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November 5, 2012

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Issue 2012-45

Published by : Serendipity Weekly

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TIDBITS® GETS A LITTLE BIT POLITICAL

by Patricia L. Cook

This Tidbits shares some interesting election trivia. With another presidential election happening shortly in the United States, maybe it is time for some election news you may not have heard; funny, sad, and maybe a bit absurd!

- The youngest man elected president was John Kennedy who was 43. Most Americans are aware of that news but did you know that Theodore Roosevelt was actually younger, 42, when he was elevated to president from vice president? He filled the position when William McKinley was assassinated.
- The oldest president elected was Ronald Reagan who was 69. Reagan and Gerald Ford were the two presidents who lived the longest after serving, both living to age 93.
- Young Grover Cleveland was only nineteen, not even old enough to vote, when he worked on James Buchanan's successful Democratic run for the presidency in 1856. After Buchanan, there would not be another Democrat in the White House until Cleveland himself was elected 28 years later in 1884! Buchanan was the only president that never married.
- Reagan was the only president who had been divorced. Five presidents remarried after their wives died, two of them, John Tyler and Woodrow Wilson, while they were in office.

turn the page for more!

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- 1. GEOGRAPHY:** Where are the Balearic Islands located?
- 2. ANATOMY:** Where is the ulna located in the human body?
- 3. ANCIENT WORLD:** Who kidnapped Helen of Troy, an event that started the Trojan War?
- 4. LITERATURE:** Who wrote the novel "Light in August"?
- 5. HISTORY:** In what year was the first Zeppelin flight?
- 6. INVENTIONS:** What did Elisha Otis invent?
- 7. GENERAL KNOWLEDGE:** Where is original Mayo Clinic located?
- 8. U.S. STATES:** In what state is Mount Rushmore located?
- 9. ANIMAL KINGDOM:** What is a group of ducks called?
- 10. RELIGION:** What is a more common name for the religious group called United Society of Believers in Christ's Second Appearing?



by Jo Ann Derson

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- Have a stiff straw or corn broom? To keep the ends in shape, cut a band that's about 4 inches wide from an old pantyhose leg. Slip it over the bristles to keep them together.
- Act now to prevent burst downspouts from ice. Clean out leaves and debris from the gutter and add a topper of wire mesh. It will allow water to flow freely, preventing ice dams from forming.
- If you buy a pair of shoes that you LOVE so much you find you're wearing them almost every day, go back to the store and get a second pair. The lifespan of a pair of shoes is dramatically reduced by overwearing them. Make a mark inside to distinguish the pairs, and alternate them.
- "An old pill bottle can make a handy dispenser for rolls of stamps. Remove the top and cut a slit into the side of the bottle using a handsaw. Set the roll of stamps into the bottle, guiding the end out of the slit. Replace lid." -- A.F. in Connecticut
- "This is a senior tip, but it's useful for everyone! If you get a new pair of shoes that are slick on the bottoms, get a piece of sandpaper and scuff up the soles to get some traction." -- L.L. in Alabama
- "I start now collecting cheap but pretty dishes in all sizes from yard sales and secondhand stores. I use them at the holidays for cookie gifts, when bringing a dish to a friend, etc. They can be reused, and I let everyone know it's not necessary to return them. Plus, they are sturdier than plastic ware, which usually gets tossed after the holidays." -- J.D. in Florida

Send your tips to Now Here's a Tip, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or e-mail JoAnn at heresatip@yahoo.com.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	÷		+		7			
+		+		×				
	-		×		12			
×		+		-				
	+		×		11			
20		15		23				
1	1	2	3	4	5	6	7	9

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

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ELECTIONS (continued)

- Six U.S. presidents had no children. John Tyler had the most, fifteen! Tyler was called "His Accidency" by opponents, being the first vice president called to fill the office of president by the death of his predecessor, William Henry Harrison. Harrison died of pneumonia after only being in office 32 days, the shortest term of any U.S. president.
- There have been short and tall presidents, with James Madison the shortest at only 5'4" (1.62 m). Abraham Lincoln was the tallest at 6'4" (1.93 m), with Lyndon Johnson only 1/2 inch (1.27 cm) under him. James Madison was also the lightest president, weighing only about 100 pounds (45.36 kg). William Howard Taft was the heaviest at about 300 pounds (136 kg) and actually had a bathtub installed in the White House that would fit four normal sized men!
- His size was not the most unusual thing or memorable trivia about William Howard Taft, it was his activity after he was president. He served as a Professor of Law at Yale until President Warren G. Harding selected him to be Chief Justice of the Supreme Court eight years after his service as president, in 1923. In 1925, Calvin Coolidge was the first and only president to be sworn in by a former president.
- Taft, said that his greatest honor was serving as Chief Justice. He wrote: "I don't remember that I ever was President."
- When the government for the United States of America was first formed, there were no political parties. George Washington served as president with no political party affiliation.
- When the U.S. Constitution was written, there was no mention of political parties. Most of the framers of the document hoped that no political parties would form. They hoped the new country would be such that everyone would just "get along!" (agree!)

continued on next page

CALIFORNIAN MAGIC MAZE ● FRUITS AND NUTS

A P M J H E C Z X U S Q N L J
A G E C Z (P I S T A C H I O) X
V O T V T R P N U L J H E C G
O A G U Y W V T N R P N L R K
C I G N N E C B L D Z X A W P
A U S R A T P O E W N P M T A
D L J I C M S C Z G E O E U P
O L I V E G N E A S D H M N A
B A Y X P I E E H C Y L S L Y
W U T S U F Q T O C I R P A A
P O N Q L K J H G F D C B W C

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Almond	Fig	Mango	Pistachio
Apricot	Grapes	Olive	Quince
Cashew	Hazelnut	Papaya	Walnut
Chestnut	Lychee	Pecan	

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THIS WEEK'S CELEBRITY BIRTHDAYS

Yanni 11/4/54
Art Garfunkel 11/5/41
Maria Shriver 11/6/55
Billy Graham 11/7/18
Bonnie Raitt 11/8/49
Tom Weiskopf 10/9/42
Sinbad 11/10/56
Pam Strong 11/10/1950



Put Stamp on Fall With Real Apple Art

Some of my kids' best and least-expensive art supplies have come from nature. Acorns, leaves, shells, pinecones and sticks all have provided inspiration for a plethora of family craft and decorating projects.

