-air problems, you may have a bigger issue with the heating system. If the problem returns after you bleed the radiators, contact a professional to check out the entire system. Trapped air can cause corrosion inside the pipes, leading to other problems.

HOME TIP: Is your older heating system's pump and motor self-lubricating? Find out -- if not, you'll need to add a little oil where the manufacturer's guide indicates. Do this twice a year, in the fall and spring.

Send your questions or tips to ask@thisisahammer.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

Good Housekeeping

Hearty Minestrone

Your guests will welcome a steaming bowl of this vegetable-bean soup on a cold winter night. It tastes even better reheated, so it's a good choice to prepare in advance.

2 slices bacon, chopped
2 medium carrots, cut into 1/4-inch dice
1 medium onion, cut into 1/4-inch dice
1 large celery stalk, cut into 1/4-inch dice
2 cloves garlic, minced
3 medium (about 1 pound) all-purpose potatoes, peeled and cut into 1/4-inch dice
1 can (14 1/2 ounces) chicken broth
1 1/4 teaspoons salt
1/4 teaspoon coarsely ground black pepper
1/4 teaspoon dried thyme
1 can (19 ounces) white kidney beans, (cannellini), rinsed and drained
1/2 pound green beans, trimmed and cut into 1-inch pieces
1/3 cup small pasta, such as cavatelli, tubettini or ditalini

1 pound Swiss chard, chopped, with tough stems discarded
1/2 pound spinach, tough stems discarded
1/2 teaspoon freshly grated lemon peel
Grated Parmesan cheese (optional)

1. In 6-quart saucepot, cook bacon over medium heat until browned. With slotted spoon, transfer bacon to paper towels to drain; set aside.
2. To drippings in saucepot, add carrots, onion and celery, and cook, stirring occasionally, until vegetables are browned, about 15 minutes. Add garlic and cook 30 seconds longer.
3. Add potatoes, broth, salt, pepper, thyme and 6 cups water; heat to boiling over high heat. Reduce heat to low; cover and simmer 10 minutes.
4. Add kidney beans, green beans and pasta; cook 7 minutes longer. Stir in Swiss chard, spinach and lemon peel; cook 5 minutes longer or until greens are wilted and tender. Stir in bacon. Serve with grated Parmesan if you like.

„ Each serving: About 370 calories, 2g total fat (1g saturated), 2mg cholesterol, 440mg sodium, 17g total carbs, 4g dietary fiber, 5g protein.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/recipefinder/.

CHRYSLER BUILDING (continued)

• The top seven floors were designed primarily for appearance with tapering terraced arches of stainless steel. These floors serve as landings for the stairway to the spire. They are very narrow with low, sloping ceilings, and also house radio broadcasting equipment.

• The walls of the elegant lobby are red Moroccan marble, while the floors are yellow marble. The elevator doors are inlaid with Japanese ash and American walnut, and the lobby is decorated with various Egyptian motifs. A 110-foot (33.5-m) ceiling mural features a likeness of the building with planes flying around it, as well as painted scenes from the Chrysler plant assembly line.

• The building was officially completed on May 27, 1930, at a cost of \$20 million. Soaring to a height of 1,047 feet (319 m), it was the world's tallest building at its completion, as well as the first man-made structure to exceed a height of 1,000 feet (305 m). It surpassed the Eiffel Tower, which had been the world's tallest structure for 40 years, by 48 feet (14.6 m). Just 11 months after the Chrysler Building's completion, it was outdone by the Empire State Building by more than 200 feet (61 m).

• The Chrysler family sold the building in 1947. The skyscraper remained the auto company's corporate headquarters from its opening until the mid-1950s. The building has changed ownership numerous times since then. The Abu Dhabi Investment council is now the principal owner of the property.

• The Chrysler Building now ranks as the third tallest building in New York City and the 48th tallest in the world. It still holds the honor of the world's tallest brick building. It has been a National Historic Landmark since 1976.

continued on next page

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Holidays & Observances This Week

1/15 Bald Eagle Appreciation Day
1/16 World Religion Day
1/17 Kid Inventors' Day
1/18 Thesaurus Day
1/19 Tin Can Day
1/20 National Disc Jockey Day
1/21 National Hugging Day

Collecting

by Larry Cox

Q: Several weeks ago, I found a pair of salt and pepper shakers at a flea market. The set was made by the U.S. Glass Company, and the pattern, in dark amethyst, seems to be "California." I paid \$25, and the condition is good to excellent. -- Robert, Lyons, N.Y.

