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TIDBITS® GETS NOSEY by Patricia L. Cook

This issue of Tidbits is not just about nosey neighbors or co-workers (but they will be mentioned...shhh! Don't tell them!), but also about noses that are superior in sensing aromas.

There have been a number of television shows and movies that have featured nosey neighbors. Whether putting a glass against the wall to listen to voices in the next room or peeping through a keyhole, there are times when curiosity gets the best of a person and they just want to know what is going on! Examples of these "snoopy" tricks can be found in videos of I Love Lucy, Friends, Bewitched.

One of the main characters of the show, Bewitched, was Gladys Kravitz. She was constantly spying on her interesting neighbor, Samantha, who happened to be a witch. When the show was on television in the 1960s and had quite a following, many would refer to their nosey neighbors as having the "Gladys Kravitz syndrome!"

In case you are wondering, nosey can • be spelled with or without the "e," according to thefreedictionary.com. It is an adjective meaning: "offensively curious or inquisitive." While people can be nosey in the inquisitive way, many animals have superior smelling abilities.

turn the page for more!





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3. DANCE: Who wrote the score for the American ballet "Rodeo"?

4. U.S. PRESIDENTS: Which president served as a congressman in the House of Representatives after finishing his presidential term?

5. HISTORY: What was the year of the first Thanksgiving feast in the New World?

6. MEASUREMENTS: How many inches are in a hand?

7. MEDICAL: What is a common name for the medical condition alopecia?

8. TELEVISION: What was the theme song to "The Mary Tyler Moore Show"?

9. ART: In what U.S. city is the National Gallery of Art located?

10. MOVIES: What was the name of the 2004 movie with the tagline, "A True Underdog Story"?



NOSEY (continued)

One such beast with an extraordinary sense of smell is the bear. A bear's brain is only about a third of the size of a human brain but his nose is approximately five times larger; the nasal mucous membrane in a bear's head is 100 times larger than the membrane in a human! Their nostrils have folds that house thousands of smell receptors making their sense of smell better than bloodhounds and possibly the best of any land animal. Bears use their sense of smell to find mates, identify their cubs, find food, and detect and avoid dangerous situations involving other bears or humans.

In California, a black bear was seen traveling upwind in a straight line for three miles to find a dead deer. Some studies have shown that a bear's sense of smell is actually seven times better than a bloodhound's.

Speaking of bloodhounds; they are possibly • the best detectives known! Their sense of smell is so good that they beat the best man-made odor detecting machines. Even after several days of a person's trail going through streets, shops and more, a bloodhound can still follow the scent. Some dogs have been trained to detect types of cancer with greater accuracy than very expensive screening equipment.

Detecting scents underwater is what a shark's brain does well. Approximately two-thirds of a shark's brain is focused on smell. They can detect a tiny drop of blood from more than a mile (1.6 km) away. They can even detect nervousness in other fish, which helps them find and destroy prey very easily.

In many instances humans have better recall • of smells than visual recall. One study found a 65% accuracy for smell after a year, while visual recall of photos was below 50% after only three months.

Rats can be trained, like dogs, to use their extraordinary sense of smell to help humans in lifesaving ways, one of which is to detect land mines. Rats can smell in stereo, with each of their nostrils working independently!

The advantage to using rats instead of dogs for this type of defense work is not just because of dogs' reputation as "man's best friend" and the close relationships handlers form with dogs but also because they are cheaper to keep and train.

PLQNKHEBYVSPMJH

EBLYVTQOBLIGDBY

continued on next page

THINGS WE

SPIN



Make Own creative Instruments for family fun Family Band Donna Ericksor

The rhythm of family life has many beats, and when they're in sync there's a nice flow. Enjoy and appreciate those smooth times with instruments you make and play together with your kids. It's a great way to express all that simple happiness.

Just dip into your recycle bin for some plastic bottles, snatch some mismatched mittens leftover from winter wear, and with some basic art supplies, you'll be set to craft your own percussion instruments.

For extras, haul out anything that clangs in your kitchen cabinet. Bang pots and pans together like a cymbal. Even the cabinet door itself, when swinging back and forth, adds a "squeak!" and a "whoompf!" like the "oom-pa-phaa!" of a tuba. It's the best of fun.

And it's as easy as 1-2-3!

BUTTON TAPPERS

Choose jazzy, colorful big buttons.

Turn a stretch glove right-side-out, sew buttons on the underside of the tip of each finger and the thumb. Help novice sewers learn to direct the needle in and out of the buttonholes safely.

Tip: Insert a capped marker in each finger of the glove until it reaches the end for extra support while sewing.

When complete, make a tapping sound by clicking the thumb button with the finger buttons, or by tapping on a counter. Alternate idea: Instead of sewing buttons, glue metal bottle caps onto the tips of the glove and let dry.

WRIST BELLS

Slide several jingle bells one by one on a long pipe cleaner, twisting the pipe cleaner to hold each one in place. Finally, twist the ends of the pipe cleaner together to fit the wrist of your child like a bracelet.

