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TIDBITS® IS SEEING RED

by Kathy Wolfe

Cardinal, scarlet, ruby, flame, cranberry or carnelian: No matter how you say it, the color is red! This week, Tidbits looks at what Crayola ranks as America's 12th favorite color.

- The longest wavelength of light discernible by the human eye is red. Longer wavelengths can't be seen and are called infrared. Red light carries the least amount of energy. It's also the highest arc of the rainbow.

- Early red dye was a very expensive commodity. It came from the female cochineal, a little beetle found in Mexican cacti. When the Spaniards arrived in Mexico in the 16th century, they scraped the beetles off the plants and dried them, then shipped them to Europe. About one million beetles were required to produce a pound of water-soluble extract.

- Symbolism associated with the color red is full of opposites. We think of it as the color of love — red roses, Valentine's Day and Cupid — but it is also the color of danger, hate and the devil. Red can be used as a symbol of guilt, sin and anger, as in the Biblical statement, "Though your sins be as scarlet, they shall be white as snow." Nathaniel Hawthorne's 1850 novel "The Scarlet Letter" tells the story of a woman in sin forced to sew a red letter "A" onto her clothing.

turn the page for more!

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- 1. TELEVISION:** What was the theme song of "The Mary Tyler Moore Show"?
- 2. MUSIC:** What rock group was featured in the documentary "The Kids Are Alright"?
- 3. MYTHOLOGY:** In Norse mythology, who were the Norns?
- 4. MOVIES:** Actress Shirley MacLaine played a nun in which movie?
- 5. CARTOONS:** What were the names of Daisy Duck's nieces?
- 6. MEDICINE:** Who discovered that yellow fever was transmitted by mosquitoes?
- 7. LITERATURE:** What was the first novel written by Raymond Chandler?
- 8. AD SLOGANS:** What company advised motorists to "trust your car to the star"?
- 9. ANATOMY:** What is a human being's normal body temperature in Celsius?
- 10. GEOGRAPHY:** The tiny principality of Andorra borders which two European countries?



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- Studies have shown that you spend more and make worse decisions when grocery shopping at peak hours. To be a saver on the family food bill, pick a time to shop when you're not rushed, have a list, know the sales ahead of time and eat before you go.
- I used to struggle with plastic wrap every time I tried to use it. But now it's a breeze since I learned to do these two things: One, keep plastic wrap in the freezer. It unrolls evenly, not one side or the other. Two, use a serrated knife to cut it instead of relying on the metal strip down the side of the box. You lay it out on the counter, and just run the knife down the edge you want to cut. Works like magic, and it's no longer frustrating. -- G.S. in Georgia
- Store an apple or two with your potatoes to keep them from sprouting. Be sure to check them often.
- Cut cotton pads in half to double your supply. They typically are big enough for two uses, and you can always use two halves if you need a whole.
- "Make a creme lipstick last longer and stay cleaner by using a makeup brush to apply it. Your skin picks up more of the lipstick than necessary, one reason why we blot our lips afterward. But the brush uses only what you need. And there's less bacteria transfer." -- Y.R. in Massachusetts
- File this one under safety AND energy smarts: Clean the dryer vent after every load. Clean the dryer vent screen monthly with a gentle soap and water bath. Rinse well and dry thoroughly before inserting back into your dryer.

Send your tips to Now Here's a Tip, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or e-mail JoAnn at heresatip@yahoo.com.

SEEING RED (continued)

- According to psychological research, people of both genders find those of the opposite sex more attractive if they're wearing red. Men wearing red appear more powerful to women, as well as higher in status and more likely to succeed. In a University of Rochester study, men were shown identical photos of the same woman. In one, she's in a blue dress, and in the other, the dress is digitally altered to red. Consistently, men chose the photo of her in the red dress as more attractive.
- Other research indicates that red can keep us from doing our best on important tests. During experiments, those who saw a flash of red before the test were impaired in their performance, perhaps because they associated the color with mistakes and failures, as errors have been traditionally marked in red on school papers. Studies also show that red elicits the strongest reaction of all colors and can actually stimulate energy and increase blood pressure, respiration, heartbeat and pulse rate.
- Most Americans have probably seen the U.S. flag countless times without knowing what its colors mean. The red stripes symbolize "courage, hardiness and blood shed from the brave men and women who fought for America," while the white stripes stand for purity and equality. The blue field represents justice, perseverance and vigilance.
- Before the days of synthetic dyes, the shade of red known as crimson was produced by using the dried bodies of the kermes insect. This bug is found in the Kermes oak tree, which grows in Mediterranean countries. Crimson is not only the official color of Harvard University's athletic team, it is also the name of the team itself. Likewise, the University of Alabama's 19 varsity sports teams adopted the name Crimson Tide in the early 20th century.

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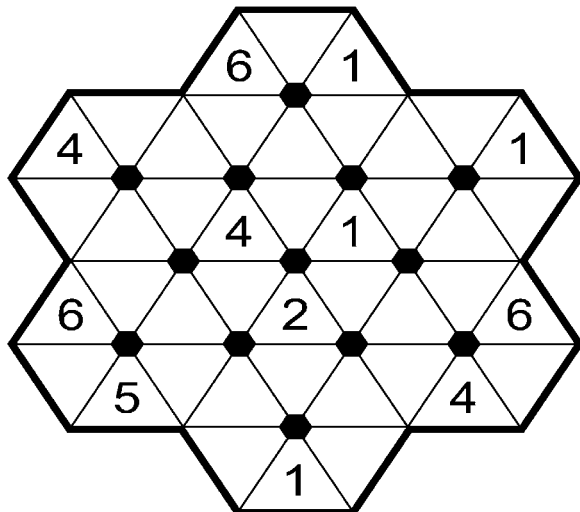


Q: I have 10 red socks and 10 blue socks in a drawer. How many socks must I take out to ensure that I have at least one matching pair? Or how many to ensure I have at least a pair of red and a pair of blue?

