

Elaine Williams



Payson Business of the Month – Oct 1

11:30 AM - 12:00 PM MST
Elaine Williams residence 1553 S. 930 W. Payson

Elaine's business includes products and services that help people to help themselves improve their lives and businesses. With the growing need for individuals, families and businesses to find more productive and economical avenues of surviving in the downturned global economy, Elaine offers services that can save money, improve health and wellness, and decrease vulnerability to predatory systems.

- Wellness Coaching - Using the best natural tools available, Elaine helps clients identify, and naturally heal the underlying causes of stress, illness and disease, easily and gently.
- Pre-paid Legal Services - To ensure the average person/family has immediate access to legal consul when needed (legal insurance - just like car insurance!) and to protect and resolve identity theft issues.

Elaine serves as the Ribbon Cutting Chair on the Payson Chamber of Commerce Board of Directors and organizes the ribbon cutting events for new businesses in Payson. She is the Vice Chair for her Payson 02 Political District and serves as the Stake Single Adult Committee Chair for her Mt. Nebo Stake. She actively supports Chamber events and loves working with small businesses. Elaine is a transplant from Maryland and is the mother of 5 grown and productive children and the grandmother of 12 adorable grandchildren (and she's single!).

Mt. View Hospital is sponsoring a Family "A" Fair – Oct 3 from 3P to 6P At the Mountain View Hospital at 1000 E. 100 N. Payson

Free and open to the public , Food, games, Health Information, Prizes, Community Resources - Baby Contest Mountain View Hospital and the Mountain Star Women's Center are the sponsors of the awesome event! Come out and have a good time getting health care information.

Spanish Fork

ObamaCare Free Lunch Seminar WED Oct 3 @ 11:30A

Central Bank 1 North Main Street Spanish Fork Find out how Obama Care will affect your business & personal finances! Hawkins Cloward & Simister, with CB Financial Advisors will discuss this new legislation and how to deal with it. Topics will include Fundamental requirements, Tax Provisions effective 2013, Tax Provisions for later years, Medicare Tax additions, Strategic Planning, with time for questions and answers. Lunch will be provided by Chick-Fil-A. Seating is limited so RSVP today to Brittan Parker at 801-655-2102 Brought to you by Central Bank Spanish Fork! Call today to reserve your spot! 801-655-2102

PAYSON CITY, UVU ALUMNI, & UVU CREATIV SOCIETE present

MAiZE

CORN MAZE

an entrepreneurial student and community engaged learning—scholarship project with proceeds going to local students

SEASON	FRI, AUG. 31	HOURS 5 ^{to} 9 ^{pm}
	'TIL SAT, NOV. 3	

monday • wednesday • friday • saturday

AVAILABLE fundraising/business/service_projects
info@MAiZE.me

\$6 GENERAL

location: 800 S STATION ROAD
PAYSON
I-15 exit 248, head west

discounts:
with UVU ID
group 10+

& reservations
& information
online at
MAiZE.me

f

Daily Herald
www.heraldextra.com

SURROUND YOURSELF

FALL GOOD LIFE EXPO

Home & Family • Health & Preparedness

Call 801-372-3300 • Oct. 26 & 27 - SPANISH FORK FAIRGROUNDS

Find us on Facebook



Spanish Fork Farmer's Market runs through Nov 3 at 100 W Center Street behind the City Office Building. The Farmer's Market is a fun place to shop for fresh produce from local growers and vendors. Business Fairs will run once monthly and will be located at 40 South Main, Spanish Fork. Contact the Spanish Fork / Salem Chamber of Commerce at 801-798-8352 or office@spanishforkchamber

Sp Fork / Salem – Scarecrow Contest – See spanishforkchamber.com for details and application. \$10 Entry Fee. Scarecrows to be on display Oct 1 -31st Winners tbd by online voting. Lets decorate our communities for the Halloween season and have a great time! Enter today!

Pleasant Grove

Secondary Water Ending Early
The secondary water system will be shut down starting Oct 1st due to maintenance of the Manila Creek Pond, the City will begin the winter shut down of the secondary water system two weeks earlier than normal. There may be water in some portions of the system for several weeks as the main lines are drained. Residents should plan to winterize their sprinkler systems after the beginning of the month, when lines are empty. The Water Department would like to thank the citizens of Pleasant Grove in their efforts to conserve water this summer. For questions call the Water Department at 801-785-2941.