BOTTLE CAP CLACKERS

On a 2-inch-by-8-inch length of sanded wood, set two metal bottle caps on top of each other, and drive a nail through the bottle caps and part way into the wood. Be sure to leave room for the bottle caps to rattle. Make a row of two or more sets. Paint the wood, if you wish.

PLASTIC BOTTLE SHAKERS

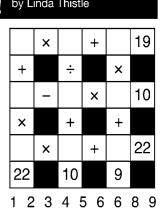
Pour beans in a plastic bottle and glue the cap shut. Paint and decorate with colorful tape and stickers.

It's concert time! Bring your musicians together. Tap, shake and groove to your favorite songs.

Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit www.donnasday. com and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families."

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.



DIFFICULTY: *

★ Moderate ★★ Difficult



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U S Q O B A M K S S L I	FDB
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E C B S E O O S D R O C	E R Z
YKL I SYTWVUFB	S R Q

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Airplane	Coins	Records	Webs
Baseball	Football	Silk	Yarns
Bottles	Lariat	Stories	Үо-уо
Bowling ball	Plates	Tops	

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* * * GO FIGURE!



 Who holds the majorleague record for most Gold Gloves awarded to a catcher?

2 The 1933 New York Yankees had nine future Hall of Famers on the roster. Name six of them.

B Who threw the longest pass in Notre Dame football history?

4 Name the last Milwaukee **Bucks player before Ersan**

Ilyasova in 2012 to have at least 25 points and 25 rebounds in a game.

5 When was the last time the Toronto Maples Leafs won a series in the NHL playoffs?

6 In 2012, Gabby Douglas became the third consecutive U.S. athlete to win the women's Olympic all-around gymnastics title. Who were the previous two?

Which golfer has made the most appearances in the Ryder Cup?



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by Freddy Groves

To Help a Veteran, Help the Family

Spring is almost here, and most of the country has seen tough weather over the winter in the form of floods, hurricane and heavy snow. For many veterans, it's been a time of trying to keep body and soul together. Those who have families have had it worse.

This would be a good time to concentrate on one or two veterans in your area, especially those who are disabled in some way. Focus on services that the veteran doesn't get through normal benefits channels. Ask the veteran what he or she needs, and consider offering one or more of the following:

-- A summer of lawn mowing and trimming at the veteran's home. If you schedule the duty among your membership, chances are you won't be doing it more than once or twice this summer. If you have teenage children, this would be an example of an area where they could pitch in.

--Painting a room or the porch. Rebuild wobbly steps or create a ramp. (Check local building codes and get permits.)

--Taking the family vehicle for oil changes and service, and add the bonus of a wash, wax and vacuum.

--Don't forget the veteran's children, especially if the veteran has difficulty getting around. Offer to include the kids in Little League signups, pizza parties and movie evenings at the library. Pay any fees or costs incurred, especially with Little League or soccer, and pay for uniforms. Arrange for transportation to games for the kids as well as the veteran.

Your regular efforts to help, while they might be small to you, will take a responsibility off the shoulders of a veteran in need, especially when it comes to family. Remember: When you help the family, you help the veteran.

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com.



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NOSEY (continued)

Giant African pouched rats are used for mine detection by APOPO, an acronym from the Dutch language which means Antipersoonsmijnen Ontmijnende Productontwikkeling. In case vou don't speak Dutch, it is translated Anti-Personnel Landmines Detection Product Development. APOPO conducts research and "develops and disseminates detection rats technology for humanitarian purposes." It is a company registered in Belgium with headquarters in Tanzania. Their rats are called HeroRATs.

Three countries that have been helped with mine detection rats are Tanzania, Mozambique and Thailand. When the land is cleared of landmines, not only does it make an area safer for those living nearby but it also makes the land accessible for use and many times opens up water sources nearby as well.

HeroRATs are also trained for tubercolsis detection. Read about these super smellers at: http:// apopo.org/home.php?lang=en.

On to a prettier animal – moths can sniff out a future mate in flight 6-7 miles (9-11 km) away. The feathery antennae allow this fine searching ability.

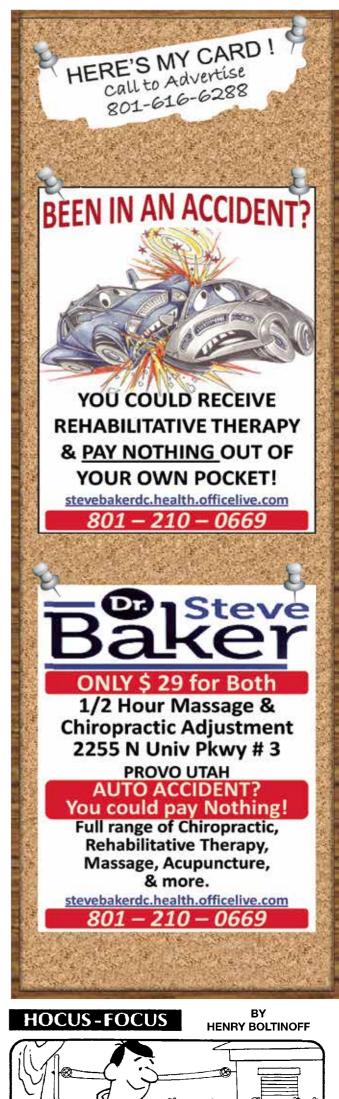
Snakes use their tongues in a flicking action not just to scare humans and animals, but to smell with. Snakes do have nostrils and nasal cavities but don't use them to smell.