A: Three for one pair and 12 to ensure one pair of each color

SNOWFLAKES
by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆
 ◆ Easy ◆◆ Medium ◆◆◆ Difficult

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Play Indoor Hopscotch With Carpet Squares

Hop, skip and jump onto your own hopscotch game everyone can play indoors using sample carpet squares. It's a great way to let out energy and get some exercise when the kids are cooped up on a rainy or snowy day. If you live near a carpet store, ask for discarded sample squares, which are usually free of charge. Choose samples that are approximately 10 inches by 12 inches in a variety of fun, playful colors. You'll need at least 10 for a standard game of hopscotch. When you get home, cut rubber shelf liner into 10-inch squares the size of the carpet squares. Glue the shelf-liner pieces onto the backsides of the carpet squares to help keep the squares from slipping and skidding around as the kids jump. Paint the numbers 1 through 10 on the tops of the squares using acrylic or latex paints. When dry, grab some flat stones for markers, and the kids will be ready and eager to play. Or, while the kids are waiting for the paint to dry, they can make their own personalized game markers. Cut out school pictures of each child who is going to play hopscotch, and glue the photos onto one side of a flat frozen-orange-juice lid with smooth sides. When it's time to play, toss it "face up" onto a square. To play, set the squares on the floor in a hopscotch pattern, and hop away! Or invent your own games and encourage your kids to practice their numbers while they play. Join in with the kids and enjoy one of the oldest and simplest children's games around. Like playing jacks, you might quickly remember that you were either good at it and loved to play ... or not! When the game is over, pick up the squares of this portable hopscotch and stack them neatly in a cupboard or closet until another indoor play day. Alternative idea: Instead of a portable hopscotch, tape the squares together on the backside in the formation you choose using duct tape.

Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit www.donnasday.com and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families."

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Fashion designer Bill Blass

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The Happy Paper For Happy Valley



- 1** The top two home-run hitters for the decade of the 1950s were both Dodgers (Duke Snider, 326 homers; Gil Hodges, 310). Who was No. 3 in the decade?
- 2** In 2010, Texas' Nelson Cruz and Ian Kinsler became the second set of teammates to each hit three home runs in a playoff series of five or fewer games. Who was the first?
- 3** Which team holds the NFL record for most rushing TDs in a season?
- 4** In 2011, Illinois' Demetri McCamey became the second player in Big Ten men's basketball history to have at least 1,600 points and 700 assists for a career. Who was the first?
- 5** Pittsburgh's Jaromir Jagr won the NHL scoring title four consecutive years (1998-2001). How many different players have won it since?
- 6** Kenya's Patrick Makau set the world record in the marathon in 2011 with a time of 2:03:38 in Berlin. From what country was the previous record holder?
- 7** In 2011, Tom Lewis tied an amateur record by shooting a 65 in a men's golf major (British Open). At which major have three amateur golfers shot a 65?

By Chris Richcreek

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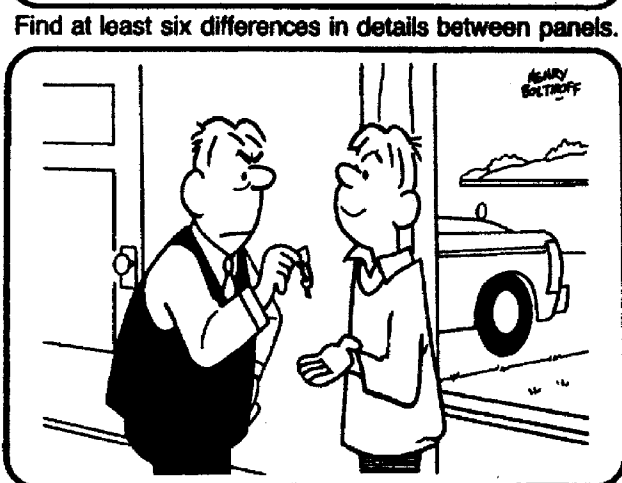
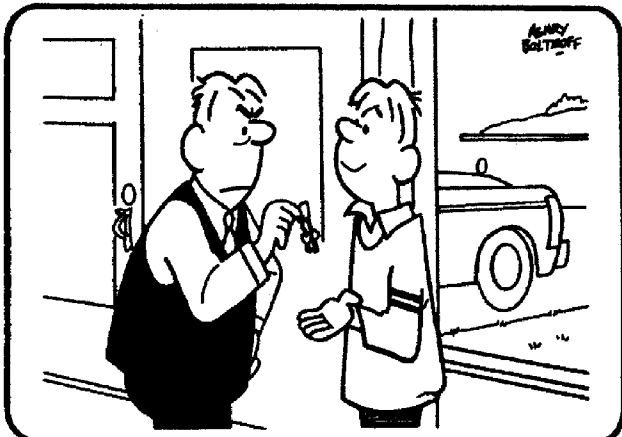
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Tire is black. 2. Shrubs have been added. 3. Sweater has no stripes. 4. One key is missing. 5. Doorknob is different. 6. Wall is bare.

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SEEING RED (continued)

A poem entitled "Warning" inspired the formation of The Red Hat society, a social group founded for the purpose of "fun, friendship, freedom, fulfillment and fitness" for women over 50. The lines "When I am an old woman I shall wear purple, with a red hat that doesn't go and doesn't suit me" gave the original group of 18 their signature hat idea. Within seven years, there were 40,000 chapters of the group worldwide. The Society has an online store, a magazine and more than 70,000 registered members who believe "silliness is the comedy relief of life." The first red hat, which had been a birthday gift to one of the charter members, has been donated to the Smithsonian Museum of American History.

An abundant amount of iron oxide on the surface of Mars gives the planet its red color, hence its nickname, the Red Planet. The fourth planet from the sun, Mars is the only planet whose surface can be seen in detail from Earth.

In China, red is the symbol of good luck and fortune, and a bride traditionally wears red and walks down a red carpet to her groom, who lifts her red veil. When the couple's children are born, well-wishers gift them with red eggs. During Chinese New Year, homes are decorated with red, red clothing is worn, and unmarried children are given red envelopes filled with "luck money." Feng shui is an ancient Chinese method of organizing our spaces to achieve balance, harmony and good fortune. Devotees of feng shui recommend painting your home's front door red to invite prosperity.

Surveys reveal that those who drive red cars have dynamic personalities, are high-energy, speedy and sexy.

Bees can see all bright colors except red. Consequently, red flowers are usually pollinated by butterflies, birds and wind.

Your blood is red because it contains the protein chemical known as hemoglobin. Bright red in color, hemoglobin contains iron, which makes it a superb medium for transporting the oxygen and carbon dioxide essential for the body's functions.

continued on next page



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Q: What is black when you buy it, red when you use it and gray when you throw it away?

