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August 13, 2012

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Issue 2012-33

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**TIDBITS® UNCOVERS  
A FAVORITE "CHILD"**  
by Blue Sullivan

America is a culture that loves good food. The proliferation of successful cooking shows on TV like "Master Chef" and "Chopped" has given rise to the "celebrity chef." Yet perhaps the most beloved chef since the advent of television isn't on TV anymore. That's Julia Child.

- She was born in 1912 in Pasadena, California. Her father John was a graduate of Princeton and a California real estate investor, and her mother, also named Julia, was a paper-company heiress.
- In her youth, Child attended the elite Katherine Branson School for Girls in San Francisco. She was the tallest student in her class at 6 feet, 2 inches.
- At school, Child was known as a high-spirited girl who loved playing pranks. She was also an accomplished athlete, especially skilled at golf and tennis.
- Child attended Smith College in Northampton, Massachusetts. Her intended career had little to do with cooking. She wanted to be a writer instead.
- "There were some famous women novelists in those days," Child said, "and I intended to be one." Alas, though she wrote often and submitted manuscripts regularly to the New Yorker, none were ever published.

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1. MYTHOLOGY: What creatures are combined to form the mythical creature called a centaur?
2. LANGUAGE: What kind of website is named for the Hawaiian word for "quick"?
3. ETIQUETTE: What is the traditional type of gift given on fifth wedding anniversaries?
4. PERSONALITIES: Who was the prince who married actress Rita Hayworth in 1949?
5. RELIGION: Who is the patron saint of sailors?
6. MUSIC: What does the musical direction "sostenuto" mean?
7. TELEVISION: What is the name of the mayor on "The Simpsons"?
8. INVENTIONS: Who invented the artificial heart?
9. LITERATURE: Who wrote "The Armies of the Night," a nonfiction book about Vietnam protests?
10. ART: Who created the "Vitruvian Man" illustration?

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Now here's a tip!

by Jo Ann Derson

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- When patching cracks in plaster walls, if the crack is large or it's a small hole, stuff it with wadded-up newspaper or steel wool in order to fill the gap. Apply the plaster over the top.
- Recipe substitution: For each cup of brown sugar needed, use 1 cup of white sugar and 2 tablespoons of molasses.
- If your washer oversuds because you accidentally added too much detergent, just add a half-cup of white vinegar to the wash water. It will dampen the extra bubbles. Then make sure to put the load through an additional rinse to eliminate soap residue in your clothes.
- Ever had to deal with early arrivals at your garage sale? If so, you know it can be annoying and disruptive. When advertising your sale, use the block number instead of your house number. It will still be easy to find, but you're less likely to get staked out.
- "It can be hard to find a good contractor or company to provide a service. The best referral resource I've found is friends. Whenever someone I know has work done at their home or purchases an item I might be interested in, I always find out the details of who worked on it or where it was purchased, and whether my friends were satisfied with the outcome. Friends and even acquaintances usually are quite amenable to giving details, especially when they are either very pleased or very displeased with a job." -- R.E. in New York

Send your tips to Now Here's a Tip, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or e-mail JoAnn at heresatip@yahoo.com.

**GO FIGURE!** by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	÷		+		11			
×		×		÷				
	+		+		24			
-		-		+				
	+		×		33			
26		9		4				
2	3	4	5	6	7	8	9	9

DIFFICULTY: ★  
★ Moderate ★★ Difficult  
★★★ GO FIGURE!

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*A Favorite "Child" (continued)*

- After graduating, Child tried her hand at advertising while working for a successful home furnishings company. It didn't last long, as Child was promptly fired for "gross insubordination."
- When World War II broke out, Child volunteered for the Office of Strategic Services (OSS) in Washington, D.C. She performed assignments all over the world, including stays in China and Sri Lanka.
- While in Sri Lanka in 1945, Child began seeing her future husband, Paul, a fellow employee of the OSS. Child and Paul married after the war in September of 1946.
- Paul and Child moved to France in 1948, when Paul was assigned to work at the American Embassy in Paris. It was there that Child's love for cooking came into full bloom. She was quoted as saying, "The whole experience was an opening up of the soul and spirit for me . . . I was hooked, and for life, as it turned out."
- In Paris, Child enrolled in the world-renowned "Le Cordon Bleu" cooking school. After six months of training, she chose to open her own school with two fellow classmates.
- They named the school "L'Ecole de Trois Gourmandes," which translates to "The School of the Three Gourmands."
- Child and the other two founders of the school set out to create a cookbook of French cuisine that might be understood and employed by regular folk.
- The two-volume cookbook was released in 1961, entitled "Mastering the Art of French Cooking." The book was incredibly successful, remaining the bestselling cookbook for over five years.
- The book has since become a favored teaching tool at cooking schools throughout the world. Yet there was a time when it looked like it might never be published at all.
- The writing of the book was a grueling and frustrating 10-year process for Child and her collaborators. She would spend months trying to perfect recipes for just a single ingredient. She wrote to her principal collaborator, Simca Beck, during her frustration: "I've just poached two more eggs and thrown them down the toilet."

*continued on next page*

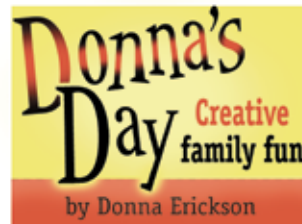
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K I F I D E P O T D C B Z O E  
X W U O T R L S E Q A S O N R  
L J H S F A A D M C R R A Y W  
W V A T S F T Y I Q T A P N L  
K M I H F E C S T E K C I T B

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

- |            |        |         |           |
|------------|--------|---------|-----------|
| Cars       | Load   | Robbery | Timetable |
| Depot      | Master | Set     | Wreck     |
| Dispatcher | Oil    | Station | Yard      |
| Fare       | Ride   | Tickets |           |

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**Creative Outdoor Summer Fun**

Summer is in full bloom, with plenty of time left to get out and play between now and Labor Day. Enjoy your favorite family activities, or try something new on your sand-bucket list. The key is to jump on an idea when the inspiration strikes! As you experience the magic of together time, watch the special memories grow with your children. Here are "creativity on the go" ideas:

**Hike and Hunt**

On your next hike to a familiar destination, such as a waterfall, fishing hole or scenic lookout, see the trek with new eyes and ears by challenging the kids to a surprise nature scavenger hunt. Before you leave, make a list of sights, sounds and smells you recall from previous outings on the trail. Copy the list for each hiker, hand it out at the trail base and let the explorers check off the finds as they discover them.