Now that apple season is here, it's a perfect time to get your creative juices flowing and use real apples to stamp out some original art. You can stamp apple prints onto brown craft paper or recycled brown grocery bags for lovely homemade wrapping paper, gift tags and book covers.

To create wearable art to celebrate fall, stamp apple prints with permanent acrylic fabric paints on a sweatshirt, T-shirt or cotton infant wear. Stamp fabric napkins, place mats, potholder and dish towels, too. There's really no end to objects that can sport an apple stamp or two.

Here's the fun:

Slice an apple in half vertically. Pat it dry with a towel and remove as much moisture as possible. For a handle that young kids can grab onto, poke a fork into the outside center of the apple.

Pour craft paint in squeeze bottles onto a paper plate. (Use fabric paint if stamping clothing.) Dip the cut side of the apple into the paint. Press the apple gently on a paper towel to absorb some of the paint, and then press the apple firmly onto the paper or fabric. Stamp as many prints as you like by dipping and printing.

When your apple prints are dry, dip a toothpick or small paintbrush into some green or brown paint and paint a slender stem and a leaf onto your apple print. Or, glue a real stem on a print or two for an original look!

Notes:

--For a group project, look for cheaper bruised fruit at apple orchards.

--If you cut an apple widthwise around the circumference, the seeds form a perfect star shape. Remove the seeds and stamp out the natural design.

--If using fabric paints on fabric, an adult should heat-set the prints with an iron according to product instructions after the paint has dried.

Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit www.donnasday.com and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families."

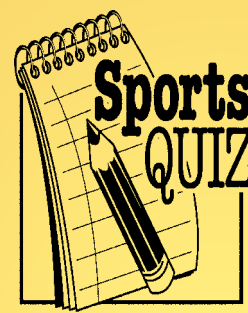


TIDBITS WORD POWER

Unscramble this word:

CINBUNETM

This word means: *A person currently holding an elected position.*



- 1 Name the only siblings to each toss a no-hitter in the major leagues.
- 2 Who was the last Baltimore Oriole to lead the American League in batting average for a season?
- 3 Oklahoma State's Justin Blackmon set an NCAA record for most consecutive games with at least 100 yards receiving and a touchdown. How many?
- 4 When was the last time before 2011 (Miami Heat) that a team had three players who each tallied at least 30 points and 10 rebounds in the same game?
- 5 In 2012, goalie Jonathan Quick of the Los Angeles Kings became the third American player to win the Conn Smythe Trophy (playoffs MVP). Who were the first two to do it?
- 6 Name the driver who won the first Indianapolis 500 in 1911.
- 7 Who were the last tennis sisters before the Williamses (2002-03, 2008-09) to meet in Wimbledon's women's singles final?

By Chris Richcreek

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VETERANS POST

by Freddy Groves

Women Vets Getting Better Health Care

The gap between the health care received by men and women veterans is closing. So says the Department of Veterans Affairs.

According to its website, women's health care through the Women Veterans Health Program focuses on a number of areas:

Comprehensive primary care: The plan is to include gender-specific care at every VA site, including physical rehab, maternity care, acute and chronic illness, disease prevention and screening, and more.

Women's health education: The VA is training more and more health-care providers to work specifically with women.

Reproductive health: The VA is increasing its coordination of female-specific treatments to provide a full range of medical services, including Pap tests, birth control, mammograms and breast cancer care. A recent press release by the VA says that it leads the nation in breast cancer screening rates with 87 percent of eligible women veterans receiving screening. It has 45 facilities with digital mammography, and mobile mammography in rural areas of the country.

Special populations: Women veterans who live in rural areas or are homebound can take advantage of mobile clinics, e-clinics and home-based services. Older women veterans can take advantage of treatments for cardiovascular disease, diabetes, osteoporosis and menopause.

If you're a female vet and you haven't hooked up with the VA for any of your health care, check it out. You can start online at the Women Veterans Health Care website: www.womenshealth.va.gov. You can apply online and fill out the VA Form 10-10EZ. Look for the video that will walk you through the enrollment process. Or you can call the VA Health Benefits Call Center at 1-877-222-8387 if you have questions about enrolling or any other benefits. At the website you can locate a facility in your area. For a non-emergency, it's required that you be scheduled for an appointment within 14 days.

ELECTIONS (continued)

The first political parties for the U.S. started in the late 1700s. On February 12, 1798, Thomas Jefferson wrote: "Two political sects have arisen within the U.S., the one believing that the executive is the branch of our government which the most needs support; the other that like the analogous branch in the English government, it is already too strong for the republican parts of the Constitution." The former were called federalists, sometimes monocrats and sometimes aristocrats, sometimes Tories like the corresponding group in the English government. The latter were called republicans, Whigs, anarchists, Jacobins, and sometimes disorganizers.

The current two party system, with Democrats and Republicans, has been part of the political system in the U.S. for years. The first party was originally formed from many of the advisers that George Washington consulted with. Oddly the first political party, started in 1792, was called the Democratic-Republican Party.

Many changes have happened with the political parties through the years. Smaller parties have tried to gain power but have never been very successful. The Republicans and Democrats are still the main newsmakers.

Canada has also been a country dominated by two political parties, today the Liberal and Conservative parties. An interesting time in Canadian history was when there were seven distinct political parties in the legislature in 1854.

The Canadian parties at the time were four groups from Northern Canada: 1) the Tories, 2) moderate Conservatives, led by the first Prime Minister of Canada, John A. Macdonald, known as "Sir John A.," 3) Baldwin Reformers, who were moderate Liberals, 4) and the Radical or advanced Liberal party, known as the "Clear Grits." The other three parties were from Lower Canada. They were: 1) Parti Bleu, the majority of the French Canadians, considered a liberal party even though most French Canadians were conservative, 2) the Parti Rouge, which was a small party of French Canadian Liberals, some who were rather radical, and lastly, 3) an English-speaking minority in Lower Canada.

continued on next page

TIPBITS Laughs!

Two friends with different political views headed to the polls to vote. One says to the other, "We've argued about this election for months, and we're obviously going to vote for different candidates. Our votes will cancel each other out, so why don't we just go home instead?" The friend agreed so they shook hands and left without voting.