A: Charcoal

Strange BUT TRUE

- It was American author James Thurber who made the following sage observation: "Humor is emotional chaos remembered in tranquility."
- If you're a fan of the original "Wizard of Oz" movie, you might be surprised to learn that the actress who played Glinda the Good Witch, Billie Burke, was 54 years old when the film was shot.
- The award for the most needless war in history could very well go to Paraguay, whose president, Francisco Solano Lopez, believed himself to be an excellent tactician. He was a great admirer of Napoleon Bonaparte and wished to emulate the French emperor, but he had no wars to fight. To remedy the situation, in 1864 Lopez declared war on all three of his neighboring countries,

Uruguay, Argentina and Brazil. His tactical abilities seem to have been of little use, however; it is estimated that 90 percent of Paraguay's male population was killed during the course of the war.

During this time of election madness, "misology" could be a useful word to know. It means "hatred of reason."

French novelist Marcel Proust's magnum opus, "Remembrance of Things Past," has been hailed as a literary masterpiece, but not everyone was a fan at first read. As Proust was trying, unsuccessfully, to find a publisher for his seven-volume work, one publisher said, "I may be dense, but I fail to see why a chap needs 30 pages to describe how he tosses and turns in bed before falling asleep." The author finally published the first volume with his own money; after the book was hailed as a masterpiece by critics, the same publishers who had rejected Proust competed for the opportunity to print the other six volumes of his work.

Thought for the Day: "Before I got married I had six theories about bringing up children; now I have six children and no theories." -- John Wilmot

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SEEING RED (continued)

The word red has found its way into many terms and phrases in the English language. When you're really angry, you're seeing red. And lots of things can cause you to see red: going through a lot of red tape (having to endure excessive paperwork or requirements to complete a process), or having your checkbook in the red, meaning it is below balance. Taking the red eye? You're on an overnight flight. There's not much recourse if you've been caught red-handed, because you're clearly guilty. That might cause you to become red in the face or extremely embarrassed. Has someone given you poor advice? Guidance with no value isn't worth a red cent. Now and then, we've all received the red carpet treatment, when we've been made to feel special, and we've all had red-letter days, which were important, memorable or joyful. After such days, many folks like to paint the town red, meaning they go out to celebrate!

Restaurateur Bill Darden's first restaurant wasn't a Red Lobster, but rather The Green Frog, when he was just 19. His first Red Lobster came along in 1968, opening in Lakeland, Florida. The chain now operates close to 700 locations throughout North America, with average annual sales per restaurant of \$3.9 million.

TIDBITS' FAMOUS LANDMARKS: EIFFEL TOWER

The national symbol of France welcomes nearly seven million visitors every year. Follow along and learn more about the Eiffel Tower, one of the most recognizable structures in the world.

Paris was chosen as the site of the 1889 World's Fair to mark the 100th celebration of the French Revolution. The city solicited ideas for a unique entranceway to the area. Gustave Eiffel's company submitted the winning design, although it was Eiffel's employee Morris Koechlin who actually designed the Tower.

Ground was broken in January of 1887, and over the next two years, two months and five days, 300 workers on wood scaffolding assembled more than 18,000 pieces of iron, holding them together with 2.5 million rivets to form the open-framed structure. Gustave Eiffel was adamant about safety precautions, and as a result, only one worker died during the construction.

continued on next page

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	x		-		22
+		-		÷	
	+		+		14
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4		14		15	

DIFFICULTY: ★★
★ Moderate ★★ Difficult
★★★ GO FIGURE!

1 3 4 5 6 7 8 9

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Weekly SUDOKU
by Linda Thistle

		4			5	1		3
	8			1				5
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★
★ Moderate ★★ Challenging
★★★ HOO BOY!

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THIS WEEK'S CELEBRITY BIRTHDAYS
 Jeff Daniels 2/19/55
 Rihanna 2/20/88
 Jennifer Love Hewitt 2/21/79
 Drew Barrymore 2/22/75
 Dakota Fanning 2/23/94
 Steve Jobs 2/24/55
 Sean Astin 2/25/71
TIDBITS

Holidays & Observances This Week
 2/19 Edison patents the phonograph, 1878
 2/20 Presidents' Day
 2/21 Fat Tuesday
 2/22 Ash Wednesday
 2/23 Iwo Jima Day
 2/24 National Chili Day
 2/25 U.S.' first gas tax, 1919, 1 cent per gallon

Good Housekeeping
Macaroni and Cheese on the Light Side
 Our pasta recipe is amazingly creamy, and it sneaks vegetables into the kids' dinner without a lot of fuss.
 1 package (16 ounces) cavatelli pasta
 2 tablespoons margarine or butter
 3 tablespoons all-purpose flour
 1/4 teaspoon ground black pepper
 Pinch ground nutmeg
 3 1/2 cups low-fat (1 percent) milk
 6 ounces (1 1/2 cups) reduced-fat sharp cheddar cheese, shredded
 1/3 cup grated Parmesan cheese
 1 package (10 ounces) frozen mixed vegetables
 1. Heat large saucepot of salted water to boiling over high heat; add pasta and cook as label directs.

2. Meanwhile, in 3-quart saucepan, melt margarine over medium heat. With wire whisk, stir in flour, pepper, nutmeg and 1/2 teaspoon salt; cook 1 minute, stirring constantly. Gradually whisk in milk and, stirring constantly, cook over medium-high heat until sauce boils and thickens slightly. Boil 1 minute, stirring.
 3. Remove saucepan from heat; stir in cheeses just until melted. Following manufacturer's directions, use immersion blender to blend mixture in saucepan until smooth. (Or, in blender at low speed, with center part of cover removed to allow steam to escape, blend sauce mixture in small batches until smooth. Pour sauce into bowl after each batch.)
 4. Place frozen vegetables in colander; drain pasta over vegetables. Return pasta mixture to saucepot; stir in cheese sauce. Serves 8.
 • Each serving: About 340 calories, 11g total fat (4g saturated), 32mg cholesterol, 585mg sodium, 43g total carbs, 2g dietary fiber, 18g protein.
 For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/recipefinder/.

