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August 27, 2012

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Issue 2012-35

Published by : Serendipity Weekly

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TIDBITS® SEASONS WITH A PINCH OF SALT

by Kathy Wolfe

Life is tasteless without salt! In addition to providing seasoning, it's a component of your blood, sweat and tears and is essential to the proper function of the human body. What don't you know about this important commodity? Read along and see!

- The Bible contains the first written reference to salt, recorded in the Book of Job around 2250 B.C. Salt is mentioned in 31 other places, including the story of Lot's wife being turned into a pillar of salt when she disobeyed the words of angels. As she and her family were fleeing the destruction of the wicked city of Sodom, she was told not to look back, but she turned to gaze at the blaze and was transformed.
- There are two chief methods of producing salt — evaporation and mining. In the evaporation process, salty sea water is guided into large clay forms for natural evaporation by the sun. Sea salt is the source for about 80 mineral elements essential to proper body function, including iron, iodine, sulfur and magnesium. In underground mines, salt is found in veins and domes and is mined by large machines snaking their way through passageways. Large underground deposits can be found around the globe, including parts of Ontario, Nova Scotia and Saskatchewan in Canada, and New York,

turn the page for more!

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- Nate





1. LANGUAGE: In English slang, what is a jumper?
2. LITERATURE: What author used the pen name Ellis Bell?
3. SUPERHEROES: Who was the Green Hornet's sidekick?
4. GEOGRAPHY: What is the capital of Laos?
5. MUSIC: The film "Rhapsody in Blue" was a biographical movie about what composer?
6. MOVIES: Who wrote the music score to the movie "Jaws"?
7. AD SLOGANS: "You can trust your car to the man who wears the star" was an advertising slogan of what company?
8. GENERAL KNOWLEDGE: What was the original name of the island that is home to the Statue of Liberty?
9. TELEVISION: What sport is featured in the series "Friday Night Lights"?
10. RELIGION: What is the color of the skullcaps worn by Catholic bishops?

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Now here's a tip!

by Jo Ann Derson

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- "I used double-faced tape to stick a couple of clothespins inside the cabinet under my sink. That way, I can hang my gloves under the sink when I'm finished with the dishes." -- T.C. in Minnesota
- Help nylons and tights retain elasticity by giving them a final rinse in diluted vinegar before hanging to dry. Never add nylons to a heat dryer.
- "I purchase extra school supplies when back-to-school time brings the sales. Inevitably, we need extras as the school year wears on, and these items can be pricier later." -- Y.C. in Alabama
- "A tip for setting your table: Always put pretty plastic placemats on the table first. Then your pretty cloth napkins and placemats over these. When you're ready to eat, just remove the cloth placemats and napkins, and you'll still have a pretty table to serve your guests." -- J.R. in Virginia
- Ease the weekday-morning time crunch by planning your wardrobe on the weekends. Use a single hanger to gather everything you need for a smart, pulled-together look. Attach a plastic sandwich bag with accessories to the hanger with a clothespin, and you'll be dressed in minutes.
- If your bananas start to brown on the outside, put them in the fridge. They'll still get brown, but the inside will stay firm instead of getting mushy.

Send your tips to Now Here's a Tip, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or e-mail JoAnn at heresatip@yahoo.com.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	÷		+		12		
+		×		÷			
	-		×		4		
÷		-		+			
	×		-		6		
4		1			13		
1	2	3	4	5	6	8	9

DIFFICULTY: ★★★
★ Moderate ★★ Difficult
★★★ GO FIGURE!

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PINCH OF SALT (continued)

- Michigan, Texas, Ohio, Kansas and New Mexico in the United States. There are such large beds near Salzburg, Austria, it was aptly named "The City of Salt." The United Kingdom is also home to extensive salt beds.
- Throughout history, salt has been a valuable item of trade. Governments have frequently controlled the price of salt, maintaining a monopoly by charging special taxes. Salt taxes have supported monarchs and funded wars. During the Middle Ages, salt was so expensive, it earned the nickname "white gold."
- Salt has been used as currency for centuries. Even up to the beginning of the 20th century, one-pound bars of salt were used as money in what is now the country of Ethiopia. Early civilization advanced tremendously once salt's ability to preserve food was discovered. No longer were people dependent on what was readily available to eat, and long-distance travel also increased as preserved provisions could be transported. Early Roman soldiers' wages were paid in salt, or salarium argentum, a term from which we derive our English word "salary." Romans even built roads specifically for transporting salt, such as the Via Salaria, which led from Rome to the Adriatic Sea, where a salt-producing area was located. In ancient Greece, salt was traded for slaves, leading to the expression, "He is not worth his salt." In early American history, President Thomas Jefferson hoped that the Lewis and Clark expedition would be able to locate a mountain of salt rumored to stand near the Missouri River, which would have been a very valuable find. American soldiers also received salt as salary during the War of 1812 because the government lacked currency to pay them.
- Many cultures use salt in their religious rituals because it symbolizes "incorruptible purity." The Shinto religion uses salt to purify an area. A handful of salt is even thrown into the center of the wrestling ring by Shintos to ward off wicked spirits before Sumo wrestlers begin their match. Buddhist custom calls for throwing salt over the shoulder upon entering a house after attending a funeral. This is to frighten off evil spirits that might be clinging to the homeowner's back. Several European countries follow the tradition of throwing a handful of salt into a dead person's coffin before the burial in order to keep the devil away. In some cultures, a bride pours it into her shoes for luck, and parents rub it all over newborn babies.

