

Dec Business of the Month

Poor Boys BBQ and Dawgs - 865 S. Hwy 198 , Payson

We are a southern influenced, Utah BBQ. We Opened on Feb 6, 2012. We are locally owned and operated and currently have a staff of 9. Our hours of operation are 10:30am to 9pm, Monday thru Thursday and 10:30am to 10:00pm on Friday and Saturday. Closed Sundays. We serve in house, drive thru, call in, take out and catering orders of any size. Our Pulled Pork has been our most popular item so far although my personal favorite is the Pork Loin or the Smoked Sausage. We have a great turkey, BBQ chicken and awesome Ribs. All of our recipes are the owner's recipes and made from scratch daily with the exception of our fried items. We have really high quality Beef and Polish Hot Dogs. Our bread is all baked fresh by Honey & Grains Bakery in Springville , adding to our already homemade taste and feel. We pride ourselves on great service and have a great staff which spends their days helping every guest feel at home. We work very hard to have a family friendly atmosphere. – Poor Boys



For more information, contact

Norene Jensen	801.636.1040	norene.invests@yahoo.com;
Colin Logue	801.609.8699	utahavenueinsurance@gmail.com or
Carolyn Bowman	801.465.2634	paysonchamber@yahoo.com.

Check our website for upcoming events and special coupons. www.paysoncitychamber.com

Spanish Fork / Salem

Dec Business of the Month – Mountain America Credit Union

891 N Main Street, Spanish Fork
Congratulations Gayla Bell-Youd, Mason Torres and Staff!



Tabitha's Way 2nd Annual Christmas Dinner - On Dec 21st Tabitha's Way will be

hosting our second annual Christmas Dinner for local families in need, senior citizens & veterans. Tabitha's Way is looking for people to help provide some of the items still needed for Christmas Dinner for senior citizens, veterans and local families in need. The items we need are Funeral Potatoes and Pies, New Toys (valued from \$5 to \$10 dollars) and Coloring Books and Crayons. We have posted a page online where people can sign up to help out. The web address is www.donations2feed.org/events



We will need the FOOD ITEMS dropped off on Dec. 21st by 2pm at the Spanish Fork Veterans Memorial Hall - 400 North Main Street Please bring the funeral potatoes and pies in disposable aluminum containers. We would like the TOYS, COLORING BOOKS & CRAYONS to be dropped off before Dec. 20th, but we will gladly accept them up until the time of the event. Please bring the toys unwrapped.

Thank you for your help, God bless you and Merry Merry Christmas!!!

Please contact Wendy Osborne at 801-830-3951. Thank you again for all of your support. Many families have been blessed by your efforts!

Ribbon Cutting CheapShots Photography – Dec 17 6 – 7P

CheapShots Photography
1271 East Expressway Lane, Spanish Fork
Come welcome Christy Hair and her staff to Spanish Fork! Awesome and affordable family photography, great for weddings, birthdays, any family gathering or event!



The Spanish Fork Salem Area Chamber of Commerce - 2013 Installation of Officers and Board Members and Community

Awards Banquet_ Fri Jan 18, 2013_6:30 o'clock in the evening, at the Chillon Reception Center. 710 East Center Street Spanish Fork, Utah If you would like to attend, please call: 801-798-8352 or office@spanishforkchamber.com by Monday, January 16, 2013 \$20.00 per Plate Adults Only, Best Dress

Testimonial for South Valley Gym – Nina 11/17/12 “I couldn't see a way to vote for this kind of community effort, but I

want someone to know what amazing work Yolanda and Brent Moser do for our community. They have their gym, a business of course, but they use it to help people.

Today was the Grand Finale to finish another 3 month "Biggest Loser" program. It was really fabulous. I am deeply moved by what happened in the past 3 months as I went to the gym every day and not only learned to be healthier myself, but watched as Brent and Yolanda encouraged other people to lose weight and gain a healthier life. Coaches for each team volunteer their time and the Gym doesn't make much money off this effort at all. One guy lost 90 pounds! 10 people were given prizes this morning for losing astounding amounts of weight and body fat percentages.

Many others who weren't in the top 10, like me, have made major lifestyle changes and are stronger, healthier individuals. I nearly gave up after 4 days of exercise when I hurt so badly I could barely breathe. Then after 3 weeks when I had been working so hard and hadn't lost any weight I nearly quit again. But every morning at 5:30 I'd walk into the gym embarrassed that I'm so slow and weak and also frightened that I'd hurt my back or something in my old, tired body and there Brent would be saying, "Hi Nina! Come on in! Let's get you going!" If I went later in the day Yolanda would be there with a hug and a smile and promises of progress if I'd continue. Other coaches there were also so kind and positive.

I saw about 40 people this morning come in feeling proud and strong and surprised at what they were able to do with the help of South Valley Gym. I know it's a business and good advertising, but this program is much more than that. It takes a huge amount of effort to organize. Because of this effort to use a business to help people change their lives our valley has a bunch of happier people in it today!

There. Thanks for listening. This personal sacrifice and effort goes beyond what their business would normally provide.”

Pleasant Grove

The Pleasant Grove Honorary Colonels

welcomed three new members at their November 7th meeting.

Richard Guernsey recently retired from the United States Navy after serving for thirty years. *Tim Stewart* sponsored by Sparky Industries. *Lane Damron* has many years of business experience and public service, and is being sponsored by Ken Garff Ford. The Pleasant Grove Honorary Colonels is made up of civic minded citizens and business people who support the Pleasant Grove Police Department.

For more information about the Pleasant Grove Honorary Colonels, contact Mike Carter at 801-368-4567, or any member of the Honorary Colonels.



Health & Fitness Fair - Sat Jan 5, 2013_9A – 1P 20% off Annual and Semi-annual Passes purchased during this time.

Commercial Vendor: \$50.00 plus a \$50.00 door prize. Non Profit Vendor with proper verification: N/C. Applications are on line at pgcity.org or contact Miriam at the Community Center at 801-785-6172.

CHRISTMAS DAY

“And now, when the day is at hand that is held sacred in all civilized lands, and is hallowed by sweeter and purer associations than any other day in all the year, let all good men, and all who not being good still have any honest love and yearning for something higher and better than they attain, and all who would not see our human life so materialized and hardened as to make it like the life of brutes or demons -- let all such rejoice that the "Age of Reason" in which there shall be no believers, "but a few priests and old women," and when there shall be no Christmas in the calendar, has not yet come.”

Mark Twain
San Francisco Dramatic Chronicle
12/23/1865