Most birds have keen eyesight but their sense of smell is lacking. The albatross is an exception. This large bird hovers above the water, usually an ocean, looking for its next meal. An albatross has an extra-large nose on top of its beak. The oversized honker helps an albatross detect food even in the dark.

People with oversized noses tend to have many critics. Some celebrities have actually become famous in part because of their noses. Many refer to their noses as a proboscis, a facetious use of the word that is defined as a trunk of an elephant or a long flexible snout, usually referring to animals.

continued on next page





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• It was Robert Kennedy who made the following sage observation: "One-fifth of the people are against everything all the time."

• An adult ostrich can reach up to 9 feet in height and weigh upward of 300 pounds.

• The Tai Mahal, a tomb built by Indian Mogul Emperor Shah Jahan in memory of his wife, Mumtaz Mahal, is a UNESCO World Heritage Site and one of the most-visited tourist attractions in the world. It wasn't always so, though; from the time of the building's completion in 1643 until the British occupied the Indian subcontinent, only Muslims were allowed onto the grounds. If any non-Muslim ventured into the forbidden Taj Mahal, he or she was put to death.

• The frigid island nation of Iceland is, by all accounts, a

peaceful place. In the entire history of the country, there has been only one armed robbery.

• When World War I started, the U.S. Air Force had a grand total of 50 soldiers.

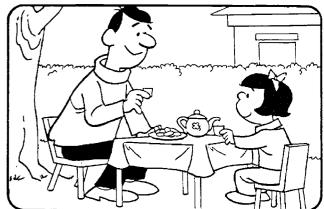
• When Albert Einstein was 9 years old, he still wasn't able to speak fluently. His parents worried that he might be retarded.

• In 1957, famed crooner Frank Sinatra wrote for a magazine called "Western World" a piece that included the following: "My only deep sorrow is the unrelenting insistence of recording and motion picture companies upon purveying the most brutal, ugly, degenerate, vicious form of expression it has been my displeasure to hear, and naturally I'm referring to the bulk of rock 'n' roll." He goes on to call it "the martial music of every sideburned delinquent on the face of the earth."

• If you're like the average human, your body produces about two quarts of saliva every day.

Thought for the Day: "Enemies are so stimulating." --Katharine Hepburn





CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

DIFFERENCES: 1. Clothestine is missing. 2. Chair is lower. 3. Napkin is missing. 4. Teapot is reversed. 5. Blind is missing. 6. Sweater design is missing.

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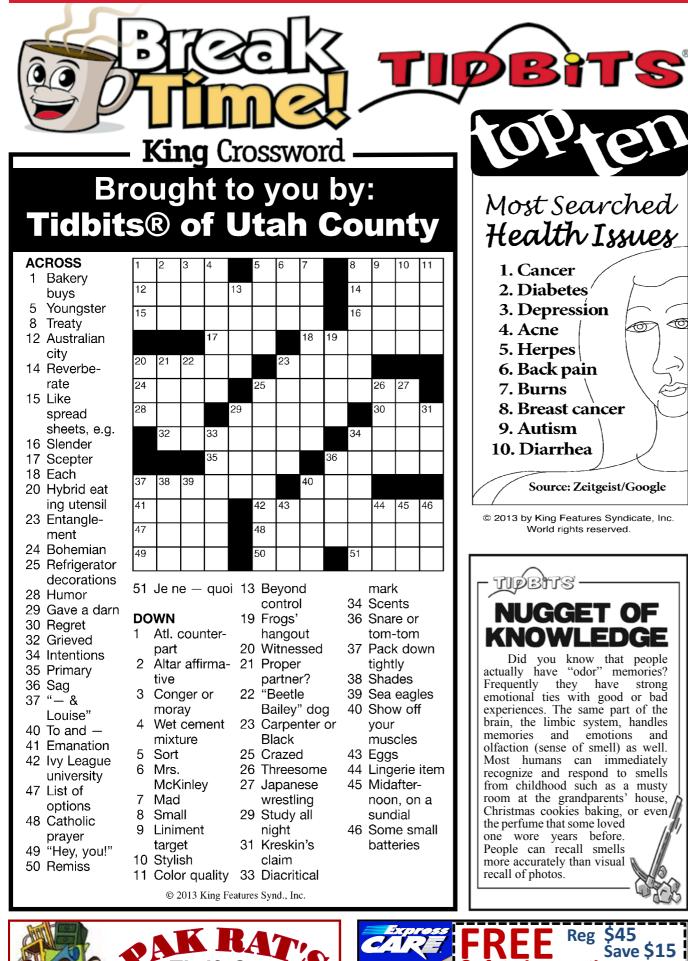
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NOSEY (continued)

Jimmy Durante was a very popular entertainer known for his jokes about his nose and a silly song he called Inka Dinka Do he recorded in 1934. A great piano player, jazz musician, band leader and one of the early stars of television, his nickname was Schnozzola, a name he coined himself for his large nose.