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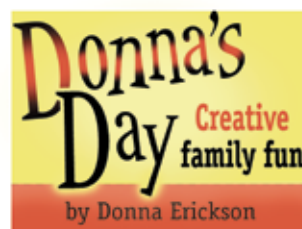
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W V T O S T S P A Q P H E O O
N L O K A I R M P M H T F O L
F L E W C A O U B E M N I N P
B Z Y W E V H J U S T O L M X
R Q P G N M L J S A E S C I E

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

- | | | | |
|-----------|-------|------------|--------|
| Adventure | Horse | On the hog | Time |
| Command | Jump | School | Waters |
| Explosive | Life | Seas | Wire |
| Gear | Noon | Stepper | |

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Simple Summer Entertaining

"How about blueberry muffins and a cup of coffee tomorrow morning here at my house? This might be a good opportunity to get together for a 'mom chat' before summer winds down," emailed my friend Carol.

How could I refuse such a perfect excuse to put my "to-do" list aside and just hang out in her charming home? Plus, I can always use an extra dose of "mom" time.

Our conversation on that recent rainy morning was brightened by votive candlelight and a lively conversation about our latest crowd-pleasing ideas for entertaining at picnics, birthday parties and backyard barbecues.

Here are some of our style-on-a-shoestring favorites:

Table Decor

Bring blooming flowerpots inside from your yard or deck for an instant, fresh centerpiece. Or, let your kids pick little bunches of herbs from your garden, such as parsley, oregano, dill and thyme. Tuck them in mini vases or small jars lined up in the middle of the table. Name them as the kids arrange them.

Corn on the Grill

Have more than a kernel of fun when you grill ears of freshly picked corn for a slightly smoky taste. We like to soak ours in a tub of water for a half-hour, husk and all, before we put them on the barbecue.

Protect your hands with potholders when you peel away the charred husks before serving the corn.

Simple Dessert

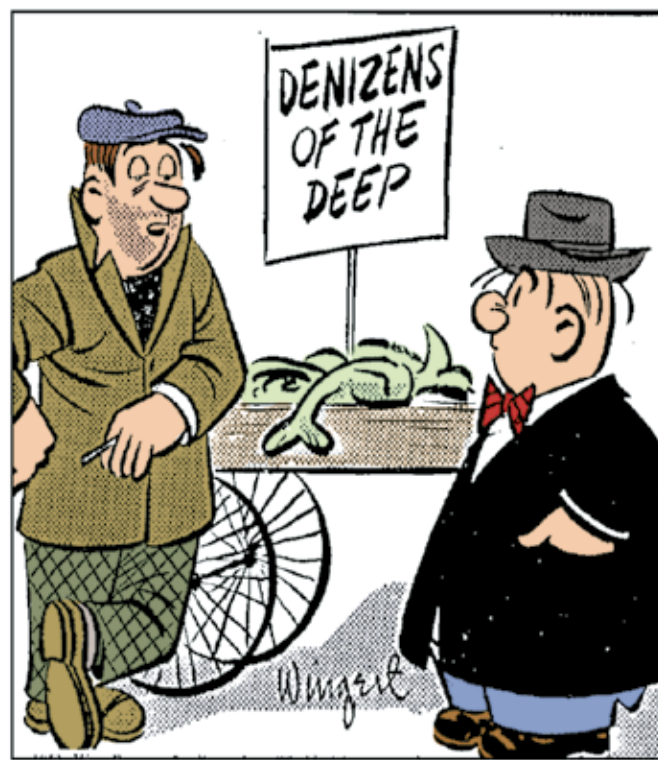
Several hours before a gathering, scoop your favorite flavors of ice cream into ball shapes and set in 8-inch-by-8-inch aluminum cake pans. Set them in your freezer until serving time. Use tongs to place them in a big serving bowl on a table set with a sundae bar of sauces and toppings such as mini chocolate chips, candy sprinkles, chopped peanuts and shredded coconut.

Make a Travel Book a Guest Book

It can be hard to say goodbye to guests you see only occasionally. Preserve the memory of their stay when you ask them to sign your guestbook. Make it easy to trigger thoughts by using a coffee-table style photo travel book of your area as the guestbook. They can find a landmark or place of interest they toured and jot down a line or two on the page by a photo. It might read, "We'll never forget our 30-mile bike ride and the fish tacos we ate at sunset by Lake Calhoun."

Extra Idea: If you are hosting a party for a neighborhood family moving away, encourage guests to sign a photo travel book of your town as a personalized "send-off."

HUBERT - - By Dick Wingert



"I felt sort of silly asking 85 cents a pound for just plain old 'fish!'"