EIFFEL TOWER (continued)

- At the time of its completion, the Tower was, at 986 feet (300.5 m), the tallest structure in the world, surpassing the previous record-holder, the Washington Monument. For 41 years, the Eiffel Tower kept that title. But in 1930, New York City's Chrysler Building exceeded the Tower's height.
- Gustave Eiffel engraved the names of 72 notable French scientists and engineers on the side of the tower in 23.6-inch-high (60-cm) letters, just under the first platform; there are 18 names on each side.
- Nicknamed La dame de fer, or the iron lady, the Tower was finished at a cost of about \$1.5 million, which translates to about \$58 million in today's dollars. By the end of its first year, the Tower had recouped about 75 percent of its initial cost.
- The Tower was not well-received by Parisians and was frequently referred to as the "eyesore." The structure's building permit allowed it to stand for 20 years, after which it was to be dismantled. However, in 1898, it was determined that the Tower was valuable as a radio tower, and it was saved from demolition.
- There are 347 steps to the first level of the Tower where visitors can dine at the fine restaurant Le 58 tour Eiffel. Another 674 steps bring climbers to the second level, location of the swanky restaurant Le Jules Verne. If climbing to the top of the Eiffel Tower is on your bucket list, this is one item that you can't check off. Tourists can only climb as far as the second level, with access to the summit by elevator only. At the top, on a clear day, visitors can see 42 miles in every direction.
- In order to protect the Tower from oxidation, its iron surfaces are repainted about every seven years, 18 times since its 1889 opening day. All the painting is done by hand by 25 painters over an 18-month period. About 50 tons of paint are used, along with 1,500 brushes, 5,000 sanding disks and 1,000 scrapers. The Tower's color has changed occasionally over the years, starting with red-brown, progressing to yellow-ocher and chestnut brown, and finally ending up with its current bronze color.
- About seven million people visit the Eiffel Tower each year, making it the most visited paid monument in the world. Since its opening, it has welcomed 250 million people from every corner of the world.

continued on next page

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Q: I have posters that are souvenirs from two political conventions, the 1988 Democratic Convention in Atlanta and the 1988 Republican Convention in New Orleans. Each poster has a paragraph that states they were printed on recycled paper gathered from the convention floor. They are commemorative prints, and I wonder if they have any value. -- Virginia, New Port Richey, Fla.

A: I spoke to several serious collectors of political memorabilia, and they seem to agree that your posters are worth about \$20 each. A good general reference is "Warman's Political Collectibles: Identification and Price Guide" by Dr. Enoch L. Nappen (Krause, \$24.99).

Q: I am trying to find some information about two bronze plates that I have. Both are stamped "The Henry Bonnard Bronze Company, NY" and they depict what seem to be a war victory and a celestial scene. I'd like to contact someone who can give me information regarding their significance and estimated value. -- Barry, via email

A: Henry Bonnard and his factory produced important medal castings during the late 19th and early 20th centuries. For example, the foundry was commissioned to do decorative work at the Pennsylvania capitol. One of the most notable workers at the foundry was Frederic Remington, whose casts from the company are highly valuable and collectible.

MIR Appraisal Services can help you determine a value for your bronze plates. You should expect to pay for this service. The contact information is 307 North Michigan Ave., Suite 308, Chicago, IL 60601; appraisers@MIRgallery.com; and 312-814-8510.

Q: I have a working Webcor tape recorder with two large spools for rewinding the tape. Is there any value to this item? -- Bill, Amherst, N.H.

A: Without knowing the model number, it is a little difficult to give you an exact answer, but let me provide you with my best guess. I checked with several shops that specialize in vintage electronic equipment, and I found a Webcor that I think might be similar to the one you have -- a 1952 Webcor two-track, two-speed reel-to-reel model with four heads and tube amp. It is in working order and priced at \$50, which I think accurately reflects the current market.



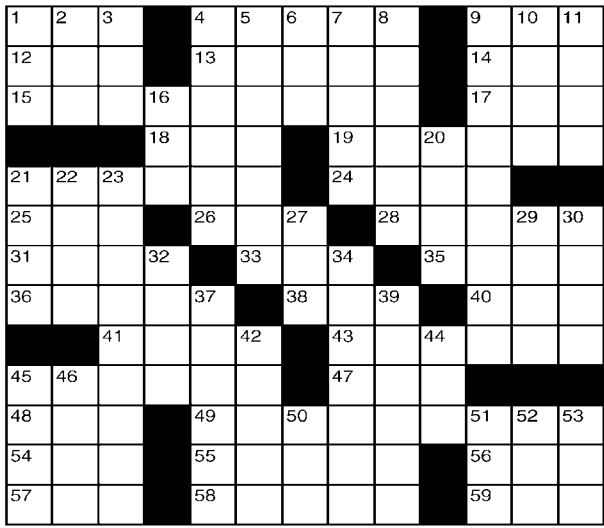
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King Crossword

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ACROSS

- 1 Bar bill
- 4 Perspire
- 9 Use a crowbar
- 12 Knight's address
- 13 Actress Berry
- 14 Fish eggs
- 15 Alternative to a jail term
- 17 Eggs
- 18 Rhyming tribute
- 19 Vacuum brand
- 21 Salt companion
- 24 Opposed to "— Town"
- 26 Congeal
- 28 Cord fiber
- 31 Cattle drive tool
- 33 Pooch
- 35 Location
- 36 Couches
- 38 Sphere
- 40 End for ball or bass
- 41 Western state
- 43 Basketball's Mr. Mourning
- 45 PBS "Street"
- 47 Extinct bird
- 48 Spoon-bender
- 49 Geller
- 49 Raise accompani-



- 2 ment, often
- 3 Id counter part
- 5 Bounded along
- 6 That girl
- 7 Boxing promoter
- 8 Contest
- 9 submission
- 10 Cut the grass
- 11 Irrigated
- 12 Inventor Whitney
- 13 Hawaiian greeting
- 14 Mortises' mates
- 15 Conditional stipulation
- 16 Wander
- 17 365 days
- 18 Jazz style
- 19 Elevator name
- 20 Bursts
- 21 Modern-day money
- 22 Lavish supply
- 23 Also
- 24 The gamut
- 25 Letterman rival
- 26 Information
- 27 "Frasier" star
- 28 Kelsey
- 29 Taste
- 30 Sanguinary
- 31 Egret's cousin
- 32 Cheerios ingredient
- 33 Took to court
- 34 Therefore
- 35 Choose
- 36 Doctrine
- 37 Discoverer's call
- 38 Fresh

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top ten

2011 Concert tours*

1. U2
2. Bon Jovi
3. Take That
4. Roger Waters
5. Taylor Swift
6. Kenny Chesney
7. Usher
8. Lady Gaga
9. Andre Rieu
10. Sade

* gross earnings
Source:
Billboard Boxscore

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NUGGET OF KNOWLEDGE

Red foods that come from plants, such as strawberries, cherries, tomatoes and peppers, get their red color from carotenoids, red pigments that assist in photosynthesis. Red meat gets its color from the iron found in myoglobin and hemoglobin in the animal's muscles and blood.



