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# TIDBITS® TAKES A LOOK BACK AT THIS WEEK IN HISTORY by Kathy Wolfe

This week has been an eventful one over the years! Follow along as Tidbits investigates several happenings that have occurred during the first week of July.

- Happy Canada Day! July 1 commemorates the joining of the British North American colonies of Nova Scotia, New Brunswick and the province of Canada into a federation of four provinces, an 1867 event. This act created the Dominion of Canada, and July 1 was officially declared Dominion Day. It wasn't until 1982 that the holiday's name was changed to Canada Day, when the British Parliament relinquished all political rights over Canada. Although countrymen had been singing "O Canada" since 1880, when the song was composed by Canada's national musician Calixa Lavalee, it wasn't proclaimed the country's national anthem until Dominion Day, 1980.
- On the first day of July in 1963, the U.S. Post Office instigated its new coding system to enable faster processing of mail. They dubbed it the Zoning Improvement Plan, or ZIP, for short. A five-digit code was assigned to every address across America, with the first number designating the geographical area, the second two digits identifying a regional center, and the last signifying which post office. Today, there are more than 42,000 ZIPs nationwide.

Turn the page for more!

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# Tidbits® of Utah County

1. CURRENCY: What is the image that appears

opposite of Andrew Jackson on a \$20 U.S. bill? 2. GEOGRAPHY: What is the name of India to Iocal residents?

3. GENERAL KNOWLEDGE: What disease is caused by the bacteria "Yersinia pestis"?

4. COMICS: What comic-book series featured Green Goblin as a villain?

5. BOARD GAMES: If you have to go directly to jail in "Monopoly," what two things are you told

NOT to do? 6. MUSIC: In what year did Elvis Presley make

his first national television appearance in the

7. LITERATURE: What was the title of Dr. Seuss's last book?

8. FOOD & DRINK: What are the main ingredients of vichyssoise?

9. MOVIES: What town was the setting for the movie "It's a Wonderful Life"?

10. ANATOMY: What is the function of the amygdala in the human body?





- Save the rubber bands from broccoli. You can put them around the body of a drinking glass so it will be less slippery as water condenses on it.
- "I save the wrappers from my unsalted butter sticks in a baggie in my refrigerator. I use them to grease a pan when baking." -- M.M. in Wisconsin
- Corn is best cooked within a day or two of being picked, so farm-stand corn is the best. Add a little bit of milk to the cooking water, and it will bring out the natural sweetness.
- Cherries are in season! Much like strawberries, they need to be kept refrigerated but taste best at room temperature. Before eating your cherries, let them sit out for about a half-hour. Mmmmm.
- Dried lentils don't need to be soaked prior to cooking like other dried beans. And they're packed with protein.
- "If you lose a contact lens and can't find it right off, try turning out the lights and shining a flashlight across the ground. The lens might reflect the light and cause a flash. That will make it easier to find." -- T.L. in Texas

Send your tips to Now Here's a Tip, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or e-mail JoAnn at heresatip@yahoo.com.



#### by Linda Thistle GO FIGURE! The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of X

the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once

DIFFICULTY: \*\*\*

\* Moderate \* ★ Difficult \*\*\* GO FIGURE!

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#### THIS WEEK IN HISTORY (continued)

- "Don't you think a stereo cassette player that you can listen to while walking around is a good idea?" Those were the words of Sony's chairman Masaru Ibuka back in 1979. Ibuka traveled extensively and loved music and pitched the idea to company officials. On July 1 of that year, the Sony Walkman hit retailers' shelves.
- The year's midpoint occurs on July 2, with 182 days passed and 182 yet to come (except in Leap years, which have one extra day in the first half). On this day in 1937, Amelia Earhart and her navigator Fred Noonan were heard from for the last time as they attempted to make the first round-theworld flight. Their last contact was from the vicinity of Howland Island in the Pacific Ocean.
- Chevrolet rolled its one-millionth Corvette off the assembly line in Bowling Green, Kentucky, on July 2, 1992. It was a white LT1 roadster with a red interior and black roof, carrying a price tag of more than \$31,000. Another automotive milestone took place on this day in 2005, when the very last Ford Thunderbird was manufactured. The Ford plant at Wixom, Michigan, produced the platinum car with black interior. Employees of the plant signed their autographs on the inside fender panels, and the two-seater was given to the greatgranddaughter of company founder Henry Ford, Josephine Ford.
- The Civil War's Battle of Gettysburg took place July 1-3, 1863, the largest military battle in U.S. history. Confederate troops of 75,000 under Robert E. Lee met the 97,000 men of the Union Army commanded by George Meade in the small Pennsylvania town, population 2,400. By the end of the three-day conflict, more than 51,000 were dead, along with more than 5,000 horses.
- It's estimated that 569 tons of ammunition were used in the assault, and 634 cannons were positioned throughout the 25-square-mile area. The Confederates were defeated in the battle, but it was not to be the end of the war. It raged on for nearly two more years, although Lee's army never recovered from the devastation.

continued on next page

#### **Plum Buckle** Is Easy, Fresh Summer Recipe

Bubbling sweet plums in a butter cake, often referred to as a buckle, is a tasty dessert treat to serve this holiday weekend and all summer long. It's my go-to summer recipe not only because it uses one of my favorite seasonal fruits, the luscious and beautiful plum, but it's also a piece of cake to make!