A: Your set was made in about 1900 and probably would retail in the \$135 to \$150 range. The U.S. Glass Company was actually a consolidation of more than a dozen companies, all based in Pittsburgh. Although it went into receivership in 1907, several of the companies continued to produce ware for several more decades. The rare amethyst color is one of the factors that makes your salt and pepper shakers particularly valuable.

Q: My dad played in several big bands as a sideman throughout the 1930s. He appeared on numerous recordings, and he is missing at least a dozen cuts he is certain he did. Needless to say, I am scrambling to track down the original 78-rpm issues. Can you help me? -- Steve, Binghamton, N.Y.

A: Tracking down older recordings can sometimes be difficult. It is becoming hard to find 78s even in thrift shop. Part of this is because most people have discarded the turntables on which to play older recordings.

One of the better vintage music stores is Richard Gesner's The Music Connection, 1711 South Willow St., Manchester, NH 03103. This is one of New England's largest music stores and is a full-service business. For example, the inventory includes steel Victrola needles, paper sleeves for 16-, 33-, 45- and 78-rpm recordings, cylinders, cassettes, compact discs and even 8-track tapes. It also maintains a customer want list. Another source that might be helpful is Record Finder, P.O. Box 23060, Glen Allen, VA 23060.

Q: I have an elderly friend who left me three postcard albums in her will. Some date back to 1903, and one is even made of leather. Who can I contact to find out what this collection is worth? -- Lettie, Albuquerque, N.M.

A: The New Mexico postcard club meets about every month in Albuquerque. The contact person is Nancy Tucker, thesandiakid@AOL.com.



Break Time!

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King Crossword

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ACROSS

1 Gorilla

4 Year-end visitor

9 Col. Sanders' chain

12 Droop

13 Up to the point that

14 Ultra-modernist

15 Tennessee city

17 Cheerios ingredient

18 Moving truck

19 Makes into law

21 Revealing swimsuit

24 Polio vaccine pioneer

25 Director Howard

26 Explosive letters

28 Leaf pore

31 Teensy bit

33 A Gabor sister

35 Get an — effort

36 Consume fully

38 Priestly vestment

40 Workweek end (Abbr.)

41 Weeded, in a way

43 Rented

1	2	3		4	5	6	7	8		9	10	11
12				13						14		
15				16						17		
			18				19		20			
21	22	23					24					
25				26		27		28			29	30
31			32		33		34		35			
36				37		38		39		40		
		41			42		43		44			
45	46						47					
48				49		50				51	52	53
54				55						56		
57				58						59		

45 Wild horse

47 Antiquated

48 Have a bug

49 It's all in your head

54 Hockey surface

55 "What's in —?"

56 Rowing need

57 — Angeles

58 Acquires

59 Resort

DOWN

1 Request

2 Skillet

3 Id

4 Learned one

5 Foolish

6 Super Bowl

7 org.

8 Stories

9 Cheaper copies

10 Accomplish-ment

11 Barracks

12 Louis —

16 Can. prov.

21 Scottish hillside

22 Greek vowel

23 Flaws in lumber

27 Dam org. of 1933

29 Additional

30 Sahara-like

32 Unstable

34 "May I do that for you?"

37 Eat like a bird

39 Scarlett O'Hara and her ilk

42 Karan of fashion

44 Citrus beverage

45 Jump (out)

46 Puerto-follower

50 Erstwhile acorn

51 Two, in Ti uana

52 Space

53 Historic time

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top ten

Exercises After 50



1. Yoga
 2. Stretching
 3. Biking
 4. Brisk Walks
 5. Pilates
 6. Tennis
 7. Swimming
 8. Dance
 9. Elliptical machine
 10. Strength building
- Source: Huffington Post