**Enjoy Picnics at Public Parks**

When you add an "s" to "park," a whole new world of adventure opens for your family and friends. Check out venues in your area online, set dates on your calendar and meet up weekly with your friends and their kids until school starts. Bring a dish to share, or plan a group barbecue around picnic tables and a charcoal grill.

Go to free outdoor art and music fairs and listen to live entertainment as you wander booths and exhibits. At some art shows, observe how artists create new works "live ... in the open air," known in French as "en plein air." Your own pint-size poster-paint artists will be thrilled watching the swish of a brush at an easel.

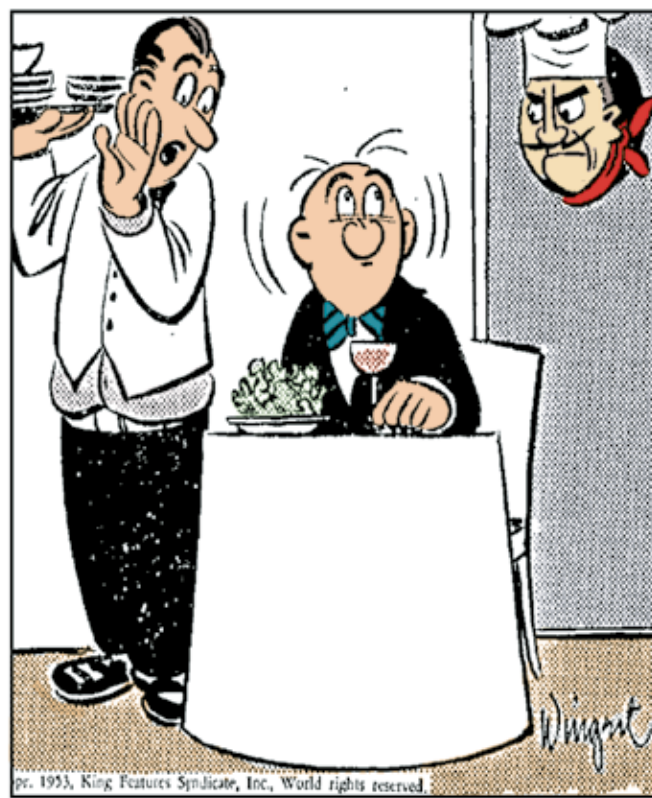
**Lasting Summer Memories**

At the end of summer, produce an impromptu "Video Special." Use smartphones, video recorders or tape recorders to interview family members like guests on a morning talk show. Save the recording, including the bloopers!

Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit [www.donnasday.com](http://www.donnasday.com) and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families."



**HUBERT - - By Dick Wingert**



"The chef's salad is a must, sir."



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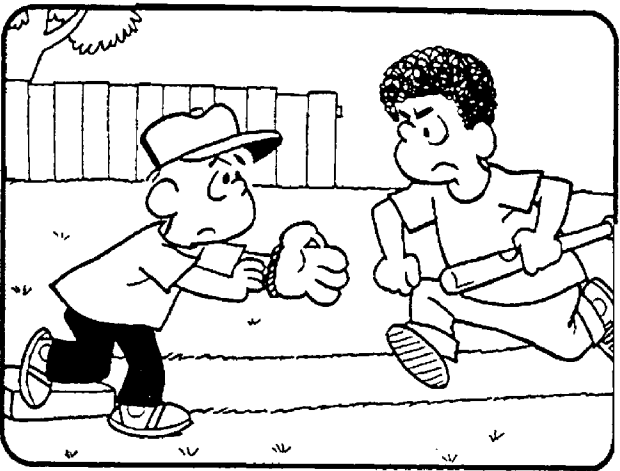
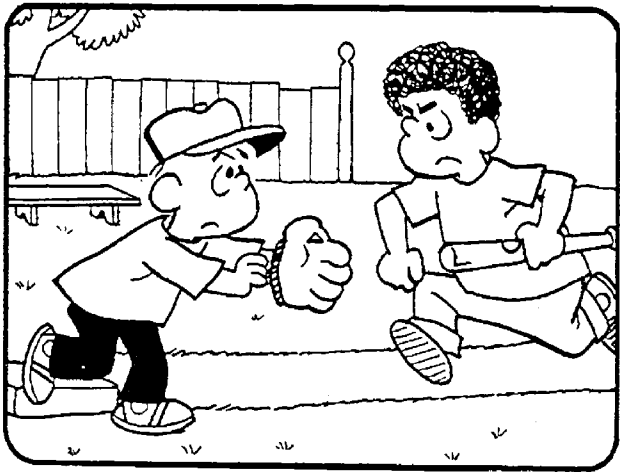


- 1 Who was the last Yankees pitcher to record back-to-back 20-win seasons?
- 2 True or false: Nolan Ryan spent more seasons in the National League, but won more games in the American League.
- 3 When was the last time the University of Minnesota won a Big Ten football championship?
- 4 Steve Nash holds the record for most NBA seasons shooting 50 percent from the field, 90 percent on free throws and 40 percent on 3-pointers. How many seasons?
- 5 In 2012, Brayden Schenn became the second player in Flyers history to tally three points in his first NHL postseason game. Who was the first?
- 6 When was the last time before Brad Keselowski's victory in 2012 that a Dodge won at NASCAR's Talladega Speedway?
- 7 Who holds the record among men's tennis players for most victories at the ATP World Tour Finals?

By Chris Richcreek

**HOCUS-FOCUS**

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Bench is missing. 2. Sleeve is shorter. 3. Glove is different. 4. Post is missing. 5. Neckline is different. 6. Bat is moved.

Drawings by Henry Boltinoff

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*A Favorite "Child" (continued)*

- The initial draft of the book was turned down by the first publisher, as were many subsequent drafts. Only after offering it to a different publisher, Alfred Knopf, was it picked up for publication.
- Child's first television appearance was on a humble Boston public television station in 1962. She cooked an omelet on air. After a surprisingly positive and vocal response, she was invited to do a series. Her initial pay was about \$50 a show.
- Child's show, "The French Chef," grew quickly beyond those humble beginnings. Soon after its initial airings, the show was syndicated to 96 stations. The show was both a commercial and a critical hit. In 1964, Child was presented with the George Foster Peabody Award for her work on the show. Two years later, she was given an Emmy Award as well.
- "The French Chef" was produced and directed by Russ Morash. It ran for 199 episodes between 1963 and 1966.
- "The French Chef" was just one of many shows Child appeared on during her long career. Other programs included "Julia Child and Company," "Julia Child and More Company" and "Dinner at Julia's." She was also a regular guest on "Good Morning, America."
- Child wrote many other cookbooks after her initial success. Among these were "In Julia's Kitchen with Master Chefs," "Baking with Julia," "Julia's Delicious Little Dinners" and "Julia's Casual Dinners." Many of these were accompanied by their own TV specials.
- In addition to inspiring both the book and film, "Julie and Julia," Child's life inspired an exhibit entitled "Julia Child's Kitchen" to be installed at the National Museum of American History.