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- 1 Who was the last Houston Astro to be named N.L. Rookie of the Year?
- 2 Dick Williams was one of two managers to take three different franchises to the World Series. Who is the other?
- 3 In 1968 and in 1969, a University of Southern Cal player was taken No. 1 overall in the NFL Draft. Name the two players.
- 4 In 2009-10, Toronto's Andrea Bargnani became the second 7-footer to have more than 100 blocked shots and 100 3-pointers in a season. Who was the first?
- 5 Who holds the record for most career regular-season OT goals in NHL history?
- 6 At which Olympic Games did Greco-Roman wrestler Rulon Gardner end Aleksandr Karelin's 13-year winning streak?
- 7 Who was the last male amateur to lead after a round of a golf major before Tom Lewis did it at the British Open in 2011?

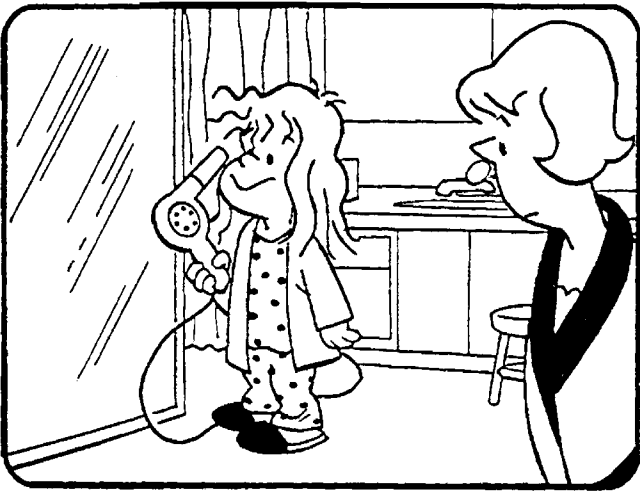
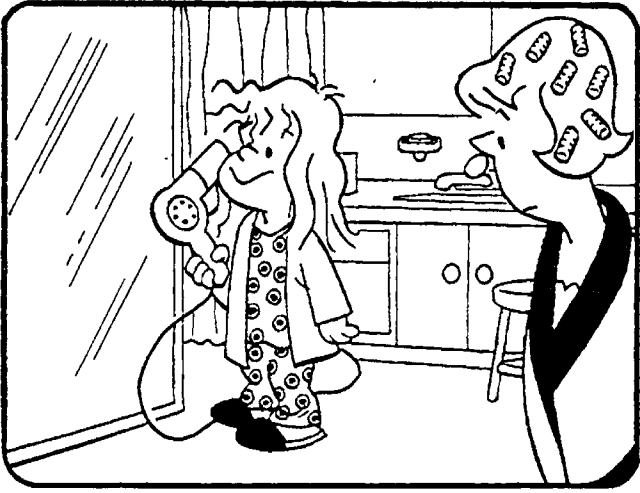
By Chris Richcreek

Name the two players.

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HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Blower is different. 2. P's are different. 3. Soap dish is missing. 4. Handles are missing. 5. Stool is lower. 6. Cutters are missing.

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PINCH OF SALT (continued)

- Lots of folks believe that spilling salt will bring bad luck. This superstition may have its origins in Leonardo da Vinci's painting of The Last Supper. Close observation shows an upset salt container at the place of Judas Iscariot, Jesus' betrayer. The remedy for spilled salt is to toss a pinch over your left shoulder, which supposedly blinds the devil waiting there. Those who really want to be safe also crawl under the table and come out the opposite side. The Norwegians' superstition about spilled salt says that a person will shed as many tears as necessary to dissolve the amount spilled, while superstitious Germans believe that spilling salt brings about hostility, the result of the devil disturbing peace.
- Because fruits and vegetables are nearly salt-free, vegetarians are often at risk for dietary problems. The human body needs electrolytes to function, and without salt, it runs out of electrolytes.
- The familiar cylindrical salt container with the metal spout was introduced by Morton in 1911. Prior to that, salt was packaged in large cumbersome bags, which, during wet weather, wouldn't allow the pouring of salt. Morton's slogan "When it rains, it pours" touted its moisture-proof container. In 1914, the company introduced its famous "umbrella girl" on packaging. Her appearance has been updated five times since, in 1921, 1933, 1941, 1956 and 1968.
- Salt has about 14,000 different uses, including helping in household tasks. When added to one tablespoon of lemon juice, it removes rust from scissors and other household tools. Just mix into a paste and rub on the rusty area. Salt also removes coffee stains from glass coffee pots. Mix 4 teaspoons of salt with a cup of crushed ice and a tablespoon of water and swirl it around in the pot. A handful of salt thrown into the flames in your fireplace helps loosen chimney soot. Are you troubled by weeds and grass growing up in your patio or sidewalk bricks and blocks? Spread salt in the cracks and sprinkle with water. You can remove the odor of fish from your hands by rubbing them with a lemon wedge dipped in salt.
- Only about 6 percent of the world's salt finds its way to the table. The de-icing of streets and highways eats up another 17 percent of the production. It's also used in the leather tanning process; in the production of paper, soaps, detergents, cosmetics, paint products, batteries, glass, ceramics and adhesives; and as a refrigerant.