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TIDBITS

NUGGET OF KNOWLEDGE

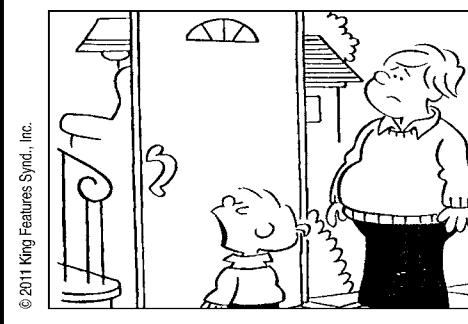
Long before "The Adventures of Ozzie and Harriet," Ozzie Nelson was a successful band leader in the 1930s. He married his lead vocalist Harriet Hilliard and had two sons, David and Ricky. Looking for a way to spend more time with his family, he launched "Adventures," which starred all the members of the, Nelson family. The sitcom aired on ABC from 1952 to 1966.



The Spats



by Jeff Pickering



"Hey sis! Tall, dark and _____ is here."

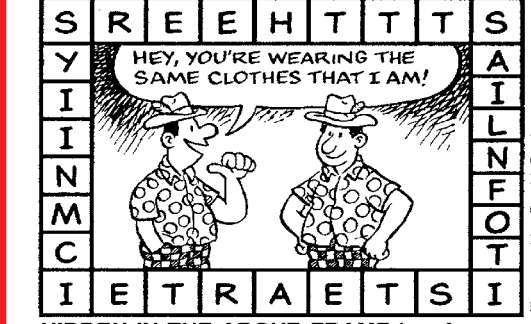
SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Antsy	_____	_____	_____	_____
REGAE				
Candid	_____	_____	_____	_____
THONES				
Clever	_____	_____	_____	_____
STATUE				
Despot	_____	_____	_____	_____
RANTTY				

TODAY'S WORD

KIDBITS




HEIDELBERG

Illustrated by David Coulson

Junior Whirl

by Charles Barry Townsend



LET'S PLAY THE ANCIENT GAME OF "NIM"!

This game goes back thousands of years and is usually played with coins, sticks, buttons, etc. To play, you lay out 15 coins in three rows of six, five and four. Each player, in turn, can remove one or more coins from any of the rows. He can even remove all the coins in a row if he wants to. Play goes back and forth until only one coin remains on the table. The player who is forced to remove this coin is the loser. While the rules are simple, you'll find that the game is a lot of fun.

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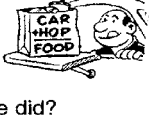
DON'T LET THIS ONE BOX YOU IN! Pictured below are two puzzle grids for you to fill in. Hints are given for each word. The words in grid A contain the same letters as the corresponding words in grid B.

1. A short distance.	GRID A	GRID B	1. Part of many families.																		
2. Placed a bet.	<table><tr><td>S</td><td>A</td><td></td></tr><tr><td></td><td>N</td><td></td></tr><tr><td></td><td></td><td>D</td></tr></table>	S	A			N				D	<table><tr><td>P</td><td>I</td><td></td></tr><tr><td></td><td>L</td><td></td></tr><tr><td></td><td></td><td>E</td></tr></table>	P	I			L				E	2. Found on radios.
S	A																				
	N																				
		D																			
P	I																				
	L																				
		E																			
3. Carries electricity.			3. Great river.																		
4. Allows both genders.			4. Secret signals.																		

Answers: 1. Step-pets. 2. Laid-pets. 3. Line-Nile. 4. Coed-code.

Our answer: C=9, A=0, R=2, H=8, O=7, P=4, F=1, D=6. (902 + 874 = 1776).

A DRIVE-IN DIVERSION! To solve this problem, you must replace the letters printed on the bag with the digits 0, 1, 2, 4, 6, 7, 8 and 9, so that you have a correct addition problem. The same letters get the same digits. Can you get a higher total than we did?





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To Your Good Health

By Paul G. Donohue, M.D.

Stroke: Quick Action Saves Brain Cells

DEAR DR. DONOHUE: Six years ago, my father died of a stroke. My mother tried to rouse him from bed, but he responded with confusion and was unable to speak. She called for an ambulance. He was in the hospital only four hours before he died. The doctor said he would have lived if he had gotten treatment sooner. My mother has felt guilty about this ever since.

She lives with us now. I don't want to miss a stroke if she has one. How do you recognize one, and what should be done right away in an emergency? -- T.B.