*continued on next page*

Laugh a bit with **TIPBITS**

Q: What do you get when you cross a snowman with a vampire?

A: Frostbite



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- Jazz musician Glenn Miller was the recipient of the first gold record ever awarded, for the big-band hit "Chattanooga Choo-Choo."
- The amount of fuel in a jumbo jet single tank would be enough to allow a car to drive around the world -- four times.
- If you had visited Peru in the mid-1980s, you could have bought toothpaste with cocaine in it.
- Before he became the celebrated author of such novels as "Pale Fire" and "Lolita," Vladimir Nabokov was a tennis instructor.
- The longest game in the history of professional baseball was played between the Pawtucket Red Sox and the Rochester Red Wings in April of 1981. It lasted just shy of 8 1/2 hours, and ran for an unbelievable 33 innings.
- It's traditional in Italy for a prospective groom to spend a full year's earnings on an engagement ring.

**Thought for the Day:** "If a rabbit defined intelligence the way man does, then the most intelligent animal would be a rabbit, followed by the animal most willing to obey the commands of a rabbit." -- Robert Brault

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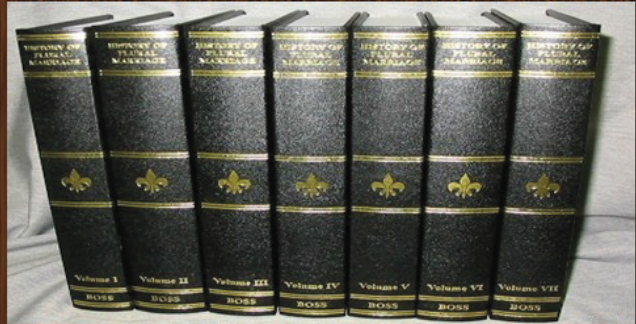
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"During June, 1938, I have been laboring continuously in checking material previously copied for use in my "History of Plural Marriage Among the Mormon People". Most of this material I copied from old records in the Deseret News vaults. It has been a secret work, and has been unusual the way permission has been extended me to have access to the vault. I have hidden my real purpose in going there, but much courtesy has been extended me. Obviously, if it was known what I was searching for, and the material copied, this privilege would have been denied me." - Arnold Boss

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**Strange BUT TRUE**

- It was pioneering British film director and producer Alfred Hitchcock who made the following sage observation: "Television has done much for psychiatry by spreading information about it -- as well as contributing to the need for it."
- The grapefruit is so named not because of any relation to or resemblance to a grape (obviously), but because it hangs from the tree in grapelike clusters.
- Those who study such things say that the three most recognized words in the world are God, Coca-Cola and Titanic.
- Although darts is a traditionally English pub game, there are now more than three times as many darts players in the United States than there are in the United Kingdom.

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**ACROSS**

1	2	3	4	5	6	7	8	9	10	11
12			13				14			
15			16				17			
		18				19				
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41			42	43				44	45	
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49			50				51			

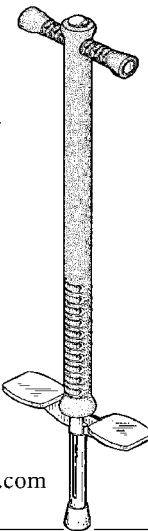
- 1 Four qts.
- 4 One of Hollywood's Wilson brothers
- 8 Back
- 12 "I" strain?
- 13 Exceptional
- 14 Therefore
- 15 Affectionate parrot
- 17 Panorama
- 18 Tend a text
- 19 Flexes
- 20 Smaller map
- 22 Twosome
- 24 Benefit
- 25 Biblical tales
- 29 Hostel
- 30 Foe of Rocky and Bullwinkle
- 31 Eggs
- 32 Reduced from AAA to AA+
- 34 Declare
- 35 Differently
- 36 Sports venue
- 37 Place
- 40 Admitting customers
- 41 Covers
- 42 Settee for two
- 46 Jason's ship
- 47 Basin accessory
- 48 Yon maiden
- 49 Hammer-head part
- 50 Say it isn't so
- 51 April 15 payment
- DOWN**
- 1 Solidify
- 2 Past
- 3 Serenade, often
- 4 Trip around the world?
- 5 Tarry
- 6 Bungle
- 7 Homer's neighbor
- 8 Echo, for short
- 9 Green land?
- 10 On in years
- 11 Joins the crew?
- 16 Paradise
- 19 Prejudice
- 20 Footnote abbr.
- 21 Zilch
- 22 "Gay" city
- 23 Saharan
- 25 Spacecraft compartments
- 26 Trysting venue
- 27 Tied
- 28 Detective writer
- 30 Hairless
- 33 Cause
- 34 War god
- 36 Mimic's forte
- 37 Rebuff a masher
- 38 Grow weary
- 39 Advantage
- 40 Microwave, e.g.
- 42 Started
- 43 Have bills
- 44 "Eureka!"
- 45 Cowboy nickname

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**Top Ten**

**Words from Trademarks**

1. Heroin
2. Granola
3. Jungle Gym
4. Pabulum
5. Pogo Stick
6. Band-aid
7. Ping-Pong
8. Moxie
9. Mah-jongg
10. Thermos



Source: www.merriam-webster.com

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**TIDBITS**

**NUGGET OF KNOWLEDGE**

The original layout of Julia Child's kitchen was determined by Child and her husband Paul in 1961. They organized the kitchen to specifically suit Child's cooking requirements. In addition to having maple countertops, the kitchen has another unique feature. The counters are slightly higher than normal to suit Child's 6-foot, 2-inch height.



*A Favorite "Child" (continued)*

- Julia Child died on August 13, 2004. She was just two days shy of her 92nd birthday. She was remembered by her family and friends as a person of great generosity who loved to teach others. Though she once mourned her "lack of talent," Child left an indelible legacy in the kitchens of people around the world.
- The installation is 20 feet by 14 feet. These were the dimensions of Child's kitchen in Massachusetts. Though the walls and floor were created for the exhibit, everything else found there is from Child's own former kitchen. The arrangement of everything found inside was assembled exactly to replicate Child's original workspace.
- There are over 1,200 individual pieces from Child in the exhibit, including equipment housed in the cabinets and drawers. These objects are not visible to the general public, but hundreds of others still are.