continue on page 6

TIPBITS QUOTE

"Revenge has no more quenching effect on emotions than salt water has on thirst."
- Walter Weckler

THIS WEEK'S CELEBRITY BIRTHDAYS

- Macaulay Culkin 8/26/80
- Barbara Bach 8/27/47
- Leann Rimes 8/28/82
- Elliott Gould 8/29/38
- Cameron Diaz 8/30/72
- Richard Gere 8/31/49
- Dr. Phil McGraw 9/1/50



Strange BUT TRUE

- It was British-American poet T.S. Eliot who made the following sage observation: "Immature poets imitate; mature poets steal."
- Each fingernail on the Statue of Liberty is nearly a foot long.
- Filmmaker George Lucas is arguably best known for his "Star Wars" franchise, but he also directed "American Graffiti." During the making of that earlier film, he designated each reel of film with an R before the reel's number, and each instance of dialog was prefixed with a D. At one point during the sound mixing, the sound designer needed to use Reel 2, Dialog 2, and so asked for "R2D2." Lucas liked the sound of it so much that he used it for the name of a robot character in his later work.

- You can tell a cranberry is ripe when it can be dribbled like a basketball.
 - Those who study such things (and seemingly have too much time on their hands) say that a quarter has 119 grooves around the outside edge, while dimes have 118.
 - Have you ever heard of a woman named Thelma Pickles? Unless you're a somewhat obsessive fan of the Beatles, probably not. She was John Lennon's first girlfriend.
 - Among those who play basketball professionally, the men average 6 feet, 7 inches tall, while the women average an even 6 feet.
 - If you're a vegetarian, you're part of the 3 percent of American adults who shun meat. In India, though, you'd be part of a much larger minority; nearly a third of the population of that country is vegetarian.
 - You may be surprised to learn that the pound sign is officially known as an octothorpe.
- Thought for the Day:** "A pessimist is a person who has listened to too many optimists." -- Don Marquis

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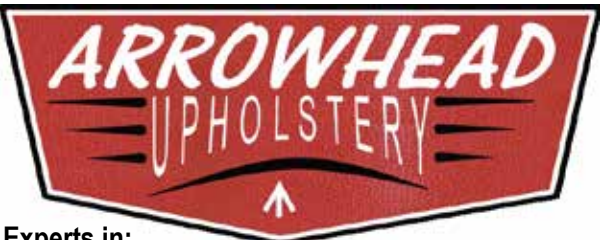
"During June, 1938, I have been laboring continuously in checking material previously copied for use in my "History of Plural Marriage Among the Mormon People". Most of this material I copied from old records in the Deseret News vaults. It has been a secret work, and has been unusual the way permission has been extended to me to have access to the vault. I have hidden my real purpose in going there, but much courtesy has been extended to me. Obviously, if it was known what I was searching for, and the material copied, this privilege would have been denied me." - Arnold Boss

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SCHEDULE

City of Fun Carnival
 Friday Aug 31st to Sept 3rd

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- Constitution Aquatic Park—655 So Main
- Memorial Park—250 So Main St
- Payson Aquatic Center— 655 So Main St
- Payson High—1050 So Main St
- Payson Library—66 So Historic Main St
- Peteetneet Academy—10 So 600 Ea
- Gene Hillman Recreation Complex— 955 So Main
- Park View Elementary 360 So 100 Ea
- Payson City Center 439 We Utah Ave

Thursday, Aug 30, 2012

Mountain View Hospital kicks off Payson Onion Days
 Mark Wills ... Free in Concert!
 Onion Days Kicks off 6:30p at Peteetneet Amphitheater

Friday, August 31, 2012

- Baby Contest 6:00p.m. Memorial Park Bandstand
- Hypno-Hick 7:00 p.m. Memorial Park Bandstand
- Payson Community Theatre Presents "Xanadu" Aug. 17, 18, 24, 25, 30,31 thru Sept 1 and 3
- Fireworks 9:00 pm PJHS field