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To Your Good Health
By Paul G. Donohue, M.D.

Louse Invasion Drives Mom Buggy

DEAR DR. DONOHUE: I am going buggy -- literally. My 5-year-old kindergartener has head lice. I discovered them because he started scratching his head. It makes me sick to my stomach to think about this. I can't imagine where he picked them up. Is the entire family destined to come down with them? I have four other children, two dogs and a husband. Help. -- B.C.

ANSWER: Head lice cause mothers more consternation than just about any other illness. For the record, head lice don't transmit any illnesses. They do cause itching and scratching. They're not a reflection of your cleanliness. Most likely your child picked them up at school from head-to-head contact or from sharing caps, brushes or combs. The head louse is only 3 mm (0.12 inches) long. They're difficult to see. The female louse lays her eggs at the base of the hair and glues them to the hair. The eggs are called nits. They hatch in about eight days. Nits found within a quarter of an inch from the scalp indicate active infection. If they are farther away, the infection is not likely to be active.

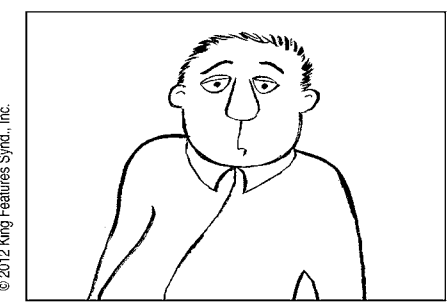
Treatments for head lice are many and usually quite effective. Advisory bodies promote permethrin (Nix) as the treatment of choice. It calls for reapplication in one week to 10 days. Malathion lotion (Ovide) is another reliable cure. Benzyl alcohol (Ulesfia Lotion 5 percent) is another good treatment that is applied to dry hair and then rinsed off. Natroba (spinosad) Topical Solution was approved recently as a head lice treatment. Both these latter two medicines need a prescription. You have many choices. Some of these treatments include combing the wet hair with a fine-toothed comb to get rid of nits. You do not have to treat other family members if they show no signs of infection. Pets are safe; human head lice don't like them. The only household cleaning necessary is vacuuming chairs and carpets where your 5-year-old has been. Clothes he has worn in the past two days need to be washed in hot water and dried with maximum heat. Lice that are off the head live for only two days.

DEAR DR. DONOHUE: Some time ago, you wrote about a shrunken leg that was shaped like some kind of bottle. It has the word "teeth" in it. I have a dropped foot. My doctor doesn't know what I am talking about but would like to see the article. Will you repeat it? -- I.D.

ANSWER: The "teeth" in what I wrote referred to Dr. Tooth, an English doctor whose name is part of a nerve illness called Charcot (SHAR-coe)-Marie-Tooth disease. In spite of the fact that the name draws a look of puzzlement from most people, it's the most commonly inherited nerve-muscle disorder. The illness usually shows itself in teen years, but it can take many years before it's diagnosed. The lower leg muscles become quite thin, so the leg looks like an upside-down champagne bottle. It makes walking difficult. People stumble. Often, they cannot lift the foot fully off the ground -- a dropped foot. A number of different varieties of this illness exist. I've described the most common one.

The Spats

by Jeff Pickering



"You spend the early years buying stuff and the rest of the years _____ it."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

- Excel **PARSUSS** [] []
- Munch **LIBBEN** [] []
- Hold **SPARG** [] []
- Absorb **DIGETS** [] []

TODAY'S WORD

KIDBITS

Riddle Card

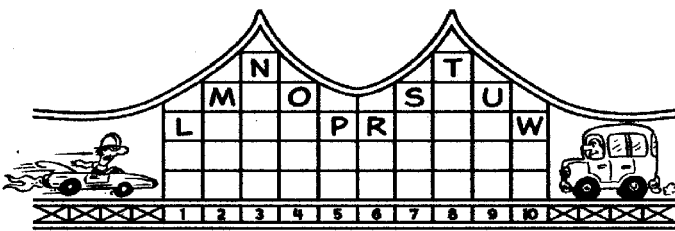
1. Why does a baby pig eat so much?
2. What nation produces the most marriages?
3. When is a pig like ink?
4. What do we often catch yet never see?
5. Why is a lawyer like a crow?



Answers: 1. To make a hog of himself. 2. Fascination. 3. When you put it in a pen. 4. A passing remark. 5. Because he likes to have his cause (caws) heard.

Junior Whirl
by Charles Barry Townsend

A WORD BRIDGE



Illustrated by David Coulson

The bridge above contains 10 supporting words. We give you the first letter of each, plus plenty of hints.

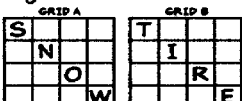
1. A garland of flowers.
2. A tailless cat.
3. Sound of a horse.
4. To flow out slowly.
5. A type of nose shape.
6. Slang for marvelous.
7. A fortuneteller.
8. A female domestic cat.
9. Native American people.
10. A trap.

Answers: 1. Lei. 2. Manx. 3. Neigh. 4. Ooze. 5. Puff. 6. Rad. 7. Seer. 8. Tabby. 9. Utes. 10. Web.

DON'T GET SNOWED! To solve this problem, replace the letters in the AlphaMath problem pictured with the digits 1 through 9, so that you have a correct addition problem. The same letters get the same digits. See if you can get a higher total than we did.

GET A GRIP ON THIS PUZZLE! Pictured below are two puzzle grids for you to fill in. Hints are given for each word. The words in grid A contain the same letters as the corresponding words in grid B.