Look for ripe plums with your family at a roadside stand or at

your local grocery store. While choosing the fruit, show your

kids how to gently squeeze each one to find ripe choices. The fruit should give slightly when lightly pressed between your fingers. Young kids will have fun counting up at least five for this recipe, or let them weigh 1 1/2 pounds' worth. If there are several varieties to choose from, ask if you can taste samples. When you return home, wash the fruit and gather all the ingredients. While you wait for the butter to come to room temperature, your school-age child may grate the lemon peel,

and another may grease and flour the pan while you slice the

Now everything will be ready to go together in a snap.

#### FRESH & EASY PLUM BUCKLE

Cake:

1 1/2 cups all-purpose flour

1 teaspoon baking powder

1/4 teaspoon ground nutmeg 1/4 teaspoon salt

1 cup (1/2 pound) butter, at room temperature

1 cup sugar

2 large eggs

1 1/2 teaspoons grated lemon peel

1/3 cup milk

4 cups (about 1 1/2 pounds) unpeeled ripe plums, pitted and sliced 1/4 inch thick

Topping:

2 tablespoons sugar

1/2 teaspoon ground cinnamon

1. Preheat oven to 325 F.

2. Mix together the flour, baking powder, nutmeg and salt in a bowl. Set aside.

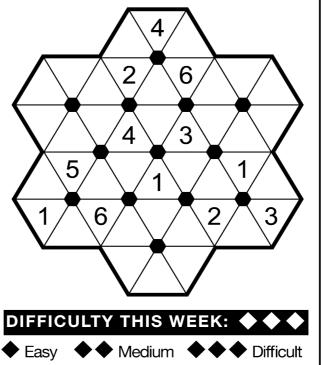
3. Beat the butter and 1 cup sugar on high speed until smooth and fluffy. Add eggs one at a time, beating well after each addition. Beat in grated lemon peel.

4. Stir half the flour mixture into the butter mixture. Add milk, and gently stir in remaining flour mixture just until the dry ingredients are moistened and the batter is smooth. Spoon into a buttered and floured 8-inch-square baking pan. Let kids arrange plum slices, slightly overlapping them in rows or concentric circles over the batter. Sprinkle topping over slices. 5. Bake 45 minutes or until a toothpick or skewer inserted in the center comes out clean. Let cool in pan. Slice and serve warm or at room temperature. Top with a flag on each piece for the Fourth of July, or with a candle or trinket for a summer birthday. Serves 10.

NOTE: Firm, ripe apricots can be substituted for plums.

# by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



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Since the major leagues expanded to 162 games in 1961, what was the earliest date that a team clinched a playoff spot?
 Name the last Los Angeles Dodgers pitcher before Clayton Kershaw in 2011 to lead the N.L. in strikeouts for a season.
 When was the last time

By Chris Richcreek

before the 2010 season that Syracuse's football team won a bowl game?

Name the only NBA team to improve on its record at least six consecutive years?

How many NHL seasons did Mike Modano play with the Minnesota/Dallas franchise?

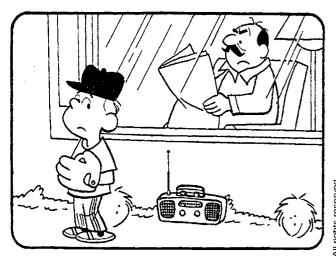
Kevin Harvick set a record in NASCAR's Truck series in 2012 for most laps led in a race.

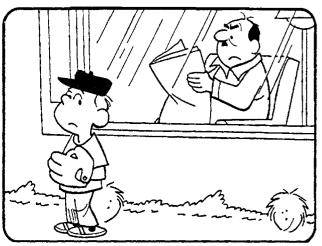
How many of the 250 laps did he lead?

When tennis returned to the Olympics in 1988, how long had it been absent?

### **HOCUS-FOCUS**

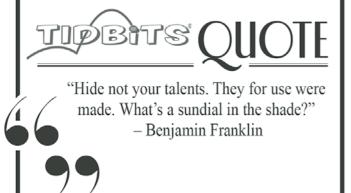
BY HENRY BOLTINOFF





CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

Differences: 1, Cap is smaller. 2, Trouser stripe is missing. 3. Radio is missing. 4. Arm is moved. 5. Mustache is different. 6. Lamp is different.





- It was revered Chinese philosopher Confucius who made the following sage observation: "He who learns but does not think is lost. He who thinks but does not learn is in great danger."
- If you ever have occasion to refer to an item that pertains to walnuts, it will be useful to have the word juglandaceous at your disposal.
- It's well-known that the United States is a melting pot of nationalities. At the end of the 1800s, New York City was so diverse that it had more Irish than any city except Dublin, and a larger Russian population than was to be found at that time in the city of Kiev. The only two cities in the world that had more German speakers were Vienna and Berlin, and Milan and Naples had fewer Italians than New York.