Saturday, September 1, 2012

- Gladstan Golf— Best keep Golf secret in Utah 801-465-8020
- Hitman Monster Truck Ride —At field south of Aqua Main \$5.00 a ride 10a.m to Dusk
- Bill Pike Memorial Men's Softball Tournament— Gen Complex call 465-6031
- Miss Payson's Gold Medal Mile—8 to 9:00 a.m. Dry (South Main Street)
- Firefighter's Open House—9 a.m. to Noon
- Book Fair—at the Library on 66 So. Main Historic Main 4:00p.m.
- Golden Onion Cook Off— Payson City Center Banquet Applications and Rule at City Office, Library and Payson information Call Coralee 801-404-7193
- Lawn Mower Racing— Salem Arena registration starts racing until 3:00 p.m. info call Roger Hope 801-310-7193
- Children's Parade—9:30 a.m. FREE Line up for the parade 9:00 am on the North side of Parkview Elementary. Everyone welcome, absolutely no motorized vehicles. Contact Coralee 801-465-3695 or Marilyn Cowan 465-2980
- Children's Fair—10:30 a.m.-12:30 p.m. FREE; Memorial Park contact April Jones 801-465-8020
- Youth Talent Show—Ages less than 13 years of age 10:30-2:30p.m. FREE; Memorial Park contact April Jones 801-465-8020
- Corn Maze Presented by UVU, Payson City \$6.00 per person 8p.m. 1700 West 800 So. Payson.
- Skate Board Competition Presented by Legion Skatelodge Registration 9 to 9:45 a.m. 10:00 a.m. Skate Park Payson \$10.00 entry fee. For information Emilyat801-465-5282
- Teen Talent Competition— Memorial Park Band Stand 7:00 p.m. Call Karen At 801-615-3124 ksam855@yahoo.com paysonutah.org and community events (2)
- Wulf Mountain Bluegrass Band 4:30 TO 6:00 Memorial Park Bandstand
- Adult Talent Competition—Memorial Park Band Stand 7:00 p.m. Call Karen At 801-615-3124 ksam855@yahoo.com
- PCT's— "Xanadu" Payson High School—Matinee 2:00 pm

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83^d Annual Golden Onion Days Sep 3

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Everyone is
Marianne Brown
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Memorial Park
10:30 a.m. to
01-465-0745
person open 5 to
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0 p.m. and 7:30

Sunday, September 2, 2012

- Jam Session at Joe Coffee 9:00 a.m. 145 East Utah Ave.
- Flower and Art show Opens Peteetneet Academy at 2:00 pm
- Fireside at 600 East Stake Center
- Payson Band Concert at Memorial Park Bandstand. 8:00p.m.

Monday, September 3, 2012

- 5 K/10 K Races—7:00 a.m. City Center 439 West Utah Ave, Payson for Information or pre-register call 465- 6031
- Biggest Onion Contest— Memorial Park by Band Stand Bring Onions for Judging at 8 a.m.
- Civic Choral Early Bird Breakfast—7:00 a.m. Memorial Park \$7 adults; \$5 children
- Flag Raising Ceremony – 8a.m.; Memorial Park - Ceremony by Payson VFW For Info call Ralph Lewis 801-465-1514
- Grand Parade—10 a.m. Line-up 7 to 9 am
- Onion Days Car Show— Park View Elementary Noon – 2p.m. Registration and shine 2p.m. – 6p.m. Car Show Contact Shessann at 801-609-8744 or email arrowheadupholstery@gmail.com
- Art and Flower Show—Peteetneet School 12:30 p.m. to 5; 00 p.m.
- Corn Maze Presented by UVU, Payson City \$6.00 per person open 5 to 8p.m. 1700 West 800 So. Payson Hitman Monster Truck Ride— at field south of Aquatic Center \$5.00 a ride 9:00 am until Parade and then Noon until dusk
- Dutch Oven Cook Off— Noon; Aquatic Park Bowery Call Rob Riding 801-420-3151 Applications at Payson City office or http://www.paysonutah.org
- Payson Band Concert— Memorial Park 12:30p.m.
- Entertainment in the Park— 1:30 p.m. to 6:00p.m. Memorial Park Bandstand Free
- Book Fair—Library on Historic Main Street Noon to 5 p.m.
- Swimming Pool Hours—General Admission per person, Payson Aquatic Center 1:00 – 7:00 p.m...
- PCT's — "Xanadu" Payson High School—2p.m.and 7:30p.m.

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FAMOUS LANDMARKS OF THE WORLD: THE ALAMO

Most everyone is familiar with the phrase “Remember the Alamo!” but how much do you really remember about this famous landmark? Read along, and you might just learn some new details about this San Antonio, Texas, site.

- Franciscan monks and Spanish settlers began construction on the Mission San Antonio de Valero in 1724. It served as home to Catholic missionaries and their American Indian converts until 1793. The Spanish government then closed the mission and distributed the remaining lands and buildings to the Indian residents.
- In the early 1800s, the mission became home to a Spanish cavalry unit. It was this group who gave the structure the name Alamo, the Spanish word for “cottonwood,” in honor of their hometown in Mexico, Alamo de Parras. The military remained occupants of the Alamo up until the time of the Texas Revolution.
- As western expansion continued, more and more people were migrating to Texas, and in 1821, Stephen Austin led a group of 300 U.S. families to the area. As the population increased, the Texans sought independence from Mexico. In late 1835, a group of Texans overtook the Alamo, wresting control from the Mexican troops, putting Colonel William Travis and Colonel Jim Bowie in command of the fort. Reinforcements arrived in early 1836 to help with the defense, including American frontiersman and former Tennessee congressman Davy Crockett. About 200 volunteers were in place to defend the Alamo.

continued on next page

Just Like Cats & Dogs by Dave T. Phipps



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by JoAnna M. Lund

Hawaiian Lime Cottage Cheese Salad

Even on a hot August lunch break, this sandwich can lower the temperature, even if the thermometer doesn't budge!