Bing Crosby called his friend and fellow • comedian, Bob Hope, "Old Ski Nose." Hope's nose wasn't especially big but was long and thin and had a bit of a curve up. Many caricatures were drawn of the comic's nose. Hope joked about his nose saying that "my nose came on screen 10 minutes before the rest of my face."

Another large-nosed entertainer was Danny Thomas. He was the star of Make Room for Daddy, a popular television comedy from 1953-64. He left an honorable legacy by founding the St. Jude's Children's Research Hospital in Memphis, Tennessee in 1962.

FAMOUS WOMEN **OF THE WORLD:** HARRIET BEECHER STOWE

Harriet Beecher Stowe was an author and an abolitionist. She wrote travel essays, articles, memoirs and books. Her most famous work was a novel, Uncle Tom's Cabin.

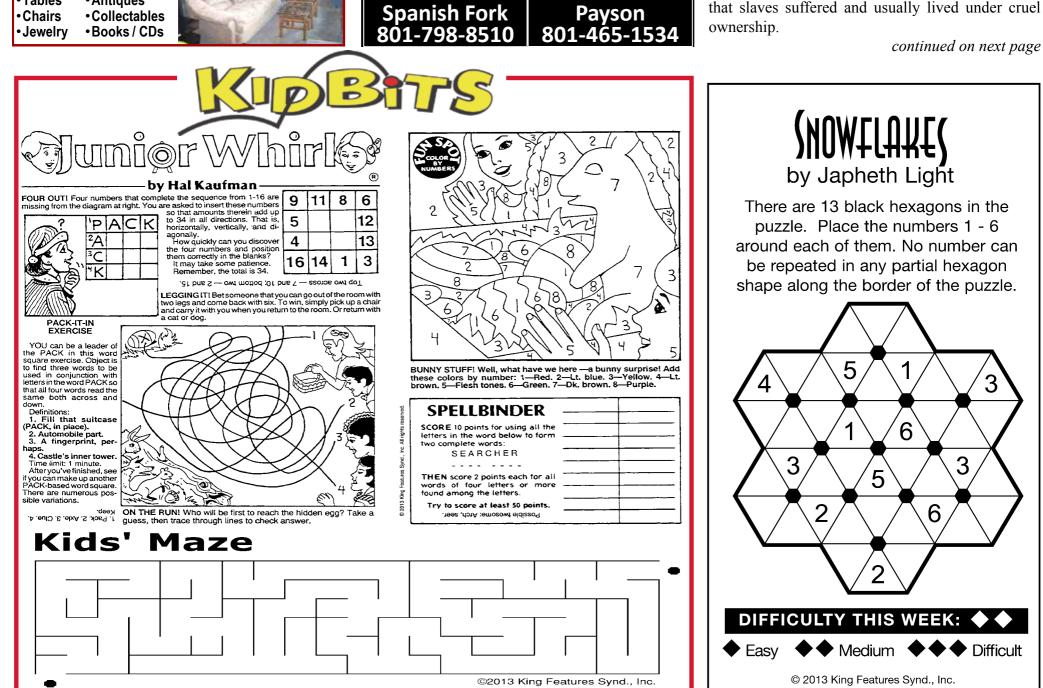
Harriet Beecher was born into a prominent religious family in America that was involved in many reform movements in the 19th century.

Stowe became a student and then a teacher at Hartford Female Seminary, a school founded by her sister, Catherine. Harriet married Calvin Stowe in 1836 after her short teaching career. Calvin, a teacher and Biblical scholar, welcomed Harriet's supplemental income writing short stories about domestic life. The royalties she earned allowed her to hire household help to assist with the seven children born to the couple.

In 1850 when threats of seceding from the United States started to rise from the southern states, Harriet Beecher Stowe started writing about the evils of slavery. While she expected to write three or four installments on the subject, she kept writing and the public interest kept growing. Her writing grew and was published as a novel with forty chapters.

In 1852, Stowe's novel, titled Uncle Tom's Cabin, was released. It depicted the lives of slaves with Uncle Tom being the first black hero in an American novel.

The book helped to energize anti-slavery forces in the north and incensed the pro-slavery people from the south. She wrote of the evils of slavery and tried to help her readers understand



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HARRIET BEECHER STOWE (continued)

When he first met Harriet Beecher Stowe, Abraham Lincoln reportedly said, "So you're the little woman who wrote the book that started this Great War!" (the Civil War)

• Stowe reflected in one of her many journals on her purposes for writing her famous novel: "I wrote what I did because as a woman, as a mother I was oppressed and brokenhearted with the sorrows and injustice I saw, because as a Christian I felt the dishonor to Christianity, because as a lover of my country I trembled at the coming day of wrath."

Even though Stowe meant her novel to be an encouragement and help to African Americans, many, even today, feel that being called an "Uncle Tom" is a terrible slur. Many considered the title character an epitome of submissiveness.