#### THIS WEEK IN HISTORY (continued)

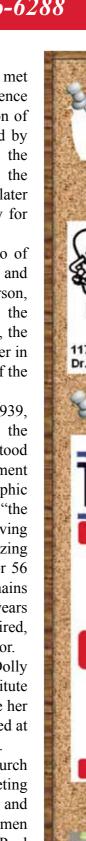
- The U.S. Second Continental Congress met from July 1-4, 1776, in Philadelphia's Independence Hall to debate, revise and adopt the Declaration of Independence. The document had been drafted by Thomas Jefferson, listing grievances against the King of England and breaking ties between the colonies and the mother country. Fifty-six men later signed the document, and it was read publicly for the first time on July 8.
- It somehow seems appropriate that two of America's founding fathers, Thomas Jefferson and John Adams, should pass away on July 4. Jefferson, the nation's third president and author of the Declaration of Independence, and John Adams, the second president, died within hours of each other in 1826, on the 50th anniversary of the adoption of the Declaration of Independence.
- An announcement at the July 4, 1939, Yankees game saddened baseball fans across the nation. Yankee first baseman Lou Gehrig stood before the crowd and announced his retirement from baseball after being stricken with amyotrophic lateral sclerosis. The 36-year-old called himself "the luckiest man on the face of the earth" for having played 17 seasons in the major leagues. His amazing record of 2,130 consecutive games endured for 56 years, and his record 23-career grand slams remains unbeaten. Gehrig passed away less than two years later, and his number "4" uniform was retired, making him the first player to be given this honor.
- The world's first successful clone, Dolly the sheep, was born at Scotland's Roslin Institute on July 5, 1996. She produced six lambs before her death in 2003. Dolly was stuffed and is displayed at the National Museum of Scotland in Edinburgh.
- Woolton, England's annual parish church garden fair was the site of a momentous meeting on July 6, 1957. In addition to the dog show and scheduled brass band, John Lennon's Quarrymen had been invited to play. Fifteen-year-old Paul McCartney was in the audience and was so impressed with the music, he asked Lennon if he might play some tunes for him. Just two weeks later, McCartney was invited to join the Quarrymen, and the rest, as they say, is history.

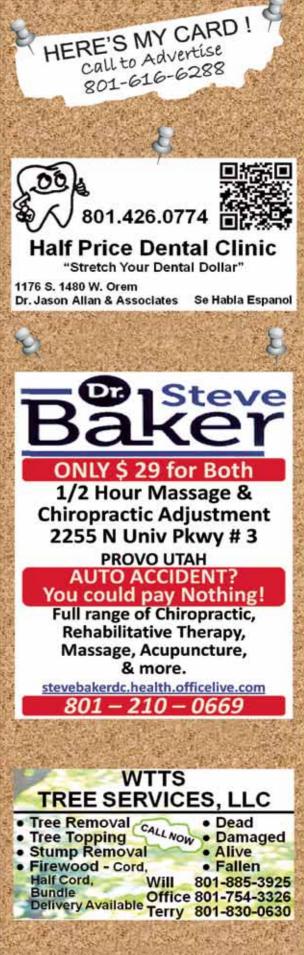
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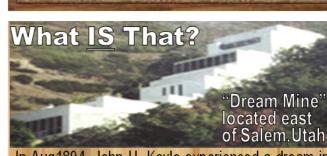


- If you're like the average American, you will eat 1.5 tons of food this year.
- Beeswax candles are valued largely because they don't drip as other candles do, but they're also very durable. Archaeologists have found still-pliable beeswax candles in Egyptian tombs, and some have been recovered in good condition from sunken ships.
- Iowa has the highest literacy rate in America.
- In the grocery stores of today you might find a half-dozen varieties of apple, if you're lucky. In centuries past, though, there were more than 350 varieties that were grown just for the purpose of making cider.
- When paper currency is no longer in good enough condition to be circulated, it can be shredded and used in products such as shingles and insulation. You may have cash on your roof!

**Thought for the Day:** "Football isn't a contact sport, it's a collision sport. Dancing is a contact sport."







In Aug1894. John H. Koyle experienced a dream in which he was visited by a figure from another world. The visitor showed Koyle an ancient "Nephite" mine. The rooms contained treasure of an extinct civilization. Koyle was instructed to open a mine and extract gold for the welfare of "his" people. Specific instructions were given for the mine development. The riches would be found and released during a time of world crisis. The name "Relief Mine" was attached to the project. In 1909 the Koyle Mining Company was formed with 114,000 shares of stock issued at \$1.00 per share.

Koyle's dreams continued. He predicted the First World War and the economic crash of October, 1929. He foresaw "horseless carriages" bigger than railroad cars going down the road at great speeds. John H. Koyle died 17 May 1949 in Payson.

The mine continued in fits and starts under the leadership of Quayle Dixon for another twenty-three years. In 1961, a new company, The Relief Mine Company, succeeded the Koyle Mining Company.

Info from "The Dream Mine", Jay M. Haymond http://www.media.utah.edu/UHE/d/DREAMMINE.html

To learn more about the "Dream Mine", read "Relief Mine" & "Relief Mine II" by Ogden Kraut and "The Dream Mine Story" by Norman Pierce

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-- Vince Lombardi





King Crossword

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#### **ACROSS**

Restroom, for short

12

15

18

35

38

53

- Upper limit Common
- ailments
- "The
- Greatest" 13 Flamenco
- cheer
- 14 Refuge 15 Snapshots
- 16 Got really mad
- 18 Rushmore face
- 19 Angle on a gem 20 Galvanizing
- matter
- 22 Solidify 23 Poi base
- 27 Weeding need 29 Courtroom
- **VIP** 31 Kiddie-lit
- elephant 34 Portion
- 35 Online bookseller
- Driver's license datum
- 38 Bronx cheer
- "- Blue?" 41 Cab
- 45 Second president
- 47 X rating? 48 Linda
- Ronstadt hit
- 52 Moreover
- 53 Supermarket

49 50

- 54 Inseparable 55 Golf position
- 56 To the rear,

section

- 58 Remiss

#### **DOWN**

- 1 Bolivia's capital
- Out, of sorts?
- Prancer's yokemate
- salad Claim
- 5 Cause of
- annoyance
- Brat's
- stocking stuffer