1/2 cup fat-free mayonnaise
1 teaspoon lemon juice
1 teaspoon dried dill weed
1 (14 3/4-ounce) can pink salmon, drained, boned, skinned and flaked
3/4 cup finely chopped unpeeled cucumber
3 pita bread rounds, halved

1. In a medium bowl, combine mayonnaise, lemon juice and dill weed. Add salmon and cucumber. Mix gently to combine.
2. For each sandwich, spoon about 1/2 cup salmon mixture into a pita half. Cover and refrigerate until ready to serve. Makes 6 servings.

• Each serving equals: About 180 calories, 4g fat, 16g protein, 20g carb., 688mg sodium, 1g fiber; Diabetic Exchanges: 2 1/2 Meat, 1 Starch.

TIDBITS WORD POWER

Unscramble this word:

ISAEGSNON

Something used to give additional flavor to food

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Why Microchip?

By Samantha Mazzotta

DEAR PAW'S CORNER: Last spring, as I was taking my cat "Ferris" out of my mom's car at the vet's office, he jumped out of my arms and ran into the woods. We searched the woods and surrounding neighborhoods for hours, with no luck. About a week later, we got a call from a veterinarian almost 10 miles away from where Ferris had escaped! He was found by one of the assistants, and they had quickly identified Ferris by scanning his implanted microchip. Please tell your readers how important it is to microchip their pets. It reunited us with Ferris quickly, once he was found. -- Sarah in Smyrna, Ga.

carries that ID information as well as contact information. Once a microchip is implanted, owners should register the chip's information at an online registry such as the nonprofit Found Animals <http://microchipregistry.foundanimals.org/> or a registry recommended by your veterinarian. If your pet gets lost and is found and scanned, the information will be relayed to these registries. From there, the owner can check the registries, or opt to be alerted if their pet's chip is scanned. Microchipping is affordable, as well. Generally, even the priciest chipping costs well under \$100, and it's often offered as part of low-cost vaccination clinics at a reduced price.

DEAR SARAH: I'm glad to hear Ferris got home safely! Microchipping can indeed help reunite a lost pet with its owners. The biggest benefit of microchips is that if a pet loses its collar and ID tag, the microchip -- a rice grain-sized device typically implanted just under the skin between the shoulder blades --

Send your questions or comments to ask@pawscorner.com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. For more pet care-related advice and information, visit www.pawscorner.com.

Weekly SUDOKU

by Linda Thistle

		4		7				1
7			2			4		
	3				1			9
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4				3				6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Remember not to abuse these offers. Be sure to thank them for their gift.

They are very thankful to you for your patronage.

Laugh a bit with TIDBITS

Q: What happened to the man who was stopped for having sodium chloride and a nine-volt in his car?

A: He was booked for a salt and battery.

"Norma Jeane's" DINER

WEEKLY SPECIALS

- MON- Kids Eat Free with Adult Entrée
- TUE- 25¢ Drink with Sandwich
- WED- All You Can Eat Fries with Entrée

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Holidays & Observances This Week

- 8/26 Women's Equality Day
- 8/27 Global Forgiveness Day
- 8/28 Radio Commercials Day
- 8/29 National Sarcoidosis Day
- 8/30 National Marshmallow Toasting Day
- 8/31 Building and Code Staff Appreciation Day
- 9/1 America's first subway opens in Boston, 1897

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top ten

Cars Owned by Doctors

1. Toyota
2. Honda
3. Lexus
4. BMW
5. Mercedes
6. Ford
7. Nissan
8. Chevrolet
9. Subaru
10. Audi

Source: WebMD

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TIDBITS NUGGET OF KNOWLEDGE

The appearance of a yellowed enamel bathtub can be refreshed with a solution of salt and turpentine. A paste of salt and vinegar also cleans up tarnished brass or copper. A strong saline brine poured down the kitchen sink helps to prevent grease from collecting in drains.

THE ALAMO (continued)

- On February 23, 1836, General Antonio Lopez de Santa Anna marched his Mexican force of soldiers numbering in the thousands to the outskirts of San Antonio and laid siege to the Alamo in an attempt to retake Texas. Although caught off guard while they slept, the Texans refused to give up their fight for independence and were determined to defend the fort, despite their small numbers. The Texan commander sent urgent pleas for reinforcements and supplies, but response was minimal.
- Several skirmishes took place over the next 12 days but with few casualties. On the 13th day, the Mexican army broke through a breach in the courtyard's outer wall. Santa Anna's orders were to take no prisoners, and all but two of the defenders were killed. But the Texans had fought valiantly, with the Mexican forces suffering casualties estimated anywhere between 600 and 1,600. This final battle lasted about 90 minutes.
- For the next three months, the Alamo was in the control of the Mexican army. In April of that year, 800 Texans led by Sam Houston defeated Santa Anna's 1,500-man force near the site of present-day Houston. "Remember the Alamo!" was their battle cry as they attacked.
- Over the course of its long history, the Alamo has served as a mission, military quarters, housing for American Indians, a hospital, army supply depot, jail, commercial store, Masonic lodge, movie set and historic tourist attraction. The 4.2-acre site in the heart of downtown San Antonio receives more than 2.5 million visitors each year.
- "...I am determined to sustain myself as long as possible and die like a soldier who never forgets what is due to his own honor and that of his country." – Colonel William Barret Travis

ALL ABOUT CAMELS

Most of us know that camels are referred to as "ships of the desert," but what else do you know about this unusual creature? Follow along and learn some new facts!