Stowe was ahead of her time in thoughts and actions for equality of the races. She created an integrated school for children and adults in Mandarin, Florida in 1870. The realization of integration would not come about for Americans for fifty or more years

Harriet Beecher Stow wrote many more novels but none of them had as much social or literary impact as Uncle Tom's Cabin. Her broad interests lead to many publications, ranging from her famous novel to children's text books, books on homemaking and childrearing advice, biographies and religious studies.

Stowe believed that her writing could make a difference in peoples' lives. Many of her words did make changes in the world. She will be long remembered as a woman with convictions who tried to make the lives of others better.

continued on next page







Pet Charities

By Samantha Mazzotta

DEAR PAW'S CORNER: I gave some money to a pet charity a couple of years ago, and now I am contacted several times a month, by mail and by phone, by this charity asking for more money. Are all pet charities like this? Is there another organization I can donate to, or even just volunteer for? -- Jerry C., San Diego

DEAR JERRY: If the calls and letters are annoying, you should be able to contact the charity and ask it to take you off its mailing list. Check one of the mailers for a phone number or email address specifically for this type of request.

It's likely that whatever charity you give to will begin sending you regular mail, at the very least, since that is an effective method of reminding supporters to donate again. It's sort of an occupational hazard.

There certainly are other ways to contribute to causes that help animals. Some people have more time than money, or feel that just throwing money at a charity isn't enough.

Helping out at pet shelters is one of the first options people think of, but each shelter has different rules about volunteers. Most will not allow new volunteers to work directly with shelter animals, for safety reasons. However, they do try to put volunteers into other supportive roles, and some offer periodic training sessions to initiate new volunteers into their programs. (Volunteers often are needed to help with fundraisers -- perhaps annoying to some, but direct funding is important.)

Your first step is to look up local pet charities, shelters or clinics, and contact each to find out if it has volunteer programs. The local newspaper, your municipality's website, or the yellow or white pages are among resources available to find these programs.

Send your questions or comments to ask@pawscorner.com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. For more pet care-related advice and information, visit www.pawscorner. com.





• On March 27, 1905, fingerprint evidence is used for the first time to solve a British murder case. The fingerprint on a cash box was the only clue in the murder of Thomas and Ann Farrow, shopkeepers in South London.

• On March 29, 1929, President Herbert Hoover has a phone installed at his desk in the Oval Office of the White House. It took a while to get the line to Hoover's desk working correctly, and the president complained to aides when his son was unable to get through to the Oval Office phone from an outside line.

• On March 25, 1933, the newly commissioned USS Sequoia becomes the official presidential yacht. Before it was commissioned as the presidential yacht, the Department of Commerce used the Sequoia as a decoy to catch Prohibition law-breakers.

• On March 28, 1941, workers start clearing hundreds of acres of land near Ypsilanti, Mich., for the construction of the Ford Motor Company's Willow Run plant, which will use Henry Ford's mass-production technology to build B-24 bomber planes for World War II. Willow Run eventually employed more 42,000 people, and by 1944, the plant was producing one plane every hour.

• On March 26, 1950, ever on a witch-hunt, Sen. Joseph McCarthy charges Johns Hopkins University Professor Owen Lattimore with being a top spy for the Soviet Union. Lattimore's career was ruined, even though no evidence ever surfaced to support the charges.

• On March 31, 1968, in a televised speech to the nation, President Lyndon B. Johnson announces a partial halt of bombing missions over North Vietnam and proposes peace talks. At the same time, he also stated that he was sending 13,500 more troops to Vietnam -- and that he would not seek nomination for another term as president.

• On March 30, 1981, President Ronald Reagan is shot in the chest outside a Washington, D.C., hotel by a deranged drifter named John Hinckley Jr. In an impressive feat for a 70-year-old man with a collapsed lung, Reagan walked into George Washington University Hospital under his own power.

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Good Life Expo Returns to the Spanish Fork Fairgrounds

Spring is a season of budding hopes, of renewal, of the hatching of dreams & of planning & building & becoming. It's a season when life is on the move, a fertile time to cultivate new projects & make new relationships. With that in mind, The Good Life Expo, for the sixteenth year holds forth in the Spanish Fork Fairgrounds on Fri & Sat Apr 12 & 13. The popular show, produced by Ron & Karen Payne, will provide exhibits & demonstrations related to home & garden improvement, family health & nutrition, & hobbies & favorite past times. Guests to the Expo will enjoy learning about new products & services in a relaxed, friendly, under one roof atmosphere. A good crowd is expected.

This method of direct marketing is low cost & effective. Many exhibitors to the event can expect to reach more people in two days than can be reached in two months. A tradition of the event is to feature the Master Gardeners of USU Extension Services who come to answer questions & to give hints to prospective spring gardeners. The Utah County Health Department will also provide awareness & preventions information to the local residents

The Good Life Expo is held inside the tennis court building. There is plenty of free parking within the fairgrounds.

The community event is supported in part by the Spanish Fork & Salem Chamber of Commerce, Spanish Fork Cable Network (SFCN) & The Daily Herald.

For additional information, call Ron Payne at 801 372 3300

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SMELL THE ROSES

When you stop to "smell the roses," you are taking the time to enjoy life. This term, an idiom, is one which many of us should stop to consider in this age where information is available instantly with the push of a few computer keys or a smartphone application and we stay too busy and too connected!