Another guy heard the conversation and approached the "dealmaker" saying with admiration, "That was an interesting way to handle your differences." "Yeah," said the dealmaker, "I've done it five times today!"

Holidays & Observances This Week

- 11/4 King Tut Day
- 11/5 Guy Fawkes Day
- 11/6 Saxophone Day
- 11/7 Bittersweet Chocolate with Almonds Day
- 11/8 Cook Something Bold Day
- 11/9 Chaos Never Dies Day
- 11/10 USMC (U.S. Marine Corps) Day
- 11/10 PJS Natal Fest

Strange BUT TRUE

In this season of bitter partisan rivalries, it would be well to remember the following sage observation: "Do not trust to the cheering, for those persons would cheer just as much if you and I were going to be hanged." The man who first made that observation was Lord Protector of England Oliver Cromwell, considered by some to be a hero of liberty, by others to be a regicidal dictator. He died in 1658, probably from septicemia. He was so reviled that, three years later, he body was exhumed so that he could be posthumously executed, his body thrown into a pit and his head displayed on a pole outside Westminster Hall.

Those who study such things say that if all the gold in the world were combined in one lump, it would result in a cube that measures 20 yards on each side.

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If you're planning a trip to Lima, Peru, you might want to add Puento de Piedra to your sightseeing list. Though the Spanish name means "Bridge of Stone," the span is popularly known as the Bridge of Eggs. Legend has it that in 1608, the builders used the whites of 10,000 seabird eggs in the mortar that holds the stones together.

Pumpkins are native to the Americas, not Europe. This is why the original jack-o'-lantern was a turnip.

What do the words "obscene," "tranquil," "mediate," "catastrophe," "dire," "critical," "vast" and "apostrophe" have in common? All of them appeared in print for the first time in the works of William Shakespeare.

If you're contemplating a move to Corpus Christi, Texas, be sure to keep in mind that in that town, it's illegal to raise alligators in your home.

Thought for the Day: "One fool can ask more questions in a minute than 12 wise men can answer in an hour." -- Vladimir Lenin

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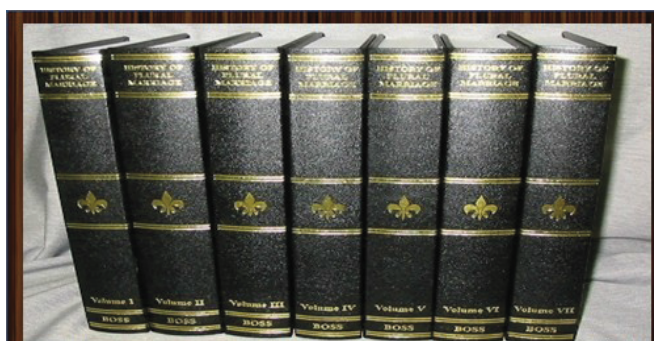
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By Arnold Boss

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-Keepersbooksite

"During June, 1938, I have been laboring continuously in checking material previously copied for use in my "History of Plural Marriage Among the Mormon People". Most of this material I copied from old records in the Deseret News vaults. It has been a secret work, and has been unusual the way permission has been extended me to have access to the vault. I have hidden my real purpose in going there, but much courtesy has been extended me. Obviously, if it was known what I was searching for, and the material copied, this privilege would have been denied me." - Arnold Boss

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12				13				14			
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38	39				40	41					
42				43	44				45	46	47
48				49					50		
51				52					53		

DOWN

1	Lamb's mama
2	Blend
3	Altar affirmative
4	Serena's game
5	From one end to t'other
6	Slowly withdraw (from)
7	Cereal tidbit
8	Sondheim or Colbert
9	Say again
10	Veggie in Creole
11	Transaction
12	Dawn goddess
13	"- Lang Syne"
14	Genealogy chart
15	Count
16	Coaster
17	Lather
18	Citric quaff
19	Verve
20	Hide
21	Lawlessness
22	Exist
23	Vim
24	Thoroughfare (Abbr.)
25	Long story
26	Do as you're told
27	"- and Circumstance"
28	iPad downloads
29	French assent
30	Carte lead-in
31	previcer
32	Compass pt.

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top ten

America's Favorite Sweets

1. M&Ms
2. Reese's Peanut Butter Cups
3. Hershey's bar
4. Snickers
5. Kit Kat bar
6. Twix
7. Twizzler
8. Skittles
9. Dove
10. 3 Musketeers

Source: IRI

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TIDBITS

NUGGET OF KNOWLEDGE

The first prime minister of Canada, Sir John Alexander Macdonald, was an interesting character who has always held a unique spot in Canadian political history. He served from 1867 - 1873 and then again from 1878 - 1891 and is considered the "Father of Confederation." January 11th was established as Sir John A Day in 1/2002.

ELECTIONS (continued)

- People all over the world get fed up with politics. At a parliamentary election in Naples, Italy in 2008, a 41-year-old man ate his ballot in protest to the country's politicians! He was charged with destroying election materials.
- In 2004, a woman in England was fined for trying to register her cows, Henry and Sophie Bull and her dog, Jake Woofies, as voters. Her barn was listed as a separate property and when forms asked who the residents of the property were, she listed the animals!
- For a last Tidbit on elections, imagine the confusion if our North American countries had the diversity of over 1,000 political parties! According to the Election Commission of India, that is the estimate of parties that exist in India. The commission has a list of symbols that political parties can use to represent their groups, including a kite, diesel pump, kettle, pressure cooker and many others. As you vote, be glad that we do have elections and that our ballots don't contain pressure cooker and kite parties!

FAMOUS LANDMARKS OF THE WORLD: THE BERLIN WALL

The Berlin Wall started as a barbed wire fence, constructed overnight as Berliners slept. Imagine the shock of finding you couldn't cross from one side of the city to the other.

- The city of Berlin and country of Germany was divided at the conclusion of World War II. The Soviet Union and communism controlled the East, with the allied powers of Great Britain, France and the United States controlling the West in a democracy. So it was a West vs. East; democracy vs. communism divide.
- By 1949, the division of Germany and the city of Berlin was official. West Germany was called the Federal Republic of Germany and East Germany was the German Democratic Republic. Since Berlin was entirely within the East, and it was agreed that the city would be divided, West Berlin was like an island of democracy within East Germany, surrounded by a wall.

