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TIDBITS® BRINGS YOU SOME IRISH INFO

by Kathy Wolfe

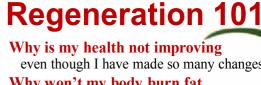
This week, Tidbits has lots of information about the Irish, everything from St. Patrick to Notre Dame. Celebrate St. Paddy's Day by learning some interesting facts about the Emerald Isle.

- The man has a day named after him, but who exactly was St. Patrick? Strangely enough, his name wasn't Patrick, and he wasn't born in Ireland, but rather in Scotland! Maewyn Succat was born in the late fourth century to a wealthy family, but at the age of 16, he was kidnapped from the family estate by a group of Irish raiders and sold into slavery. During his six years of captivity, he was a shepherd, and experienced a conversion to Christianity. According to folklore, a voice came to him urging him to escape, which he did, aboard a pirate ship. Yet the voice further counseled him to return to Ireland as a missionary to convert the Irish to Christianity.
- After 15 years of study for the priesthood, during which time Succat took on the name Patricius, he began his 29-year-long mission in Ireland. Ancient legend tells of Patrick standing on a hilltop holding up his wooden staff, banishing all the snakes from Ireland. Because there were no snakes in Ireland, it's believed this was merely symbolic of Patrick driving out the evil and pagan philosophies.

turn the page for more!

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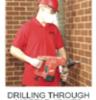
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- 1. TELEVISION: What was the name of the estate in the gothic soap opera "Dark Shadows"? 2. ANIMAL KINGDOM: How many eyes does a bee have?
- 3. ENTERTAINMENT: Which actress was married to Mickey Rooney, Artie Shaw and Frank Sinatra? 4. INVENTIONS: When was the first coin-operated pinball machine invented?
- 5. U.S. PRESIDENTS: Who was the first president to be born an American citizen?
- 6. QUOTATIONS: Who said, "It's not that I'm afraid to die. I just don't want to be there when it happens."
- 7. U.S. STATES: What does the name of Hawaii's capital, Honolulu, mean?
- 8. LITERATURE: Which one of Shakespeare's plays contains the line, "The course of true love never did run smooth.'
- 9. GENERAL KNOWLEDGE: What was the name of cowboy actor Roy Rogers' dog? 10. FOOD & DRINK: What is a gherkin?

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TRIVIA NEWSFRONT

- Name the four ingredients in Irish coffee.
- About 7 million of these are exchanged each March. What are they? What does "Erin Go Bragh" mean?
- What breakfast did the Irish bring to America?
- Name the creature who received a bad reputation in "The Hound of the Baskervilles" featuring Sherlock Holmes.

IRISH INFO (continued)

- Patrick wasn't made a saint until the early 17th century, hundreds of years after his death in the year 461. March 17 is the anniversary of his death and is his religious feast day.
- Although we think of the color green when St. Patrick is mentioned, blue was the first color to represent the hero. In 1783, The Order of St. Patrick was founded, the senior order of chivalry and fellowship of knights. The Order of the Thistle already used green for their uniforms and the Order of the Garter used dark blue, so the Order of St. Patrick used a shade of sky blue. Military uniforms were of "St. Patrick's Blue" and during the time of King Henry VIII, and the flag of Ireland was a gold harp on a blue background. The harp remains as the country's national emblem today.
- Between 1846 and 1900, about 2,873,000 people emigrated from Ireland to America, making it the second largest nationality group of immigrants, second only to Germany. The most predominant occupation of those newcomers was that of skilled weaver.
- In 2010, about 34.7 million U.S. residents claimed ancestors from Ireland. What were the most common Irish surnames of these folks? The last names of Murphy, Kelly, and O'Sullivan are considered the top three "most Irish." Other common Irish surnames include Walsh, O'Brien, Byrne, Ryan, O'Connor, O'Neill, and O'Reilly.
- Ireland has had its influence on geographical locations in the U.S. Seven communities are named Shamrock, including locations in Texas, Oklahoma, and West Virginia. Sixteen other towns are named Dublin, sharing the name with Ireland's capital. North Carolina is home to the community of Emerald Isle, population 3,655.
- Canada's longest-running parade is in the city of Montreal, where it first took place in 1824.
- St. Patrick's Day often brings beer and taverns to mind, but that tradition didn't start in Ireland. The Irish Parliament declared the day a religious holiday in 1903, meaning that all the pubs were closed. In 1970, that bill was overturned and the day became a national holiday rather than a religious observance.

continued on next page

MAGIC MAZE •

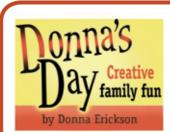
SHY WORDS

WEBXUQRNJGDZWTQ NKHDAXUERPMJGDA X(F)V S Q N K I T F D A X V T QLKOYHSIFSMJHFC A|E|Y C W L U R P N Y T Y L J H|S|F D O Y H S U G R H H B Z XHV SHLTRYASQSCO M(Y)H S A W Y H S I W S U U K IYRHFDSHDBZYPSB WAVTRUYQSSENYHS MONLMKIHFDCAZYX

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Swishy Bushy Fleshy Pushy Cushy Gushy Shylock Trashy Dishy Marshy Shyness Wishy-washy Fishy Sloshy Mushy

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Spread Literacy: Share Your **Books**

What do you do with all of the picture books spilling off your family-room bookshelves, or the already-read novels collecting dust in tall stacks next to your bedside lamp? Todd Bol has a suggestion. Relocate them to a Little Free Library that stands on a post in your front yard, a street corner or by a coffee shop, and let other book lovers enjoy your titles.