8 Lummox Fighting 9

39

52

55

33 Director

36 Zilch, in

37 Author de

40 City boss

form

43 Ohio city

listing

46 Sought

48 Ovine

pol. party

51 Sprite

42 In any way,

shape or

44 Alphabetical

45 Help a hood

damages

comment

49 Canadian

50 G8 member

Beauvoir

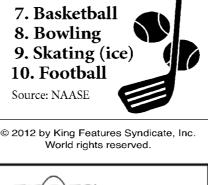
Luhrmann

Xochimilco

- Tigers' sch. 10 Bad-mouth
- at sea (SI.) 57 Roulette bet 11 Away from
  - NNW 17 Healthy
    - 21 Actor
    - Palminteri 23 'Mid.
    - poetically 24 Sailor's
    - assent 25 Fun and
    - games 26 Raw rock
    - 28 Acapulco
    - gold 30 Mimic
    - 31 Prevent
    - 32 Doc's org.
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## Spending on **Sports Gear**

- 1. Exercise
- 2. Golf
- 3. Team athletic goods
- 4. Snow Skiing
- 5. Tennis
- 6. Baseball/softball



# **NUGGET OF**

Convicted of conspiracy to Abraham assassinate President Lincoln, boarding house owner Mary Surratt was hanged on July 7, 1865, the first woman executed by the U.S. Government. It was expected that President Andrew Johnson would pardon her, and soldiers were stationed along the route to the execution site, ready to relay that news; however, 1/ Johnson stood by the writ of execution and defended his decision for the rest of his life.

# **Good Housekeepin**

### **Orange-Endive Ambrosia**

For a truly authentic ambrosia, don't skimp on the coconut! It is an essential ingredient for this old-fashioned salad

- 1/2 cup coarsely shredded unsweetened coconut
- 1/4 cup low-fat buttermilk
- 1 tablespoon sherry vinegar 1 teaspoon Dijon mustard
- I tablespoon extra-virgin olive oil

Freshly ground black pepper

- 4 navel oranges
- 4 heads Belgian endive
- 1/2 cup fresh flat-leaf parsley leaves, packed

L &

2 &

5. \ &

1. In 12-inch skillet, toast coconut on medium 2 to 4 minutes or until golden, stirring occasionally. Remove from heat and cool completely. (Coconut can be kept at room temperature in an airtight container up to 1 day.)

- 2. In small bowl, with fork, mix buttermilk, vinegar,
- 3. With knife, cut peel and white pith from oranges and discard. Cut each orange crosswise into 1/4-inch rounds; cut each round in half and transfer to bowl, keeping some rounds whole if you like. (Oranges can be covered and
- 4. When ready to serve, trim endive. Cut crosswise at an angle into 1-inch pieces; discard core. In large bowl, toss endive and parsley with dressing until coated.
- decoratively in single layer. Top with salad and remaining oranges. Sprinkle with toasted coconut. Serves 8.
- Each serving: About 100 calories, 6g total fat (4g saturated), 0mg cholesterol, 100mg sodium, 12g total carbs, 3g dietary fiber, 2g protein.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/recipefinder/.

- mustard, oil, 1/4 teaspoon salt and 1/4 teaspoon freshly ground black pepper until well-mixed. (Dressing can be covered and refrigerated up to 1 day.)
- refrigerated up to 1 day.)
- 5. On large serving platter, spread half of oranges

# 3

TUSK FORCE! Well, fancy that mammoths doing mammoth tasks in the Stone Age. Colors: 1-Red. 2-Lt. purple. 3-Yellow 4-Lt. brown. 5-Flesh. 6-Green. 7-Dk. brown. 8-Dk. purple.

SPELLBINDER SCORE 10 points for using all the letters in the word below to form two complete words: MERCIFUL THEN score 2 points each for all

#### THIS WEEK IN HISTORY (continued)

- Chicago's Comiskey Park was the site of Major League Baseball's first All-Star game on July 6, 1933. The American League defeated the National League by a score of 4 to 2.
- Sandra Day O'Connor grew up on an Arizona ranch, where she became an accomplished horsewoman at a young age. After graduating from Stanford University's law school, she worked as Arizona's assistant Attorney General, before making the move to politics as a state senator. On July 7, 1981, President Ronald Reagan appointed O'Connor as the first female justice of the U.S. Supreme Court, a position she retained until her retirement in 2006.

#### FAMOUS LANDMARKS OF THE WORLD: INDEPENDENCE HALL & THE LIBERTY BELL

In the heart of downtown old Philadelphia stands the stately Independence Hall, where much of early U.S. history was shaped. The Liberty Bell is housed in a nearby building. During this historic week, Tidbits takes a look at these symbols of our liberty.

- The building has a bell tower and steeple, rising to a height of over 168 feet (51.2 m). The steeple was the original home of the Liberty Bell.
- In 1751, a new bell was ordered for the Hall, with the inscription of "Proclaim liberty throughout all the land unto all the inhabitants thereof," a verse from the Bible's book of Leviticus. The bell, cast in England, was raised into the steeple in 1753 and cracked the very first time it was rung, due to flaws in its casting.
- The bell's composition is about 70 percent copper, 25 percent tin with traces of lead, zinc, arsenic, gold and silver.