**FAMOUS LANDMARKS OF THE WORLD: CHESAPEAKE BAY BRIDGE**

Rising 186 feet above the water, the beautiful Chesapeake Bay Bridge of Maryland is one of the longest above-water structures in the world. Listed below are interesting facts about one of the East's most spectacular bridges.

- The 4.3-mile-long Chesapeake Bay Bridge takes route US 50/US 301 across the Chesapeake Bay between Kent Island and Annapolis. It provides Maryland with a direct link to the Washington D.C., Baltimore and Annapolis areas.
- The bridge is commonly referred to as Bay Bridge, yet its official name is The William Preston Lane Jr. Memorial (Bay) Bridge, named after the Governor of Maryland when construction first began.
- Before the bridge was constructed, Maryland residents were forced to cross the Chesapeake by boat to get to and from the Eastern Shore.
- The idea for a Chesapeake bridge was first introduced in 1927 but was quickly disregarded when the Great Depression struck. It was re-introduced in 1938, but with the outbreak of WWII, it was put on hold again.
- Governor William Preston Lane commissioned the building of the bridge in 1947, and in early 1949, construction finally began.
- The first span, eastbound, opened for traffic in July of 1952, followed by the westbound span in June of 1973. The eastbound span cost \$45 million to build and at the time was the world's longest continuous over-water steel structure and the world's third-longest bridge. The westbound span's total cost was \$128 million.
- Both spans were designed by J.E. Greiner Company, Inc.
- During its first year of service, the eastbound span carried around 1.2 million vehicles. By 1996, the bridge was seeing 20.5 million vehicles per year.
- The westbound span stands about 25 feet taller than its predecessor.

*continued on next page*

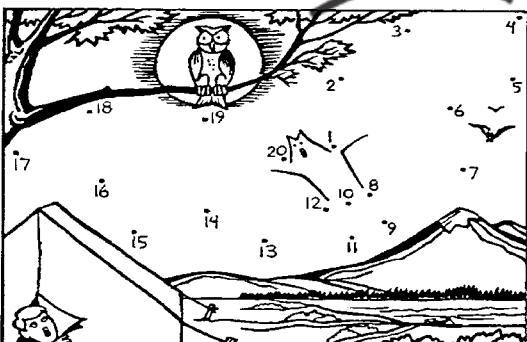
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**KIDBITS**

**Junior Whirl**  
by Hal Kaufman

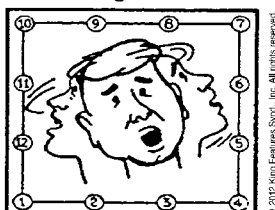


**WHAT'S UP!** Hey there, owl, go hoot somewhere else. And what other creature is stirring? Connect dots to find out.

**ALL THUMBS!** Close your eyes. Hold hands at eye level, about a foot apart. Point thumbs at each other. Now, bring hands together slowly so that thumbs touch tip to tip. Remember, you must do this with eyes closed.

**SIDE SHOW!** Place 12 coins in a square configuration as shown at right. That is to say, form a square with four coins on each side. Now, challenge someone to remove two coins (leaving just 10) and to reposition two of those remaining so that a total of four coins continues to appear on each of the four sides.

How is it done?  
See if you can provide an answer before consulting below.  
There's a trick to it, natch.



1	T			T
2				
3				
4				
5	T			

**WORD SQUARE T-SER**

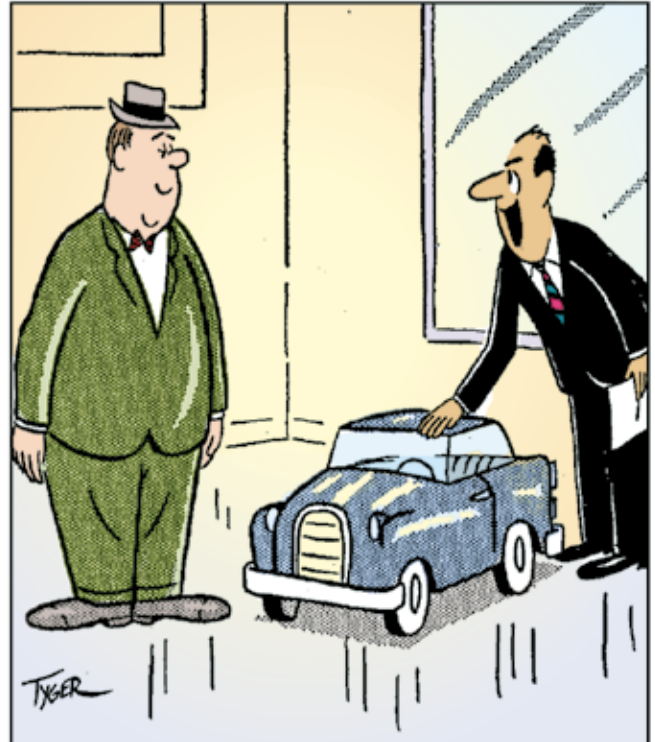
THREE T's are clues to five words that form a word square at left. That is to say, three T's are provided as clues to five five-letter words that will read the same both across and down.

- Definitions:
1. "To your good health," could be one.
  2. Playful, endangered sea animal.
  3. Make amends.
  4. Intuitive power: A sixth —.
  5. Ashes, oaks, beeches, pines, etc.

Remember, word square words read the same both across and down.

Remove coins 2 and 11; place coin 6 atop 4, and 9 atop 10.

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**Moments in time**  
THE HISTORY CHANNEL

- On Aug. 16, 1896, George Carmack spots nuggets of gold in a creek bed near the Klondike River in Canada's Yukon Territory. His lucky discovery sparks the last great gold rush in the American West. Over the next two years, as many as 50,000 would-be miners arrived in the region.
- On Aug. 17, 1915, Charles F. Kettering is issued a patent for his "engine-starting device" -- the first electric ignition for automobiles. In the early years, drivers used hand cranks to start the internal combustion process that powered car engines.
- On Aug. 14, 1935, President Franklin D. Roosevelt signs into law the Social Security Act. Although it was initially created to combat unemployment during the Great Depression, Social Security now functions primarily as a safety net for retirees and the disabled.
- On Aug. 18, 1940, Walter Percy Chrysler, the founder of the American automotive corporation that bears his name, dies in New York. Aside from automobiles, Chrysler was known for financing the 77-story Art Deco Chrysler Building skyscraper in midtown Manhattan. When completed in 1930, it was the tallest building in the world and the first manmade structure to top 1,000 feet.
- On Aug. 19, 1953, the Iranian military, with the assistance of the United States government, overthrows the government of Premier Mohammed Mosaddeq and reinstates the Shah of Iran. As thanks for the help, the Shah signed over 40 percent of Iran's oil fields to U.S. companies. However, the Shah was toppled from power in 1979.
- On Aug. 13, 1961, East German soldiers begin building a wall between Soviet-controlled East Berlin and the democratic western section of the city. Berlin residents found themselves cut off from friends or family until the wall was dismantled in 1989.
- On Aug. 15, 1983, Hurricane Alicia forms south of Louisiana in the Gulf of Mexico. Three days later, the Texas Gulf Coast is slammed by the storm, causing 21 deaths. The \$2 billion in damages recorded was a record for hurricane damage in Texas at the time.