The "take a book, return a book" library is the nonprofit, grassroots concept that grew out of Todd's Hudson, Wis., home. When he built the simple freestanding library in his front yard in honor of his mom, neighbors passed by with excitement. "They hugged it like it was a new puppy on the block!" he said. The idea is spreading. With more than 4,000 registered libraries in front yards and public spaces in the U.S., Europe and beyond, the mission of the nonprofit is to promote literacy and the love of reading by building free book exchanges worldwide.

"The project is about building community, too," Todd said. Neighborhoods have created their own Facebook page where they organize events around their Little Free Library. From storytimes with kids to book reviews with adults, the little library is a happy gathering place for exchanging more than

Your family might wish to become volunteer stewards and build, decorate and maintain a small, friendly reading place where you live. Check out how to register, construct and promote one in your community at www.littlefreelibrary.org. Here are more ideas for sharing books:

--Browse through your bookshelves with people on your holiday gift list in mind. Attach a bookplate on the inside cover with a few comments about why you like the novel, biography or collection of poems. If you are passing the book on to your grandkids or adult children, include a memory of shared reading times.

--When throwing a birthday party for your young child, small books make a welcome addition to guest goodie bags.

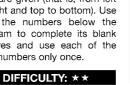
-- Do a twist on birthday gift-giving, like Jamie Hyman of Orlando, Fla., did when she turned 30. She made a list of her 30 favorite books, bought and wrapped them up with gift wrap, and enjoyed the pleasure of giving them away. Some were favorite children's books, which she gave to kids.

-- Promote books you are reading with family, friends and coworkers with a simple tagline at the end of your emails. For example, under your signature, you might write, "I'm reading 'Cutting for Stone,' by Abraham Verghese."

Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit www.donnasday. com and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families."

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.



★ Moderate ★★ Difficult *** GO FIGURE!

1 1 2 3 4 5 6 7 8

×

21

5

13

+

×

By Chris Richcreek

holds the pitching record for most consecutive batters struck out?

Name the last majorleague team before the 2011 Philadelphia Phillies to win more than 100 games in the regular season and not reach the World Series.

When was the last time before 2010-12 that Notre Dame won at least eight games for at least three consecutive seasons in

4 Who was the last NBA rookie before Detroit's Brandon Knight in 2012 to have at least 20 points and 10 assists with no turnovers in a game?

How many times has Pittsburgh's Evgeni Malkin been the runner-up for the Hart Memorial Trophy (NHL MVP)?

6 Who was the last NASCAR Cup season champion to drive a Dodge before Brad Keselowski in 2012?

Who was the last teen to win a singles title in a Grand Slam women's tennis event?

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VETERANS POST

by Freddy Groves

VA 'Walks the Walk' on Mental Health

In April 2012, the head of the Department of Veterans Affairs, Eric Shinseki, announced his intention to beef up the number of mental-health professionals at the VA. Specifically, it would hire 1,600 nurses, psychiatrists, psychologists, marriage counselors, family therapists, addiction therapists and social workers, along with 300 support personnel.

A few months later, President Obama signed an Executive Order instructing the VA to boost its mental health staff by 1,600, with 300 support personnel, by the end of June

At this point, the VA is well on its way, with 1,058 providers and 223 support personnel hired. In addition, and per the Executive Order, the VA has increased by 50 percent the call capacity of its crisis line.

One wonders, however, how an Executive Order comes into play here. Historically, these orders have been huge. Some have ordered wars, or integration of the military, or desegregation of schools, or Japanese-Americans to be forced into camps, or have allowed the National Security Agency to eavesdrop on phone calls without a warrant. Using an Executive Order to instruct the VA about staffing

VA has already stated its intentions, is a bit curious. Meanwhile, if you're a mental-health professional and want to work with the VA, go online to www.vacareers.

levels, with specific numbers of personnel to hire, after the

va.gov and www.usajobs.gov. If you're a veteran and need help, call the nearest VA facility or go online to www.va.gov. If you have a mental health emergency, whether you're a veteran or family/friend of a veteran, call the crisis line (1-800-273-8255, press 1). You can do an online chat as well at www.veteranscrisisline.net or text to 838255

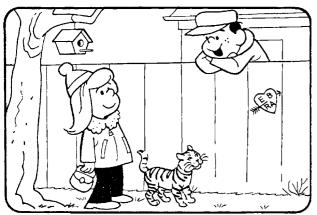
Just so you know, most of the people on the other end of the phone at the crisis line are veterans, too.

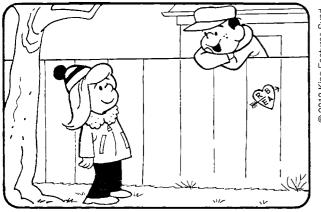
Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com.