Construction on the red brick Georgian-

- style Independence Hall began in 1732, the year of George Washington's birth. Its first purpose was as the location of the State House of Pennsylvania beginning at the time of its completion in 1753. In 1775, it became the meeting place of the Second Continental Congress, a group of representatives from each of the 13 colonies. The Assembly Room was the site of George Washington's appointment as commander-in-chief of the Continental Army in 1775. The following year, the Declaration of Independence was adopted in the same room. In 1777, the design of the American flag was approved there. The U.S. Constitution was drafted and adopted in Independence Hall in 1787. The summer of 1787 had many hot days, but the windows of the Hall remained tightly closed so outsiders would not be able to hear the discussions.
- Local Philadelphia craftsmen offered to melt down the cracked bell and recast it. They attempted to make it stronger by adding 10 percent more copper. This changed the tone of the bell, and there were so many complaints, the bell was melted down once again!

continued on next page

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## LAFF-A-DAY



"Oh, dear! I must have dialed the wrong number! I don't suppose YOU'D care to try your hand at fixing the TV?"

nastic feat. Loand 3. Enand. S. bne2. It cond. S. bne2. It control 5. Engine 3. English 4. English 5. English 5.

SYMBOL WORDS

& THEN SOME! SYMBOLS displayed in panels above serve as stand-ins for the word AND Thus, a four-letter word will complete the top row, a

five-letter word will complete the second row, etc

1. Dune component.
2. Slang for \$1,000.
3. A small chore of sorts.

4. Bad guy of old.
5. Connoisseur of good

6. Heels over head gym-POURING IT ON! What can you draw to complete the big splash scene above? To find out, draw lines dot to dot

or in elailo. 32. agonal. Remember, eight checkmarks

are to appear in all.
Patience will help, as will use of

an eraser. P.S.: Numbers shown at side are

ay: Check squares, row by row, across; 1—1st, 2—5th, PUT & TAKE! Wish you could be more orderly? Hear the words of Mark Twain: "Have a \_\_\_\_\_ for everything and then keep it somewhere else; this is not advice, it is merely custom." Fill blank. \_\_\_\_\_\_eoeld, "plow fluissign"

ossible twosome: Cure, film.

**Fo Your Good Health** By Paul G. Donohue, M.D.

#### Ways to Control Irregular Heart

DEAR DR. DONOHUE: Last fall, my heart started to jump around, and I took it that I had palpitations, although I wasn't sure what palpitations were. It turns out I had atrial fibrillation. Since then, I have been on many medicines for the atrial fibrillation plus Coumadin, a blood thinner. The Coumadin requires frequent trips to the lab. I have a hard time getting around. I don't drive. My doctor suggests ablation. What are your thoughts?

ANSWER: Atrial fibrillation is in either first or second place when it comes to heart questions. It means the heart beats rapidly and irregularly. The rapid heart pumps less effectively, and the irregular beat promotes the formation of blood clots in the upper heart chambers. Those clots, or pieces of them, can be carried through the circulation to the brain, where they cause a stroke.

Treatment for atrial fibrillation aims to slow the heart, get it to beat regularly and prevent clots from forming if a regular rhythm cannot be attained.

Medicines sometimes can both slow the heart and restore a normal rhythm. If a normal rhythm is not achieved, the patient will still do well if the heart beats slowly. That patient, however, must add to his or her treatment a blood thinner like Coumadin to prevent clots and a stroke.

Your doctor has suggested a way to restore a regular beat

THEY'LL DO IT EVERY TIME

HAPPENS EVERY PROM TIME

TUX RENTAL DEPT.

-- ablation. A heart doctor inches a special catheter -- a thin, pliable tube -- from a surface blood vessel to the heart. The catheter is equipped to emit radio waves, which make a series of scars to prevent the generation of erratic signals that spawn atrial fib. The result, when the procedure is effective, is a normal, regular heartbeat. The patient can then kiss Coumadin goodbye. My thoughts are that it's worth serious consideration.

You can also get rid of Coumadin by switching to Pradaxa, a blood thinner that doesn't require lab testing. It's new and is somewhat expensive.

The booklet on heartbeat irregularities explains atrial fibrillation in detail. To order a copy, write to: Dr. Donohue --No. 107W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6. Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: I'm a 34-year-old male and am going bald. What is your opinion on hair transplants? Do they last? How successful are they? -- L.K.

ANSWER: Male hair loss occurs because male hormones shrivel hair follicles, the home for each hair. The hair thins, is shorter and falls out well before its time. Sensitivity to this male hormone action is genetically programmed, and in some men, it takes place at young ages.

Have you considered using minoxidil, which is applied to the scalp, or finasteride, an oral medicine?

Hair transplantation works well. The hair is taken from the back of the head, where hair follicles have a long life. It's very successful.

It would be wise to check with a doctor to see if your hair loss really is something you inherited, or if it's a sign of something else.

## BY AL SCADUTO



Thank to CAROL STUMPF, INDIANAPOLIG, IND.

ANY POSTAL WORKER WILL TELL YOU ··· A SMALL ENVELOPE IS ADDRESSED IN A HEAVY, HAND-WRITING ---





# **Festive**

Salads are often taken for granted and are usually a last-minute, "pour the dressing over the lettuce" sort of thing. Bring this one to the table, and you'll put a smile on everyone's face!