**To Your Good Health**  
By Paul G. Donohue, M.D.

**DASH to Lower Blood Pressure**

**DEAR DR. DONOHUE:** You've written about the DASH diet in the past. The directions for it are quite general. Can you provide an itemized list of what is good and what is bad to eat? It makes things simpler for me. -- F.L.

**ANSWER:** The DASH (Dietary Approaches to Stop Hypertension) doesn't involve a detailed listing of good and bad foods. It's a general approach that identifies the food groups that are best for lowering blood pressure. You get to pick foods from those groups that appeal to you. That's one of the beauties of the diet: It permits many choices. Grains are one of the major groups in the diet. Grains include products made from wheat, barley, rye, oats and other such cereal grains, even grains that aren't familiar to our diet. Every day, people should eat seven to eight servings of grain foods. A serving is a slice of bread, 1 ounce of cereal, or half a cup of cooked rice (brown), pasta or cereal. The next group is three to four servings of fruit, with a serving being equal to a medium-size fruit, a quarter-cup of dried fruit or 6 ounces of fruit juice. People also should eat four or five servings of vegetables a day, with a serving being 1 cup leafy vegetables, half a cup cooked vegetables or 6 ounces of vegetable juice. Two to three low-fat dairy products are allowed, with 8 ounces of skim milk, 1 cup low-fat yogurt or 1 1/2 ounces of low-fat cheese constituting a serving. Two meat servings a

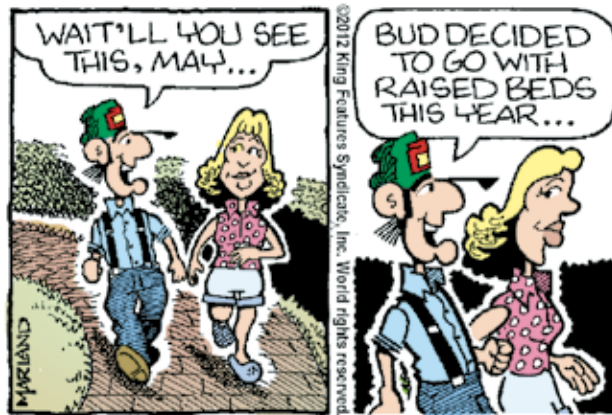
day are permitted, with 3 ounces being a serving of cooked meat, poultry or fish. Fats and oils are the final group. Two or three servings meet the requirement, with 1 teaspoon of margarine, 2 tablespoons of low-fat mayonnaise or 2 tablespoons of light salad dressing each being a serving. In addition, 1 1/2 ounces of nuts are allowed four times a week. In addition, you must keep sodium down to 1,500 mg a day. Sodium is listed on all nutrition labels. The booklet on high blood pressure speaks of the many other issues involved in controlling this widespread disorder. Readers can order a copy by writing: Dr. Donohue -- No. 104W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Can. with the recipient's printed name and address. Please allow four weeks for delivery.

**DEAR DR. DONOHUE:** Six months ago my husband, 78, had an artificial hip installed -- if that's the right word. The operation was a complete success, and he was up and walking shortly after the surgery. However, since he's been home, he does nothing but sit. He says he's afraid he'll wear out the new hip. I thought that the operation was done to make people more active. Isn't that so? -- O.P.

**ANSWER:** It is so. Mobility and freedom from pain are the reasons why artificial hips have gained such high regard. Your husband isn't going to wear out the hip. The new joint lasts up to 25 or more years. He can do anything that his doctor has not specifically said not to do.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

R.F.D.



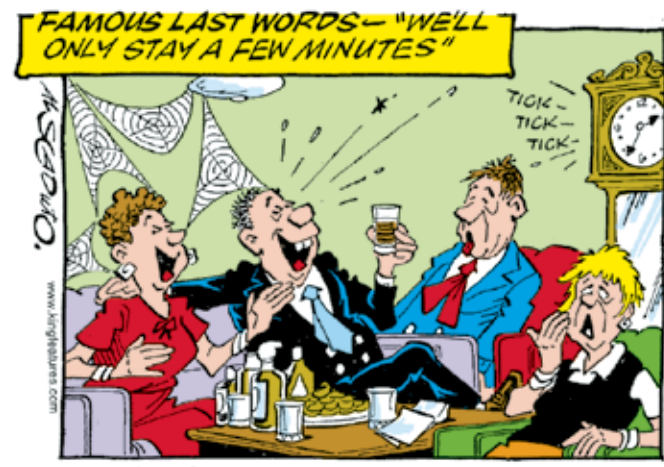
by Mike Marland

**THEY'LL DO IT EVERY TIME**



Thank to T. GUARINO, BRONX, N.Y.

**BY AL SCADUTO**



Thank to BERT SPARR, SARASOTA, FL.

**Just Like Cats & Dogs** by Dave T. Phipps



Thank to P. OREHEK, SAN FRANCISCO, CA.



**Ban Pit Bulls?**

By Samantha Mazzotta

**DEAR PAW'S CORNER:** I've been reading recent reports that some communities in the United States are trying to ban certain breeds of dogs, like pit bulls. I think this is a great idea, because pit bulls are so unpredictable and violent. Do you agree? -- Carol in Tacoma, Wash.

**DEAR CAROL:** Nope, I don't agree. That's because completely banning specific dog breeds won't solve the problem of dog bites and attacks. Even dogs of breeds considered benign can attack humans or other dogs -- poodles being the first that come to mind. But, you argue, poodles aren't violent! Well -- unfortunately, I've met a few. The fact is, all breeds of dog have the potential to bite humans. Owners must be aware of and accept this possibility. I try to educate pet owners about better ways to care for their pets. In the case of dog attacks, I feel that education of the owner is the strongest deterrent. That education should start before a person even becomes a dog owner, so that he or she can make

the best choice of dog for the household. A pit bull or other type of guard or attack dog may not be ideal for a number of reasons beyond possible temperament: They're big dogs; they're powerful; they need lots of attention and training, no matter how nice they appear to be.