HOCUS-FOCUS

HENRY BOLTINOFF

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CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

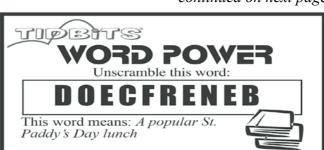
DIFFERENCES: 1, Birdhouse is missing, 2, Hat is different. 3. Purse is missing. 4, Cat is missing. 5, Arms are switched. 6. Heart is different.

- It was screenwriter, playwright, novelist, director and producer Ben Hecht who made the following sage observation: "Trying to determine what is going on in the world by reading newspapers is like trying to tell the time by watching the second hand of a clock.'
- Those who study such things say that the Earth spins faster on its axis in September than it does in March.
- When the TV show "Bewitched" first started filming, the star, Elizabeth Montgomery, was just a month away from giving birth to her first child, so the first five episodes were shot almost in their entirety without her. It wasn't until the baby was a few weeks old that she was able to go on the set to film her scenes.

IRISH INFO (continued)

- The tradition of a St. Patrick's Day parade began in America, not Ireland. New York City was home to the first parade, held on March 17, 1762. Irish soldiers serving in the British army organized the celebration to honor the Catholic feast day of Ireland's patron saint. Today, New York's parade is the largest in the world with more than 200,000 marchers along the Fifth Avenue route. Close to three million spectators observe the parade, which does not allow automobiles or floats.
- Have you ever heard of the trifolium dubium? That's the name given to the shamrock by botanists. The early Celts referred to the shamrock as the seamroy, and considered this three-leafed clover a sacred plant with mystical properties. Legend has it that St. Patrick used the shamrock to explain the Holy Trinity to first-century Irish pagans. During the 17th century when the English began seizing Irish land and prohibiting the use of their native language and Catholic religion, many Irish started wearing the shamrock as a symbol of pride in their heritage.
- The Irish word lobaircin means "smallbodied fellow," and has been modified a bit to the English word "leprechaun." These little imps date back to the early Celtic beliefs in fairies, those tiny men and women with magical powers, who used those powers for either good or evil. Leprechauns were seen as grumpy little men, whose duties were to mend the shoes of the other fairies. We've all heard of the pot of gold at the end of the rainbow. Folklore claims that the little men have great treasures stored in crocks, and use trickery to protect it from others. If a leprechaun is captured by a human, he has the magical power to grant three wishes in exchange for his release. In 1959, Walt Disney Studios released the film Darby O'Gill and the Little People, which gave us the image of cheerful and friendly leprechauns, but in Irish folklore, they are cantankerous and mischievous.

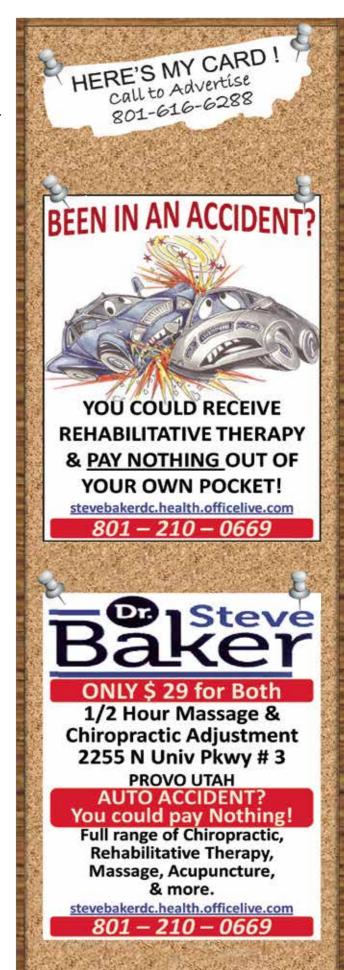
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- If you're a fan of the Beatles, you probably won't be surprised to learn that during the decade of the 1960s, they had more top 10 hits and more No. 1 records than any other recording artist.
- Before the June 1944 invasion of Normandy, a crossword puzzle that was printed in the London Daily Telegraph contained the words "mulberry," "Neptune," "Omaha," "overlord" and "Utah." That may not seem to be a fact of much interest, but it turns out that those were all secret code words used by the Allied military in planning the upcoming offensive. The puzzle's author, a schoolteacher, was tracked down and interrogated, but the puzzle's content was ultimately chalked up to coincidence.
- The country's first pay phone was installed in a bank in Hartford, Conn., in 1889. It cost 5 cents to place a call, the equivalent of \$1.25 today.