Roses have been popular for their beauty and scents for thousands of years. Historical evidence has shown that cultivation of roses most likely started in China.

According to "The Ultimate Rose Bush." There are three groups of roses: wild roses, old garden roses recognized and established before 1867, and hybrid or modern roses. Hybrids are created when two roses are cultivated to create a new variety or breed. Most new hybrids are bred to create great scents or for blooms that are longer lasting.

With the popularity of rose scents, it is no wonder that an idiom for slowing down in life was spoken many years ago. Rose gardens are great places to relax and reflect.

The White House Rose Garden is quite possibly the most photographed rose garden in the world. President John F. Kennedy started the tradition of holding ceremonies and media events in the garden close to the Oval Office in Washington, D.C. Roses were first planted there in 1913. In 1987, President Ronald Reagan signed a proclamation naming the rose as the official National Floral Emblem of America.

Victoria, British Columbia, at the southern tip of Vancouver Island, on the western coast of Canada, is known as the City of Gardens. Not only does Victoria boast the presence of the beautiful Butchart Gardens, a National Historic Site, but it is also home to Hatley Park. Both have exquisite rose gardens.

Butchart Gardens has 55 acres (22 ha) of flowers with a rose garden among them. The rose garden was first planted in 1922.

Hatley Park, with landscaping design dating back to 1912, is home to Royal Roads University. The 565 acre (228 ha) estate has three showcase areas with a beautiful rose garden as one of the three. In the early days of the estate 100 gardeners were employed to tend the grounds.

The largest rose garden in Asia is in the "garden city" of Chandigarh, India. An annual rose festival is held at Dr. Zakir Hussain Rose Garden where more than 2,000 varieties of roses and 50,000 rose trees bloom annually. It covers 30 acres (12 ha).

Empress Josephine of France created the rose garden of her dreams in 18th century France. She was the wife of Napoleon Bonaparte and her real name was actually "Rose." Josephine purchased the Château de Malmaison in 1799. The home and grounds changed hands many times but were donated to the state in 1906. It is now one of the many historical museums in Paris. The oldest municipal rose garden in the United States is Elizabeth Park in West Hartford, Connecticut. Only two and a half acres (1 ha), there are about 15,000 roses of approximately 800 varieties. Portland, Oregon is the home of the "oldest • official continuously operated public rose test garden in the United States." The International Rose Test Garden was founded in 1917. Portland is also the "City of Roses" and has been hosting the Portland Rose Festival for 105 years!



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Pleasant Grove **Daylight Donuts Purple Turtle** BlackFyre Signs by Tomorrow **Suds Laundromat** Eagle Café Chubby's State St Grill **Major League Auto** La Belle Vie Salon **Yogurt Bliss Rexall Drug Allred Ace Hardware Innovative Auctions** MacTraders

<u>Provo</u>

Big O **Jiffy Lube Provo Floral BlackJack Pizza Cougartown Laundry Cocoa Bean Cupcakes Burger Supreme** Pier 49 Pizza Accurate Audiology Curves **Green Panda Champion Karate West** Spicy Thai **Edible Arrangements Dr Steve Baker Chiropracter** Laundromat @ Honks Laura's Kitchen @ Honks 5 Star Karate @ Honks Stan's Drive In Gurus **Rocco's Soup Coupe** Sammv's Joe Vera's **Rice King Harris Hearing** El Salvador **Tommy's Burgers Provo Car Doctor Tyacke Motors** Pak Rat's Thrift Store State Street Auto Wrecking

Saratoga Springs

COMING SOON **Spanish Fork Splish Splash Laundromat Buns & Brews** Wiggy Wash The Dug Out **IFA Store Barry's Drive Inn Brad's Barber Shop Hide Away Salon** Where's Nemo Lucky 5 China Restaurant Patagonia **Doggie Divas** Hobby HQ Magelby's **Buns & Brews Coffee Shop** Amber Family Restaurant Miller's Dry Cleaning **Domino's Spanish Fork**

Springville

Joe Bandidos O'Reilly Auto Mariana's **Magic Dollar Store Caring Hands** La Casita Restaurant Two Jack's Pizza **Convenience Store** China Café **Christopher's Herb Shop** Joe's Barber Shop Jake's Brookside Sunroc Sunroc Chevron Art City Coffee **Mongolian BBQ Craigs Cuts** Papa Johns **Take A Break** Jiffy Lube **Treasures Antique Mall N Treasures Antique Mall S** Gas N Go / Subway

BOLD = CURRENT DELIVERY

Whether you live near or far from roses and rose gardens, take some time to appreciate the sights and smells of beauty around you!



<u>Salem</u>

Gandolfo's Stan's Drive In **Big Don's Pizza All About You Salon Urban Retreat Crockett Chiropractic** So Valley Gym **Simply Juicy**

<u>Santaquin</u>

One Man Band Diner Fast Trax Sinclair Subway SantaQuin Medical Center **Main Street Pizza** Double B (Goshen) **City Offices Old Pioneer Press Family Tree Rosita's Mexican Restaurant Rexall Pharmacy** Santa Queen Drive In **DQ Drive In**

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SUN & MON One Topping LARGE Pizza **ONLY \$7** 00 **CARRY-OUT ONLY**

Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: *

★ Moderate ★★ Challenging ★ ★ ★ HOO BOY!