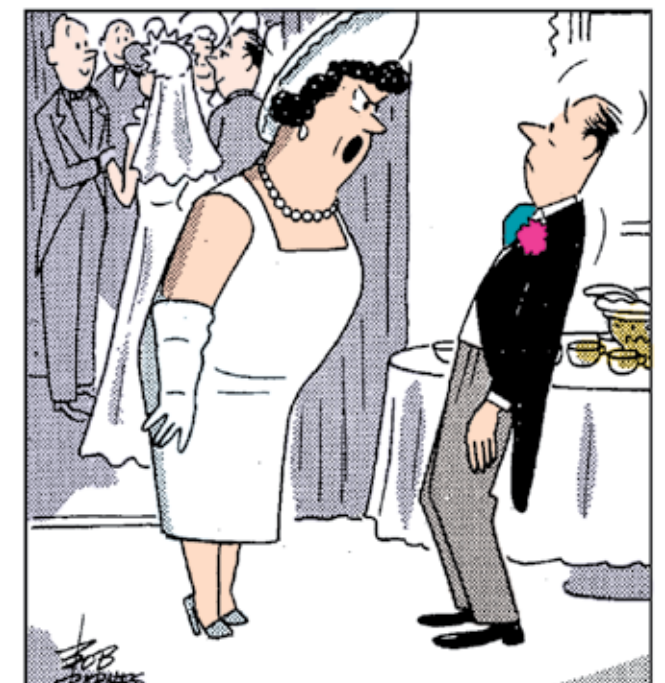
1. Like a chair.
2. A state of irritation.
3. Faster than a walk.
4. To start again.



1. Afternoon refreshments.
2. Containers.
3. A legal term.
4. Decrease in size.

Answers: 1. Seat-leas. 2. Silt-ins. 3. Tric-ton. 4. Answ-wane.

LAFF-A-DAY



"I certainly am NOT a friend of the groom, young man! I happen to be the bride's mother!"

THE SHIRT ON YOUR BACK

“Keep your shirt on” as you read these interesting bits of information about this essential item.

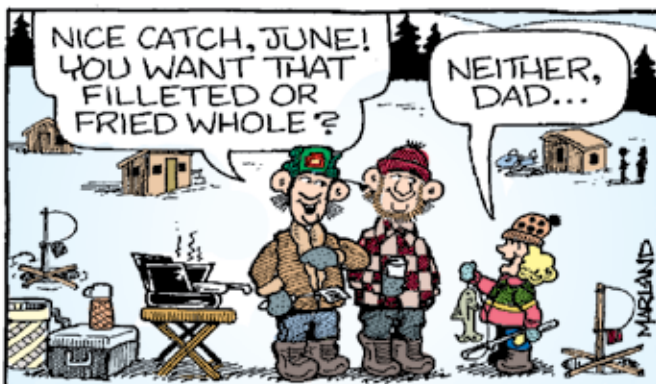
- The ever-popular Hawaiian shirt was first marketed as the “Aloha” shirt in the early 1930s. Chinese merchant Ellery Chun was living in Waikiki and began sewing the colorful shirts out of old kimono fabrics in the back room of the dry goods store where he worked. Surfers and tourists snapped up the shirts as fast as Chun could produce them. Their popularity spread to the mainland when military personnel returned home after World War II. President Harry Truman wore them on a regular basis and appeared on the cover of Life magazine wearing one.

- Although the first college football game was played in 1869, players didn’t start wearing team jerseys until 1877. Because there were no distinct uniforms, it was becoming more difficult to tell the difference between the two teams. Princeton University was the first team to don a specialized jersey, a black cotton sweater with an orange “P” worn under a laced canvas jacket. The jacket was designed by a player, L. P. Smock, which led to the term used today for a loosely fitted garment. Football jerseys didn’t feature numbers until 1916, when the NCAA instigated rules requiring one on the back, and it wasn’t until 1937 that numbers on both front and back became regulation.

- The word “T-shirt” didn’t appear in the English dictionary until the 1920s, and, at that time, was solely used to refer to underwear. Its origin dates to World War I when American troops were clad in wool uniforms during Europe’s hot summers. They saw European soldiers wearing lightweight cotton undershirts, and it wasn’t long before the Army and Navy had them as part of their uniforms.

continued on next page

R.F.D.



by Mike Marland

TIDBITS
WORD POWER
 Unscramble this word:
INERCLANA
 This word means: name for the color of red used on Campbell’s soup labels

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California Simmered Beans

by JoAnna M. Lund

We’ve all heard that we should eat more vegetables, but more often than not, those eating at our tables don’t want to. Well, put this on the menu and see if all those veggie haters don’t turn into veggie lovers with the very first bite!

- 1/2 cup chopped onion
- 1 (10 3/4-ounce) can reduced-fat tomato soup
- 1/2 teaspoon dried basil
- 1/2 teaspoon dried rosemary
- 1/8 teaspoon black pepper
- 2 (16-ounce) cans cut green beans, rinsed and drained

In a large skillet sprayed with butter-flavored cooking spray, saute onion for 5 minutes. Stir in tomato soup, basil, rosemary and black pepper. Add green beans. Mix well to combine. Lower heat and simmer for 6 to 8 minutes or until mixture is heated through, stirring often. Makes 6 (1/2 cup) servings.

- Each serving equals: 52 calories, 0g fat, 2g protein, 11g carb., 155mg sodium, 2g fiber; Diabetic Exchanges: 2 Vegetable.



Dachshund’s Odd Behavior

By Samantha Mazzotta

DEAR PAW’S CORNER: When we give my miniature Dachshund, “Peg,” a chew treat, she takes it and walks all over the house crying. She will stop and “bury” it in different places, under a blanket or behind things, then pull it right back out and continue the process again and again for a while before she finally settles down and begins chewing it. We were wondering what is going on in her head that results in this behavior. — Curious Doxie Mom

DEAR DOXY MOM: Peg’s behavior has all the earmarks of instinctive behaviors applied to a specific item (the chew treat). Dachshunds are notorious diggers --it’s part of what they were originally bred for, as working dogs that would root out vermin like moles. So it’s not too surprising that she does this with her chew toys. The crying seems like a way of announcing possession, like “hey, this is mine, I got it, check it out!” rather than distress.

If the behavior happens only at treat time and doesn’t bother you or harm the furniture, it’s up to you whether to let it continue. However, it sounds like Peg needs more stimulation in her life.

Try playing games where you “bury” a toy (cover it with a pillow, say) and have her find it. You can even go so far as to build a sandbox out back where she can bury and dig up toys during play times, under your supervision. Don’t let her dig in other parts of the yard, though; if she starts that up, distract her and give her something else to do (like teaching basic obedience commands) or bring her back to the sandbox to dig.