Thought for the Day: "Whoever is careless with the truth in small matters cannot be trusted with important matters." -- Albert Einstein





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3/10 Alexander Graham Bell Day

Johnny Appleseed Day 3/11

3/12 Girl Scouts Birthday

3/13 Good Samaritan Involvement Day

3/14 Potato Chip Day

3/15 Ides of March

National Hiccup Day





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ACROSS

- Suitable Young
- boxer?
- Litigious sort Middle
- Eastern dish 10 Bethle-
- hem's region
- 11 Ball game segment 13 New
- Orleans neighborhood
- 16 Barbie's companion
- 17 Hosiery shade
- 18 Shaft of light
- 19 "An Inconvenient Truth' narrator
- 20 Enticement Chris of
- tennis lore 23 19th
- President 25 Leave out
- 26 Cartoonist Goldberg
- 27 Help
- 28 Inscribed pillar
- 30 "Suburgatory"

airer

13

16

- 33 Ice cream flavor
- 36 Evening affair
- 37 Sorrow 38 Slow critter
- 39 Ear-related 40 Spring mo.
- 41 A Bobbsey
- **DOWN**
- Poet W.H. Hammer-
- head part
- cheesecake? 22 "America's
- Piece of
- irritation False 10 NYC airport

6

- 12 Toothed
 - wheels 14 Rodgers
 - partner "Catcher in

Arm bones

Twosome

Confident

Sharp

Funniest

Home —

23 Island dance

24 Desert

25 Lummox

26 Carouse

28 Discard

tion

31 United

35 Tittle

29 Alternative

30 Texas Hold

nations

32 Automobile

34 1492 vessel

to "his/her"

'em declara-

- the -" 19 Obtain
- 20 Caustic solution
- Farm vehicle 21 Eastern potentates

ENDANGERED **OCCUPATIONS**

- 1. Video-store clerk
- 2. Switchboard operator
- 3. Newspaper carrier
- 4. Typist
- 5. On-air DJ
- 6. Supermarket cashier
- 7. Postal worker

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8. Travel agent [7] 9. Family farmer 10. Librarian Source: Salary.com © 2013 by King Features Syndicate, Inc.

NUGGET OF KNOWLEDGE

Since 1962, the City of Chicago has been putting green vegetable dye in the Chicago River for St. Patrick's Day. It started out as a method of tracing illegal sewage discharges into the river, but continues as a festive way to celebrate the holiday. Forty pounds of h environmentally-friendly are released to give the river a beautiful emerald green hue.

TIPETTS

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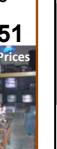
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TIPEITS GOES LONG.

Irish names beginning with "Mac" mean "son of." Those beginning with O' represent "grandson of."

by Hal Kaufman

2 3 4 5 6 S RING Ρ 3 R 1

5

N 6 G

PUT SPRING IN STEPS

AH, SPRING! You are challenged to find five six-letter words to be used in association with the word SPRING in the word square above. That is to say, words are to appear both across and down.

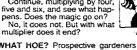
and down.
Definitions:
1. Cleanup time
(SPRING — in place).
2. Tree trimmer.
3. Curtain trim, often.
4. Imbue with an idea, for instance,
5. Wrestling hold.
6. Colors of spring.
Remember, word square words read the same both across and down.

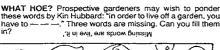
across and down. Time limit: 2 minutes.

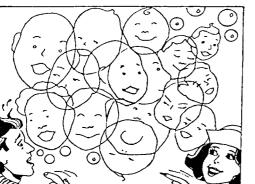
1. Spring. S. Pruner. 3. Ruffle. 4. Infuse. 5. Nelson. 6. Greens.

SUM TIMES! You can have some fun with the number 142,857 displayed by the clown at right. Multiply it by two, and the resulting amount is 285, and the resulting amount is 285, 714 — the same six digits in a different order. Multiply it by three and the result is 428,571 — again the same six digits in another order. Continue, multiplying by four, five and six, and see what happens. Does the magic go on?

No, it does not. But with what multiplier does it end?







BABY FACES! Our artist claims to have included faces of 15

babies in this drawing. How many can you find?



PIZZA PALLOR! Oops, what went up at the pizza parlor has come plopping down. Colors: 1—Red. 2—Lt. blue. 3—Yellow. 4—Lt. brown. 5—Flesh. 6—Green. 7—Dk. brown. 8—Purple.

SPELLBINDER	
SCORE 10 points for using all the letters in the word below to form two complete words: STALLION	
THEN score 2 points each for all words of four letters or more found among the letters.	
Try to score at least 50 points.	

IRISH INFO (continued)

- The three-color Irish flag orange, green, and white - was created in 1848, and is symbolic of the country's politics. The orange stands for the Irish Protestants, green for the Catholics, and white represents the hope that peace be reached between
- Indiana's University of Notre Dame is home to the Fighting Irish, a team that played its inaugural game in November of 1887. In 1918, Knute Rockne took over as head coach and his record of the highest winning percentage (.881) in football history, either college or professional, still stands. Notre Dame has produced the second largest number of players drafted into the NFL, the greatest number of Heisman Trophy winners, and ten former Irish have been inducted into the Pro Football Hall of Fame. Every home game has been sold out since 1966, with the exception of one Thanksgiving Day contest against the Air Force in 1973, when the students had gone home for the holiday.

FAMOUS WOMEN OF THE WORLD: SHIRLEY TEMPLE BLACK

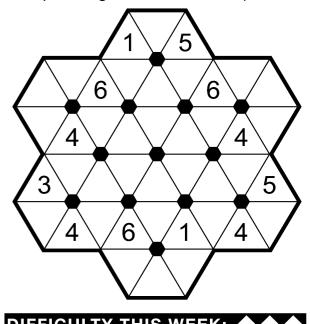
The most popular child star of all time, Shirley Temple, brought a ray of sunshine to the troubled folks of the Great Depression era. How much do you know about this bright and talented individual who was a success not only on the screen but in public service as well? Follow along as see!