Dog owners of all breeds -- not just those considered "dangerous" -- need to know the specific behavioral issues of their breed. They need to train their dog, and socialize the dog with both other humans and other dogs. The best way to learn how to do this is to enroll in group training classes with a certified trainer, an investment that pays off all the way down the road.

Send your questions or comments to ask@pawscorner.com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. For more pet care-related advice and information, visit www.pawscorner.com.

**Weekly SUDOKU**

by Linda Thistle

	6			8	5		
5			9				2
		7		1		3	6
7					6		4
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★**

★ Moderate ★★ Challenging  
★★★ HOO BOY!

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**Chesapeake Bay Bridge (continued)**

- The toll is currently \$4 for two-axle vehicles, increasing from \$2.50 on November 1, 2011.
- The bridge is actually split as two side-by-side bridges, eastbound with two lanes and westbound with three. All lanes are reversible and the extra lane is usually given to the area of heavier traffic.
- On average, the bridge carries approximately 65,000 vehicles every day.
- During the summer months, the bridge offers a beautiful view of surrounding areas and sailboats flooding the bay below.
- Every spring, the bridge hosts a Chesapeake Bay Bridge Walk, closing one lane of traffic for one day for a pedestrian walk that is approximately 4.5 miles.
- The Chesapeake Bay Bridge Walk, usually held on the first Sunday in May, has become a widespread attraction hosting anywhere between 40,000 to 60,000 people. It usually takes participants about four hours to complete. Due to construction problems and the Bay Bridge Preservation Project, the walk will not be held in 2012.
- Construction of both spans used 126,100 tons of steel and 286,000 cubic yards of concrete. Over 3.3 cubic yards of earth were moved.
- During the winters of 1986-1988, the eastbound span was closed and renovated and completely re-decked; it is estimated to need further renovations in 2018.
- The bridge's traffic capacity is 1,500 vehicles per lane, per hour.

**FASCINATING FOOD**

With all the talk about a famous chef, it seems only natural to spend a little time on food as well. Here are some fun and interesting facts about various culinary delights, rare and not-so-rare, found in the United States and abroad.

- The most expensive coffee in the world comes from beans called the Kopi Luwak. These beans sell for \$120 to \$600 a pound and are sold mainly in Japan and the United States. The beans are found in areas with high numbers of Civets, a cat-sized mammal whose diet of ripe berries creates a unique environment for the growth of these rare beans.
- The popsicle was invented in 1905 by Frank Epperson, though its creation was entirely by accident. After leaving a mixture of soda and water with a stir stick on his porch on a night of freezing temperatures in San Francisco, Epperson awoke to discover the solution frozen to the stir stick. He called the resultant fruity, icy treat the "epsicle." When he patented it 18 years later, Epperson renamed it the "popsicle."

*continued on next page*

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**Holidays & Observances This Week**

- 8/12 Middle Child's Day
- 8/13 Left Hander's Day
- 8/14 National Creamsicle Day
- 8/15 V-J Day
- 8/15 Relaxation Day
- 8/16 National Tell a Joke Day
- 8/17 National Thriftshop Day
- 8/18 Bad Poetry Day

**Comfort foods**  
Made fast and healthy

**Three Cheese Zucchini Dish**  
by JoAnna M. Lund

Zucchini alert! You just never know where zucchini might pop up ... even in your slow cooker!

1 cup plus 2 tablespoons reduced-fat baking mix  
1/4 cup grated reduced-fat Parmesan cheese  
1/4 cup fat-free Italian dressing  
3 eggs, beaten, or equivalent in egg substitute  
3 cups finely chopped unpeeled zucchini  
3/4 cup chopped onion  
1/3 cup shredded reduced-fat Cheddar cheese  
1/3 cup shredded reduced-fat mozzarella cheese

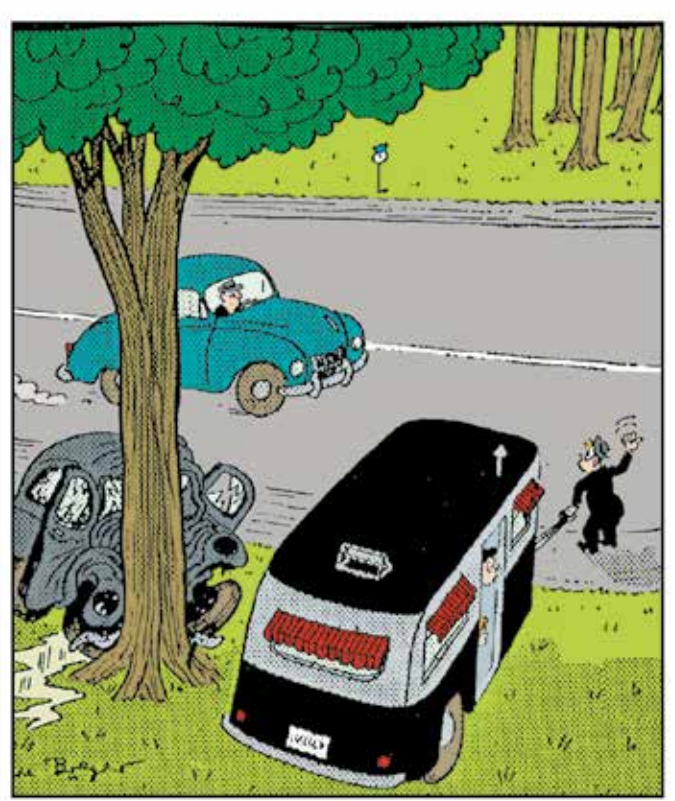
1. Spray a slow cooker container with butter-flavored cooking spray. In prepared container, combine baking mix, Parmesan cheese, Italian dressing and eggs. Add zucchini and onion. Mix well to combine. Stir in Cheddar and mozzarella cheese.  
2. Cover and cook on LOW for 6 to 8 hours. Mix well before serving. Makes 6 (3/4 cup) servings.

• Each serving equals: 186 calories, 6g fat, 10g protein, 23g carb., 558mg sodium, 2g fiber; Diabetic Exchanges: 1 Starch, 1 Meat, 1 Vegetable.

**TIDBITS® Laughs!**

A really bad speller is driving to work one day, when he loses control of the wheel and hits a telephone pole. While talking to police dispatch, he asks a passerby what street he's on. The passerby says, "Chrysanthemum Road." When the operator asks him to spell it, he pauses, then says, "I'll just tow the car to Oak Street."