ANSWER: Nearly 900,000 strokes occur yearly in the United States, and of those victims, 200,000 die. Many of the survivors are left with great disabilities. Strokes come in two types: One is an ischemic (is-KEY-mick) stroke, and the other is a hemorrhagic stroke. "Ischemic" means "deprived of blood." It's the more common kind of stroke, accounting for 80 percent of all strokes. The flow of blood to part of the brain is blocked by a clot in an artery. It's the brain's equivalent of a heart attack. The other 20 percent comes from bleeding in the brain, a hemorrhagic stroke. Signs of either kind of stroke include slurred speech, sudden confusion, numbness of the face, arm or leg, trouble seeing, dizziness and severe headache. Many advocate testing the person to decide if a stroke has occurred. Asking the affected person to stick out his or her tongue and seeing if it deviates to the side is one of those tests. Don't waste time doing tests. Immediately call 911.

I'm limiting what I say about treatment to strokes resulting from the obstruction of blood flow. Brain cells begin to die within minutes. However, there's a three-hour window during which clot-dissolving medicines can be given. They almost always lead to a full recovery of function. Now the window has been opened wider, to 4 1/2 hours. That doesn't detract from the important message that the earlier the treatment, the better the result.

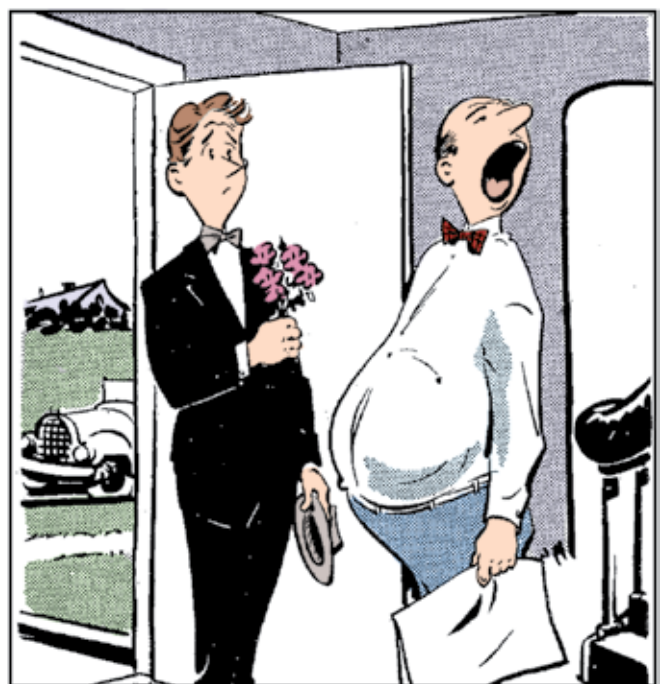
The booklet on strokes tells their signs and their treatments. Readers can obtain a copy by writing: Dr. Donohue -- No. 902W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow two weeks for delivery.

DEAR DR. DONOHUE: My husband is very nearsighted and has to wear thick glasses. I'm not. I don't wear glasses at age 50. We have four children. What are their chances of having to wear glasses? -- E.P.

ANSWER: Nearsightedness (myopia) indicates that the eyes can see things that are near. Nearsighted eyes don't see distant objects clearly. It's a common eye condition, and genetic involvement in it is high.

If one parent is nearsighted, the children have a 24 percent chance of also being nearsighted. If both parents are nearsighted, the children's risk increases to 48 percent. If neither parent is affected, the children have an 8 percent chance of developing nearsightedness. Factors other than genes have to be at work. (Don't believe these percentages with unquestioning acceptance. I don't.)

LAFF - A - DAY



"Hey Mabel! Come and get it!"

TRUTHS ABOUT TWINS

Great things come in pairs, so they say. This week, Tidbits shares some truths about twins.

- About one-third of all twins are identical, or monozygotic. This means they were formed from a single fertilized egg that splits into two. When it splits, there are either two males or two females. It's a very small window of time for the split to occur — It must happen during the first 14 days after conception, or it won't happen! Fraternal twins are formed from two separate eggs, fertilized separately. The combination can be two males, two females or one of each.