- When the Germans in the Soviet-controlled East became disillusioned with the economic and political oppression of communism, many defected to the West. Approximately 1,500 people per day were fleeing to the West seeking democracy by 1961.
- Rumors arose that the German Democratic Republic was going to do something drastic to stop the movement of people to the West. That became a reality during the night of August 12-13, 1961, when soldiers and construction crews were brought in after midnight. While the people of East and West Berlin slept, crews tore up the streets, put up concrete posts and strung barbed wire separating the east and west. They even cut the telephone lines.

continued on next page

Birding BITS BY Cindy Brook

Birds That Cling

Bird feeders are available for birds that cling, such as titmice, woodpeckers, finches, wrens and nuthatches. The feeders are made of wire mesh and don't have perches. They come in handy because birds that can dominate a feeder, like grackles or doves, leave these feeders alone.

E-mail: birdingbits@cfl.rr.com

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LAFF-A-DAY

"I was brushing my teeth when my wife said, 'Mr. Helper of the Internal Revenue to see you, dear.'"

KIDBITS

Junior Whirl by Hal Kaufman

LOOSE ENDS! You are asked to complete seven longer words by the addition of a three-letter word to each of the letter combos provided at right.

SH T ST C M SM FL FT ST S C DP SC

DISPATCH WITS FOR 9-COUNT

TOTE BAG! What is it that the farmer is toting above? To find out, draw connecting lines from 1 to 2, 3, etc.

WARMING UP! S-t-r-e-t-c-h those muscles to run that race. Add colors: 1-Red, 2-Lt. blue, 3-Yellow, 4-Lt. brown, 5-Flesh tones, 6-Lt. green, 7-Dk. brown, 8-Dk. green, 9-Black.

SPELLBINDER

SCORE 10 points for using all the letters in the word below to form two complete words:

LATCHKEY

THEN score 2 points each for all words of four letters or more found among the letters.

Try to score at least 50 points.

Possible two-somes: THEY, BACK

SNOWFLAKES by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.

DIFFICULTY THIS WEEK: ♦♦♦♦

♦ Easy ♦♦ Medium ♦♦♦♦ Difficult

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Moments in time
THE HISTORY CHANNEL

• On Nov. 7, 1776, Congress chooses Richard Bache to succeed his father-in-law, Benjamin Franklin, as postmaster general. Franklin invested nearly 40 years in the establishment of a reliable system of delivering mail. He was fired in 1774 for opening and publishing Massachusetts Royal Governor Thomas Hutchinson's correspondence.

• On Nov. 5, 1895, Rochester, N.Y., patent attorney George Selden wins U.S. Patent No. 549,160 for an "improved road engine" powered by a "liquid-hydrocarbon engine of the compression type." With that, as far as the government was concerned, George Selden had invented the car -- though he had never built a single one.

• On Nov. 10, 1928, the first installment of "All Quiet on the Western Front," Erich Maria Remarque's acclaimed novel of World War I, is first published in serial form. Remarque's realistic depiction of trench warfare from the perspective of young soldiers was eventually translated into more than 20 languages.

• On Nov. 11, 1942, Congress approves lowering the draft age to 18 and raising the upper limit to age 37, increasing the number of draftees. During the first draft in 1940, 50 percent were rejected for health reasons and 20 percent of those who registered were illiterate.

• On Nov. 8, 1951, Yankees catcher Yogi Berra is voted the American League's most valuable player for the first time in his career. He went on to be the league MVP twice more, in 1954 and 1955.

• On Nov. 9, 1965, the biggest power failure in U.S. history occurs as all of New York state, and parts of seven neighboring states and eastern Canada are plunged into darkness. The blackout during the evening rush hour trapped 800,000 people in New York's subways and stranded thousands more in office buildings and elevators.

• On Nov. 6, 1977, the earthen Toccoa Falls Dam in northeastern Georgia gives way, and 39 people die in the resulting flood. A volunteer fireman had inspected the dam and found everything in order just hours before it suddenly failed, sending water approaching speeds of 120 mph thundering down the canyon and creek.

THE BERLIN WALL (continued)

• Upon awakening on the morning of August 13th, Berliners were shocked to see the border. They could no longer visit friends and relatives on the other side. More than 60,000 commuters who went to better-paying jobs in West Berlin could not cross the line to work. If a person went to sleep on August 12th away from their loved ones on the other side of the city, they were stuck there, unable to return for decades.

• The fence constructed in 1961 was easy for people to cross so in 1962 a second fence parallel to the first was erected. The area between the fences was cleared to create an empty space where guards could see escape attempts.

• By 1965 a concrete wall was added. It stood until a more sophisticated wall was built in 1975. This wall was also accompanied by over 300 watchtowers and thirty bunkers to keep people from crossing the border.

• President Ronald Reagan spoke to the people of West Berlin on June 12, 1987. His words were some of the most memorable of his presidency: "General Secretary Gorbachev, if you seek peace, if you seek prosperity for the Soviet Union and Eastern Europe, if you seek liberalization: Come here to this gate! Mr. Gorbachev, open this gate! Mr. Gorbachev, tear down this wall!"

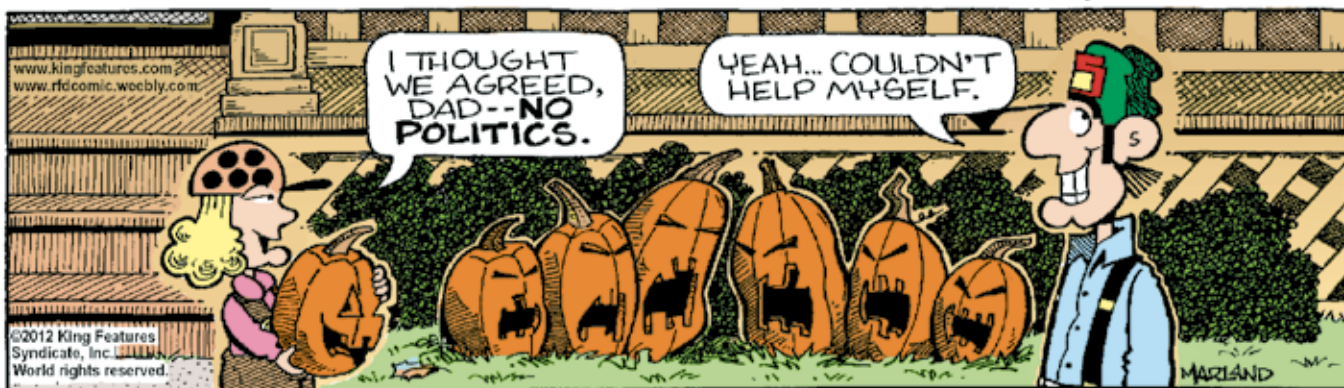
• The Wall, in its final reinforced state, stood until November 9, 1989. Thousands of Germans demanded passage through the gates after the government announced that "private trips abroad" would be allowed. They, literally, tore the wall down.

