

PAYSON

Jan Business of the Month - Mountain Air Assisted Living

Congratulations to Rhett and Jennifer Huff owners of Mountain Air Assisted Living for being chosen as January 2013 Business of the Month. Located at 153 S. 900 E. For more information, please Call: (801) 465-1490



Mt. Nebo Chiropractic Clinic invites you, your employees and their families, to join us for our Annual Wellness Fair on Friday January 11, 2013, 9 am - 12 pm and Friday January 18, 2013, 2 pm - 5 pm. Come and get a free wellness screening including: heart rate variability scan, scoliosis, spinal health screening, weight loss evaluation, and personal consultation with Dr. Milton Carroll, D.C.



Payson Chamber of Commerce You are invited to attend a meeting for all Small Business owners to come and discuss what they can do to help promote one another and also promote Payson as a destination for people to go for their commerce needs. It will be held at Dalton's Steak House on Thursday, January 10, 2013 at 9:15pm.



For more information, contact

Norene Jensen	801.636.1040	norene.invests@yahoo.com;
Colin Logue	801.609.8699	utahavenueinsurance@gmail.com or
Carolyn Bowman	801.465.2634	paysonchamber@yahoo.com.

Check our website for upcoming events and special coupons. www.paysoncitychamber.com

Spanish Fork / Salem

Jan Business of the Month – Spanish Fork IFA

Congratulations to Randy Gordon and IFA on being chosen for January Business of the Month. Randy has supported our Farmer's Market, Harvest Moon Hurrah, Summer Barbeque, and other community events. We appreciate IFA and Randy Gordon's commitment to shopping local. Located at 250 W Arrowhead Trail, Spanish Fork



Ribbon Cutting CheapShots Photography – Jan 17 6 – 7P

CheapShots Photography
1271 East Expressway Lane, Spanish Fork
Come welcome Christy Hair and her staff to Spanish Fork! Awesome and affordable family photography, great for weddings, birthdays, any family gathering or event!



Spanish Fork Chamber of Commerce –

Networking Luncheon
01/09/13 Noon – 1 P High Chaparral (Fairgrounds),
475 S Main, Spanish Fork



Come to the Chamber's Noon Networking Luncheon and learn more about Chamber Benefits. Tabitha's Way will speak to us about ways to stay involved year round with serving others.

The Spanish Fork Salem Area Chamber of Commerce - 2013 Installation of Officers and Board Members and Community Awards Banquet, Fri Jan 18, 2013, 6:30 o'clock in the evening, at the Chillon Reception Center. 710 East Center Street Spanish Fork, Utah If you would like to attend, please call: 801-798-8352 or office@spanishforkchamber.com by Monday, January 16, 2013 \$20.00 per Plate Adults Only, Best Dress

Pleasant Grove

Health & Fitness Fair - Sat Jan 5, 2013 9A – 1P

20% off Annual and Semi-annual Passes purchased during this time.
Commercial Vendor: \$50.00 plus a \$50.00 door prize. Non Profit Vendor with proper verification: N/C. Applications are on line at pgcity.org or contact Miriam at the Community Center at 801-785-6172.



Happy New Year

“Twenty years from now you will be more disappointed by the things that you didn’t do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.”

Mark Twain