- In the United States, the birthrate for twins is about 3 percent. Approximately 70 percent of twins are the result of fertility treatments. In America, one in 50 people is a dizygotic (fraternal) twin, and one in 150 is a monozygotic (identical) twin. If a woman is a fraternal twin, she has about a one in 17 chance of giving birth to twins. Each year, about 140,000 babies born in the United States are part of a set of twins. Over 50 percent of those are born prematurely.

- Several celebrities have a twin sibling, including Scarlett Johansson, who has a twin brother Hunter, and Vin Diesel, whose twin brother is a film editor. Kiefer Sutherland's twin sister is also in the movie business, as a post-production supervisor and casting assistant. Ashton Kutcher's fraternal twin brother is afflicted with cerebral palsy and had a heart transplant as a youth.

- Other celebrities are parents of twins, such as singers Mariah Carey, Celine Dion and Jennifer Lopez, and film stars Julia Roberts, Michael J. Fox, Denzel Washington and Mel Gibson.

continued on next page

R.F.D.



by Mike Marland

Just Like Cats & Dogs

by Dave T. Phipps



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by JoAnna M. Lund

Creamed Celery and Peas

Usually vegetable dishes get no respect. Kids and husbands often say, "Thanks, but no thanks" unless it's french fries. But I'm betting that this ultra-easy veggie dish will get remarks more like, "Wow, this is good! When can we have this again!?"

- 1 1/2 cups finely chopped celery
- 1 (2-ounce) jar chopped pimiento, undrained
- 2 cups frozen peas, thawed
- 1/3 cup fat-free sour cream
- 1 teaspoon dried parsley flakes
- 1/8 teaspoon black pepper

1. In a large skillet sprayed with butter-flavored cooking spray, saute celery for 6 to 8 minutes or just until tender. Stir in undrained pimiento and peas. Continue cooking for 3 to 4 minutes, stirring often.
2. Add sour cream and parsley flakes. Mix well to combine. Lower heat and simmer for 3 to 4 minutes or until mixture is heated through, stirring often. Makes 4 (3/4 cup each) servings.

• Each serving equals: 80 calories, 0g fat, 5g protein, 15g carb., 148mg sodium, 4g fiber; Diabetic Exchanges: 1 Starch, 1/2 Vegetable.



Adopting Dogs From Puppy Mills

By Samantha Mazzotta

DEAR PAW'S CORNER: My family would like to adopt a shelter dog, and a recent news story about several dogs rescued from horrible conditions in a "puppy mill" facility really captured our hearts. However, the shelter caring for these dogs is not immediately putting them up for adoption, and it says there will be stricter requirements for those who want to adopt them. Why is this? — Karl in South Florida

DEAR KARL: Many shelter pets come with their own special set of behavioral quirks, often due to the stress and trauma of being abandoned at a shelter. But dogs (and cats and other pets) that suffer especially traumatic situations, such as abuse or starvation or neglect, can have a very difficult time adapting to home life.

Because of this, many shelters have developed special policies regarding these rescues. As you found, the puppy-mill dogs were not immediately put up for adoption; they're being treated and evaluated. Some may never be considered safe to adopt. Once dogs are considered healthy enough to adopt, the shelter

is following guidelines to make their transition to a new home as smooth as possible. For instance, it may not allow a puppy-mill rescue to go to a home that has kids under age 10. First-time pet owners will likely be discouraged or outright not allowed to adopt. Adopters may need to attend special classes, and the shelter may ask to make follow-up visits to the dog's new home.

Many rescues need a great deal of one-on-one attention, love and patience. If you're an experienced dog owner, meet the guidelines and are willing to take on the challenge of rehabilitating a rescued dog, go for it. But if you're not sure, then consider very carefully whether your family is ready to care for a rescued pet.

Send questions or tips to ask@pawscorner.com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. For more pet care-related advice and information, visit www.pawscorner.com.

Amber Waves

by Dave T. Phipps



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by Freddy Groves

More Vets Landing Government Jobs

The effort to put more veterans into government jobs is paying off. John Berry, director of the Office of Personnel Management, recently gave a speech at the Veteran Employment Symposium "boot camp" and gave some of the preliminary statistics for fiscal 2011:

--Hiring percentages are at a 20-year high, up 26 percent from last year and 24 percent over 2009. (That's when an Executive Order was issued, creating the Veterans Employment Initiative.)