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Oven-Braised Beef Brisket

This beef brisket is a tasty centerpiece to a spring party or Passover table. Braised with white wine and garlic, it yields a very flavorful sauce.

1 teaspoon dried oregano

- Salt & Pepper
- 1 (4 1/2 to 5 pounds) beef brisket
- 1 tablespoon olive oil
- 2 large (10 to 12 ounces each) onions, finely chopped
- 2 stalks celery, finely chopped
- 1 pinch crushed red pepper
- 1 head garlic
- 1 cup dry white wine

1 can (14 to 14.5 ounces or 1 3/4 cups) lower-sodium chicken broth

2 cups water

Orange wedges, for garnish Fresh herbs, for garnish

1. Preheat oven to 300 F. In small bowl, combine oregano, 1 teaspoon salt and 1/2 teaspoon freshly ground black pepper. Rub all over meat.

2. Place wide-bottom 7- to 8-quart Dutch oven on top of range. Add 1 tablespoon oil; heat on medium-high until hot. Add meat and cook 8 to 10 minutes or until browned on all sides. Transfer meat to large platter. Do not remove pan from heat.

3. Remove and discard all but 2 tablespoons fat from roasting pan. Stir in onion, celery, 1/4 teaspoon salt and 1/8 teaspoon freshly ground black pepper; cook 6 to 7 minutes or until golden, stirring occasionally. Stir in crushed red pepper.

4. Meanwhile, separate cloves from head of garlic. With side of large knife, gently crush each clove to remove skin. Discard garlic skin. Roughly slice garlic. 5. Return meat, and any juices from platter, to pan with vegetables. Scatter garlic around meat. With wooden spoon, scoop some vegetable mixture over meat and pat gently to form coating. Add wine and cook 1 minute, then add broth and water. Heat to boiling; cover and transfer to oven. Roast 3 1/2 hours or until brisket is very tender. 6. Carefully transfer meat to serving platter. With slotted spoon, transfer half of vegetables to small serving bowl. Transfer remaining vegetables to bowl of blender. Pour pan sauce into fat separator. Pour sauce into blender; discard fat. Blend sauce until smooth; makes 3 1/2 cups. Recipe serves 10.

COMMUNITY NEWS BITS Mar 25, 2013

PAYSON

Mar Business of the Month - - Rory Adams, Farmer's

Farmers Insurance has been around for over 85 years. They have a proud record of being A rated for financial strength by AM Best. Rory Adams grew up is South Africa, the son of a life insurance agent, and was sure he would never go into the business himself. After moving his family to the USA in 2002, he was introduced to Farmers Insurance by a friend, and started training with them. In Dec of 2009, Rory jumped at the opportunity to start his own agency in Payson. He soon moved his office to its current location. In Jun 2010 his family relocated from Burley Idaho and settled into Payson, which they happily call home. Rory is married to Charne, the principal of a Charter school in Bluffdale, and together they have 5 children and two daughters-in-law. Rory really loves his job, and particularly enjoys the opportunity to meet and help people. Rory finds it a pleasure to be able to help clients find the insurance that best suits their needs and budget.

Apr Business of the Month - Maurice Evans, an Independent Associate with Legal Shield, will be recognizes on Mon Apr 1 at 11:30A at the chamber office located at 814 S. 1050 W. LegalShield is a 40 year old company that gives you the ability to talk to an attorney on any matter without worrying about high hourly costs. For one flat monthly fee you can access legal advice. Live your life worry-fee, every day, every night, now and forever.

Maurice joined LegalShield in 2007 while living in Tempe Arizona. He has enrolled members in UT AZ, & TX He loves helping people gain access to the legal system. Maurice is certified in legal plans for families, small businesses, commercial drivers, identify theft, and employee benefits

Maurice and his wife Laura relocated to Payson in 2008. Laura is a Licensed Massage Therapist with 20 years experience, having owned her own massage business in Western New York for 11 years before marrying Maurice. Maurice served in the United States Air Force for 25 years retiring in 1976. For more information you are invited to visit his web site at PositiveProsperity.info

Central Banks Good Citizen of the Quarter - They will be presenting this award to Coralee Wilson on Fri Mar 29, at noon at the Central Bank Office in Payson at 182 N Main. Central Bank would like you all to please join them in thanking Coralee for all she does!

Easter Egg Hunt - Sat Mar 30 The Payson Chamber of Commerce is sponsoring this event.

9:00 am

1 -10 yrs of age Hillman Recreation Complex approx. 900 S. Main

For more information, contact: Colin Logue 801.609.8699 utahavenueinsurance@gmail.com or 801.465.2634 Carolyn Bowman paysonchamber@yahoo.com.