**MISTER BREGER** By Dave Breger



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**TIDBITS® WORD POWER**  
Unscramble this word:

**YANLCIUR**

This word means: Of, pertaining to, or used in cooking or the kitchen



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**Good Housekeeping**  
**Peach-Raspberry Crisp**  
 Peaches and raspberries harmonize perfectly in this summer crisp from chef Bobby Flay.

1 lemon  
 1 1/3 cups all-purpose flour  
 1 teaspoon baking powder  
 3 tablespoons Demerara or brown sugar  
 1/2 cup granulated sugar  
 3 tablespoons granulated sugar  
 10 tablespoons unsalted butter, melted  
 6 ripe peaches, peeled and halved  
 1 pint raspberries  
 1/4 cup cornstarch  
 1/8 teaspoon salt  
 Whipped cream or ice cream

1. From lemon, grate 1 tablespoon peel; squeeze 3 tablespoons juice. In large bowl, combine flour, baking powder, Demerara sugar, 3 tablespoons granulated sugar and lemon peel; blend in butter until small and large clumps form. Refrigerate 15 minutes.
2. Preheat oven to 375 F.
3. Cut peaches into 1/4-inch-thick slices. In bowl, toss peaches, berries, cornstarch, salt, lemon juice and 1/2 cup granulated sugar. Let stand 15 minutes.
4. In 2-quart ceramic baking dish, spread fruit. Top with crumbs. Bake 40 to 50 minutes or until filling is bubbling. Cool 30 minutes. Serve with whipped cream or ice cream. Serves 8.

- Each serving: About 365 calories, 15g total fat (9g saturated), 38mg cholesterol, 85mg sodium, 56g total carbs, 4g dietary fiber, 4g protein.

For thousands of triple-tested recipes, visit our website at [www.goodhousekeeping.com/recipefinder/](http://www.goodhousekeeping.com/recipefinder/).

**Fascinating Food (continued)**

- If you're looking for something to eat that is about as expensive as a mid-priced luxury car, your search is over. The most expensive food in the world is a type of caviar called "Almas." This caviar from the Iranian Beluga fish will run you about \$34,500 per kilogram (2 lb., 3oz.), a price that gives it the nickname "black gold." Only albino sturgeons between 60 and 100 years old can produce it, and only those found in the relatively pollution-free southern Caspian Sea.
- The traditional method of eating caviar is by rolling it between your thumb and index finger and then into your mouth. If you've paid over \$30,000, however, you've earned the right to eat it any way you choose!
- There are expensive foods, and then there are odd foods. In the West, we may be tempted to squash a beetle or cricket in our house, or at least shoo it outside. In many Asian countries, insects are welcome in the kitchen; in fact they're on the menu!
- While coconut milk comes from the coconut flesh, coconut water is the liquid actually found within the coconut. In addition to being refreshing, coconut water has another, unexpected use.
- Coconut water is actually an acceptable substitute for blood plasma. It has a PH level that is ideal. It is also sterile.
- For anyone who really loves cherry pie, there are reasons to encourage your continued consumption of this wonderful (though calorie-rich) dessert. It turns out that the chemicals that give tart cherries their red appearance have potentially more pain-relieving potential than aspirin or Advil. It's thought that a diet of 20 tart cherries a day can lessen inflammation and the likelihood of headaches.
- Residents of Michigan are especially fortunate in this regard, since Michigan contains nearly four million cherry trees. Each of these produces between 150 to 200 pounds of tart cherries a year. Considering a cherry pie has about 250 cherries, Michigan is a cherry pie lover's dream.

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1. According to First for Women magazine, which candy helps relieve stress?
2. What is the best selling food in American restaurants?
3. How much of every dollar spent of grocery produce goes to the farmer?
4. Before opening McDonald's, what machines did Ray Kroc sell?
5. How many Coca-Colas are consumed worldwide per hour?

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**Q:** I recently canceled my cable subscription in order to save money. While watching the news streamed on my computer is OK, I'd like to pick up local stations on my TV. How can I do that? -- Chuck F., New Hampshire

**A:** Today's over-the-air TV transmissions are entirely digital, a change mandated by the government a couple of years back. The old "analog" TV transmissions were switched off in 2010, something that owners of old tube televisions who try to pick up signals with their old antennae are painfully aware of. However, even with an older television, you can pick up line-of-sight transmissions and receive local television stations. Converter boxes are available at most large retailers that sell electronics and cost from \$30 to \$60. You can learn more at [http://dtv.gov/consumercorner\\_4.html](http://dtv.gov/consumercorner_4.html). If you have a newer HD television, you might be able to pick up a few signals if the TV has a built-in digital antenna. If not, there are several HD antennas on the market. If you live in an area where TV signals are traditionally faint, you'll absolutely need one of these. They start at around \$45 and go up in price, but the plus side is that you won't pay any more money for TV signals once the antenna is up. At least one brand of HD antenna was designed to be set up inside your home, but there are other brands specifically made to be set up outside or on the roof. Outdoor antennas can pick up signals up to 50 miles away in most cases, as long as there aren't too many obstructions like hills or other buildings between your home and the transmission source. To set up an outdoor HD antenna, follow the instructions included with the product. Those made for rooftops should include proper mounting bolts and, ideally, small sealing squares (basically roof-patching squares) that sit between the antenna mount base and the roof. If those sealing squares aren't included, head to your home-improvement store for roof patches and cut them to fit. You'll also need to feed the coaxial cable connecting the antenna back into the house to your television. If possible, try using the holes already drilled by the cable company to install its coax, rather than punch more holes in your home's envelope. A number of videos on the web can provide more information on antenna installation. This video ([http://www.youtube.com/watch?v=CuY-D9fQG\\_s](http://www.youtube.com/watch?v=CuY-D9fQG_s)) shows one homeowner's installation option, at the top of the eave. Another (<http://www.youtube.com/watch?v=C0WQtzMdo7I>) provides details on properly positioning the antenna for an optimal signal, which is important in remote areas.

**HOME TIP:** If you have an existing dish or antenna mount on the roof, take note of how the mount base is set up. It can be a big help in setting up your HD antenna without causing a roof leak.

Send your questions or tips to [ask@thisisahammer.com](mailto:ask@thisisahammer.com), or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

**AUG - Business of the Month**

Founded in 1873, Zions Bank is Utah's oldest financial institution operating 106 full-service branches throughout Utah and 27 in Idaho. Zions Bank expanded into Utah County in the late 1960s when it purchased the Utah National Bank of Provo in 1969. The Payson office opened 2 years later. The Payson office last year hosted the Traveling Treasures Exhibit, a Zions Bank partnership with the Natural History Museum of Utah that brings interactive museum exhibits to rural communities. The branch also participates in Zions' annual Paint-a-Thon, in which employees volunteer to paint and landscape the houses of low-income, elderly, and disabled homeowners.