• Reunification of Germany was formally concluded on October 3, 1990. The infamous wall stood from August 13, 1961 until November 9, 1989.

continued on next page

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HOCUS-FOCUS

BY HENRY BOLTINOFF



HOCUS-FOCUS



CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.
DIFFERENCES: 1. Shade is smaller. 2. Cap is reversed. 3. Card is different. 4. Headboard is different. 5. Glasses are missing. 6. Book is missing.

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It's a Lousy World
DEAR DR. DONOHUE: My entire family has lice. I am starting a support group for families who have had to experience this awful invasion of their scalps. I have reached the breaking point. Give me a plan for treatment and a timetable for their eradication from our home. -- Name Withheld Lest Neighbors Find Out

ANSWER: One of nature's smallest creatures, the head louse upsets domestic tranquility with more revulsion than most health-endangering illnesses. Head lice bring no disease with them. They are tiny, only 3 millimeters (1/10 inch) in length. They feed on blood and die within a day or two off the scalp. After feeding, lice have a reddish-brown hue. The mother louse glues louse eggs to hair, and those structures are called nits. They are only 1 millimeter (4/100 inch) long. The eggs hatch in six to 10 days. If nits are more than a quarter of an inch from the scalp, the baby louse has already hatched, and the nit is no longer a problem. In an average life span of three months, the mother louse can lay up to 300 eggs.
Lice are not an indication of poor hygiene. Most of the time, they're introduced into a family by a child who caught them at school. They can infest other family members quickly. Transmission comes from direct contact with an infested individual and, less often, from contact with inanimate objects used by that individual, like hats, combs, brushes and bedding. You're not alone. Six to 12 million Americans

AMBER WAVES By Dave T. Phipps



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come down with head lice yearly. Almost all people with head lice have intense scalp itching. A number of methods effectively rid you of the problem. The first medicines used are permethrin (Nix) or pyrethrins (Rid), which are cheap and usually effective, although lice are becoming resistant to them in some locations. A second treatment is given seven to 10 days after the first. Ovide (malathion) is used if lice linger after Nix or Rid. And should Ovide not work, the oral medicine Stromectol (ivermectin) is available. A new medicine is Natroba (spinosad) suspension. It is held in reserve as a last resort. This nightmare should be over in two to three weeks.

DEAR DR. DONOHUE: My husband was told he had prostate cancer in 2010 and had his prostate removed. Now his doctor wants him to have PSA testing. He says he might need radiation because he has prostate cancer. If he has no prostate gland, how can he have prostate cancer? -- D.R.

ANSWER: The doctor wants to be sure that cancer cells did not spread from to other body sites. Even though the gland was completely removed, not all the potential sites for cancer spread were removed. That's all but impossible to do. The PSA test will show if prostate cancer is active in those other places. If it is, then further treatment is required. The booklet on the prostate gland discusses the PSA test and prostate cancer in detail. Readers can order a copy by writing: Dr. Donohue -- No. 1001W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475

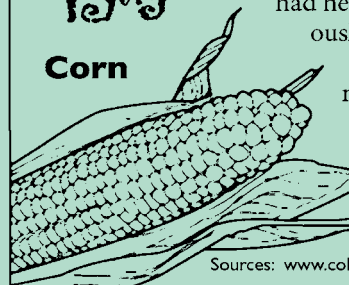
SWEATER WEATHER

In many areas November is still “sweater weather.” It’s not cold enough for winter coats but a nice wool, cashmere or even a cotton or synthetic sweater is just right for the cool temperatures.

- Sweaters have been around for centuries. The need for something warm to add a layer for cool days brought about the hobbies of knitting and crocheting.
- Sweaters were only used for warmth or as athletic items, not fashion, until the 1920s. When Lana Turner appeared in a fashionable sweater in the 1937 movie, “They Won’t Forget,” sweaters became a fashion statement “must” for women.
- Cardigans, pullovers, sweater vests and more are now fashionable for men, women, boys and girls. One man who became known for wearing a sweater was “Mr. Rogers.”
- Fred McFeely Rogers, started the series, Mr. Rogers’ Neighborhood in 1966. Prior to the show that made him a household name in children’s programming, he had produced The Children’s Corner in Pittsburgh, Pennsylvania in the early 1950s, winning the first of many television awards.
- A gentle, humble television star, Mr. Rogers became the symbolic sweater-wearer. His show would start by him entering his “television house” after walking from his office. He entered wearing his formal business attire and as he sang the words, “won’t you be my neighbor,” he would change into more comfortable clothes like his sweater and sneakers. This was the way he chose to get comfortable with friends as he shared his day with them in the “land of make-believe” and other areas of his neighborhood.
- Mr. Rogers’ Neighborhood is still showing, in fact, it is the longest-running program on public television.
- President George W. Bush presented the Presidential Medal of Freedom to Mr. Rogers in 2002, recognizing his contribution to the well-being of children and his long career in public television that demonstrated kindness, compassion and learning. The medal is the highest civilian award given in the United States.

continued on next page

The Garden Bug
Corn



Even a small garden can grow corn if the soil is moist and rich with nitrogen. Using an area that has had healthy beans or peas previously is helpful because these legumes contribute more nitrogen to the soil. Corn stalks grown with ample moisture and in fertile soil can be expected to produce two ears per stalk.

Sources: www.colostate.edu

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Special Skillet Steaks

by JoAnna M. Lund

If you like Swiss steak, then you'll love this ultra-easy way to prepare it. Nothing could be easier, unless of course, your family likes it so much that they offer to help with the dishes!