- 4 cups torn mixed salad greens
- 3/4 cup thinly sliced celery
- 1 cup shredded carrots
- 1/4 cup finely chopped green onion
- 1 (11-ounce) can mandarin oranges, rinsed and drained

- 1/4 cup slivered almonds
- 1/2 cup fat-free Catalina dressing
- 2 tablespoons orange marmalade spreadable fruit
- 1 tablespoon finely chopped fresh parsley or 1 teaspoon dried parsley flakes
- 1. In a large bowl, combine salad greens, celery, carrots and green onion. Stir in mandarin oranges and
- 2. In a small bowl, combine Catalina dressing, orange marmalade and parsley. Drizzle dressing mixture over salad mixture. Toss gently to combine. Serve at once. Makes 4 (1 1/2 cups each) servings.
- Each serving equals: About 164 calories, 4g fat, 3g protein, 29g carb., 406mg sodium, 4g fiber; Diabetic Exchanges: 1 1/2 Vegetable, 1 Fruit, 1 Fat, 1/2 Starch

## **Confronting a Rude Dog-Park Denizen**

By Samantha Mazzotta

DEAR PAW'S CORNER: Our town has designated a small park near my home as a place where dogs are allowed. It's not an official dog park, and because it also has a playground at one corner, many of us who visit have agreed that, if children are present, our dogs will be on leashes so as not to cause a problem. We've found the best way to allow our dogs to run free is to show up very early, when kids aren't present. And we pick up after our dogs so the park remains a pleasant place for all.

But there's one person who doesn't respect this agreement. He lets his dog poop wherever and never picks up after it, brings his dog at all hours and lets it run off the leash when kids are around. Is there anything we can do to stop this? -- Naomi in Newton, Mass.

DEAR NAOMI: Have you approached him directly? If he doesn't know that you and other fellow dog-owners have set

up unwritten rules on managing the dogs' conduct, he won't know about the leash rule you've established. Remind him that it's good manners and common sense to pick up after his dog, particularly in a park where kids run and play. In many communities, it's a ticketable offense not to pick up after your

If he ignores the request, make it again. Explain that the rules were put together in order to keep the park open to dogs -- if there are too many complaints, the city could ban pets from the park. If you can't convince him, your group may have to form a more official club with written rules, in order to negotiate with both the city and boorish dog owners.

Send your questions or tips to ask@pawscorner.com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. For more pet care-related advice and information, visit www.pawscorner.com.



# Moments in time

- On July 3, 1775, on Cambridge common in Massachusetts, George Washington rides out in front of the American troops gathered there, draws his sword and formally takes command of the Continental Army. Washington declined to accept payment for his services beyond reimbursement of future expenses.
- On July 4, 1911, record temperatures are set throughout the northeastern United States, the result of a deadly heat wave that would go on to kill 380 people. By July 13, New York alone had reported 211 people dead from the excessive heat.
- On July 5, 1921, a trial begins in the case of seven Chicago White Sox baseball players accused of throwing the 1919 World Series. The conspiracy trial was just for show, and signed confessions from some of the players mysteriously disappeared from police custody. The jury acquitted all of the accused players and then celebrated with them at a nearby restaurant.
- On July 2, 1938, Helen Wills Moody defeats Helen Jacobs to win her eighth Wimbledon singles title. Her record was not broken until Martina Navratilova won her ninth Wimbledon title in 1990. Wills died in 1998 at the age of 92.
- On July 8, 1949, Wolfgang Puck, the celebrity chef and official caterer for the Academy Awards Governors Ball, is born in Austria. Puck's restaurant Spago in West Hollywood, Calif., became famous for its gourmet pizza (which featured such toppings as caviar and smoked salmon) and its celebrity clientele.
- On July 6, 1971, Louis "Satchmo" Armstrong, one of the most influential musicians of the 20th century, dies in New York City at the age of 69. Armstrong pioneered jazz improvisation and the style known as "swing." He had many nicknames, including Satchmo, short for "Satchelmouth."
- On July 7, 1983, Samantha Smith, an 11-year-old American girl, begins a two-week visit to the Soviet Union at the invitation of Soviet leader Yuri Andropov. He invited Smith after she wrote him a letter as part of a school project.

## Just Like Cats & Dogs

by Dave T. Phipps

OK, SURE...THE PIZZA BOX LOOKS NORMAL, BUT YOU ORDERED IT FROM SOME NEW ALL NATURAL VEGAN PLACE. WHO KNOWS WHAT HORRORS LINGER IN THERE?



# Weekly **SUDOKU**

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

#### **DIFFICULTY THIS WEEK:** ★★

★ Moderate ★★ Challenging \*\*\* HOO BOY!

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#### INDEPENDENCE HALL (continued)

- Once the bell was rehung in the steeple, during the time that Philadelphia was the nation's capital, it tolled when the legislature was called into session, when voters were summoned to elections, to celebrate July 4th and to commemorate George Washington's birthday. In fact, the last time it was rung was on Washington's birthday in 1846. Around 1840, a small crack began been developing, affecting the bell's ring tone. Although repairs had been attempted, on the 1846 birthday commemoration, bell cracked significantly and rung no more.
- During the British occupation of Philadelphia in 1777, the Liberty Bell was removed from the city and hidden in an Allentown, Pennsylvania, church, for fear it would be melted down and used for cannons by the British.
- The Liberty Bell no longer hangs in the steeple of Independence Hall. In 2003, it received its own home, the Liberty Bell Center, a block from Independence Hall, where the 2,080-pound (943-kg) bell is on display, still suspended from its original American elm yoke. Its crack is about a half-inch (1.27-cm) wide and 24.5-inches (62.2-cm) long. The steeple of Independence Hall now holds the Centennial Bell, one created for the country's 100th anniversary in 1876.

#### **FIREWORKS**

What better way to celebrate Independence Dav than with fireworks? Here's some information about the dynamic displays that light up the night sky.