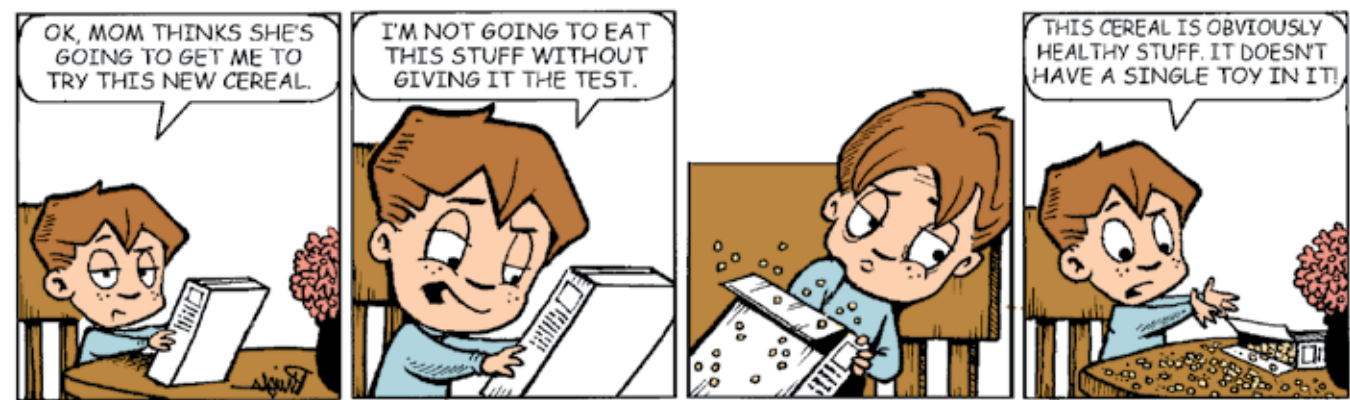
Send your questions or tips to ask@pawscorner.com, or write to Paw’s Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. For more pet care-related advice and information, visit www.pawscorner.com.

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Amber Waves

by Dave T. Phipps



Homeless Women Vets Often Shortchanged

The number of homeless women veterans doubled between 2006 and 2010. By now there’s no telling how high that number is. With the increased number of female veterans having served in the Gulf War, the numbers can’t help but rise dramatically. A recent General Accounting Office study on homeless female veterans found that:

- Two-thirds of the women were between 40 and 59 years of age.
- One-third had disabilities.
- Many of them were raising minor children.

Per the GAO, the big reason there isn’t enough help for these female veterans is that the information isn’t out there: “HUD collects data on homeless women and on homeless veterans, but does not collect detailed information on homeless women veterans. Neither the VA nor HUD collect data on the total number of homeless

women veterans.” Therefore, even though the Department of Veterans Affairs plans to end veteran homelessness by 2015, it’s not on track to deal with homeless female veterans because it doesn’t know the extent of the problem. To compound matters, female veterans often aren’t aware of the services available to them, and even if they are, those in place to help them aren’t always aware of the services they are to provide. A quarter of homeless-shelter coordinators didn’t even know there are programs in place for female veterans. It’s no wonder that many women are waiting so long for shelter: up to four months. There are additional complications. Even if the women veterans are accepted into a shelter program, more than half don’t take children, or they limit the number of children. Or there can be safety issues. Our women veterans deserve better. To read the whole report, go to www.gao.gov and put Homeless Women Veterans in the search box. Look for GAO-12-182 dated Dec. 23, 2011.

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or send e-mail to columnreply@gmail.com.

Moments in time
 THE HISTORY CHANNEL

- On Feb. 24, 1786, Wilhelm Karl Grimm, the younger of the two Brothers Grimm, is born in Hanau, Germany. The brothers’ collection of oral folktales include “Hansel and Gretel,” “Snow White,” “Little Red Riding Hood,” “Sleeping Beauty” and “Rapunzel.”
- On Feb. 25, 1890, Vlacheslav Skryabin, foreign minister for the Soviet Union who took the revolutionary name Molotov, is born in Kurkaka, Russia. Molotov advocated the use of throwing bottles filled with flammable liquid and stuffed with a lit rag at the enemy, and the famous “Molotov cocktail” was born.
- On Feb. 26, 1903, Alexander Winton, driving his Winton Bullet, sets the first speed record ever achieved at Daytona Beach, Fla. Built in 1902, the “Bullet Number 1” drove a measured mile at more than 65 mph.
- On Feb. 23, 1945, during the battle for Iwo Jima, U.S. Marines raise the American flag atop Mt. Suribachi, an event captured on film by AP photographer Joe Rosenthal. Although the photograph has long led people to believe that the flag raising was a turning point in the battle, fighting continued for 31 more days.
- On Feb. 22, 1950, Walt Disney’s animated feature “Cinderella” opens. Based on a fairy tale by the Brothers Grimm, “Cinderella” featured songs like “A Dream Is a Wish Your Heart Makes” and became one of Disney’s most beloved films.
- On Feb. 20, 1986, France and Britain announce that a tunnel under the English Channel linking the two countries would soon become a reality. Trains, cars and buses would be able to speed through the tunnel in less than half an hour. Construction began in December 1987, and the “chunnel” was finally completed in 1994.
- On Feb. 21, 1994, CIA operative Aldrich Ames is arrested for selling secrets to the Soviet Union. At least 10 men were killed after Ames revealed their identities, and more were sent to Russian gulags. Both Ames and his wife were later convicted. Ames was sentenced to life in prison while his wife, as part of a plea-bargain agreement, was given a five-year sentence.

SHIRTS (continued)

• They were named T-shirts because of the outline of the garment's shape. They moved from underwear to fashion in the 1950s when James Dean appeared in "Rebel Without a Cause" wearing a T-shirt, and Marlon Brando wore one in "A Streetcar Named Desire." Almost overnight, it became cool to wear underwear as a fashion statement.

• Tie-dyed T-shirts became a craze in the 1960s, and the introduction of screen-printing provided the opportunity to create shirts bearing artwork, slogans and advertising. Screen-printing uses screens as stencils, with ink directly imprinted onto the fabric. A different screen is required for each color. Today's digital printing is much easier, eliminating the need for separate screens. Much like an ink-jet printer works with your computer, digital printing allows multiple colors to be printed directly onto the shirt.