4 (4-ounce) lean tenderized minute or cube steaks
1 (10 3/4-ounce) can reduced-fat cream of mushroom soup
1 (15-ounce) can diced tomatoes, undrained
1/2 cup finely chopped onion
2 teaspoons dried parsley flakes
1/8 teaspoon black pepper

1. In a large skillet sprayed with butter-flavored cooking spray, brown steaks for 3 to 4 minutes on each side.
2. In a large bowl, combine mushroom soup, undrained tomatoes and onion. Stir in parsley flakes and black pepper. Spoon mixture evenly over browned steaks.
3. Lower heat, cover and simmer for 15 to 20 minutes. When serving, evenly spoon sauce over steaks. Makes 4 servings.

• Each serving equals: 222 calories, 6g fat, 29g protein, 13g carb., 520mg sodium, 2g fiber; Diabetic Exchanges: 3 Meat, 1 Vegetable, 1/2 Starch.

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PetBits

Fat Cat
By Samantha Mazzotta

DEAR PAW'S CORNER: My cat "Frank" has been classified as obese by the veterinarian. Frank doesn't look that fat, and he moves around fine and plays a lot. How can the vet call him obese? Trying to get him to exercise more doesn't work, either. -- Susan J., Phoenix

DEAR SUSAN: Cats, like people, sometimes put on weight so gradually that it's the scale that sounds the first warning, rather than looks or lack of activity. Frank may not seem too fat, and he gets around just fine, but that good health won't last if the weight stays on him. He has quite a bit in his favor. It sounds like Frank is a healthy cat who stays active. You can encourage this activity by increasing the amount of time you play with him -- if you dangle a cat toy in front of Frank for five minutes every hour so, increase that to 10 minutes each time.

It's also very important to follow the dietary guidelines set down by the veterinarian. Usually a pet diet involves reducing the amount of calories taken in each day. That means serving smaller portions at feeding time. Food treats must be avoided as well, so the extra calories don't go straight to your cat's midsection. Keeping Frank's weight down now will help prolong not only his life, but the quality of that life. Being obese will eventually lead to a host of expensive health problems -- diet and exercise cost mostly time and patience.

Send your questions or tips to ask@pawscorner.com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. For more pet care-related advice and information, visit www.pawscorner.com.

Weekly SUDOKU
by Linda Thistle

	9			5		1		
1		2				7		
	5		8			6	4	
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3				5			2	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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TRIVIA NEWSFRONT

1. What U.S. president served two terms but not in succession?
2. Thomas Jefferson, John Adams, James Monroe and John Quincy Adams were all elected president as members of what political party?
3. Can a President of the United States win the popular vote but still not become President?
4. Are Prime Ministers of Canada elected by popular vote?
5. What year did all 50 states of the United States participate in a presidential election?

SENIOR NEWS LINE **Staying Active in Cold Weather**

by Matilda Charles

Here in New England, our evening walking group has stopped for the season. It was a nearly unanimous decision, given the recent daily rain, dropping temperatures and earlier sunsets. I was the only holdout in the vote to stop walking until spring.

If I'm going to continue to get any exercise as fall moves into winter and it's too cold to go out, I'm going to have to plan for it and buy a few small pieces of equipment to keep in the house.

If you're also forced indoors by cold weather, a "mini stepper" can serve as a temporary replacement for outdoor walking or using a treadmill at the gym. The mini stepper has a place for both feet, and you just walk in place. The one I have my eye on is the The Wagan Compact Mini Stepper Exerciser, Model 2272. I found it on the Safe Home Products website (www.safehomeproducts.com). This step-

per has a tubular steel frame with handholds for better balance, adjustable tension for a harder or easier workout, and it only takes up about 1 square foot of floor space. If you aren't sure of your balance, a "peddler" might be perfect for you. With a peddler, you sit in a chair and peddle like you're on a bicycle. To make sure of getting an upper-body workout, take a look at handheld weights. If weight on your hands is a problem, you might want the kind that strap to your wrist. Either one would give a mild workout to shoulders and arms. Before you purchase any exercise gear, ask your doctor if he thinks it would be right for you.

Matilda Charles regrets that she cannot personally answer reader questions, but will incorporate them into her column whenever possible. Write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com.

The Spats *by Jeff Pickering*

SWEATER WEATHER (continued)

- In his show, when Mr. Rogers would change his shoes and put on his sweater, he was showing skills as well as routines that children needed to learn. He always put his shoes away and hung up his clothes, showing responsibilities that they needed to learn.
- The type of sweater that Mr. Rogers wore was a cardigan. Typically they button or zip down the front. Even though he made the sweater popular for his television audience, it had been around for centuries. The sweater was named after the 7th Earl of Cardigan, James Thomas Brudenell, a British military commander. A cardigan sweater is normally made by machine or hand knitted from wool.
- Fishermen of France and the British Isles were probably the first people to use cardigans. The heavy, hand-knitted wool was helpful in keeping them warm out on the water on gloomy days.
- The Aran Islands off the west coast of Ireland at the mouth of Galway Bay on the Atlantic Ocean, an area where fishing and farming have been closely connected for centuries, are known for their wool sweaters. The outdoor workers needed warm coverings to keep warm during North Atlantic winters.
- The sweaters were made with many stitches that became associated with particular Irish clans. Aran sweaters have been knitted since the late 1800s and are still in demand today. While in the past they were made by hand, machines are used for most today. A true hand-stitched Aran sweater is quite valuable.

Good Housekeeping

Almond Cheesecake Brownies

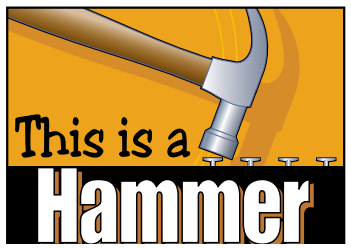
Rich brownies marbled with a ribbon of creamy cheesecake.