- It's thought that gunpowder originated in China about 1000 A.D. Firecrackers consisted of bamboo shoots filled with black powder and were used to celebrate the new year. Early fireworks were not the colorful ones we know today, rather just loud explosions designed to scare away evil spirits.
- China remains the largest producer of fireworks, making about 90 percent of the world's supply. America imports close to \$200 million worth of fireworks each year and manufactures over \$230 million of fireworks as well.
- The black powder used in the manufacture of fireworks is classified as "low explosive." This means its detonation velocity is about 100 yards per second. Dynamite falls into the category of "high explosive" with a speed of greater than 1,000 yards per second.

continued on next page

What's the difference between a duck and George Washington? One has a bill on his face; the other has his face on a bill!



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# Holidays & Observances This Week

- Canada Day 7/1
- World UFO Day 7/2
- Stay out of the Sun Day
- 7/4 Independence Day
- Workaholics Day
- National Fried Chicken Day
- National Strawberry Sundae Day

# TIPBITS

# MOSD SOMES

Unscramble this word:

# CNLIDOEATR

This word means: An official formal public proclamation, especially by a



THIS WEEK'S

Liv Tyler 7/1/77 Lindsay Lohan 7/2/86 Montel Williams 7/3/56 Geraldo Rivera 7/4/43 Huey Lewis 7/5/51 George W. Bush 7/6/46 Ringo Starr 7/7/40



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The Fourth of July weekend was approaching, and a pre-school teacher took the opportunity to tell her class about patriotism. "We live in a great country," she proclaimed. "One of the things we should be happy about is that, in this country, we are all free." Little Tommy spoke up loudly from the back of the room, "I'm not free. I'm four!"





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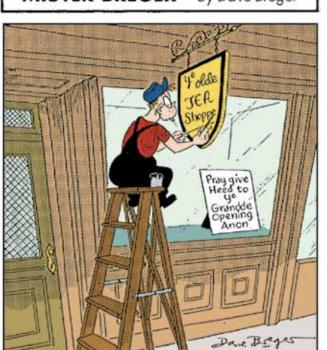
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Dr Michael Cutler STEVE SHENK - TUE Steve Shenk **HEALING TALK RADIO – WED** Diana Hoffman **FAMILY VOICE TALK RADIO - THU** BJ Stober HEALTHY, WEALTHY & WOW! - FRIKim Power Stilson

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#### FIREWORKS (continued)

- Color was first added to fireworks in Italy in the 1830s. Different metals are responsible for the variety of colors we see lighting up the sky. Copper creates blue, barium produces green, calcium is responsible for orange, and sodium makes yellow. The addition of aluminum and titanium will add bright white to the display, and a mix of strontium salts and lithium salts will produce red.
- Sparklers were created around 1880, and while they may seem tame in comparison to other fireworks, sparklers actually burn at temperatures exceeding 2,000° F. (1,093° C), over 15 times the boiling point of water. Just three sparklers burning together produce the same heat as a blowtorch! Children under five receive the most injuries from this source.
- The illegal M-80 fireworks, which simulate the sound of gunfire, are officially known as "military rifle fire simulators."
- A record-setting fireworks display was set off in Portugal in 2006, consisting of 66,326
- When King Louis XVI of France married Marie Antoinette in 1770, an impressive fireworks show of 20,000 rockets followed the ceremony to celebrate the union. More than 200,000 people packed Paris' Place de la Concorde to view the display. However, tragedy struck afterward when a stampede occurred as people left the area, resulting in 800 deaths.
- Those who manufacture and set off fireworks must wear only cotton clothing, due to the fact that static electricity in synthetic fabrics can ignite firecrackers.
- Recent studies have shown that colored smoke from fireworks can be damaging to the cells that line the lungs. Breathing the smoke can be toxic to the epithelial cells, with orange cited as the most dangerous, followed by violet, red and yellow.
- Every year, Disney World produces upwards of 1,000 fireworks shows. Beginning in 2004, Disney started using compressed air rather than gunpowder to launch fireworks, resulting in a reduction of smoke and fumes. This, along with electronic timers, increased the accuracy of the timing, enabling perfect choreography to music.



## TRIVIA NEWSFRONT

- What Italian scientist obtained a patent for a radio in July of 1897?
- Which singer made his radio debut on a Memphis station on July 7, 1954?
- Hormel Foods introduced this famous item on July 5, 1937. What was it?
- 4. What retail chain opened its first store on July 2, 1962?
- 5. What famous family went into hiding on July 6, 1942, to escape persecution?

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#### Green Gardening

Q: What are some ways that I can keep my garden environmentally friendly? - Tucker in Hartford, Conn.

A: A garden by itself is a great way to make a positive environmental impact, both beautifying your property and providing lots of fresh herbs and vegetables -- so you don't have to make as many trips to the store to buy veggies that were trucked in. But there also are direct environmental issues concerning the care of a garden, such as the impact of chemical fertilizers and bug sprays. There are a number of ways to reduce this impact:

-- Catch rainwater in a barrel to use in watering the lawn and garden: place the barrel underneath your home's downspout. A covered barrel will discourage mosquitoes from taking up residence.

--Build a compost pile to use as your main source of fertilizer and rich soil in the garden.

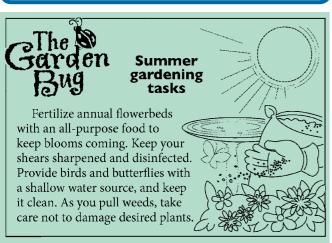
--Hand-weed the garden if possible. If you must use chemical weed-killer, use it exactly as directed on the package or bottle. --Use the right amount of fertilizer recommended for the types of plants in your garden. Too much fertilizer can result in excess runoff into nearby streams or lakes, ecosystems that often are already stressed by lawn chemicals and fertilizers.