- Born in 1928, Shirley was the daughter of a bank employee father and a homemaker mother, who enrolled her in dance school at age three. When a talent search was conducted at the school, Shirley was signed by Educational Pictures and appeared in a number of movie shorts, as well as modeling for cereal ads. The 1932 movie Red-Haired Alibi brought Shirley her first feature film role.
- The first feature film created specifically for Shirley was 1934's Bright Eyes, which featured her famous number "On the Good Ship Lollipop." Over 500,000 copies of the sheet music were sold following the movie's release. At the age of six, she received a miniature Juvenile Oscar for her 1934 accomplishments, and her feet and hand prints were added to the concrete forecourt of Grauman's Chinese Theater.
- By the time she was six, Shirley had already starred in 20 movies. The Shirley Temple doll was introduced, wearing a polka-dot dress modeled after the one she wore in 1934's Stand Up and Cheer! By 1941, sales on the doll had topped \$45 million. The sizable list of her other products included a line of clothing, soap, dishes, and books. Shirley also endorsed Quaker Puffed Wheat, General Electric, and Packard, among others. At age seven, her merchandise royalties were double the income from her movies.

continued on next page

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK:

◆ Difficult

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Medium

Easy

SHIRLEY TEMPLE (continued)

- Shirley was the top box-office draw for a four-year period, 1935 through 1938, saved 20th Century-Fox from bankruptcy, and had her own personal bodyguard.
- Following the huge success of Heidi, Rebecca of Sunnybrook Farm, and The Little Princess, Shirley performed in her last film as a child actress in 1940 at age 12. The film was The Blue Bird and was her 44th movie. Her popularity declined as she entered adolescence, and she made just a few films as a teen and young adult. When she was 15, Shirley met an Army Air Corps sergeant named John Agar, and at age 17, she married him. Their daughter was born when Shirley was 19, but the marriage was over after four years.
- December, 1950 was the time of two momentous occasions in Shirley's life - she announced her retirement from the film industry at age 22, and she married wealthy California businessman Charles Black. This union would endure 54 years until his death. She entered the political arena in 1969, when Richard Nixon appointed her as the U.S. Representative to the United Nations. Under Gerald Ford, Shirley served as Ambassador to Ghana and White House Chief of Protocol. Her assignment under Ronald Reagan was that of a foreign affairs officer with the State Department. During the George H.W. Bush administration, she was the Ambassador to Czechoslovakia. She became a best-selling author in 1988 with the release of her autobiography Child Star.

SHORT STUFF

This week there's no shortage of short things! Take a look at a number of items containing the word "short."

• Randy Newman's 1977 Billboard top hit "Short People" described his subject, "They got little baby legs that stand so low, you got to pick 'em up just to say hello." Who is classified as a short person? The term "short stature" refers to any person substantially under the average height for a person of the same age and gender. Pediatricians use a measurement called standard deviation that compares the height of different children. A child's height must be more than two SD's below average height in order to have short stature, and 95% percent of comparable children are taller.

continued on next page



- On March 17, 1762, in New York City, the first parade honoring the feast day of St. Patrick, the patron saint of Ireland, is held by Irish soldiers serving in the British army. Early Irish settlers to the American colonies, many of whom were indentured servants, brought the Irish tradition of celebrating St. Patrick's feast day to America.
- On March 11, 1818, "Frankenstein: or, The Modern Prometheus," is published. The book, by 21-year-old Mary Wollstonecraft Shelley, is frequently called the world's first science-fiction novel.
- On March 12, 1933, eight days after his inauguration, President Franklin D. Roosevelt gives his first national radio address, or "fireside chat," broadcast from the White House. Roosevelt made sure each address was understandable to ordinary Americans.
- On March 13, 1944, Britain announces that all travel between Ireland and the United Kingdom is suspended, the result of the Irish government's refusal to expel Axispower diplomats within its borders. Ireland stood its ground.
- On March 14, 1950, the Federal Bureau of Investigation institutes the "Ten Most Wanted" list in an effort to publicize particularly dangerous fugitives. The creation of the program arose out of a news story in 1949 about the "toughest guys" the FBI wanted to capture.
- On March 15, 1965, President Lyndon B. Johnson addressed a joint session of Congress to urge the passage of legislation guaranteeing voting rights for all. On Aug. 6, 1965, Johnson signed the Voting Rights Act.
- On March 15, 1972, "The Godfather" -- a three-hour epic chronicling the lives of the Corleones, an Italian-American crime family led by the powerful Vito Corleone -- is released in theaters. "The Godfather" was adapted from the best-selling book of the same name by Mario Puzo.
- On March 16, 1985, in Beirut, Lebanon, Islamic militants kidnap American journalist Terry Anderson. On Dec. 4, 1991, Anderson's captors finally released him after 2,455 days. Anderson spent his entire captivity blindfolded.