- One hump or two? A one-hump camel is of Arabian descent and is known as the dromedary. The two-humped Asian variety is called the Bactrian. Although subjected to East Asia's blistering summers of over 100°F (38°C), they are also able to endure winter temperatures of -20°F (-29°C).

continued on next page

King Crossword

Brought to you by:
Tidbits® of Utah County

1	2	3	4	5	6	7	8	9	10	11
12				13			14			
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47				48				49		
50				51				52		
53				54				55		

ACROSS

- 1 Padlocked fastener
- 5 Pigpen
- 8 Human heart, basically
- 12 Always
- 13 Before
- 14 Sandwich cookie
- 15 Note from the boss
- 16 Staff with robots?
- 18 Ape, e.g.
- 20 Pie-in-the-face sound
- 21 — de deux
- 22 Same (Pref.)
- 23 Verbalizes, Biblically
- 26 Weather conditions
- 30 White wine aperitif
- 31 Stir-fry pan
- 32 Trotted
- 33 Mosque leader's office
- 36 "The Silence of the —"
- 38 "— Impossible"
- 39 Help
- 40 Thingamajig (Var.)
- 43 Enliven
- 47 Quite close
- 49 "American —"
- 50 Gangster's

DOWN

- 1 Rope fiber
- 2 State with conviction
- 3 Big truck
- 4 On time
- 5 Airplane furniture
- 6 Verifiable
- 7 Nevertheless
- 8 Cheerleader's prop
- 9 Caspian Sea feeder
- 10 Transcending (Pref.)
- 11 Versifier
- 17 Bone (Pref.)
- 19 Backrub response
- 22 Sort
- 23 Enjoy Aspen
- 24 Intention
- 25 Playwright Levín
- 26 Miller Sebastian
- 27 Branch
- 28 Bill
- 29 Type measures
- 31 Lbs., ozs., et al.
- 34 Acting out wordlessly
- 35 Teeny bit
- 36 Roman numeral
- 37 Put on a pedestal
- 39 Regarding
- 40 Showbiz jobs
- 41 Part of the loop
- 42 Old portico
- 43 On
- 44 Commotions
- 45 It may be painted red
- 46 Otherwise
- 48 Oklahoma city

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- Although you might think the camel is a homely animal, its name comes from the Arabic word meaning "beauty."
- A camel is an ungulate, in other words, a mammal with hooves. Each foot has two toes and a pad, and the pads spread as it walks, enabling it to maneuver on soft sand without sinking. The camel's body is specially designed to protect itself from sand — It has three eyelids to protect the eyes from blowing sand and can also close its nostrils as a defense. Like the cow, camels are ruminants, meaning they have a multi-chambered stomach.
- The camel's legs are very thin, yet they are able to support not only the 1,500 pounds (680 kg) of the camel's body weight, but heavy cargo weighing up to another 1,000 pounds (454 kg).
- If you think the camel's hump is a reserve of water to help him through the hot desert, you're mistaken! The hump, rising about 30 inches (75 cm) out of the body, is actually fat, up to 80 pounds (36 kg) worth, that the animal can metabolize for energy and water as needed. As the camel travels great distances without sustenance, it uses up its hump's stores, and it arrives at its destination with a flabby hump or no hump at all! A camel is able to tolerate a 40 percent loss in body mass.
- When the camel is ready to replenish its water supply, it can drink 30 gallons (135 l) in just 13 minutes! A camel has the ability to carefully preserve its body's hydration by increasing its own body temperature, thus preventing sweating and subsequent water loss. Nostrils also trap water vapor and return it to the body's fluids. In addition, the green plants the camel ingests contain moisture that further contributes to its hydration. It's not unusual for a camel to endure several weeks or to travel up to 100 miles (161 km) without water.
- Although the camel might appear clumsy or ungainly, it can actually run up to 40 miles per hour (64 km/hr) in a short burst and sustain longer distances at 25 miles per hour (40 km/hr).
- Many of the deserts' nomadic tribes count on camel milk as one of their staple foods. The milk is rich in vitamins, minerals and proteins and is lower in fat and cholesterol than cow's milk. Bedouins frequently process it into a nutritious drinkable yogurt, and some of these roaming tribes live on nothing but camel milk for six months.
- The female carries her young between 12 and 14 months. The season and the availability of food both affect the length of gestation. The average camel lives 40 to 50 years.

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TIDBITS®
Laughs!

A Sunday school teacher had just finished teaching the Bible lesson that told of how Lot's wife looked back and turned into a pillar of salt. She then asked if anyone had any questions or comments. Little Billy raised his hand. "My mommy looked back once when she was driving and she turned into a telephone pole!"