Check our website for upcoming events and special coupons. www.paysoncitychamber.com

SPANISH FORK / SALEM

March Business of the Month - Sam's Club in East Bay, Provo. Congratulations to our March Business of the Month! Sam's is a proud member of the Spanish Fork Chamber of Commerce. Their Marketing team, headed up by Jordan Perry, has been a huge support for our Chamber. Things they are involved in are the Annual Easter Egg Hunt, Ribbon Cuttings, Noon Networking Luncheons, Business Fairs, Main Street Trick or Treat, Summer Party, Nebo Economic Summit, and many others. We as a Chamber of Commerce are proud to have them as a member and sponsor. Thanks to Sam's Club for all you do! Thanks Sam's!



We are pleased to announce that we have just received our Gephardt Approval. What is Gephardt Approval? The Gephardt website explains: "When your business becomes a Gephardt Approved business, you immediately distance yourself from your competitors. Having been proven fair, honest, capable and concerned



about your customers...Truthfully, not every company has the goods to be Gephardt Approved" The website goes on to say that Gephardt approval for a business means that the business is "the best in your industry". Congratulations to Carma and her staff at Maple Creek Home Health and Hospice!

Ribbon Cutting for Valley Chiropractic & Wellness

Mar 29 at Noon. **Newest Chamber Business!** Valley Chiropractic & Wellness 729 N Main Street Dr. Adam Idsinga



Easter Egg Hunt - Sat Mar 30 at 9A, Sports Park Complex on Volunteer Drive, Spanish Fork. We are looking for cash donations, bikes, toys, or candy that they can give at the hunt. We will have five age groups and five fields at the Sports Park. Please send a donation to the Chamber Office made out to Spanish Fork Chamber and marked Easter Egg Hunt donation. All sponsors will be listed on the banner at the event, on the chamber website, on Channel 17, and in the Chamber Newsletter sent out with the Daily Herald or mailed to every home in Spanish Fork and Salem for those who do not have a Sunday Herald subscription. We must have these donations in by Mar 15 to be included in the Banner.



NOW HIRING - Starbucks is excited to join Spanish Fork community on May 6th! Now hiring friendly people with excellent customer service skills willing to work in a fast paced, team environment. Availability must include Sundays and Holidays. Training will be conducted at the American Fork location prior to opening date. Please go online and apply at <u>Starbucks.com/career-center</u> and choose the "American Fork" location.



• Each serving: About 335 calories, 17g total fat (6g saturated), 128mg cholesterol, 550mg sodium, 7g total carbs, 1g dietary fiber, 42g protein.





PLEASANT GROVE

Utah Children's Choir - The UCC annual Family Concerto be Mar 25 at Manila Elementary at 7 pm. The Mar 29 concert is a collaboration with the Pleasant Grove Orchestra. The concert will be at the P G High School at 7 pm.

- doTERRA IS HERE! doTerra groundbreaking in Pleasant Grove! The essentials oils company, doTERRA, will be making their new world headquarters here in Pleasant Grove and bringing in hundreds of new jobs as well as an amazing product. It plans to construct a new corporate campus & will consolidate its global research and development, information technology, sales and marketing, customer service & other company operations in the new facilities. Construction on the first phase of the project will begin in April and is anticipated to be complete in late summer 2014, housing over 750 employees upon completion.
- NEW CHAMBER OF COMMERCE WEBSITE: Check out our new Chamber of Commerce website at http://www.plgrovechamber.org/ Great info on new businesses and upcoming events!
- ORCHESTRA AND CHOIR PERFORMANCE: The Pleasant Grove Orchestra and Utah Children's Choir will present Old World Songs Meets New World Symphony on Mar 29th at 7P at Pleasant Grove High School. This event is FREE!
- CITY CLEAN-UP Pleasant Grove clean up days will be Sat Apr 13th thru Sat Apr 20th from 7A- 7P, each day at the Pleasant Grove rodeo grounds. This is a FREE service for Pleasant Grove residents to help dispose of garbage from their yard or home. Please enter from 700 S 250 W and drive into the back side of the ground and dump your material in the appropriate dumpster. There will be a city employee onsite to answer any questions.

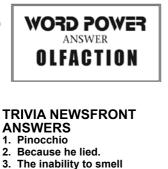
"Twas Easter-Sunday. The full-blossomed trees Filled all the air with fragrance and with joy."

~ Henry Wadsworth Longfellow, Spanish Student

ANSWERS SPORTS QUIZ

1. Ivan Rodriguez, with 13. 2. Earle Combs, Bill Dickey, Lou Gehrig, Lefty Gomez, Tony Lazzeri, Herb Pennock Red Ruffing, Babe Ruth and Joe Sewell 3. Blair Kiel completed a

pass for 96 yards in 1981. 4. Swen Nater had 30 points and 33 rebounds against Atlanta in 1976. 5. It was 2004. 6. Carly Patterson (2004) and Nastia Liukin (2008). 7. Nick Faldo, with 11.



Rhinoplasty

5. Jimmy Durante

4.

rivia test by Fifi 1. Turkev

3

2

- Alice Walker Aaron Copland 3
- 4. John Quincy Adams
- 5. 1621 6. Four inches
- 7. Baldness
- "Love Is All Around" 9. Washington, D.C.
- 10. "Dodgeball"

			 — King Crossword — Answers Solution time: 21 mins. 													. V	Vee		s		SKI	J.							
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