3/4 cups butter or margarine
 4 ounces unsweetened chocolate squares
 4 ounces semisweet chocolate squares
 2 cups sugar
 6 large eggs
 2 1/2 teaspoons vanilla extract
 1 1/2 cups all-purpose flour
 3/4 teaspoon baking powder
 1/2 teaspoon salt
 1 1/2 packages (12 ounces) cream cheese, slightly softened
 3/4 teaspoon almond extract

1. Preheat oven to 350 F. Line 13- by 9-inch metal baking pan with foil; lightly grease foil.
2. In large glass bowl, combine margarine or butter and chocolates. In microwave, cook, covered with waxed paper, on High 2 to 3 minutes until almost melted; stir until smooth. With wooden spoon, beat in 1 1/2 cups sugar. Then, beat in 4 eggs and 2 teaspoons vanilla until well-blended. Stir in flour, baking powder and salt; set aside.
3. In small bowl, with mixer at medium speed, beat cream cheese until smooth; gradually beat in 1/2 cup sugar. Beat in almond extract, 2 eggs and 1/2 teaspoon vanilla just until blended.
4. Spread 1 1/2 cups chocolate batter in pan. Spoon cream-cheese mixture in 6 large dollops on top of chocolate batter (cheese mixture will cover much of chocolate batter). Then, spoon remaining chocolate batter in 6 large dollops over and between cheese mixture. With tip of knife, cut and twist through mixtures to create marble design.
5. Bake 40 to 45 minutes until toothpick inserted in center comes out almost clean with a few crumbs attached. Cool brownies in pan on wire rack.
6. When cool, cut lengthwise into 4 strips, then cut each strip crosswise into 6 pieces.

- Each serving: About 260 calories, 16g total fat (6g saturated), 69mg cholesterol, 195mg sodium, 28g total carbs, 4g protein.

Just Like Cats & Dogs *by Dave T. Phipps*



Ceramic Tile Floor Marred by Scratches

Q: My kitchen has a ceramic tile floor, and several of the tiles have so many scratches that they look dull even after cleaning. Can I repair the scratches, or does the tile need to be replaced? – Carol in Eau Claire, Wis.

A: Glazed ceramic tiles are tough and resistant to most of the wear and tear that happens in high-traffic areas, but they can still become scratched or dull over time. If the scratches are minor -- they mark the finish but don't go all the way through the color glaze -- it's possible to polish them out.

First, clean and mop the floor so that you have a clear, debris-free surface to work on. Next, starting with the first scratched tile, apply a small amount of brass cleaner/polish to the scratch with a lint-free cloth, rubbing in circles. Let the polish dry, then buff away. If you don't have brass cleaner, toothpaste or baking soda can be used.

To temporarily protect the tile surface, apply a bit of car wax -- a plain paste wax, not cleaner wax, which has an abrasive in it -- to the tile.

Tiles that have been scratched too deeply to buff out or that are cracked or broken should be replaced. Locate extra tiles, if you have them, or purchase matching replacement tile (you may need to take a piece of the damaged tile, once removed, to match the color).

Use a grout saw to carefully cut away the grout around the edges of the damaged tile. This creates a little wiggle room to loosen the tile without damaging surrounding tiles. Next, using a hammer and small chisel, gently tap the tile loose. (Place the chisel on or near the damage rather than at the edge of the tile where other tile might be damaged.) It's OK if the damaged tile chips or cracks -- save it to do your color match.

Once the tile is removed, brush or cut away debris or loose adhesive. Fit the new tile into the open space; if the tile fits correctly, apply a coat of tile adhesive to the back and fix it so that the spacing between the tile's edges and the edges of the other tiles is even. Let the adhesive dry completely, and then fill the edges with grout that matches the color of the surrounding grout.

HOME TIP: Scraps of carpet and extra tiles are important to keep around for small repair jobs. Store them in one designated place, like a box or on a shelf in the garage, until needed.



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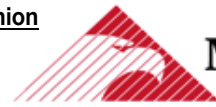
PAYSON TESTIMONIAL –

“We were in Payson for medical reason, We have never been treated so well by everyone we came in contact with. Hospital staff, the people at the [Nebo Kitchen](#), the [Wildflower Grille](#), and also the [Quality Inn](#). You have a very nice/clean city. If I had not already purchased a home elsewhere this would definitely be where I would buy. Keep up the good work, your business people really know how to make people feel welcome.”

Thank you, Jim Allen

November Business of the Month – Mountain America Credit Union

Nov 5 11:30A to Noon. Located at 818 South State Highway 198, Mountain America's Payson Branch opened in November of 2011. It now has over 800 members and a staff of seven to serve individuals, families and businesses throughout the area. Branch Manager, Vicki Grebe, has been in the financial services industry for 10 years and with Mountain America for three.



MOUNTAIN AMERICA CREDIT UNION

The Payson Branch is an active community partner that champions a variety of programs that support high school students. The new Keys to Success program supported by the branch is designed to help change students' lives by motivating, recognizing and rewarding them for their improvement in educational performance. In addition, the Payson Branch has been involved in the Payson Onion Days Car Show and the Payson Kiwanis/Chamber Scholarship Golf Tournament—two programs that provide scholarships for high school students.

Mountain America is the #1 SBA Lender among credit unions in the U.S., and we have a wholly owned subsidiary, Mountain America Financial Services that offers insurance services and services for other credit unions (8 Pillars Financial Literacy program, Insurance Solutions, Medicare Solutions, Interpretation and Translation Services, and REO [Real Estate Owned management disposition services]).

Twice Blessed Ribbon Cutting – Thu Nov 8 @ 11:30A New Location 675 S. 100 W. Suite #3

Originally located in the Aspen Academy School on 800 So, Twice Blessed was unable to move with the Academy. Under new ownership, Shelly and CJ Thompson purchased Twice Blessed and were able to keep the store in Payson. The proceeds from Twice Blessed will be used to help the schools, organizations, and families here in Payson first. They will have coat drives in the winter, school drives in the summer, and many activities in between. Twice Blessed gladly accepts donations but do not take electronics or mattresses. Donations can be left at the back door any time, day or night. They are located in the north side (by the car wash) of the white medical complex directly across the street from Smith's grocery store. Hours are Tue.-Thur. 10am-6pm, Fri.-Sat. 10am-8pm Closed Sun.-Mon. You can contact them at 801-658-5052, email: TwiceBlessedThriftStore@gmail.com, or like their [FaceBook](#) page to be notified of sales and events early.

Spanish Fork

Thanks to everyone who participated the 2012 Scarecrow Contest!