--Out of 24 federal departments, 22 of them hired more veterans than they did in 2009.

--Out of those 24 departments, 23 of them hired more disabled veterans than they did in 2009.

--Veterans accounted for 29 percent of new hires. That comes to 4.5 percent over 2009 and 2.9 percent over 2010.

Not only that, but a pilot program was approved during the meeting to hire formerly homeless veterans, starting soon. The programs will give veterans a chance to work in various departments in the government and match job skills.

If you're unemployed or want a government job, this is good news for you. Go online to www.FedsHireVets.gov and click Veteran, Transitioning Service Member or Family Member, depending on your circumstance. Yes, even some family members (spouse, widow/widower or mother of a veteran) can be meet eligibility criteria.

Learn about Veterans' Preference (this can be confusing, as it's not the same as preference for federal civilian employment) and how you qualify for 5 or 10 points in eligibility preference.

Be sure to read about Special Hiring Authorities for Veterans. Certain other qualifications, such as having a campaign badge or a service medal for a military operation, are extra items in your favor.

To see the video of the speech Berry gave, go to www.opm.gov and put "boot camp" in the search box.

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com.

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Moments in time
THE HISTORY CHANNEL

- On Jan. 22, 1779, famed Tory outlaw Claudius Smith meets his end on the gallows in Goshen, N.Y. Smith earned the label "Cowboy of the Ramapos" for his use of guerrilla tactics against Patriot civilians. Legend has it that Smith's skull was filled with mortar and included in the edifice of the Goshen Court House.

- On Jan. 19, 1809, poet, author and literary critic Edgar Allan Poe is born in Boston. In 1836, Poe married his 13-year-old cousin, Virginia Clemm, and completed his first full-length work of fiction, "Arthur Gordon Pym." He became known for dark horror stories like "The Fall of the House of Usher" and "The Tell-Tale Heart."

- On Jan. 17, 1893, on the Hawaiian Islands, a group of American sugar planters under Sanford Ballard Dole overthrow Queen Liliuokalani, the Hawaiian monarch, and establish a new provincial government with Dole as president. Three hundred U.S. Marines were called to Hawaii, allegedly to protect American lives.

- On Jan. 18, 1912, after a two-month ordeal, the expedition of British explorer Robert Falcon Scott arrives at the South Pole, only to find that Norwegian explorer Roald Amundsen had preceded them by just more than a month. Caught in a storm on the way back to base camp, Scott and two others perished.

- On Jan. 16, 1945, Adolf Hitler, leader of Nazi Germany, takes to his underground bunker, where he remains for 105 days until he commits suicide on April 30 in the waning days of World War II. Hitler and his wife swallowed cyanide capsules (which had been tested on his "beloved" dog and her pups). For good measure, he shot himself with his pistol.

- On Jan. 21, 1957, Patsy Cline, one of the greatest figures in country music history, first gains national attention with her appearance on "Arthur Godfrey's Talent Scouts," wowing the studio audience with her performance of "Walkin' After Midnight."

- On Jan. 20, 1980, bleachers at a bullring in Sincelejo, Colombia, collapse, killing 222 people. The deadliest tragedy at a sporting event in Colombia's history was the result of overcrowding and poor construction.

TRUTHS ABOUT TWINS (continued)

- The correct term for Siamese twins is “conjoined” twins. These occur when the babies do not fully separate from each other because the division of the fertilized egg is incomplete. They are connected at certain points of the body, frequently sharing organs or limbs. This condition occurs about once every 85,000 births. Because they are monozygotic, they are always either both boys or both girls, never one of each. The term “Siamese twins” came from a pair of famous brothers Chang and Eng Bunker who were the first conjoined twins to have their medical history documented. Born in Siam in the early 1880s, they were joined at the sternum. Settling in the United States, the men married sisters and fathered 21 children between the two of them. They died at age 62 on the same day. One of their descendants was a candidate for governor in Florida in the 2010 election.
- The town of Igbo-Ora, Nigeria, has been proclaimed “The Land of Twins.” For some reason, about 5 percent of births there result in twins, compared to an overall world average rate of about 0.5 percent. Igbo-Ora’s community leader came from a family of 10 sets of twins, and he himself has three sets. Some experts believe the high occurrence is the result of the residents’ heavy consumption of yams, a food that contains the hormone phytoestrogen, which may stimulate production of eggs in a woman’s ovaries.