**PAYSON**

**ZIONS BANK®**

WE HAVEN'T FORGOTTEN WHO KEEPS US IN BUSINESS®



Join Payson in Celebrating the 83<sup>d</sup> Annual Golden Onion Days

**Aug 31 – Sep 1**

See [paysonutah.org](http://paysonutah.org) for details

**Car Show**

Monday, September 3rd, Noon-5:00

Free Admission

Vintage, Classic & Muscle Cars Welcome

Awards, prizes, raffle and more

Proceeds benefit the Kiwanis Scholarship Fund



Park View Elementary, 360 S 100 E, Payson

Pre-register by visiting one of our sponsors

**ARROWHEAD UPHOLSTERY**

**NAPA**

www.ArrowheadUpholstery.com 801-465-9268

**Huish Theatre's Gordon Taylor to Host Leads Group Thu - Aug. 16 @11:30A**

Since 1948, Gordon Taylor has been attending movies as a youth and enjoying the fact that his children and grandchildren and great-grandchildren had that same privilege. Gordon and his wife, Karen and their children, lived right across the street west in their 1938 home. Karen informed Gordon that she wanted for them to purchase and restore The Huish Theater to become "The Huish Performing Arts and Cultural Centre". Karen had won Gordon's heart many years ago and with their love of the Huish, they acquired it and some property north of The Huish, as well. Unfortunately, Karen passed away just before Valentine's Day in 2010. Her legacy lives on as Gordon and his team work fervently to make Karen's dream become a reality. Dr. Taylor will provide a tour and play-by-play of the history of The Old Huish Theater and the progress. Witness the new cement, gorgeous tin soffit, newly installed electricity & the light posts in progress. The board room will be finished along with the new northern access.

Join us for the Phase 3 Tour of accomplishments. 11:30 am: networking and lunch. 12:00-1:00 pm tour and presentation from Dr. Gordon Taylor. Please bring your own sack lunch, business cards, brochures, specials and an item for the free drawing.

**Chamber of Commerce Membership Party – Fri Aug 7 5:30 – 9:30P at the Payson Pool 655 S. Main**

5:30 pm - 7:00 pm Food will be available for purchase at the pavilion in the park.

6:00 pm - 7:15 pm - Door Prizes

7:30 P – 9:30 P - Free Swimming for CURRENT chamber members and their families

(Please RSVP to the chamber office if you are planning to come and how many will be attending)

If your business would like to donate a door prize please contact Carolyn Bowman

To join/renew membership with Chamber of Commerce, please contact Carolyn Bowman, 801-465-2634

**Heritage Festival – Sept 8th**

For information, contact Cindy Boyd at 801-836-8064 [cindyboyd@gmail.com](mailto:cindyboyd@gmail.com) or Emily Varney at [varney.emily@comcast.net](mailto:varney.emily@comcast.net)

**Pleasant Grove HERITAGE FESTIVAL**

Every town has a story...experience ours.

**UPCOMING YOUTH SPORTS REGISTRATION DATES:**

Youth Volleyball 3rd -12th Grade Register: Aug1-30

Flag Football 1st – 12th Grade Register: Aug 1-30

2nd Grade Basketball Register: Aug 1-30

Jr. Viking Cheer Register: Aug 1 - Sep 4

Cross Country Register: Aug1-30

Adult Coed Volleyball Register: Aug1-Until filled

Please see [plgrove.org](http://plgrove.org) for more detailed information and pricing.

**Pleasant Grove Promenade**

Market, Boutique, Music, Kids Corner

**Concerts in the Park 2012**

7:30 pm at PG Community Center

Aug 12 Amanda Verwer

Aug 19 CB Jazz Band

**Thursday Evenings 5-9 PM**

Now – September 27th

Historic Downtown Park

Spanish Fork



The market runs through Nov 3 at 100 W Center Street behind the City Office Building. The Farmer's Market is a fun place to shop for fresh produce from local growers and vendors. Business Fairs will run once monthly and will be located at 40 South Main, Spanish Fork.

Contact the Spanish Fork Salem Chamber of Commerce at 801-798-8352 or [office@spanishforkchamber.com](mailto:office@spanishforkchamber.com).



"Meet Me at the Fair" - The 2012 Utah County Fair will be held August 15-18th at Fairgrounds in Spanish Fork. [utcountvfair.com](http://utcountvfair.com)

**ANSWERS**

**SPORTS QUIZ**

- Tommy John in 1978-79.
- True. He had 189 victories in 13 A.L. seasons and 135 in 14 N.L. seasons.
- It was 1967, under coach Murray Warmath.
- Four seasons.
- Rosaire Paiement, in 1968.
- It was 1976 (Dave Marcis).
- Roger Federer has won the event six times.

**WORD POWER ANSWER CULINARY**

**TRIVIA NEWSFRONT ANSWERS**

- Peppermint
- French Fries
- Five cents
- Milkshake machines
- 27 million

**Trivia test** by Fifi Rodriguez

- A human being and a horse
- Wiki
- Wood
- Prince Aly Khan
- St. Brendan
- Sustained
- Mayor Joe Quimby
- Robert Jarvik
- Norman Mailer
- Leonardo da Vinci

**Go Figure! answers**

4	÷	2	+	9	11
x		x		÷	
8	+	7	+	9	24
-		-		+	
6	+	5	x	3	33
26		9		4	

**King Crossword Answers**

Solution time: 27 mins.

G	A	L	O	W	E	N	R	E	A	R	
E	G	O	R	A	R	E	E	R	G	O	
L	O	V	E	B	I	R	D	V	I	E	W
E	D	I	T	B	E	N	D	S			
I	N	S	E	T	P	A	I	R			
B	O	O	N	P	A	R	A	B	L	E	S
I	N	N	B	O	R	I	S	O	V	A	
D	E	G	R	A	D	E	A	V	E	R	
S	T	E	A	D	O	P	E	N			
L	I	D	S	L	O	V	E	S	E	A	T
A	R	G	O	E	W	E	R	S	H	E	
P	E	E	N	D	E	N	Y	T	A	X	

**Weekly SUDOKU Answer**

1	6	2	7	3	8	5	9	4
5	8	3	9	6	4	7	2	1
9	4	7	2	1	5	3	8	6
7	5	8	3	9	6	1	4	2
3	9	1	5	4	2	8	6	7
6	2	4	8	7	1	9	5	3
4	1	9	6	5	3	2	7	8
2	7	6	1	8	9	4	3	5
8	3	5	4	2	7	6	1	9