The Right Way to Greet a Dog

By Samantha Mazzotta

DEAR PAW'S CORNER: I met my neighbor coming up the walk with her dog this morning. When I reached out to pet "Sassy," she growled and nipped at me. My neighbor apologized and explained that Sassy cannot see well. I'm not sure that's a good enough answer. She should have better trained her dog to respond in a friendly way to people. Don't you agree? — Stung in San Antonio

DEAR STUNG: No, I don't agree. Dogs with vision or hearing problems can be startled easily, and often react instinctively with a warning growl and even a nip.

Even if you know a dog well, when you meet, always greet the owner first, keeping your hands in a relaxed position by your side. If you want to pet the dog, ask the owner if it's OK to do so. If the owner tells you to go ahead, call the dog's name first to get its attention, then slowly present the back of your hand and let the dog sniff it. If the dog stays calm, gently scratch along its jawline and behind the ears. Don't pat the dog on the top of the head, which can be seen as threatening. Owners should keep their dogs leashed at all times during walks. If someone asks to pet your dog, you can say no -- you don't have to explain why.

There's a growing movement to attach yellow ribbons to a dog's leash to indicate to others that a dog needs space. YellowDog, which started in Sweden, now has a U.S. branch. You can find YellowDogUSA on Facebook.

Another good resource is DINOS (Dogs In Need of Space), which gives more details on what kinds of dogs need a wide berth, how to approach dogs and so on.

Send your questions or comments to ask@pawscorner.com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. For more pet care-related advice and information, visit www.pawscorner.com.





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ARE YOU CARING FOR AGING OR DISABLED LOVED ONES AT HOME? Are you Frazzled? Frustrated? Burned Out? At your Wits End!

Many of us face that question, for ourselves or for those we love. There are solutions other than a nursing home or assisted living facility. There are many fine and safe facilities, but regardless of their level of service, they often cause stress, hurt feelings and are very expensive.

When elderly or partially disabled people are able to remain in their homes, everyone wins. But, unlike 50 years ago, most families are not able to provide constant, vigilant 24 X 7 assistance to family members in need. Families are now scattered across the country, sometimes across the world. How can they provide adequate care, shopping trips, doctor visits, transportation to church and all the little things that make up life? It is impossible when they are miles, or hours away.

Is a Nursing Home the only Solution? The answer is a resounding NO! Today the need is recognized and the solution is available. Home Care may provide the answer that you need. Whether it is only a daily stop to verify meds are taken or a safe driver to take someone to an appointment, then low cost help is as close as your phone. Contact the Senior Center, ask your friends, or search the web. You will find well-trained and loving people who are willing to lend a caring hand.



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65 E 200 S

801.704.0785

801.465.5215

Spanish Fork Senior Center
 167 W Center

801.798.5015

439 W Utah Ave
• Orem Senior Center

Payson Senior Center

93 North 400 East 801.229.7111 or Center

• Jacobs Senior Center 242 W 200 S 801.785.2818

SHORT STUFF (continued)

- Do you know the difference between IRS forms 1040A and 1040EZ? Form 1040A is the "short form" while 1040EZ is the "easy" form, the simplest way to file taxes. Both are limited to taxpayers with less than \$100,000 in taxable income who take the standard deduction. However, the easy form is only for those with no dependents.
- A short sale on the stock exchange means that the seller does not actually own the shares he/she is selling and has to borrow them before being able to deliver. When the share price falls, the short seller buys them and returns them to the lender, resulting in a gain on the deal.
- If someone calls you short, he/she might be referring to your height, but could be telling you that your demeanor is abrupt, discourteous, or unfriendly. A short presentation doesn't always refer to its duration. It might mean it was succinct and concise.
- If you want to retain information in your shortterm memory, it will be necessary for you to repeat it out loud or mentally rehash it from time to time. By doing so, the data re-enters the memory's storage, enabling it to be preserved for a longer period.
- Look at all the idioms in the English language that contain the word "short." You can make short work of something by finishing it quickly. You might run short (not have enough), fall short (fail to measure up to a certain standard), or cut short (interrupt someone). If you've submitted your resume for a job, you might be on the short list, one that contains those narrowed down from the full pool of applicants. Hopefully, on that resume, you didn't sell yourself short, that is, didn't give yourself full credit where it was deserved. You certainly wouldn't want to get the short end of the stick, which might mean unfair treatment or not getting what you are worthy of.
- If you want to retain information in your short-term memory, it will be necessary for you to repeat it out loud or mentally rehash it from time to time. By doing so, the data re-enters the memory's storage, enabling it to be preserved for a longer period.
- What in the world is hydrogenated vegetable oil? Just a fancy name for shortening! Hydrogenation involves adding extra hydrogen atoms to vegetable fats, which turns them into solids. Shortening is 100% fat, compared to the 80% fat content of butter and margarine. Procter & Gamble introduced Crisco, an abbreviation of "crystallized cottonseed oil" in June of 1911.
- It's as easy as 1-2-3! Making shortbread, that is. The traditional recipe calls for one part sugar, two parts butter, and three parts flour. This little treat originated in Scotland during medieval times, when the word "short" was used to describe all things crisp and crumbly. Shortcake is not the same as shortbread. It uses vegetable fat rather than butter and adds some leavening agent such as baking powder, resulting in a different texture.
- "If you want to retain information in your short-term memory, it will be necessary for you to repeat it out loud or mentally rehash it from time to time. By doing so, the data re-enters the memory's storage, enabling it to be preserved for a longer period."