COMMUNITY NEWS BITS
PAYSON

AUG - Business of the Month
 Founded in 1873, Zions Bank is Utah's oldest financial institution operating 106 full-service branches throughout Utah and 27 in Idaho. Zions Bank expanded into Utah County in the late 1960s when it purchased the Utah National Bank of Provo in 1969. The Payson office opened 2 years later. The Payson office last year hosted the Traveling Treasures Exhibit, a Zions Bank partnership with the Natural History Museum of Utah that brings interactive museum exhibits to rural communities. The branch also participates in Zions' annual Paint-a-Thon, in which employees volunteer to paint and landscape the houses of low-income, elderly, and disabled homeowners.



Join Payson in Celebrating the
83rd Annual Golden Onion Days
Aug 31 – Sep 1
 See paysonutah.org for details

Also See Pages 4 & 5 Inside

Payson Business of the Month – Sep
Presentation Aug 31 @ 11:30P
 Arrowhead Upholstery occupies the front half of a charming building on Payson Main Street. The '50's themed design hosts plenty of room for dreaming up the perfect classic car interior. The Main Street building is also home to Utah Avenue Insurance.

Heritage Festival – Sept 8th
 For information, contact
 Cindy Boyd at 801-836-8064
cindyboyd@gmail.com
 or Emily Varney
 at varney.emily@comcast.net

UPCOMING YOUTH SPORTS REGISTRATION DATES:
 Youth Volleyball 3rd -12th Grade Register: Aug1-30
 Flag Football 1st – 12th Grade Register: Aug 1-30
 2nd Grade Basketball Register: Aug 1-30
 Jr. Viking Cheer Register: Aug 1 - Sep 4
 Cross Country Register: Aug1-30
 Adult Coed Volleyball Register: Aug1-Until filled
 Please see plgrove.org for more detailed information and pricing.



Spanish Fork

The market runs through Nov 3 at 100 W Center Street behind the City Office Building. The Farmer's Market is a fun place to shop for fresh produce from local growers and vendors. Business Fairs will run once monthly and will be located at 40 South Main, Spanish Fork.

Contact the Spanish Fork Salem Chamber of Commerce at 801-798-8352 or office@spanishforkchamber.com.

Business Fair at 40 S Main Street for Chamber businesses to strut their stuff!
 Barber Brothers Car Buying Show on 1280 The Zone Sports Radio with Tom Barberi will be on site Aug 25 from 8am until 1pm! Fred Barber and Tom Barberi will broadcast live from our Business Fair! Come out and enjoy the business fair and the farmer's market!

Body Language Training – Tue Aug 28th at Crockett Chiropractic at 583 N State Rd 198 Salem is the place to find out what your body language is telling others! Do you want to feel more confident in connecting with people around you? Come and learn a powerful tool to increase your relationships and income! Training by 3Key Elements www.3keyelements.com Sponsored by Dr. Craig Crockett of South Valley Chiropractic



Car Show
Monday, September 3rd, Noon-5:00

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ANSWERS

SPORTS QUIZ

1. Jeff Bagwell, in 1991.
2. Bill McKechnie (Pittsburgh, St. Louis and Cincinnati).
3. Ron Yary in 1968 (Minnesota) and O.J. Simpson in 1969 (Buffalo).
4. Dallas' Dirk Nowitzki did it in the 2000-01 season.
5. Jaromir Jagr, with 16.
6. It was the 2000 Summer Olympics.
7. Mike Reid, in the 1976 U.S. Open.

WORD POWER
 ANSWER
SEASONING

Trivia test
 by Fifi Rodriguez

1. A sweater
2. Emily Bronte
3. Kato
4. Vientiane
5. George Gershwin
6. John Williams
7. Texaco
8. Bedloe's Island
9. High school football
10. Purple

Go Figure!
 answers

4	÷	1	+	8	12
+		x		÷	
8	-	6	x	2	4
÷		-		+	
3	x	5	-	9	6
4		1		13	

King Crossword
 Answers

Solution time: 21 mins.

H	A	S	P	S	T	P	P		
E	V	E	R	E	R	E	O	R	E
M	E	M	O	A	U	T	O	M	A
P	R	I	M	A	T	E	S	P	L
S	A	I	T	H	C	L	I	M	A
K	I	R	W	O	K	R	A	N	
I	M	A	M	A	T	E	L	A	M
I	T	S	A	I	D				
G	I	S	M	O	A	N	I	M	A
I	N	T	I	M	A	T	E	I	D
G	O	O	N	D	O	N	R	O	S
S	N	A	G	A	P	T	E	S	N

Weekly SUDOKU
 Answer

5	8	4	3	7	9	2	6	1
7	9	1	2	8	6	4	3	5
2	3	6	5	4	1	7	9	8
1	2	3	7	9	8	6	5	4
9	5	7	6	2	4	8	1	3
6	4	8	1	5	3	9	2	7
3	1	2	8	6	7	5	4	9
8	6	9	4	1	5	3	7	2
4	7	5	9	3	2	1	8	6