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The Garden Bug

Resolution ideas for 2012

- Start (or complete) long-term projects. Set one date for planning, one to collect what you'll need, and one for the work.
- Plant more trees – either in your garden or partnering with a local landscaping project.
- “Adopt” an area away from your garden for improvement. Help a neighbor with yardwork.
- Clean trash from a field, roadside, or an urban lot.
- Use more natural methods such as composting, organic pest control, and using seeds and plants that have not been genetically modified.

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MAGIC MAZE

BOXING DAY

S A M T S I R H C C Z W U R P

M J H E C Z X O D U S Q N L J

G (NEW ZEALAND) E C Z X

V T E R P N L I J D A L Y H D

E C A H Y W V D L N T L B Y N

R P N S P A D A N A C A G E A

L K I G E E E Y C L R B U N L

B Z X W U L T S R T P T R O E

O M L S E L A S J O I O S M R

G E D B A Y X W T C W O U U I

T S G N I P P O H S T F I G A

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Australia

Canada

England

Football

Gifts

Holiday

Ireland

Money

New Zealand

Rugby

Sales

Scotland

Shopping

St. Stephen

Wales

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I-15 updates

I-15 CORE Final Stretch
I-15 CORE, the largest highway project in Utah history, has entered the final year of construction and is on schedule for completion. “We’re delivering a complete reconstruction of the freeway that will meet traffic demand through the year 2030, while at the same time we’re using innovation to minimize delays for the traveling public,” according to Todd Jensen, UDOT I-15 CORE project director. The project adds **two additional lanes in each direction from Lehi to Spanish Fork, extends the HOV lane from University Parkway to Spanish Fork**, rebuilds or replaces 63 bridges and 10 freeway interchanges and places new 40-year concrete pavement throughout the project. “Construction crews are out working hard every day in order to wrap this project up in an unprecedented 35 months,” said Todd Jensen, UDOT I-15 CORE project director. “Although the end is in sight, there is still a lot of work left to do and we appreciate everyone’s patience.” Plenty of work has been done already. As of Nov. 30, I-15 CORE crews had: Excavated and placed 6.3 million tons of fill dirt — enough to fill 12 BYU Marriott Centers Erected 420,000 square feet (or 31,000 linear feet) of sound wall — enough to build a wall around The Gateway, Energy Solutions Arena, the Salt Lake Convention Center, Temple Square and City Creek Center — or 11 whole Salt Lake City blocks Poured 249 lane miles of concrete pavement — enough to construct a two-lane highway from Provo to Logan. Painted more than 6 million feet of temporary striping and roadway markings (roughly 1,100 miles) — enough to paint a line all the way from Provo to Houston Installed 40 miles of drainage pipeline — more than 1.5 times the length of Utah Lake Crews will be busy in the coming months. The section of I-15 CORE between Lehi and Lindon is scheduled for completion in early June. Interchanges at 1600 North, 800 North and Center Street in Orem are being reconstructed. A new I-15 overpass at 500 West in Provo is nearing completion. A Continuous Flow Intersection is being constructed at University Parkway and Sandhill Road in Orem and two pedestrian undercrossings are being completed near Utah Valley University. Drivers can stay informed about I-15 CORE construction activities by signing up for weekly [email updates](#), following the project on facebook.com/i15core and twitter.com/i15core and receiving text updates by texting “i15core” to 53535.

I-15 CORE is on schedule for completion in December 2012.
Hot line: 1-888-i15core Fax: 1-888-847-3131
Email: i15core@utah.gov Text messaging: text "i15" to 53535

Spanish Fork Community

The *Spanish Fork City* website offers information and online services for departments, community services, and more.
[Recreation & Sports](#)
www.spanishfork.org/dept/parkrec/sports/ Spanish Fork City Logo. Home · E-Services · Applications & Forms
[Employment](#)
www.spanishfork.org/online services/employment/ Spanish Fork City
[Public Utilities](#)
www.spanishfork.org/dept/pubworks/utilities/ Spanish Fork City
[Library](#)
www.spanishfork.org/dept/library/ The Spanish Fork Public Library welcomes you
[Parks and Recreation](#)
www.spanishfork.org/dept/parkrec/ provide youth and adult activities
Info on more activities are available at www.spanishfork.org