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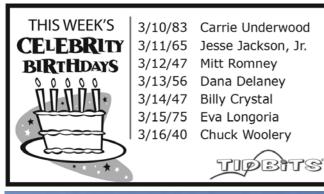
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Weekly **SUDOKU**

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging ★★★ HOO BOY!

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Good Housekeepi

Slow-Simmered Turkey, Pot-Pie Style

- 3 tablespoons margarine or butter
- 1 turkey thigh (about 2 1/2 pounds), skin removed
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 small onion, cut into 1-inch pieces
- 10 thyme sprigs
- 3 large celery stalks, each cut into 1 1/2-inch pieces 2 cups (about half a 16-ounce bag) peeled baby carrots
- 1 pound medium red potatoes, each cut into 4 wedges
- 1/3 cup all-purpose flour 1 can (14 to 14 1/2 ounces) chicken broth (1 3/4 cups)
- 1/4 cup heavy or whipping cream
- 1. In nonstick 10-inch skillet, melt 1 tablespoon margarine over medium-high heat. Add turkey to skillet; sprinkle with salt and pepper. Scatter onion around turkey. Cook turkey and onion 6 to 7 minutes or until turkey is browned on both sides.
- 2. Meanwhile, in 4 1/2- to 6-quart slow-cooker pot, place thyme, celery, carrots, and potatoes.
- 3. Transfer turkey and onion to slow cooker. Melt remaining 2 tablespoons margarine in same skillet over medium heat. Add flour and cook 1 minute, stirring. Add broth and cream; heat to boiling, stirring constantly. Pour broth mixture into slow cooker. Cover slow cooker with lid and cook on low setting as manufacturer directs, 7 to 8 hours or until turkey and vegetables are very tender.
- 4. To serve, discard thyme sprigs. With tongs, transfer turkey to cutting board. Cut meat from bone into bite-size pieces; return meat to slow cooker. Cover slow cooker and heat through on high setting if necessary. Makes about 10 cups, or 6 main-dish servings.

Each serving: About 355 calories, 16g total fat (5g saturated), 84mg cholesterol, 880mg sodium, 26g carbohydrate, 3g fiber, 26g protein.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/recipefinder/.

ANSWERS

SPORTS QUIZ

- 1. The New York Mets' Tom Seaver struck out 10 San Diego batters in a row in 1970. 2. The 2004 New York Yankees
- in 1999. 5. Twice (2008, 2009) before
- he won it after the 2011-12 season. 6. Richard Petty, in 1974-75.
- won 101 games. 3. It was 1987-93. 4. Houston's Steve Francis,
- 7. Maria Sharapova won the U.S. Open in 2006 at the age

MOSD SOMES CORNED BEEF

TRIVIA NEWSFRONT

- **ANSWERS**
- 1. Irish whiskey, coffee, fresh cream, brown sugar 2. St. Patrick's Day cards
- Ireland forever
- The Irish Wolfhound

COMMUNITY NEWS BITS Mar 11, 2013

PAYSON

Mar Business of the Month - - Rory Adams, Farmer's

Farmers Insurance has been around for over 85 years. They have a proud record of being A rated for financial strength by AM Best. Rory Adams grew up is South Africa, the son of a life insurance agent, and was sure he would never go into the business himself. After moving his family to the USA in 2002, he was introduced to Farmers Insurance by a friend, and started training with them. In Dec of 2009, Rory jumped at the opportunity to start his own agency in Payson. He soon moved his office to its current location. In Jun 2010 his family relocated from Burley Idaho and settled into Payson, which they happily call home. Rory is married to Charne, the principal of a Charter school in Bluffdale, and together they have 5 children and two daughters-in-law. Rory really loves his job, and particularly enjoys the opportunity to meet and help people. Rory finds it a pleasure to be able to help clients find the insurance that best suits their needs and budget.

Ribbon Cutting for NEXEO Recruiting and HR Solutions -

Wed Mar 13 @ 10:30 A - 11:00

887 E. 100 N. #3

Grand Opening - Come and meet Brady Jones and staff and welcome them to our community. Nexeo is a dynamic full service human resource services firm that provides employers with comprehensive

recruiting and staffing, payroll, benefit solutions, consulting, and training services all providing increased productivity and reduced costs for our partners.

Congratulations to Arrowhead Upholstery Arrowhead Upholstery Ribbon Cutting Thurs 3/14/13 at 12:30

WE HAVE MOVED TO 954 E 100 N!!! Shessann & her husband Colin purchased a new building in

Payson, just behind (south) of Nebo kitchen. They have moved from their Main Street location. This will give them more room to work on Payson's upholstery needs. Arrowhead Upholstery offers full interior restoration services for classic and late model cars & trucks, as well as motorcycles, RV's, boats, golf carts and more. Arrowhead Upholstery's owner, Shessann Logue, has been sewing as long as she can remember. Their new building is also home to Colin's Insurance Agency, Utah Avenue Insurance. He

does most of his work with seniors and retirees, helping them with Medicare, Life Insurance, home & auto insurance, and other related products.