• The Smithsonian Institute is home to the oldest printed T-shirt, a campaign shirt for New York Governor Thomas Dewey's 1948 presidential bid against Harry Truman.

• The term "blue collar" worker came about from the popularity of the color blue for the durable shirts of manual laborers. Because most office workers were attired in white shirts, that term evolved to identify those who work in office or professional environments. The color distinction has expanded to include a socio-economic class difference. Surveys indicate that when a group of individuals in dress shirts enter an area, a person in a white shirt will be interpreted as the "boss" over those wearing colored shirts.



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CARS WITH MAGIC MAZE NAMES

I M K (N E L L Y B E L L E) I F
G N A B G N A B D B T P E P E
C E Z X W U S Q O S N L B J L
H E N H F D C I A A Y W E V I
R T I E L I B O M S E U L B B
I S Q B R P T T I L L U B N O
S L K I R A H C F E C B M Z M
T T I K B E L E A N O R U Y T
I W V L U S H L R Q P N B M A
N L E J Y T U A E B K C A L B
E M O T A M O T D E P I R T S

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Batmobile	Bumblebee	General Lee	Nellybelle
Black Beauty	Christine	Herbie	Pepe
Bluesmobile	Ecto-1	Kitt	Striped Tomato
Bullitt	Eleanor	Melba Toast	

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Feb. 22, 2012 - Wed
Ribbon Cutting - "H & R Block" 10:00 a.m. 399 S. 100 W.
March 1, 2012 - Thu
Ribbon Cutting - "About Time Technology" 12:00 Noon 58 N. 1100 W.
March 6, 2012 - Tue
Business of the Month/Biz Leads Group - "Payson Market" 16th yr celebration 11:45 a.m. 586 N. Main
Chamber of Commerce: Colin Logue, Publicity, utahavenueinsurance@gmail.com. 801.609.8699 801.609.8699; to join/renew membership with Chamber of Commerce, please contact Carolyn Bowman, 465.2634 paysonchamber@yahoo.com

Pleasant Grove
"Beau Jest"
Performance dates are March 2-19th on Thursday, Friday, Saturday and Monday evenings. There will also be a Saturday matinee on March 17th. Please call Kathryn Little at 801-836-8104 for more information.

Santaquin
Feb. 25th
"Santaquin Chamber of Commerce Installation Banquet" @ 6:00 pm. Everyone is welcome to attend tickets \$18.00 are available at UCCU or Zions Bank on Santaquin Main St. Kevin Eubank from KSL Weather will be our guest speaker.
Apr 7th - Annual Easter Egg Hunt!!! Sponsored by the Santaquin Area Chamber of Commerce and Santaquin City. Santaquin Elementary School @ 9:00am.
Any and All Business are welcome to be a member of the Chamber of Commerce.
Any interested business can contact:
Brad Horrocks @ 801-754-5700
Nick Miller @ 801-471-7980

Santaquin Recreation - Hunter Safety Course
Get certified before the big game draw ends March 1st! Classes will be Feb 14, 15, 21, 22, and 25th. Get you DWR permit (you can get it at Stringhams True Value) and come pay for the class \$5 at our office.
45 W 100 S, Santaquin, UT 84655 · 801.754.5805 santaquin.org
Hours Mon - Fri: 9:00 am - 5:00 pm

Spanish Fork
THE GOOD LIFE EXPO - HOME, HEALTH & HOBBIES @ Sp. Fork Fairgrounds
April 13 & 14, 2012 - The Show will provide exhibits and demonstrations related to home & garden improvement, family health and nutrition products, favorite hobbies & preferred pastimes. There will be something of interest for every guest. EXHIBITORS - You will reach more people in TWO DAYS than you would normally reach in TWO MONTHS. Call Roger @ 801.616.6288 for information.

Springville
Mondays - Monday Family Fun-Flatable night
During Open Public Swim. \$12 per family. *NOTE* Only Coast Guard Approved flotation devices will be allowed in the pool. Location: 1015 E 900 S Price: \$12 per family / \$3.50 adult / \$3 children (ages 3-14)

ANSWERS

SPORTS QUIZ

- The Braves' Eddie Mathews, with 299.
- Lou Gehrig and Babe Ruth did it in 1928.
- The Green Bay Packers had 36 rushing touchdowns in 1962.
- Michigan's Gary Grant (1984-88).
- Nine.
- Ethiopia (Haile Gebrselassie).
- James McHale (1947), Jim Simons ('71) and Nick Taylor (2009) all did it at the U.S. Open.

King Crossword - Answers

Solution time: 21 mins.

T	A	B	S	W	E	A	T	P	R	I
S	I	R	H	A	L	L	E	R	O	E
P	R	O	B	A	T	I	O	N	O	V
O	D	E	H	O	O	V	E	R		
P	E	P	P	E	R	A	N	T	I	
O	U	R	S	E	T	S	I	S	A	L
P	R	O	D	D	O	G	S	I	T	E
S	O	F	A	S	O	R	B	O	O	N
U	T	A	H	A	L	O	N	Z	O	
S	E	S	A	M	E	M	O	A	N	Z
U	R	I	P	R	O	M	O	T	I	O
E	G	O	L	O	P	E	D	S	H	E
D	O	N	E	N	T	R	I	M	O	W

Weekly SUDOKU - Answer

6	9	4	8	2	5	1	7	3
7	8	2	3	1	6	9	4	5
5	3	1	9	7	4	8	6	2
9	2	6	5	3	8	7	1	4
3	1	8	4	9	7	2	5	6
4	5	7	2	6	1	3	8	9
8	4	3	1	5	9	6	2	7
2	6	5	7	8	3	4	9	1
1	7	9	6	4	2	5	3	8

Go Figure! answers

4	x	7	=	6	22
+		-		÷	
8	+	5	+	1	14
÷		x		+	
3	x	7	=	9	12
4		14		15	

Trivia test by Fifi Rodriguez

- "Love Is All Around"
- The Who
- Norse goddesses of fate
- "Two Mules for Sister Sara"
- April, May and June
- Dr. Walter Reed
- "The Big Sleep"
- Texaco
- 37
- Spain and France

WORD POWER ANSWER
CARNELIAN

SCRAMBLERS solution

- Surpass; 2. Nibble;
- Grasp; 4. Digest

Today's Word:
REPAIRING