Spanish Fork Contest Winners

- Popular Vote Winner: South Valley Animal Shelter
- Business Category 1st Place: Spanish Fork Ambulance Crew Receives Traveling Trophy
- 2nd Place: RMC Property Services
- 3rd Place: Zions Bank
- Adult Category: Mary Anne Thompson
- Childrens Category: Larsen Family

Salem Contest Winners

- 1st Place: Salem City Office
- 2nd Place: Tonielle Halladay Scentsy
- 3rd Place: Mindee's Munchkins



Think Local. Shop Local. Be Local.

Ribbon Cutting Stan's Drive In – Nov 6

Noon – 1P Located at 248 W. Center Street, Salem. Welcome Stan's Drive In to our business community! Wear your “I Voted” Sticker to receive a free ice cream! Meet Stan Taylor!

Ash (Ashwani) & Kawel Bedi have owned & operated the BYU Stan's Drive In for 9 years. The BYU Stan's Drive In has been in continuous business since it was opened in 1950. It has served generations of BYU students and families for over 60 years. Ash & Kawel are now building on the success of the Provo location by opening in Salem. They have purchased & remodeled the old “Diamond Grill” just off Center Street. It has a very nice updated look & feel. It will bring the great food & service that Stan's is known for, to Salem. Congratulations and thank you to the Bedi's for choosing Salem for your continued business growth!

Pleasant Grove

Officer Hardman and K9 Dizzy Honored

From Oct-Dec 2012, the PG Honorary Colonels recognize the outstanding achievements of Officer Kadon Hardman and K9 Dizzy. Officer Hardman purchased a police service dog and equipment to train his dog, sacrificing a significant amount of his own time and money, to establish a K9 program in the PGPD. Officer Hardman and K9 Dizzy are certified in illegal narcotics identification, criminal apprehension, and evidence recovery and tracking.

Please join the Honorary Colonels thanking Officer Kadon Hardman and K9 Dizzy for their unselfish service to the safety of the citizens of Pleasant Grove. To ask Officer Hardman and K9 Dizzy to visit your school or group, contact him at 785-3506. To learn more about the PG Honorary Colonels call Mike Carter at 368-4567.

Veterans Day Program - Nov 12th, 11 am at Pleasant Grove Memorial Garden, 550 N. 100 East.



To Honor and Remember Those Who Have Served Their Country and Community Thank you!

Pleasant Grove Downtown Tree Lighting - Nov 26th at 6 :00 pm.

Santa at the Library at 6:30 pm. Mrs. Santa Claus will be telling stories at Twilight Tales Nov 27th, 6:30 and 7:30 pm

FrontRunner South Opens December 10, 2012



UTA has re-designed its local bus service to create a fully integrated bus/rail transit system for our customers. For more details, including a summary of the upcoming service changes, go to www.letsrideuta.com.

Specific bus route and train schedules will be posted at www.rideuta.com 30 days prior to the Grand Opening.

Thank you for riding UTA. You may also contact us at 1-888-RIDE-UTA



Pleasant Grove Orchestra and Choir

presents “The Messiah”

December 7th at 7 pm

PG High School Auditorium

Free to the public. Sponsored by the PG Arts Commission. Choir rehearsals - Sun 7 pm, at the High School choir room. Orchestra rehearsal s - Sat 8-10 am lower level of PG Library.



A Brief Lesson in Politics

- Socialism: You have 2 cows. The State takes 1 & gives it to someone else.
- Communism: You have 2 cows. The State takes both of them & gives you milk.
- Fascism: You have 2 cows. The State takes both of them & Sells you the milk.
- Dictatorship: You have 2 cows. The State takes both of them & shoots you.
- Environmentalism: You have 2 cows. The State bans you from milking or selling them.
- Totalitarianism: You have 2 cows. The State takes them & denies they existed. Milk is banned.
- Capitalism: You have 2 cows. You sell one & buy a bull.

ANSWERS

SPORTS QUIZ

- Bob Forsch (1978, 1983) and Ken Forsch (1979).
- Frank Robinson hit .316 in 1966.
- Twelve consecutive games (2010).
- Portland's Isaiah Rider, Brian Grant and Arvydas Sabonis in 1997 (in quadruple overtime).
- Brian Leetch (1994) and Tim Thomas (2011).
- Ray Harroun.
- Maud and Lillian Watson, in 1884.

WORD POWER ANSWER INCUMBENT

TRIVIA NEWSFRONT ANSWERS

- Grover Cleveland; 1884-1888 and 1892-1896
- Democrat-Republican Party
- Yes, the electoral votes are what determines the winner.
- No, the leader of the political party in control of the government becomes the Prime Minister.
- 1960



- Mediterranean Sea
- Forearm
- Paris
- William Faulkner
- 1900
- Elevator safety brake
- Rochester, Minn.
- South Dakota
- A gaggle
- Shakers

Go Figure! answers

3	÷	1	+	4	7
+		+		x	
7	-	5	x	6	12
x		+		-	
2	+	9	x	1	11
20		15		23	

King Crossword Answers

Solution time: 21 mins.

E	M	I	T	T	W	O	S	R	O	D	
W	I	D	E	H	E	A	T	E	K	E	
E	X	O	N	E	R	A	T	E	I	R	A
		N	O	U	N	P	E	T	A	L	
A	T	E	I	N	S	H	O	E			
U	R	N	S	S	A	L	E	S	R	E	P
L	E	U	A	U	D	E	N	A	L	E	
D	E	M	A	N	D	E	D	E	T	A	L
E	R	A	S	A	N	E	N	T			
S	O	R	E	R	P	A	V	E			
A	B	A	C	O	O	P	E	R	A	T	E
G	E	T	H	U	M	P	G	L	E	N	
A	Y	E	Y	I	P	S	Y	A	L	E	

Weekly SUDOKU Answer

6	9	4	7	3	5	8	1	2
1	3	8	2	4	6	7	5	9
7	2	5	1	8	9	3	6	4
8	7	6	4	2	3	1	9	5
2	5	3	9	7	1	4	8	6
9	4	1	5	6	8	2	3	7
5	8	2	3	9	7	6	4	1
4	6	9	8	1	2	5	7	3
3	1	7	6	5	4	9	2	8