NOTICE OF SMALL BUSINESS LOAN FUNDS AVAILABLE

Mountainland Economic Development District, under the management of Mountainland Association of Governments, maintains a Revolving Loan Fund (RLF) and a Microloan Program to promote the growth of small businesses in Summit, Wasatch and Utah Counties. additional information on the Revolving Loan Fund or Microloan

Easter Egg Hunt - Sat Mar 30 The Payson Chamber of Commerce is asking for donations from local businesses to help sponsor this event. Although any donations are welcome, the following levels of sponsorship are available for this

www.mountainland.org/businessloans or contact Michelle Caldwell at mcaldwell@mountainland.org

\$25 - Your business can set up a table/booth at the Easter Egg Hunt and hand out prizes, treats whatever you choose to those in attendance. Notify the Chamber to prevent duplications. Arrowhead Upholstery / Utah Avenue Insurance is providing Hot Chocolate. Table/booths & handouts are the responsibility of the business.

\$50 - Your business name will be listed in the newspaper and on our website. Your business name will be announced at the event as a sponsor. Business name inside 100 eggs with a treat

\$75 - Same as above PLUS your business name inside 200 eggs with a treat

\$100 - Same as above PLUS your business will be listed on a sign at the event. Business name inside 500 eggs with a treat. Your Business name will be attached to some of our Major Prizes

\$150 - Same as above PLUS your business name inside 1000 eggs with a treat. Your Business name will be attached to some of our Grand Prizes

Also looking for volunteers to help fill the Easter eggs please contact the chamber office. Please send your donation to Payson Chamber of Commerce, P.O Box 176 Payson, UT 84651 or contact the chamber office at 814 S. 1050 W., 801-465-2634 paysonchamber@yahoo.com or you may contact Eric Buchanan at UCCU 801-223-8120 Please have all donations to the Chamber NO LATER THAN MARCH 15, 2013

For more information, contact

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SPANISH FORK / SALEM

March Business of the Month - Tues. March 12 10am at Sam's Club in East Bay, Provo. Congratulations to Sam's Club, our March Business of the Month! Sam's is a proud member of the Spanish Fork Chamber of Commerce & has been chosen as the March Business of the Month. Their Marketing team, headed up by Jordan Perry, has been a huge support for our Chamber. Things they are involved in are the Annual Easter Egg Hunt, Ribbon Cuttings, Noon Networking Luncheons, Business Fairs, Main Street Trick or Treat, Summer Party, Nebo Economic Summit, and many others. We as a Chamber of Commerce are proud to have them as a member and sponsor. Thanks to Sam's Club for all you do! Let's all come out and support Sam's Club! Tues. March 12 10am at Sam's Club in East Bay, Provo! Thanks Sam's!



Easter Egg Hunt - Sat Mar 30 at 9A, Sports Park Complex on Volunteer Drive, Spanish Fork. We are looking for cash donations, bikes, toys, or candy that they can give at the hunt. We will have five age groups and five fields at the Sports Park. Please send a donation to the Chamber Office made out to Spanish Fork Chamber and marked Easter Egg Hunt donation. All sponsors will be listed on the banner at the event, on the chamber website, on Channel 17. and in the Chamber Newsletter sent out with the Daily Herald or mailed to every home in Spanish Fork and Salem for those who do not have a Sunday Herald subscription. We must have these donations in by Mar 15 to be included in the Banner.



NOW HIRING - Starbucks is excited to join Spanish Fork community on May 6th! Now hiring friendly people with excellent customer service skills willing to work in a fast paced, team environment. Availability must include Sundays and Holidays. Training will be conducted at the American Fork location prior to opening date. Please go online and apply at Starbucks.com/career-center and choose the "American Fork" location.

Creative Signs and Graphics in Spanish Fork Now Hiring a Business Manager -Currently searching for a candidate to assume responsibilities of managing the business. Candidates are not required to have printing or sign shop experience, but it would be helpful. Successful person will need management experience. If your resume please email to Steve steve.wright@mcfoods.com, or call 1-801-894-1118.



PLEASANT GROVE

Utah Children's Choir - The UCC annual Family Concerto be Mar 25 at Manila Elementary at 7 pm. The Mar 29 concert is a collaboration with the Pleasant Grove Orchestra. The concert will be at the P G High School at 7 pm.

Pleasant Grove Announces Expansion to Highly Popular Promenade

New Schedule: Every Thu evening from 5P - Strawberry Days (3rd wk of June) to Heritage Festival (2nd Sat in Sept). This year that means 11 weeks - June 27 to Sept 5

King Crossword

New Park Layout: The entertainment and spectator seating will be moved to the northeast corner of the park which creates a new layout for vendor spaces. Due to the success of the 4 events in 2012, we will be increasing the number of special events this year. www.pgpromenade.com

Irivja

- 1. Collinwood 2. Five -- two compound eyes and three simple eyes
- 3. Ava Gardner 4. 1931
- 5. Martin Van Buren 6. Woody Allen 7. Sheltered bay
- "A Midsummer Night's Dream" 9. Bullet 10. A type of pickled cucumber



Answers												
Solution time: 25 mins.												
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