Springville News

2012 Pavilion Reservations
Online Pavilion Reservations for Springville residents will begin Tuesday, January 3, 2012 at 8 a.m. If you have any questions please call (801) 489-2770

Payson News

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paysoncitychamber.com

January 2012
Wed. Jan. 18: 12 o'clock Payson Area Chamber Of Commerce Biz Leads Group Payson City Council Meeting 6 pm 439 W. Utah Ave. Payson
Tues. Jan. 24: 7:00 pm, Payson Mayor Rick Moore's State Of The City Address Payson Banquet Hall, 439 W. Utah Ave. Payson

February
Sat. Feb. 4th: 7:00 pm, "Night On Broadway", Payson High Auditorium 1050 S. Main - Historic Huish Theatre of the Performing Arts Renovation Concert \$5.00 at door. Norene Jensen 801.636.1040 paysoncommunitytheatre.com
For more information and to join/renew membership with Payson Area Chamber of Commerce, please contact Carolyn Bowman, 801.465.2634, paysonchamber@yahoo.com; Norene Jensen, 801.636.1040, norene.invests@yahoo.com

Pleasant Grove News

Contact Info : Kathy Kresser 801-785-5045 Email : kkresser@pgcity.org
Monday, January 16, 2012
Human Rights Day City Offices Closed (All Day)
Tuesday, January 17, 2012 - City Council Meeting (6:00 pm - 7:00 pm)
Wednesday, January 18, 2012 - Curbside Recycle Pickup Day South Route (All Day)
Wednesday, January 25, 2012 - Curbside Recycle Pickup Day North Route (All Day)
Tuesday, January 31, 2012 - City Council Work Session Meeting (6:00 pm - 7:00 pm)

ANSWERS

SPORTS QUIZ

1. Al Kaline, with 399 home runs.
2. Phil Niekro, who pitched for the Yankees in 1984-85.
3. It was 1969, as a member of the ACC.
4. Steve Kerr (1995-96), Tim Legler (1995-96) and Detlef Schrempf (1994-95).
5. Four consecutive seasons.
6. Travis Kvapil was 27 when he won it in 2003.
7. True. He won two Australian Opens and two French Opens, and lost in the finals at Wimbledon and the U.S. Open once each.

King Crossword

Answers

Solution time: 21 mins.

A	P	E	S	A	N	T	A	K	F	C
S	A	G	A	S	F	A	R	N	E	O
K	N	O	X	V	I	L	L	E	O	A
			V	A	N	E	N	A	C	T
B	I	K	I	N	I	S	A	L	K	
R	O	N	T	N	T	S	T	O	M	A
A	T	O	M	E	V	A	A	F	O	R
E	A	T	U	P		A	L	B	F	R
		H	O	E	D		L	E	A	S
B	R	O	N	C	O		O	L	D	
A	I	L		K	N	O	W	L	E	D
I	C	E		A	N	A	M	E	O	A
L	O	S		T	A	K	E	S	S	P

Weekly SUDOKU

Answer

1	8	3	9	2	6	5	7	4
2	7	6	1	5	4	3	9	8
4	5	9	8	3	7	2	1	6
8	3	2	4	6	1	9	5	7
9	1	5	7	8	2	6	4	3
7	6	4	3	9	5	8	2	1
3	2	7	5	1	8	4	6	9
6	9	1	2	4	3	7	8	5
5	4	8	6	7	9	1	3	2

Go Figure!

answers

8	÷	4	+	6	8
+		+		÷	
9	-	1	÷	2	4
+		x		+	
7	-	4	x	5	15
24		20		8	

Trivia test

by Fifi Rodriguez

1. Trixie
2. Gen. Bernard Montgomery
3. Theocritus
4. Botticelli
5. Maggie and Santa's Little Helper (the dog)
6. New Zealand
7. Doris Day
8. James Buchanan
9. Mohandas Gandhi
10. Confidence

WORD POWER

ANSWER

DOPPELGANGER

SCRAMBLERS

solution

1. Eager
2. Honest;
3. Astute;
4. Tyrant

Today's Word:

HUNGRY