--Visit a local co-op, community farm or farmer's market to get information on organic and environmentally sustainable gardening. Classes or seminars are available in many cities for aspiring organic gardeners.

There's plenty of information out there, so head to the Internet and look around.

**HOME TIP:** A list of tips on organic and sustainable gardening, composting and more can be found at http://www. globalstewards.org/garden-ecotips.htm.

Send your questions or tips to ask@thisisahammer.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.



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July Business of the Month - Mon Jul 2 10 A - Noon

When Big O Tires announced the opening of its newest location in Payson, the new store was a design prototype for future

Big O Tires facilities to be built nationwide.

THE TEAM YOU TRUST A year later, the new store is the pride of the 1,200 store chain, receiving many awards for customer service excellence at a recent National Convention held in Los Angeles. Reese Carter and Gabe Dunn and their team of 15 certified experts have made this store the pride of Big O and the community.

"Big O Tires is thrilled to be in Payson and we look forward to earning the business of our new neighbors while providing great value and exceptional customer service," said Kevin Dunn, franchise owner of Big O Tires in Payson, Spanish Fork and Nephi.

To join/renew membership with Chamber of Commerce, please contact Carolyn Bowman, 801-465-2634

#### **Pleasant Grove**

#### PG July 4th Fireworks

The City Fire Department is excited to announce the annual 4th of July fireworks show at Pleasant Grove Jr. High School, at 810 N. 100 East. This year, the electronically triggered show will have the first shot being set off by Mayor Bruce Call. The show will begin at dark, between 9:30 - 10 pm for about 20 minutes, filling the sky with color reminiscent of past years. The show will be visible from any position in the area. However, a large buffer zone to the fallout area has been added that will affect the viewing area west of the track. This will limit spectator viewing in that area. Parking is a challenge, please be patient and courteous.

Promenade - The Pleasant Grove Promenade kicks off Thursday, July 5th from 5-9 p.m. in the downtown city park. For more information or to register as a vendor visit www.pgpromenade.com



#### Concerts in the Park 2012 7:30 pm at PG Community Center June 3 Pleasant Grove Orchestra Utah Children's Choir June 10 June 17 Skyline Choir June 24 Knocking Off Squash July1 Bluegrass Thunder July 8 Aaron Franz Little July 15 July 22 July 29 The Buskers & Doc Taylor Hunt Family Jeri Warnick Aug 5 Bonne Nuit Aug 12 Amanda Verwer Aug 19 CB Jazz Band

#### Spanish Fork

#### FIESTA DAYS RODEO - BE A PART OF HISTORY

Tickets are on sale for the 2012 Fiesta Days Rodeo. Go to www.spanishfork.org to select and purchase your tickets.

The 2012 Rodeo will be the first year in the newly rebuilt and expanded arena; you'll want to be a part of history and part of the great rodeo action you've come to expect with Fiesta Days. In its third year as a Million Dollar Pro Rodeo Silver Tour, the rodeo will be even better than ever. The dates of the rodeo are July 20, 21, 23, and 24; All nights start at 8:00 pm with pre-show events starting at 7:30 pm.



**Spanish Fork Farmer's Market** 

The market begins July 28th and run through November 3, 2012. Located at 100 West Center Street behind the City Office Building the Farmer's Market is a fun place to shop for fresh produce from local growers and vendors. Registration for Season Vendor Passes is available now! Fees apply and food handler permits and state licenses may be required. NO craft items will be sold at the Farmer's Market. No exceptions will be made. Business Fairs will run once monthly and will be located at 40 South Main, Spanish Fork. Fee will apply to the Business Fair also.

**Contact the Spanish Fork Salem Chamber of Commerce** at 801-798-8352 or office@spanishforkchamber.



#### "Meet Me at the Fair" The 2012 Utah County Fair will be held August 15-18th at Fairgrounds in Spanish Fork. www.utcountyfair.com

# **ANSWERS**

### **SPORTS QUIZ**

- 1. The New York Yankees clinched their division Aug. 29, 1998.
- 2. Hideo Nomo had 236 strikeouts 3. It was the Insight Bowl after the
- 4. The Minnesota Timberwolves
- (1992-93 season through 1997-98
- season). 5. Twenty seasons. 6. He led 248 laps.

7. Since 1924 -- 64 years.



# TRIVIA NEWSFRONT

- **ANSWERS** Guglielmo Marconi
- Elvis Presley, with "That's All Right." SPAM luncheon meat
- Wal-Mart, in Rogers, Arkansas The family of Anne Frank



- 1. The White House
- 2. Bharat
- 3. Plague
- "Spider-Man" 5. Do not pass Go, and
- do not collect \$200 6. 1956 ("The Dorsey Brothers Stage Show")
  7. "Oh, the Places You'll
- Go!" 8. Potatoes and leeks 9. Bedford Falls

10. Processes fear and

emotional responses

Go Figure!										
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# **King** Crossword — **Answers** Solution time: 27 mins.

#### Weekly SUDOKU Answer 6 3 4 1 2 5 7 8 6 9 4 5 6 | 5 | 4 | 2 | 1 | 9 | 7 | 8 | 3 7 3 6 4 8 5 2 1 9 1 4 8 9 2 7 3 5 6 5 9 2 3 6 1 4 7 8 4 1 9 7 5 3 8 6 2 8 6 5 1 4 2 9 3 7 2 7 3 8 9 6 5 4 1